

The supercontinent cycle: Linking mantle convection and plate tectonic theory

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Abstract | Supercontinents are a representation of self-organization in plate tectonics. Over the past ~2 billion years, 3 major cycles of supercontinent assembly and breakup have been identified, with increasing age: Pangaea, Rodinia, and Columbia/Nuna. In a prototypal form, such a pattern of continental assembly and breakup likely extends back to ~3 billion years ago, albeit on the smaller scale of Archaean “supercratons” which, unlike global supercontinents, were potentially segregated. The emergence of supercontinents provides a firm minimum age for the onset of the modern global plate tectonic network, whereas supercratons might reflect an earlier geodynamic and nascent tectonic regime. Modern understanding of the assembly and breakup of Pangaea attests that the supercontinent cycle is intimately linked with whole mantle convection. The supercontinent cycle is both an effect and a cause of mantle convection, emphasizing the importance of both top-down and bottom-up geodynamics and the coupling between them. However, the nature of this coupling and how it has evolved over time remains highly controversial, resulting in strikingly contrasting models for supercontinent formation. Conceptual models can be informed by quantitative geodynamic models, and geochemical proxies offer additional clues that can test competing models.

Introduction

71 The supercontinent cycle is one of the grandest spatiotemporal themes in Earth history and
72 plays a major role in how Earth's interior and surface both operate, interact, and evolve with
73 each other¹⁻⁶. Supercontinent kinematics are a critical boundary condition for the evolution of
74 Earth's surface^{1,2,7-10}. The existence of the supercontinent Pangaea is a consequence of
75 continental drift—Alfred Wegener's prototypical theory¹¹⁻¹³—evidenced by the fit of
76 continents that would evolve into the theory of plate tectonics decades later¹⁴⁻¹⁸. One would
77 naturally expect the possible existence of pre-Pangaea supercontinents as plate tectonics has
78 been operational for at least 2 Ga¹⁹⁻²², if not longer^{23,24}. Because at least three supercontinents
79 have now been identified (with increasing age: Pangaea, Rodinia, and Columbia; **Fig. 1**), it is
80 appropriate to use the term “supercontinent cycle”, as three recurrences are the bare
81 minimum such that one can reasonably talk about cyclicity. Each supercontinent cycle has
82 two phases, assembly and breakup. It is, however, a common misconception to think of the
83 supercontinent cycle as a binary process (i.e., supercontinent or no supercontinent) because
84 the assembly and breakup phases can temporally overlap, e.g., the East African rift²⁵
85 (continued breakup of Pangaea) and the continental collision of India with Eurasia²⁶
86 (assembly of the next supercontinent) both occur simultaneously in Cenozoic time. **Figure 1**
87 presents a timeline of the supercontinent cycle through Earth history and palaeogeographic
88 reconstructions for each supercontinent. **Box 1** provides an overview of the methods used to
89 generate such supercontinent reconstructions.

90
91 What is a supercontinent? Any operational definition needs to arguably include several
92 aspects, which are not mutually exclusive: (i) large size, (ii) a mantle legacy, (iii) and
93 longevity. Size cannot simply represent the amalgamation of *all* continents as even Pangaea
94 did not include North and South China and other Cimmerian blocks (**Fig. 1**). The size
95 criterion is typically considered either qualitatively to include “most” continents²⁷, or
96 quantitatively to meet a threshold of 75% of available continental crust at any given time²⁸.
97 The second criterion (a mantle legacy) has been suggested to offer a more geodynamically
98 meaningful solution: a supercontinent must have been large enough to have affected mantle
99 convection²⁹. Another aspect of such a mantle legacy, however, is longevity, as a
100 supercontinent must have existed for a sufficient amount of time for the various mechanisms
101 through which it can affect mantle flow to take effect. A supercontinent cycle is often
102 considered to last 400-800 Myr³⁰, where a statistical basis for such a ~600 Myr duration has
103 recently been identified using time series analysis of hafnium isotopes of zircon³¹, a
104 geochemical proxy for the supercontinent cycle³². To be clear, the stable “tenure” period of a
105 supercontinent (i.e., after assembly and before breakup) represents only a small duration of
106 this full cycle, where tenures of the past known supercontinents have lasted between 100 and
107 300 Myr³³ (**Fig. 1**).

108
109 In this Review, we combine geological evidence with insights from geodynamic modeling to
110 suggest that supercontinent cycles can be explained within a theory that connects plate
111 tectonics and mantle dynamics. Plate tectonic theory was first inspired by reductionism: the
112 idea that a complex system can be broken down into smaller, simpler parts (i.e., defining the
113 force balance on plates in terms of a few forces such as slab pull, ridge push and basal drag).

114 However, such a description of the fundamental parts of the system does not provide an
115 explanation why plate tectonics occurs as a consequence of mantle dynamics^{34,35}. Plate
116 tectonics is a prime example of “self-organization” or “emergence” in a system, which refers
117 to the collective phenomena of a complex, evolving system not apparent in its parts^{36,37}, and
118 supercontinents emerge as a result of these collective, interrelated processes. The Review aims
119 to provide an understanding of the supercontinent cycle by including it in a linked plate
120 tectonic and mantle convective theory.

121

122 **The Supercontinent Cycles**

123 *Pangaea*

124 The history of Pangaea’s existence and tectonic kinematics have been debated and refined for
125 over a century^{11,13,38-48}. As most of this history is well documented, we focus on how our
126 understanding of the most recent supercontinent informs us about linkages between its
127 tectonic evolution (assembly and breakup) and mantle convection, i.e. its geodynamics [G].
128 Established linkages between Pangaea and the underlying convecting mantle include large
129 igneous provinces (LIPs) [G] emplaced by mantle plumes [G] sourced from the edges of large
130 low shear-wave velocity provinces (LLSVPs) [G] in the deep mantle⁴⁹⁻⁵⁵; net characteristics of
131 plate motions during Pangaea breakup that reflect coupling with long-wavelength mantle
132 convective patterns⁵⁶⁻⁶⁰; and repeated oscillatory true polar wander (TPW) [G] events
133 occurring about a stable axis controlled by supercontinent-reinforced long-wavelength
134 mantle flow^{44,54,58,61-69}.

135

136 Currently, very divergent views on the evolution of mantle convection exist. On Earth today,
137 mantle convection is dominated by large-wavelength cells^{70,71}, yielding most power at
138 harmonics degree-1 (one upwelling and one downwelling hemisphere) and degree-2 (two
139 antipodal upwellings separated by a great-circle girdle of downwelling)⁷². Recent plate
140 motions exhibit net characteristics that follow these longest wavelength patterns in mantle
141 flow, although the relative dominance of degree-1 and degree-2 may have fluctuated⁵⁶. Some
142 have speculated that mantle flow has always followed degree-2 structure in essentially its
143 present form^{49,51,52,54,73}, but others have argued that such longevity is unlikely beyond 300 Myr
144 ago⁷⁴. Those considering the possibility of dynamic and evolving mantle convection patterns
145 have attempted to model mantle flow farther back in time with proxy plate motion
146 reconstructions and subduction histories^{71,75}. For example, constraining numerical modelling
147 of mantle convection with plate reconstructions as an upper boundary condition, some have
148 argued that the Palaeozoic (before 300 Myr ago) was characterized by the dominance of
149 degree-1 flow⁷¹. “Orthoversion” theory⁵⁸ hypothesizes that each supercontinent cycle shifts
150 the longitude of degree-2 flow orthogonally ($\sim 90^\circ$), such that the degree-2 flow planforms of
151 each supercontinent cycle can be spatially linked and palaeolongitude can thus be
152 constrained.

153

154 **Figure 2** suggests a link between the Pangaea supercontinent and present-day mantle
155 structure^{44,76}. **Figure 3** shows the numerical modeling of the two main long-wavelength

156 mantle convection patterns (degree-1 and degree-2 flow [G]) that are related to
157 supercontinents. One hypothesis is that the supercontinent cycle causes an alternation
158 between the dominance of these two strongest long convective wavelengths^{72,74}: (i)
159 supercontinent assembly is dominated by degree-1 where continents would collect over the
160 hemispheric ‘superdownwelling’, (ii) then circum-supercontinent subduction forms a degree-
161 2 downwelling girdle and, due to return flow, an upwelling beneath the supercontinent, (iii)
162 and finally supercontinent breakup occurs as continents drift away off the upwelling toward
163 the degree-2 downwelling girdle.

164

165 Principally, whether the degree-2 mantle flow pattern inferred from data (Fig. 2) and
166 modelling (Fig. 3) is supercontinent-induced or whether it already existed is unclear. There
167 are two competing end-member hypotheses about the origin of the mantle flow pattern as it
168 relates to supercontinent formation (Fig. 2): (i) the “stationary” or quasi-stationary
169 hypothesis^{49,51,52,54,73} that the degree-2 pattern (as represented today by two antipodal LLSVPs
170 under the African and Pacific plates) is relatively stable and long-lived, i.e., it existed before
171 supercontinent Pangaea formed or move to above one of current LLSVP locations or (ii) the
172 “dynamic” hypothesis^{71,72,74,75,77-80} where degree-2 flow reflects coupling between the
173 supercontinent cycle and convecting mantle with a new LLSVP forming beneath the nascent
174 supercontinent.

175

176 Both end-member hypotheses have unresolved issues. The stationary hypothesis has the
177 geodynamic problem of how a supercontinent would form or move over an LLSVP (Fig. 2),
178 which is presumably associated with an upwelling, with divergent flow in the shallow mantle,
179 and a dynamic topography high^{72,79,81}. Continents are rather expected to drift toward
180 downwellings and dynamic topography lows^{82,83} between the two LLSVPs, as observed in the
181 dispersion of continents since the breakup of Pangaea⁵⁶⁻⁵⁸. The dynamic hypothesis, by design,
182 cannot rely on the detailed seismically inferred structure of the present-day lower mantle
183 (Fig. 2), and thus most of the evidence purported to support it is indirect (e.g., TPW⁵⁸, LIP
184 cyclicity^{74,78}, and geochemistry⁷⁷), or involves back-calculating mantle structure with
185 numerical modelling as influenced by plate tectonics reconstructions, both of which have
186 large individual uncertainties, let alone those related to how mantle flow and plate tectonics
187 interact.

188

189 ***Rodinia and Columbia***

190 Peaks in global isotopic ages⁸⁴⁻⁸⁷ and other geologic occurrences^{88,89} have long indicated the
191 likelihood of at least two pre-Pangean supercontinents: Rodinia ca. 1 Gyr ago⁹⁰⁻⁹⁶ and
192 Columbia ca. 1.5 Gyr ago^{19,28,33,97-106} (also known as Nuna; a recent solution to the semantic
193 standoff is that Nuna represents the megacontinent [G] building block of the larger Columbia
194 supercontinent, like Gondwana in Pangaea¹⁰⁷). Palaeogeographic reconstructions in
195 Precambrian time are inherently controversial given the lack of constraints from seafloor
196 spreading that make the reconstruction of Pangaea relatively straightforward. Nonetheless,
197 great strides have been taken in recent decades to reconstruct pre-Pangean supercontinents⁶
198 and detailed and robust reconstructions of both Proterozoic supercontinents Rodinia and

199 Columbia are starting to emerge (Fig. 1). The reconstructions depicted have not yet reached a
200 level of consensus, as many uncertainties and debates remain^{6,30}. For example, in
201 supercontinent Columbia it is debated whether Siberia had a tight fit^{98,108,109} or a loose fit^{110,111}
202 with Laurentia. Nonetheless, there is generally first-order agreement on the existence of both
203 pre-Pangaea supercontinents and their general timing of assembly and breakup, and several
204 relative continental configurations are becoming more widely accepted (Fig. 1). Furthermore,
205 the most quantitative means of supercontinent reconstruction in deep time, apparent polar
206 wander (APW) [G] path comparison (Box 1), has been effectively applied to both Rodinia
207 and Columbia and tested independently by more qualitative means such as the correlation of
208 geologic piercing points (Box 1).

209
210 It has been suggested that Rodinia might have been geologically distinct from both Columbia
211 and Pangaea^{89,112,113}, in that Rodinia is relatively poorly endowed in mineral deposits¹¹⁴ and is
212 also the only one of the three known supercontinents to have experienced low-latitude
213 “snowball Earth” glaciations¹¹⁵⁻¹¹⁷. The configuration of Rodinia is thought to have played a
214 central role in the development of snowball Earth because the dominantly tropical to
215 subtropical distribution of its continents facilitated global-scale glaciation by enhanced
216 drawdown of CO₂ due to enhanced continental weathering^{95,117}. The late Neoproterozoic
217 Cryogenian Era of snowball Earth episodes coincided with the rifting of Rodinia and
218 increased glacial erosion¹¹⁸ (with deep glacial incisions occurring in rift-related uplifted
219 horsts¹¹⁹), processes which collectively profoundly influenced the geochemistry of the
220 oceans¹²⁰. The uniqueness of Rodinia may relate to a style of tectonic assembly contrasting
221 with that of other supercontinents^{89,112,113}.

222
223 Columbia is Earth’s oldest-known supercontinent. Columbia assembled ca. 2.0-1.6 billion
224 years [Gyr] ago, from the Thelon orogen 1970 million years [Myr] ago¹²¹ with Rae craton
225 serving as the upper plate in the collisions that formed Laurentia¹²², which in turn formed the
226 core megacontinent of Nuna^{98,107}, to the final suturing ca. 1.6 Gyr ago of Australia¹²³ that was
227 peripheral in the larger supercontinent Columbia^{33,100}. The occurrence of voluminous
228 anorogenic granite-anorthosite complexes, characteristic of middle Proterozoic time, suggests
229 extensive and prolonged melting of the crust and mantle. In the absence of evidence for either
230 crustal stretching (which would cause decompression melting) or subduction (hydrous
231 melting), this magmatism has been widely attributed to mantle upwelling beneath a
232 supercontinent¹²⁴. Such observations led to the speculation that Palaeoproterozoic-
233 Mesoproterozoic supercontinent Columbia was Earth’s first “true” supercontinent¹²⁴. It
234 should also be noted that Columbia is the most endowed supercontinent in terms of mineral
235 deposits¹¹⁴, however, the reasons for this remain unclear.

236
237 Evidence of plate tectonics coupling with mantle convection can be deduced from the
238 geologic record for pre-Pangaea supercontinents, albeit less directly than comparison with
239 mantle seismic structure (Fig. 2). Like Pangaea, both Proterozoic supercontinents exhibit a
240 close association with mantle-related features including rifts and large igneous provinces [G]

241 sourced from mantle plumes^{33,94,95,98,108,125,126} as well as intervals of TPW controlled by an axis
242 central to each supercontinent^{58,62,63,127-131}.

243

244 **Unknown Archaean**

245 Although the history of crustal growth is hotly debated¹³²⁻¹³⁴, most models propose that a
246 majority of Earth's continental crust formed prior to the assembly of Columbia. If crustal
247 volume was insufficient during Archaean time to affect mantle convection patterns, or if
248 underlying Archaean mantle flow occurred on shorter wavelengths with many small cells
249 possibly because of a hotter ambient mantle¹³⁵, crustal assembly into a truly large
250 supercontinent may not have occurred until a threshold volume of continental crust was
251 attained.

252

253 Archaean cratons are uniformly bounded by Proterozoic rifted margins, implying inclusion
254 in some ancestral landmass(es)⁹⁷. A cycle of continental assembly and breakup appears to
255 operate in Late Archaean times, inspiring speculation about the possibility of an Archaean
256 supercontinent, dubbed Kenorland¹³⁶. Unlike Columbia and Rodinia, however, no robust
257 near-global reconstructions have been made for time intervals of either assembly or breakup
258 of the putative Kenorland. The only palaeomagnetic reconstructions of Kenorland that have
259 been made thus far are single-pole comparisons, *i.e.*, constrained by palaeomagnetic poles of
260 only one age^{137,138}. While single-pole comparisons effectively compare palaeolatitude, they are
261 completely unconstrained in the relative palaeolongitude of component blocks (e.g., Australia
262 and South America are presently at similar latitudes, but they are widely separated in
263 longitude by the large Pacific Ocean). APW path comparisons (Box 1), with a precision
264 comparable to those of Proterozoic supercontinents, have yet to be done for Archaean cratons
265 due to the general paucity of palaeomagnetic data from most cratons.

266

267 Thus, interpretations of late Archaean palaeogeography has relied on geologic means of
268 correlation, using approaches such as comparing magmatic barcodes^{139,140}, *i.e.* the timings of
269 major magmatic events (Box 1). As an alternative to an Archaean supercontinent, the
270 existence of smaller and segregated “supercratons” [G] has been proposed, in which clusters
271 of cratons occurred without them ever becoming connected¹⁴¹ or affecting global-scale mantle
272 convection patterns. The appeal of the supercratons hypothesis is that it may explain the
273 long-known diachroneity of late Archaean cratonization^{142,143}. Reconstructions based
274 primarily on emplacement ages of radiating dyke swarms¹⁴⁴, correlative rift basin
275 successions^{144,145}, and at least one instance of matching APW paths of two cratons¹⁴⁶ are
276 consistent with the idea of a “Superia” supercraton surrounding the Superior craton.

277

278 Distinguishing between these rival hypotheses of Archaean-Proterozoic continental
279 clustering has implications for mantle convection. A few factors could have prevented the
280 dominance of large-scale flow: small sizes and/or short durations of continental clusters¹⁴⁷,
281 and/or the lack of a global subduction girdle that could have been the primary driver for the
282 formation of LLSVPs^{74,94}. The proposed connection between Kaapvaal and Pilbara cratons
283 (known as the ‘Vaalbara’ connection) could have produced a small composite craton that was

284 possibly long-lasting (ca. 2.8-2.1 Ga)¹⁴⁸, but its existence has been called into question¹⁴⁹.
285 Without contiguity with many other cratons (if any), its size would have been insufficient to
286 steer mantle convection towards dominance of the very large scales. The ‘Superia’ connection
287 may have been larger¹⁴¹, with Superior being the largest craton and multiple cratons
288 considered neighbours (e.g., Wyoming, Karelia/Kola, Hearne, etc.), but as currently
289 reconstructed¹⁴⁴ (Fig. 1) is much smaller (about the size of modern-day Antarctica^{72,147}) than a
290 supercontinent. Palaeogeographic reconstructions may ultimately distinguish between the
291 supercontinent and supercratons hypotheses for Archaean-Proterozoic time but our present
292 understanding suggests that Archaean supercratons¹⁴¹ were likely not large enough to either
293 cause or affect a dominant degree-1 or 2 structure for underlying mantle convection patterns.

294
295 Proterozoic continents and Archaean cratons are notably different in size, with ~4 cratons on
296 average contained within the area of each Proterozoic continent¹⁴¹. Thus, the difference
297 between the scale of mantle convection patterns beneath supercontinents and
298 supercratons—if due to a difference in convective length scales—may be reflected in the
299 different surface area sizes of their rifted blocks^{141,150}. According to inference, Archaean
300 mantle convective cells associated with supercratons may have only been <40% the size of
301 their Proterozoic-Phanerozoic successors associated with supercontinents. Smaller Archaean
302 convective cells may account for the episodic, intermittent nature of Archaean
303 subduction^{151,152}. It is therefore possible that Archaean mantle convection may have been
304 exclusively characterized by higher harmonics like in Figure 3a, which could also provide a
305 ready explanation for why segregated supercratons might not have amalgamated into a
306 supercontinent as they were quarantined within shorter-wavelength convection cells instead
307 of degree-1 and degree-2 planforms.

308 309 **Proxies and Patterns**

310 *A Supercontinent Time Series*

311 Although there continues to be significant debate over their configuration, there is broad
312 consensus on when individual continents assembled and rifted from each supercontinent
313 (Fig. 1). Irrespective of their configurations (Fig. 1), recurring supercontinent cycles of
314 continental assembly and breakup through time are clearly evidenced in both geological and
315 geochemical proxies⁸⁸. Geological proxies recording supercontinent cycles include the timing
316 and locations of large igneous provinces⁷⁸, passive margins¹⁵³, orogens¹⁵⁴ and mineral
317 deposits⁸⁹. Igneous geochemistry offers additional insights into supercontinent dynamics by
318 fingerprinting changes in subduction (arc magmatism), crustal reworking (collisional
319 orogenesis), and mantle heat flow (plume magmatism). Signals of a supercontinent cycle have
320 been detected in the ages and Hf isotopic compositions of robust accessory minerals such as
321 zircon^{32,84} as well as the MgO content of plume-derived basalts¹⁵⁵. Comparison of the
322 variations of these isotopic proxies with the historical record of supercontinents offers a more
323 complete understanding of the tectonic processes related to the supercontinent cycle.

324
325 Building on this consensus of robust patterns in temporal proxies for the supercontinent
326 cycle, we explore how geochemistry can be used to depict a timeline of assembly and breakup

327 of the past three supercontinents. Orogenesis during supercontinent assembly should
328 significantly increase the volume of supracrustal reworking in the magmatic systems¹⁵⁶, as has
329 been argued for using Hf isotopes of zircon showing fluctuations between crustal reworking
330 (supercontinent assembly) and mantle-derived magmatism (supercontinent breakup)^{31,32}. The
331 degree of continental contribution in magmatic systems can also be assessed with a
332 compilation of zircon $\delta^{18}\text{O}$ measurements, a well-established proxy for the relative
333 contributions of mantle and supracrustal material¹⁵⁷. A global compilation¹⁵⁶ of oxygen
334 isotopes in ~15,000 zircons through time includes analyses made by conventional laser
335 fluorination and secondary ion mass spectrometry and is tested for statistically significant
336 variability using change-point analysis (e.g., REF.¹⁵⁸) This statistical technique¹⁵⁹ reveals only
337 change points if the null hypothesis of no change (i.e., one mean value) can be rejected. The
338 change points are automatically assigned by the outcome of this statistical test. Oxygen
339 isotopes of zircon record increased crustal reworking associated with the assembly phases of
340 each of the three supercontinents (Fig. 4). During the breakup phase of each of the three
341 supercontinent cycles, $\delta^{18}\text{O}$ values decrease, trending toward more mantle-like values (+5
342 ‰), which is consistent with models invoking more mantle-derived magmatism associated
343 with either mantle plumes and/or slab rollback during supercontinent breakup (Fig. 4). Using
344 geochemical proxies such as hafnium^{31,32} and oxygen (Fig. 4) isotopes on well-dated zircons as
345 a supercontinent time series thus establishes a statistical basis for the supercontinent cycle.

346

347 ***A Supercontinent State***

348 As discussed earlier, it is debatable whether the supercontinent cycle existed before ca. 2 Ga.
349 A global cycle of continental assembly and breakup of roughly ~600 Myr may have existed,
350 but for various reasons, large supercontinents may still have not formed—there is presently
351 no compelling evidence that any pre-Columbia supercontinent existed. One of the possible
352 reasons that supercontinents may not have formed until later in Earth history is secular
353 change as the planet evolved (Box 2). The same proxies we used for a supercontinent time
354 series also suggest a supercontinent state of cyclic variations has existed only since ca. 2 Ga
355 (Fig. 4). Two types of variations in $\delta^{18}\text{O}$ values of zircon can be identified: 1) oscillating
356 signals in synchronicity with collisional assembly of supercontinents (a supercontinent time
357 series) and 2) a single state shift as the planet evolved from one tectonic regime to another (a
358 supercontinent state). The short-term variations in the $\delta^{18}\text{O}$ supercontinent time series (Fig.
359 4) do not appear until ca. 2.4 Ga, i.e., immediately after the long-term state shift into the
360 modern supercontinent state as evidenced in the geochemistry of both mafic and felsic rocks
361 (Box 2).

362

363 Thus, geochemical proxies depict both supercontinent cycles (rhythms) as well as
364 manifestations of secular change (trends). Secular change in the crust is largely thought to be
365 manifest in the growth and emergence of the continents¹³⁴. Evidence of both more crustal
366 volume and more of that volume above sea level should result in a significant increase in
367 supracrustal reworking in the magmatic systems associated with orogenesis¹⁵⁶. As indicated
368 by $\delta^{18}\text{O}$ values, time intervals typified by increased supracrustal reworking are associated with
369 modern supercontinents, whereas the $\delta^{18}\text{O}$ record before ~2.4 Ga is invariant and typified by

370 mantle-like values (Fig. 4). The supercontinent state thus likely reflects secular evolution from
 371 ancient stagnant- and/or mobile-lid tectonics^{22,160,161} to modern plate tectonics^{19,20}.

372

373 **Supercontinent Dynamics**

374 *Mantle Flow*

375 Despite its theoretical plausibility and a wealth of empirical evidence, the coupling between
 376 mantle convection and plate tectonics remains controversial³⁴. Both evidence and modeling
 377 suggest that supercontinents are both an effect and a cause of mantle convection. This
 378 feedback is exhibited in the convergence and assembly of continents over dynamic
 379 topography lows induced by mantle downwelling, followed by circum-supercontinent
 380 subduction during which subcontinental mantle flow evolves into an upwelling due to return
 381 flow^{72,74,94}. The origin of Earth's present long-wavelength mantle structure and inferred flow
 382 pattern, which closely reflects the breakup of supercontinent Pangaea (Fig. 2), is therefore
 383 intimately related to supercontinent formation. Long-wavelength mantle convection may
 384 have accelerated core heat loss over time. How numerical modeling sheds light on these
 385 geodynamic processes is illustrated in Figure 3, whereas Box 3 explores the role of mantle
 386 convection in top-down versus bottom-up tectonics.

387

388 A genetic relationship between large-scale mantle flow and the dynamics of the
 389 supercontinent cycle is commonly assumed^{62,72,74,82,162}, although deciphering the evolution of
 390 such convective models throughout Earth history has remained elusive. Numerical
 391 simulations of mantle convection⁷², particularly those including the influence of
 392 continents^{162,163}, initiate with random flow (Fig. 3a), but arrive at degree-1 structure as
 393 downwellings and upwellings combine and reinforce each other until only one of each remain
 394 and are antipodal (Fig. 3b). Supercontinent formation is a likely, if not inevitable, outcome of
 395 degree-1 flow as continents would converge towards and then aggregate over the developing
 396 mantle superdownwelling^{72,74,82}, though subduction initialization elsewhere may modify such
 397 a degree-1 planform¹⁶⁴. Furthermore, supercontinent amalgamation could facilitate the
 398 transition from degree-1 to degree-2 convective mantle flow⁷². This transition would occur
 399 through the evolution of the 'superdownwelling' into a 'superupwelling'. The processes
 400 involved are debated. One contributing factor is that the downwelling may stop when
 401 subduction terminates between converging continental blocks and the corresponding slabs
 402 have sunk to the base of the mantle. Another contributing factor is the establishment of a
 403 subduction girdle around the supercontinent periphery causing upwelling via mantle return
 404 flow. The end result is the establishment of a second 'superupwelling' antipodal to the first
 405 'superupwelling' bisected by a "ring of fire" of downwelling similar to what is observed today
 406 (Fig. 2, 3c). In this scenario, there is a feedback between mantle convection and
 407 supercontinent formation, where mantle convection may facilitate supercontinent assembly,
 408 but then the newly formed supercontinent causes profound changes to mantle convection
 409 patterns.

410

411 The evolution of mantle flow to long convective wavelengths would have increased the
 412 efficiency of convective heat transfer and thus enhanced core-mantle boundary heat

413 flux^{72,165,166} (Fig. 3d). Results in Figure 3d are shown for two cases, on the left for the transition
 414 from smaller-scale to predominantly degree-1 convection corresponding to formation of the
 415 first supercontinent, and on the right for the transition from predominantly degree-1 to
 416 degree-2 convection after supercontinent formation. Interestingly, although estimates for the
 417 age of the nucleation of the inner core range widely from 1.5 Ga¹⁶⁷ to 600 Ma¹⁶⁸, both these
 418 ages post-date the onset of the supercontinent cycle (Fig. 4; Box 2). In addition to secular
 419 cooling that would have eventually led to formation of an inner core, the onset of a global-
 420 scale subduction network¹⁹ in which cool slabs descended to the core-mantle boundary, as
 421 well as elevated heat flow produced by long-wavelength mantle convection, both
 422 requirements of a supercontinent cycle, may have accelerated cooling of the core promoting
 423 both inner core nucleation and growth (Fig. 3).

424

425 *Mechanisms of Assembly and Breakup*

426 Both top-down and bottom-up geodynamic processes are important for both supercontinent
 427 assembly and breakup, as well as how they are coupled. Both forces acting on the plates
 428 themselves, and from interaction with the convecting mantle facilitate continental
 429 convergence. Slab-pull force is the strongest, but basal traction due to coupling between the
 430 continental lithosphere and the convecting mantle is considerable and almost as large⁵⁶.
 431 Although these two forces can be opposed to each other, more typically they are coupled to
 432 convective mantle downwelling⁵⁷, and thus reinforce one another. Continents are therefore
 433 modelled to drift “downhill” towards dynamic topography lows, thus forming a
 434 supercontinent above a mantle downwelling^{72,82}. Notably, the present-day subduction girdle
 435 surrounding the Pacific Ocean (also known as the “ring of fire”) coincides with the degree-2
 436 girdle of mantle downwelling in between the two LLSVPs. This observation is thus consistent
 437 with the theoretical expectation that continents drift, and thus eventually collect above
 438 downwellings. Supercontinent assembly is thus dependent on the wavelength of mantle flow.
 439 The longest wavelength, degree-1 mantle flow, is also favoured due to Earth’s characteristic
 440 viscosity profile, which has a weak upper mantle inserted between underlying strong lower
 441 mantle and rigid lithosphere^{72,169}. Thus, the ‘superdownwelling’ of degree-1 flow is often
 442 invoked to facilitate supercontinent assembly^{71,72,74}.

443

444 It has been proposed that a megacontinent¹⁰⁷ [G] (e.g., Gondwana) is a geodynamically
 445 important precursor to supercontinent amalgamation^{170,171}. The recent assembly of Eurasia is
 446 considered as the fourth and most recent megacontinent associated with future
 447 supercontinent Amasia^{58,172,173}. As continents disperse after supercontinent breakup, a
 448 megacontinent assembles along the subduction girdle that encircled it, at a specific location
 449 where the downwelling is most intense. Such a situation occurs today as continents aggregate
 450 over a mantle downwelling beneath south-central Asia^{56,174} close to where the Tethys sutures
 451 connect to the degree-2 Pacific girdle. In this context, the formation of Eurasia as a
 452 megacontinent occurs close to the degree-1 (i.e., dipolar) locus of downwelling along the
 453 degree-2 girdle. However, after the megacontinent forms (e.g., Gondwana), the intensity of
 454 local downwelling eventually diminishes due to both return flow from circum-megacontinent
 455 subduction and subcontinental insulation^{72,175}, thus potentially generating plumes underneath

456 the megacontinent and slab rollback along its periphery (as both observed in early Paleozoic
457 Gondwana). As the downwelling beneath the megacontinent diminishes so that it becomes
458 less intense than elsewhere along the girdle, the megacontinent will likely migrate along the
459 girdle where it can collide with other continents to form a supercontinent¹⁰⁷.

460

461 The dynamics of supercontinent breakup is arguably less well understood than for
462 supercontinent assembly. This is not because of a lack of sources of stress, but rather because
463 there is not much consensus on the relative importance of the stresses required for breakup.
464 Various potential sources of extensional stress for supercontinent breakup, both top-down
465 (slab induced) and bottom-up (mantle induced) are compared in **Box 3**. In terms of
466 observations, the ages of internal oceans that opened during the breakup of Pangaea provide
467 valuable constraints on the timing and geometry of supercontinent breakup¹⁷⁶. The
468 continents have rifted away from Africa in the center, which itself is still positioned over the
469 African LLSVP. This suggests that plume push plays a major role in the initial rifting,
470 consistent with modelling, although the plume push force is transient¹⁷⁷. Also, plumes may
471 weaken the lithosphere as hot plume material feeds into existing rifts and sutures, where the
472 lithosphere is already thinned, helping to trigger final continental breakup¹⁷⁸⁻¹⁸¹. In some
473 cases, plume induced melts can facilitate rifting of even initially thick cratonic lithosphere
474 through such thinning^{179,181}. The emplacement of LIPs, e.g., the central Atlantic magmatic
475 province ~20 Myr before seafloor spreading initiated, is either a cause or an initial
476 manifestation of breakup. The drifting of continents away from Africa is highly diachronous,
477 with the Central Atlantic opening during the rifting of North America ~100 Myr before the
478 opening of the South Atlantic Ocean during the rifting of South America¹⁷⁶. **Box 3** shows the
479 breakaway of North America (and soon thereafter South America as well) from elevated
480 tensile stress beneath Africa, where the African LLSVP, or mantle upwelling, is located today
481 and likely was then too (**Fig. 2**). Slab rollback has also been argued to be an important force in
482 supercontinent breakup¹⁸², but a sensitivity analysis conducted with numerical modelling
483 suggests that it may be secondary to plume push^{177,183}. Plume push is strong but short, whereas
484 slab rollback force is intermediate but persistent¹⁷⁷. Both slab- and mantle-induced stresses
485 can contribute to breakup of a supercontinent. **Box 3** shows a model result where the top-
486 down and bottom-up stresses, respectively, are not only roughly equal in magnitude, but also
487 constructively interfere.

488

489 ***Models of Supercontinent Formation***

490 Earth's present-day geography is in between supercontinent configurations, and represents a
491 temporal overlap between assembly of the next supercontinent (recent collision between Asia
492 and India, future collision of Australia) and the protracted breakup of Pangaea (East African
493 rift). The hypothetical configuration of the next supercontinent is an illustrative way to
494 compare and contrast models of supercontinent formation. Will the Atlantic Ocean close
495 ("introversion" [G])? Or will the Pacific Ocean close ("extroversion" [G])? Or will one of the
496 smaller seas—the Arctic, Caribbean, or Tasman Sea—orthogonal with respect to the centroid
497 (located in Africa) of Pangaea close ("orthoersion" [G])? We briefly discuss the assumptions

498 behind each of these models and possible tests to distinguish between them using the
499 historical record of supercontinents, geodynamic modeling, and igneous geochemistry.

500

501 Introversion and extroversion are strictly tectonic models as they are, at least as presently
502 defined, predictions about which ocean will close: Atlantic-type or Pacific-type. The Atlantic
503 Ocean is said to be an “internal” ocean since it opened up during the breakup of Pangaea.
504 Supercontinent assembly by the closure of the internal ocean, or introversion³, is essentially
505 where a supercontinent would converge inward on itself, possibly due to incomplete
506 breakup⁸⁹ or dispersal, and amalgamate in a similar location to the previous supercontinent.
507 The Pacific Ocean on the other hand was “external” to Pangaea and supercontinent assembly
508 by extroversion¹⁸⁴⁻¹⁸⁶ stipulates that rifted continents continue to drift apart until this external
509 ocean closes. As a result, the previous supercontinent is turned inside-out as its successor
510 amalgamates. Another way to regard introversion and extroversion is the inheritance or the
511 regeneration, respectively, of the circum-supercontinent subduction girdle⁸⁹. The presence of
512 cycles in geochemical data and geologic occurrences that is longer than even the
513 supercontinent cycle have been used to argue for a longer period modulation⁸⁶, possibly due
514 to an alternation between supercontinents formed by introversion and extroversion^{89,187}.

515

516 In contrast, orthoversion is a geodynamic model that predicts a succeeding supercontinent
517 forms 90° away from the previous one, within the great circle of subduction encircling its
518 relict predecessor⁵⁸. On present Earth, orthoversion would thus predict one of those seas
519 located along the subduction girdle to close, instead of the Pacific or the Atlantic oceans. It
520 has been proposed that, after supercontinent assembly, long-wavelength mantle convection
521 develops an upwelling beneath the supercontinent, which is associated with a geoid high.
522 Together with the antipodal geoid high, this leads to a prolate shape of the non-hydrostatic
523 Earth, with the minimum inertia axis centered on the supercontinent. Hence TPW, which
524 follows a great circle around this axis, has been proposed as a method for locating the centre
525 of a supercontinent and appears to support the geodynamics of orthoversion⁵⁸.

526

527 Igneous geochemistry provides a clear test between introversion and extroversion with either
528 Sm-Nd or Hf isotopic evidence^{112,188}. Both of these isotopic systems can be used to fingerprint
529 arc magmatic systems dominantly characterized by crustal reworking or mantle-derived
530 magmatism. The Pacific subduction girdle would eventually develop into double-sided
531 subduction with dominantly mantle-derived magmatism, whereas Tethyan subduction
532 systems are characterized by single-sided subduction with dominantly crustal reworking¹⁸⁹.
533 Therefore, introversion would be consistent with evidence for increased crustal reworking
534 due to single-sided subduction leading to the internal collisional orogens, whereas orogens by
535 extroversion would produce increased juvenile, mantle-derived, magmas due to double-sided
536 subduction leading to external collisional orogens¹⁸⁸. Such contrasting geochemical and
537 isotopic signatures correspond with the contrasting collisional styles of Rodinia and
538 Gondwana (early stage in formation of Pangaea) and imply that “not all supercontinents are
539 created equal”¹¹². The assembly of Rodinia is characterized by melting juvenile crust and is
540 more consistent with extroversion, whereas the assembly of Gondwana is characterized by the

541 melting of old crust, more consistent with introversion¹¹². Isotopic predictions for
542 orthoversion⁵⁸ are less clear, but would likely involve a mixture between the end-member
543 predictions of introversion and extroversion¹⁹⁰.

544 545 **Implications for Earth history**

546 In addition to being an integral part in a linked plate tectonic and mantle convective theory,
547 the supercontinent cycle likely greatly influenced the course of Earth history. It has been
548 hypothesized that a uniquely pronounced tectono-magnetic lull (TML) occurred ca. 2.3 Ga,
549 in between the transition from supercratons and supercontinents (Fig. 4), and thus possibly
550 serving as a trigger for the supercontinent cycle¹⁹¹. Assuming Columbia was Earth's first
551 "true" supercontinent (Fig. 1), the era of supercontinents (Columbia, Rodinia, and Pangaea;
552 Fig. 4; Box 2) was likely characterized by the appearance and dominance of long-wavelength
553 mantle convection (e.g., degree-1 and degree-2 structures; Figs 2 and 3). In combination with
554 secular changes including long-term planetary cooling and increased lithospheric viscosity
555 contrast, the appearance of supercontinents in Proterozoic time and the increased convective
556 wavelength of the mantle may have been inevitable and irreversible.

557
558 A Proterozoic onset (Box 2) of long-wavelength mantle convection (Fig. 3) would carry
559 implications for the presence of thermochemical piles¹⁹² on the core/mantle boundary—the
560 most common explanations for the LLSVPs seismically observed today (Fig. 2), although
561 other interpretations have been proposed to explain the same seismic structures¹⁹³. The
562 compositional origins of the LLSVPs may date as far back as Hadean magma ocean
563 solidification, where crystallisation caused the settling of dense particles at the base of the
564 mantle¹⁹⁴. Such a model of a globally homogeneous layer, however, cannot explain why the
565 mantle evolved to generate two LLSVPs that straddle the equator and are antipodal with
566 respect to one other (Fig. 2), a outcome that requires whole mantle convection in the form of
567 degree-2 flow (Fig. 3b). These lower mantle structures appear to be shaped by circum-
568 supercontinent subduction, where the present-day African LLSVP matches closely the
569 location of supercontinent Pangaea at breakup ca. 200 Ma⁷⁶ (Fig. 2). An onset of long-
570 wavelength mantle convection associated with supercontinent Columbia may have thus
571 organized the previously primordial global layer of dense particles into two antipodal LLSVPs
572 due to the dominance of degree-2 mantle convection during supercontinent tenure and
573 breakup (Fig. 4c). Alternatively, it can be argued that the two LLSVPs are not only
574 compositionally ancient but so is their convective organization which, according to this
575 viewpoint, pre-dates Earth's first supercontinent⁷³.

576
577 It is also possible that compositional heterogeneities in the mantle due to Hadean core/mantle
578 differentiation, identified by short-lived ¹⁴⁶Sm-¹⁴²Nd isotope systematics¹⁹⁵, may have persisted
579 until Proterozoic time, after which the mantle was sufficiently mixed to homogenize ¹⁴²Nd.
580 Note that suggested ¹⁴²Nd isotopic anomalies as young as ca. 1.5 Ga¹⁹⁶ are now considered
581 laboratory artifacts¹⁹⁷. On the other hand, ¹⁸²W isotopic anomalies are found in young rocks¹⁹⁸
582 and so must be comparatively resistant to homogenization by mantle mixing. If regions of
583 anomalous ¹⁸²W can remain isolated in deep pockets either near the core/mantle boundary¹⁹⁹

584 or within silica-enriched domains in the lower mantle²⁰⁰, then this isotopic system could be
585 used to investigate the nature of primordial signatures rather than the process of their
586 homogenization since Hadean time²⁰¹. A lack of ¹⁴²Nd data between 2.7 and 0.8 Ga²⁰²
587 presently precludes testing whether the ¹⁴²Nd Hadean differentiation signature was ultimately
588 obliterated by early Archaean convection and the birth of plate tectonics and the
589 supercontinent cycle (Fig. 4; Box 3).

590

591 Finally, we consider what influence the birth of supercontinents may have had on surface
592 evolution^{1,2,7-10}. Following the Great Oxidation Event ca. 2.4-2.3 Ga²⁰³, the occurrence of
593 repeated episodes of glaciation on some (but not all) cratons, documented on supercraton
594 Superia ca. 2.5-2.2 Ga¹⁴⁴, indicates that some continental crust already had significant
595 freeboard above sea level^{158,204}. Nonetheless, there are as many cratons that do not have
596 evidence for Early Proterozoic glaciation as those that do. The conspicuous absence of such
597 glaciations on many other cratons (Dharwar, Sao Francisco, Slave, Yilgarn, Zimbabwe, etc.)
598 suggests that elevated continental freeboard may not have become global in scale until the
599 amalgamation of Columbia. Recent compilation of burial rates of sedimentary units over the
600 past 4 Gyr shows a state shift decrease between 2.5 and 2.0 Ga²⁰⁵, where more freeboard due to
601 supercontinent formation, and the subsequent development of a subcontinental upwelling
602 causing a dynamic topography high, could have decreased accommodation space resulting in
603 slower burial rates. Increased weathering rates associated with elevated continental freeboard
604 of the first large supercontinent may have flooded the oceans with free ions that may have
605 facilitated widespread biomineralization for the first time as well as the oldest known
606 eukaryotes²⁰⁶, with the ca. 1880 Ma Gunflint microfossils representing the first unambiguous
607 evidence^{207,208}. The first abundances of eolianites in the geologic record between 2.1 and 1.7
608 Ga, also occurring during Columbia assembly, can similarly be accounted for by an increase
609 in continental freeboard due to supercontinent formation necessary to source wind-blown
610 sediments^{209,210}.

611

612 **Conclusions**

613

614 **Summary**

615 The study of supercontinents is interdisciplinary research that connects mantle convection
616 with plate tectonic theory. Earth presently has a global plate tectonic network and the
617 repeated assembly and breakup of supercontinents is an emergent phenomenon of such a
618 self-organizing system. It is likely that the global plate network existed by at least 2 Ga¹⁹ and
619 Earth has experienced 3 supercontinents cycles⁶ since then, in order: Columbia/Nuna,
620 Rodinia, and Pangaea. Palaeogeographic reconstructions of the 3 supercontinents over the
621 past 2 Gyr have been refined in recent decades (Fig. 1; Box 1), although they are still a work in
622 progress. Independent of palaeogeography, geological and geochemical proxies corroborate
623 the ~600 Myr duration of the supercontinent cycle^{31,32,78,88,89}. Such cyclic variations arguably
624 have only occurred for the past 2 Gyr since the onset of the supercontinent cycle (Fig. 4),
625 which suggests that modern supercontinents are a manifestation of secular change, i.e.,

626 planetary cooling and tectonic evolution (Box 2). In addition to the onset of global
627 subduction by 2 Ga¹⁹, supercontinents associated with convectively efficient long-wavelength
628 mantle convection (degree-1 and degree-2; Fig. 3) are thus consistent with increased secular
629 cooling ever since.

630

631 Evidence from all 3 supercontinent cycles, as well as results from numerical
632 modelling^{71,72,82,163,172,173,211}, indicate that supercontinent formation is intimately linked with
633 whole mantle convection. For Pangaea, lower mantle seismic data indicate the supercontinent
634 was positioned over a mantle upwelling above the African LLSVP (Fig. 2). A link between the
635 LLSVP in the deep mantle and Pangaea at the surface is independently confirmed by
636 oscillatory TPW that occurred about an axis controlled by the locations of antipodal
637 LLSVPs^{54,61}, and similarly large amplitude TPW has been suggested for the two Proterozoic
638 supercontinents as well^{58,62}. Evidence for the stability of the LLSVP beneath Pangaea is further
639 corroborated by the emplacement of LIPs from mantle plumes preferentially emanating from
640 the edges of the African LLSVP^{49,51,52,54}. Earlier supercontinents also have pronounced LIP
641 emplacement prior to and during breakup^{33,94,98,125,126,212}, suggesting LLSVP-related mantle
642 upwellings existed under these supercontinents as well^{74,89}.

643

644 *Future perspectives*

645 Continued efforts to reconstruct the palaeogeography of Proterozoic supercontinents Rodinia
646 and Nuna/Columbia is ongoing and increasingly interdisciplinary. Acquiring more high
647 quality palaeomagnetic data from poorly constrained continents and cratons is required; also
648 other reconstruction constraints including geological piercing points, kinematic and
649 provenance considerations, and geological correlations must be refined independently.
650 Recent efforts to integrate palaeolongitude^{58,76} and full-plate topologies⁹¹ into Proterozoic
651 reconstructions offer new means of refining ancient palaeogeography that are just now being
652 developed.

653

654 Testing the antiquity of the supercontinent cycle and exploring the related implications for
655 geodynamic and tectonic evolution through time are frontier questions that remain to be
656 answered. While the possibility of an Archaean supercontinent has not been ruled out, no
657 compelling evidence exists. The hypothesis of multiple segregated “supercratons” may better
658 explain the diachroneity of the geological histories of cratons and be more consistent with
659 geodynamic considerations for Archaean time.

660

661 Despite significant progress on linking plate tectonic theory and mantle convection, our
662 understanding of the dynamics of the supercontinent cycle is arguably still in its infancy.
663 Mechanisms for both assembly and breakup phases of the supercontinent cycle have been
664 proposed, but the relative importance of them, particularly for breakup, are still being
665 evaluated. It is nonetheless clear that both top-down and bottom-up tectonics and their
666 feedbacks are important in supercontinent dynamics (Box 3). Despite a strong correlation,
667 the dynamic link between the two antipodal LLSVPs in the lower mantle and the
668 supercontinent cycles requires further investigation. Debate remains over whether the sub-

669 supercontinent LLSVP existed before Pangaea amalgamated, or whether the LLSVP formed
670 as a result of Pangaea assembly. Distinguishing between models in which the LLSVPs are
671 considered fixed for up to 2 Gyr, or respond to the supercontinent cycle, is a frontier
672 question.

673

674 **Key References**

675

676 REF.⁶

677 Offers a review of the history of efforts to reconstruct pre-Pangaeian supercontinents and
678 shows the emerging consensus, and remaining uncertainties, of each of their reconstructions.

679

680 REF.¹⁹

681 Reports first global-scale evidence for subduction using seismic images from multiple
682 continents arguing for the onset of the global plate tectonic network ca. 2 Gyr ago.

683

684 REF.³⁴

685 Explores how geodynamic models, based on observations such as kinematics, stress,
686 deformation, and rheology that link mantle convection and plate tectonics can take into
687 account self-organization.

688

689 REF.⁵⁶

690 Shows how plate tectonic motions during the past 250 Myr have been tightly coupled with
691 degree-1 and -2 mantle flow due to basal tractions being nearly as strong as slab pull forces.

692

693 REF.⁵⁸

694 Provides the first geodynamic model of supercontinent formation, orthoversion, where a new
695 supercontinent will form along the degree-2 subduction girdle $\sim 90^\circ$ away from its
696 predecessor.

697

698 REF.⁶¹

699 Finds oscillatory total motions of all continents using apparent polar wander (APW) that can
700 be interpreted as true polar wander (TPW) about a stable axis near the centre of
701 supercontinent Pangaea.

702

703 REF.⁷²

704 Provides numerical modeling to link major modes of mantle convection (degrees 1 and 2) to
705 supercontinent formation and TPW, with degree 1 downwelling facilitating supercontinent
706 formation and degree 2 convection then resulting from circum-supercontinent downwelling.

707

708 REF.¹⁰⁷

709 Establishes a megacontinent (e.g., Gondwana) as a significant geodynamic precursor to the
710 later assembly of a supercontinent (e.g., Pangaea).

711

712 REF.¹⁴¹

713 Proposes that small and segregated Archaean “supercratons” existed instead of one unified
714 supercontinent based on highly diachronous tectonomagmatic events.

715

716 REF.¹⁴⁴

717 Offers a combined geologic and palaeomagnetic reconstruction of supercraton Superia and its
718 context in low-latitude glaciation and the Great Oxidation Event (GOE).

719

720 REF.¹⁹¹

721 Finds widespread and diverse evidence for a tectonomagmatic lull ca. 2.3 Gyr ago that have
722 played a critical role in triggering initiation of the subsequent modern age of supercontinents.

723

724 **Competing interests.**

725 The authors have no competing interests.

726

727 **Key points**

- 728 • The supercontinent cycle is an outcome of plate tectonics as a self-organizing system.
- 729 • According to palaeogeography, three supercontinent cycles of assembly and breakup
730 have occurred over the past 2 billion years (Gyr).
- 731 • Before 2 Gyr ago, the occurrence of an older supercontinent is uncertain, and possibly
732 only smaller and separated landmasses existed.
- 733 • Geochemical proxies indicate secular change suggesting tectonic evolution from non-
734 cyclic to cyclic changes occurring ca. 2 Gyr ago with the appearance of
735 supercontinents.
- 736 • For a better understanding of supercontinent dynamics, it is necessary to connect
737 mantle convection and plate tectonics into one theory.
- 738 • A supercontinent is both an effect and a cause of mantle convection (i.e., creating a
739 feedback loop).
- 740 • Both top-down (lithospheric) and bottom-up (mantle) tectonics control
741 supercontinent dynamics and it is critical to understand the coupling between them.

742

743 **Glossary**

744 **Apparent polar wander (APW)**

745 Palaeomagnetically measured motion of a continent relative to Earth’s time-averaged
746 magnetic pole. APW results from a combination of both plate motion and true polar
747 wander (TPW).

748

749 **Degree 1 mantle flow**

750 One hemisphere of mantle upwelling and one hemisphere of mantle downwelling.

751

752 **Degree 2 mantle flow**

753 Two antipodal mantle upwellings bisected by a meridional girdle of mantle downwelling
754 as the most likely degree 2 configuration for Earth's mantle.

755

756 **Extroversion**

757 Model of supercontinent formation by closure of the external (Pacific-like) ocean.

758

759 **Geocentric axial dipole (GAD)**

760 The hypothesis that Earth's magnetic field is dominated by the dipole component at the
761 surface. Palaeomagnetism utilizes this hypothesis when a sufficient number of samples are
762 collected covering 1-10 thousand years.

763

764 **Geodynamics**

765 The study of dynamics of Earth, including how mantle convection relates to plate
766 tectonics.

767

768 **Introversion**

769 Model of supercontinent formation by closure of the internal (Atlantic -like) ocean

770

771 **Large igneous provinces (LIPs)**

772 Extremely large ($>10^5$ km² areal extent, $>10^5$ km³ volume) accumulations of igneous rocks,
773 including intrusives (sills, dikes) and extrusives (lava flows, tephra deposits). The
774 formation of LIPs is often attributed to mantle plumes, in particular plumeheads.

775

776 **Large low shear-wave velocity provinces (LLSVPs)**

777 Seismically imaged structures in the lower mantle critical to our understanding of whole
778 mantle convection and, according to some theories, intimately related to supercontinent
779 assembly and breakup.

780

781 **Magmatic barcodes**

782 The overall record of short-lived magmatic events in a particular fragment of continental
783 crust. Temporal, spatial and geometrical matching between different fragments provides a
784 method for reconstructing ancient continents.

785 **Mantle plumes**

786 Buoyant hot mantle material that rises from the core-mantle boundary due to basal
787 heating of the mantle by the core.

788

789 **Orthoversion**

790 Model of supercontinent formation by closure of orthogonal seas (e.g., Arctic, Caribbean,
791 Scotia, and Tasman seas) $\sim 90^\circ$ away from the center of the previous supercontinent (e.g.,
792 Africa).

793

794 **Palaeomagnetism**

795 Study of Earth's past magnetic field, based on magnetic minerals (magnetite and
796 hematite) that preserve its orientation when a rock formed, constraining the position of
797 the continent with respect to the North Pole at that age.

798

799 **Subduction girdle**

800 Circum-supercontinent subduction coupled with degree 2 mantle downwelling, e.g., the
801 present-day "ring of fire" of circum-Pacific subduction.

802

803 **Supercratons**

804 Assembly of Archaean cratons, but in small and segregated clusters as an alternative
805 hypothesis to an Archaean supercontinent.

806

807 **True polar wander (TPW)**

808 Wholesale rotation of solid Earth (mantle and crust) about the liquid outer core in order
809 to align Earth's maximum moment of inertia with the spin axis (also known as planetary
810 reorientation and observed on other planets and moons).

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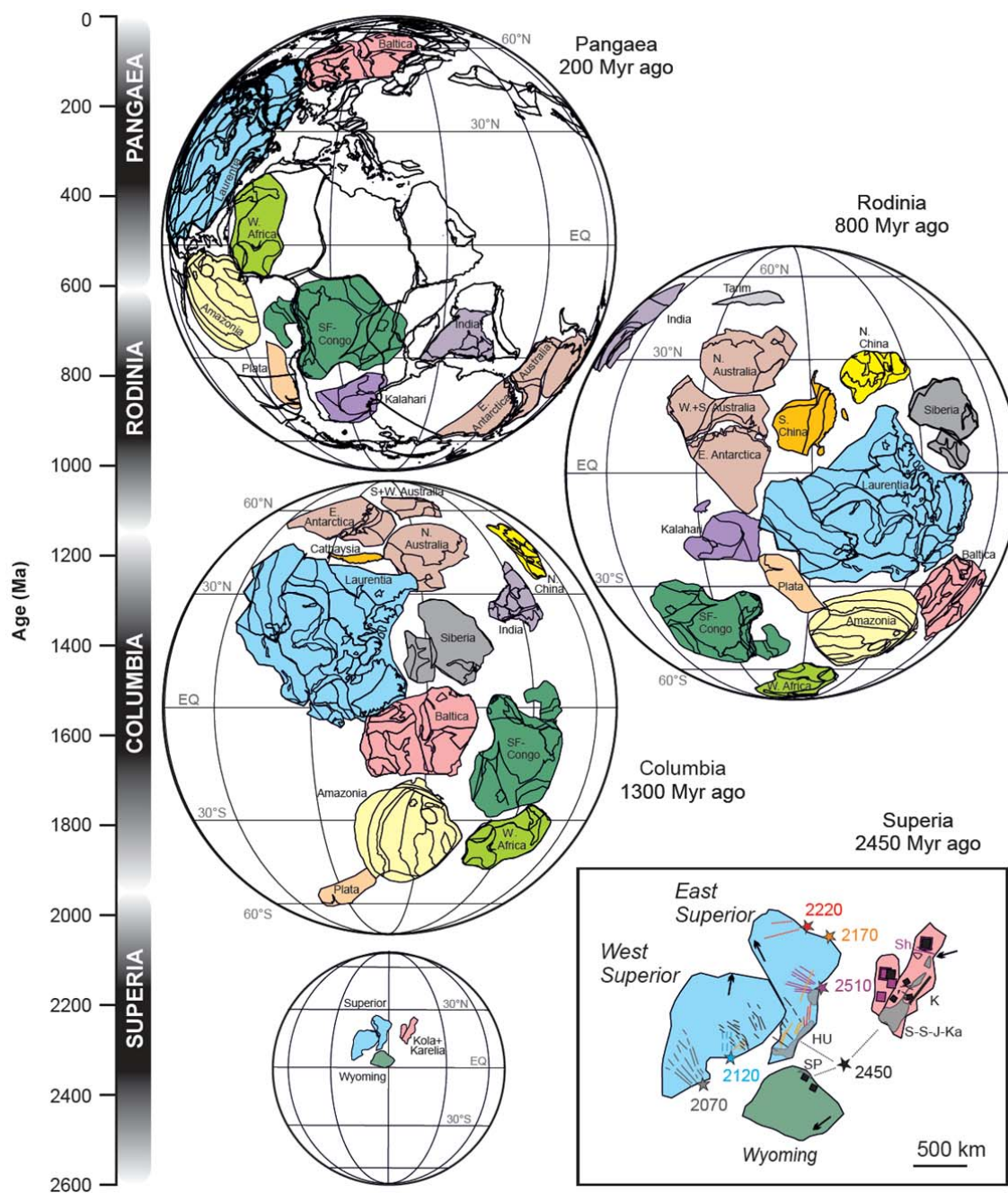
812 **Tables**

813 Supplementary only

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815 Figures

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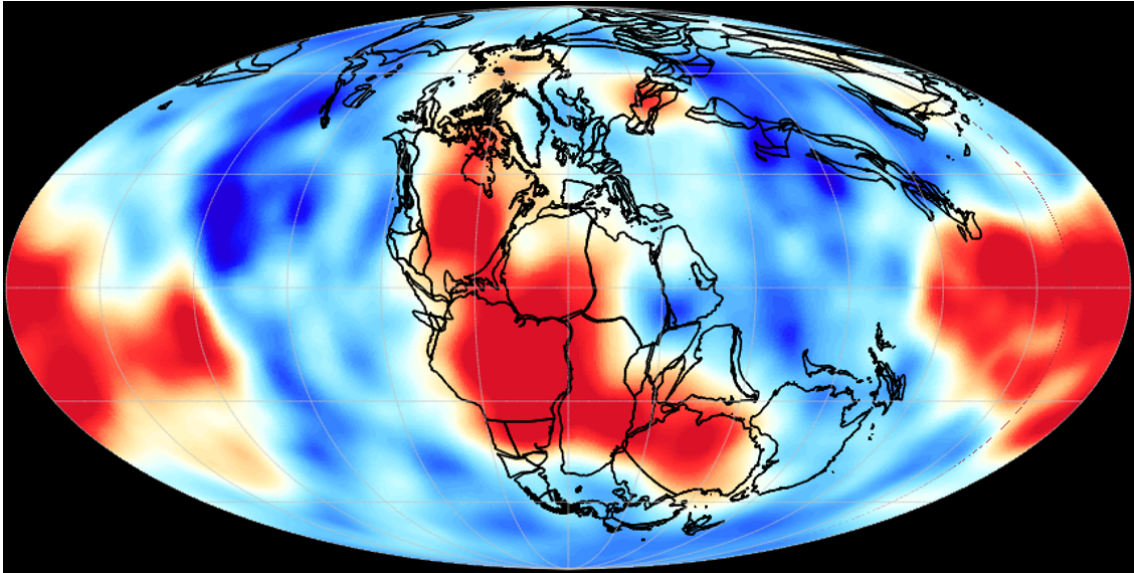


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819 **Fig. 1. | Supercontinents through time.** Timeline of supercontinent cycles with
 820 palaeogeographic reconstructions at various ages. Superia is a hypothesized supercraton and
 821 may not have included all or even most cratons globally (*i.e.*, an Archaean supercontinent).
 822 Euler rotation parameters for palaeogeographic reconstructions are provided in
 823 [Supplementary Table S1](#).

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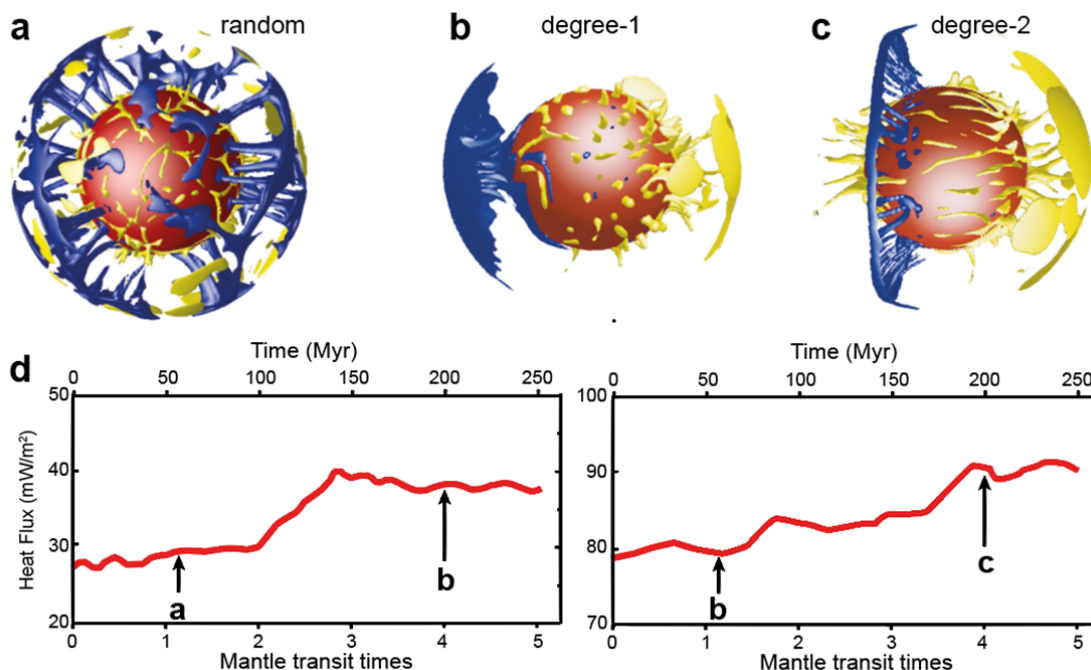
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Fig. 2 | Supercontinent Pangaea and mantle structure The lower mantle exhibits two large low-velocity shear-wave provinces (LLSVPs, red) with higher velocities in between. This pattern is typical of long-wavelength degree-two structure, which is suggested to have persisted since at least 200 Ma⁴⁷⁻⁵³. From that structure, whole-mantle convection is inferred with upwellings above LLSVPs that are separated by downwelling that reflects subduction of oceanic lithosphere and with flow towards LLSVPs at the base of the mantle, but predominantly away from LLSVPs in the upper mantle. Modified from REFS^{58,76} and similar to REFS^{44,54}. Central meridian is 020° E.



838
839

840 **Fig. 3. | Numerical modelling of long-wavelength mantle convection.** How supercontinent-
841 induced long-wavelength mantle convection influences core-mantle heat flux (modified from
842 REF.⁷²). (a-c) Modes of mantle convection associated with supercontinent formation. Core is
843 red, mantle downwelling is blue, and upwelling is yellow. (a) Random flow pattern, perhaps
844 representative of the Archaean, before the supercontinent cycle began. (b) Degree-1 flow that
845 promotes supercontinent assembly over the super-downwelling. (c) Degree-2 mantle flow
846 during supercontinent breakup with antipodal upwelling zones (yellow) bisected by a girdle
847 of downwelling. (d) Core/mantle boundary heat flow simulation during a transition from a
848 random to b degree-1 mantle flow (left; modified from REF.⁷²) and heat flow simulation
849 during a transition from b degree-1 mantle flow to c degree-2 mantle flow (right; modified
850 from REF.²¹¹). In both cases depicted, heat flux is recorded after the initial mantle overturn.

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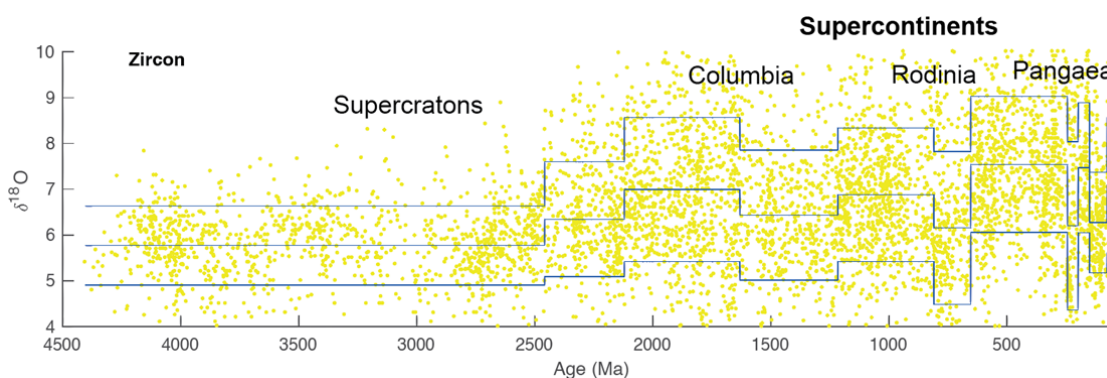


Fig. 4. | Supercontinent time series. Oxygen isotopes ($\delta^{18}\text{O}$) of zircon as a geochemical proxy of the supercontinent cycle through time. Lower values indicate more mantle-derived magmatism and higher values indicates more crustal reworking. Note both higher overall values and cycles initiate in the $\delta^{18}\text{O}$ data after 2.5 Gyr ago. Note cycles correspond to higher $\delta^{18}\text{O}$ during assembly and lower $\delta^{18}\text{O}$ during breakup phases of each of the 3 supercontinent cycles. Data are from REF.¹⁵⁶. Average values were defined using a freely available statistical change-point analysis¹⁵⁹ and suggests a state shift to cyclic variations ca. 2.5 Ga (see also **Box 2**). Plot has been truncated at 30 Ma due to the sampling of anomalous $\delta^{18}\text{O}$ values in neotectonic settings.

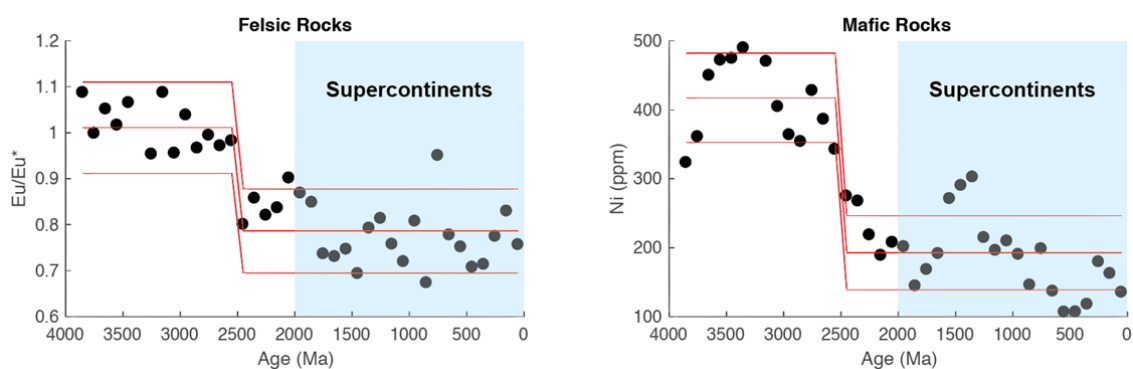
Boxes

Box 1 | How to reconstruct a supercontinent? Diverse types of evidence are used to reconstruct Precambrian (pre-Pangaeian) supercontinents⁶ including: palaeomagnetism, orogens of the same age and metamorphic style, the distribution of passive margins surrounding central blocks, geological piercing points (e.g., the geometry of large radiating dyke swarms), detrital zircon provenance, and more. Since continents must collide during supercontinent assembly, identifying an orogenic suture with coeval collisional orogens on the margins of two continents provides the most obvious test that two continents were neighbours in a supercontinent^{27,94,104,105,213}. Then, during supercontinent breakup, continents should share ages of rift-related magmatism prior to passive margin development^{94,98,105}. Palaeomagnetism [G] is the most strictly quantitative method used and is therefore often considered a definitive test of any putative palaeogeographic reconstruction. Palaeomagnetism measures the apparent polar wander (APW) of a continent with respect to the North Pole. If continents were part of a supercontinent, then they should share the same APW path for the period of time that they were connected. During supercontinent assembly, APW paths should merge and during breakup, APW paths should diverge²¹⁴. During the stable tenure of a supercontinent, APW paths of different continents can be superimposed to establish their relative configuration. This method would approximately work even if strong octupole and/or quadrupole components to the magnetic field existed as any time; nonetheless, palaeolatitudes of evaporites²¹⁵ and large mafic dyke swarms²¹⁶ appear to suggest the validity of the geocentric axial dipole back thought Proterozoic time depicted in **Figure 1**.

889 Although palaeomagnetic poles are sufficiently available for APW paths comparisons for
890 supercontinents Rodinia and Columbia^{92,98,99}, too few poles are as yet available from Archaean
891 cratons, thus palaeogeography across the Archaean-Proterozoic boundary relies
892 predominantly on the geometry of coeval mafic dyke swarms (Fig. 1).
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895 Box 2| **Secular change and the supercontinent state.** There is now broad consensus in the
 896 Earth sciences that the planet has cooled over billions of years of mantle convective heat
 897 loss^{217,218}. Mafic rocks, for example, exhibit a reduction in Ni content through time, which is
 898 most likely due to less melting of olivine due to mantle cooling (below). This secular change
 899 in the thermodynamics of the mantle is also thought to broadly be linked to the evolution of
 900 plate tectonics through time²². Felsic rocks, for example, exhibit an increase in the Eu*
 901 anomaly, which can be interpreted as increasing subduction since 2.5 Ga (below). During the
 902 Archaean, most of the crust was comprised of tonalite–trondhjemite–granodiorite (TTG)
 903 rocks, which could be formed by drip tectonics²¹⁹ (i.e., delamination) in the absence of plate
 904 tectonics²²⁰. Although early evidence of plate tectonics exists²²¹, it could have been relatively
 905 localized, and evidence of a global plate network is not found until arguably 2 Ga¹⁹. Strikingly,
 906 but perhaps not surprisingly, the three relatively well-established supercontinents occur after
 907 the global plate network was established. Plate tectonics is convectively more efficient in
 908 cooling the mantle than stagnant- or sluggish-lid convection¹⁶⁰, so the proliferation of plate
 909 tectonics may have accelerated secular cooling. Furthermore, as plate tectonics becoming a
 910 global phenomenon allows for supercontinent formation¹⁹, large supercontinents may lead to
 911 long-wavelength mantle convection (Fig. 2), which is convectively more efficient in
 912 transferring heat than smaller cells (Fig. 3; degree-2 flow representing a heat flow
 913 maximum¹⁶⁶), thus further expediting planetary cooling. Secular trends in igneous rock
 914 geochemistry correlate with the transition from ancient supercratons to modern
 915 supercontinents. The 3 supercontinents since 2 Ga may thus be a manifestation of secular
 916 change.

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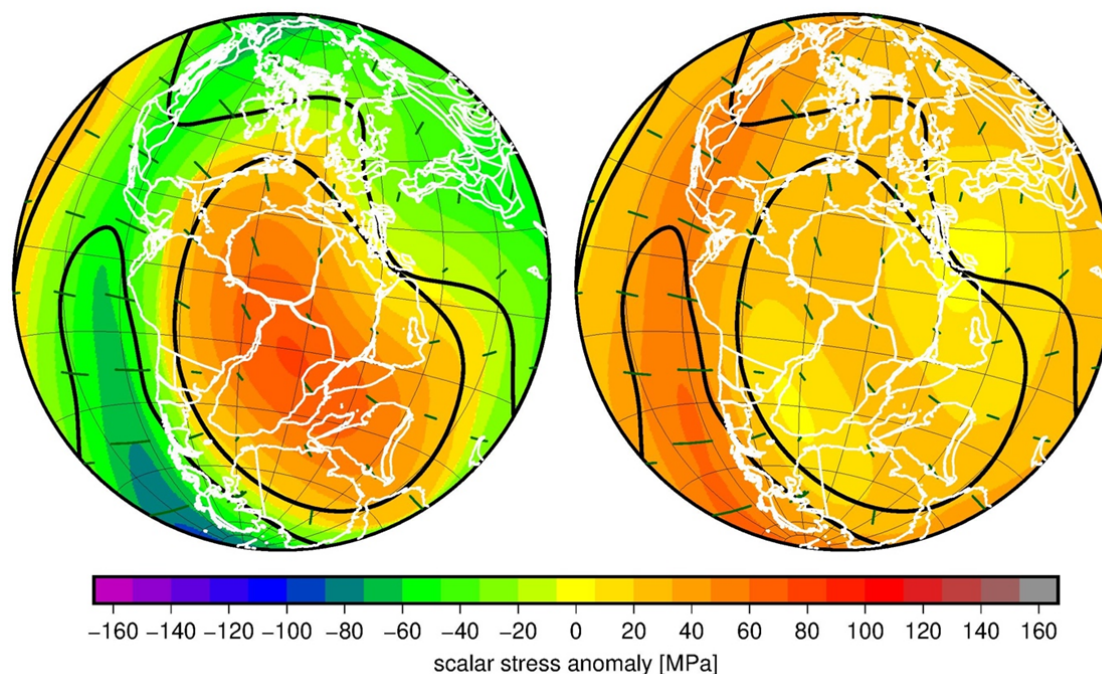
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921 **Box 3 | Top-down vs. bottom-up geodynamics.** Geodynamics is controlled by both “top-
922 down” (lithospheric) and “bottom-up” (mantle) tectonics. Convection is necessarily mass-
923 balanced (what goes down must be balanced by what comes up), but abundant evidence on
924 Earth for convective asymmetry (either dominance of top-down or bottom-up tectonics)
925 exists²²². With only bottom heating, Cartesian geometry, and constant viscosity, Rayleigh-
926 Bénard convection should be symmetric. However, complications including internal heating
927 and temperature-dependent viscosity lead to convective asymmetry. Basal heating from the
928 core only represents about a quarter of the heat released from the mantle, indicating the
929 importance of internal heating and secular cooling²²³: both primordial “fossil” heat and the
930 decay of radiogenic elements contribute to the heat flow out of the mantle. With internal
931 heating and secular cooling, the average mantle temperature is higher than it would be
932 without, making the temperature drop larger (smaller) across its upper (lower) thermal
933 boundary than without. Temperature-dependent viscosity creates a stiff upper thermal
934 boundary layer (i.e., the lithosphere is stiffer than the convecting mantle), reinforcing
935 convective asymmetry. In plate tectonics, mantle downwellings primarily occur as subducting
936 slabs. Analogue and numerical modelling indicate that the development of large-wavelength
937 convection (as consistent with supercontinent formation; **Figs. 2 and 3**) is in fact dominated
938 by strong downwellings (slabs) and relatively weak focussed upwellings (plumes)²²² plus a
939 diffuse upward return flow to balance mass flux. We show the superposed stress
940 contributions from top-down (i.e. related to flow caused by subducted slabs) and bottom-up
941 (related to upwelling flow above the LLSVPs) components are roughly equal and add up.
942 (Left) Absolute value of horizontal principal stress. (Right) Difference between the principal
943 stresses. Dark green lines indicate direction of maximum compressive stress. Black lines
944 separate regions with principal stresses both positive, with different sign, and both negative.
945 Stresses imposed on lithosphere from mantle flow²²⁴, computed as in REF.²²⁵, with
946 palaeogeography at 140 Ma⁴⁴.

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