

1 **Distribution and magnitude of stress due to lateral variation of gravitational potential**
2 **energy between Indian lowland and Tibetan plateau**

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13

14 **SUMMARY**

15 Magnitudes of differential stress in the lithosphere, especially in the crust, are still disputed.
16 Earthquake-based stress drop estimates indicate median values < 10 MPa whereas the lateral
17 variation of gravitational potential energy per unit area (*GPE*) across significant relief indicates
18 stress magnitudes of ca. 100 MPa in average across a 100 km thick lithosphere between the Indian
19 lowland and the Tibetan plateau. These standard *GPE*-based stress estimates correspond to
20 membrane stresses, because they are associated with a deformation that is uniform with depth. We
21 show here with new analytical results that lateral variations in *GPE* can also cause bending
22 moments and related bending stresses of several hundreds of MPa. Furthermore, we perform two-
23 dimensional thermo-mechanical numerical simulations (1) to evaluate estimates for membrane and
24 bending stresses based on *GPE* variations, (2) to quantify minimum crustal stress magnitudes that
25 are required to maintain the topographic relief between Indian lowland and Tibetan plateau for ca.
26 10 Ma and (3) to quantify the corresponding relative contribution of crustal strength to the total
27 lithospheric strength. The numerical model includes viscoelastoplastic deformation, gravity and
28 heat transfer. The model configuration is based on density fields from the CRUST1.0 data set and
29 from a geophysically and petrologically constrained density model based on *in situ* field campaigns.
30 The numerical results indicate that values of differential stress in the upper crust must be $> ca. 180$
31 MPa, corresponding to a friction angle of ca. 10° , to maintain the topographic relief between
32 lowland and plateau for > 10 Ma. The relative contribution of crustal strength to total lithospheric
33 strength varies considerably laterally. In the region between lowland and plateau and inside the
34 plateau the depth-integrated crustal strength is approximately equal to the depth-integrated strength
35 of the mantle lithosphere. Simple analytical formulae predicting the lateral variation of depth-
36 integrated stresses agree with numerically calculated stress fields, which show both the accuracy of

37 the numerical results and the applicability of simple, rheology-independent, analytical predictions to
38 highly variable, rheology-dependent, stress fields. Our results indicate that (1) crustal strength can
39 be locally equal to mantle lithosphere strength and that (2) crustal stresses must be at least one order
40 of magnitude larger than median stress drops in order to support the plateau relief over a duration of
41 ca. 10 Ma.

42
43 **KEYWORDS:** Numerical modelling; Rheology: crust and lithosphere; Continental tectonics:
44 compressional; Dynamics: gravity and tectonics; Mechanics, theory, and modelling.

45

46 **1 INTRODUCTION**

47 The magnitude and vertical distribution of stress in the continental lithosphere and the
48 associated vertical distribution of strength control the deformation behaviour of the lithosphere. For
49 example, a mechanically stronger lithosphere exhibits a larger flexural wavelength than a weaker
50 one (e.g. Burov & Diament, 1995). Also, during long-term lithospheric deformation significant
51 deviatoric stresses can potentially generate sufficient dissipative work so that thermal softening can
52 trigger lithospheric-scale strain localisation (e.g. Schmalholz et al., 2009; Jaquet et al., 2016) and
53 subduction initiation (e.g. Thielmann & Kaus, 2012). Furthermore, if differential stresses exist in
54 the lithosphere then the stress state is neither hydrostatic nor lithostatic. Rock deformation
55 experiments show that such non-hydrostatic stresses can affect mineral transformations, such as the
56 quartz-coesite transition (Hirth & Tullis, 1996; Richter et al., 2016), and differential stresses could,
57 hence, affect mineral phase transformations in the lithosphere (e.g. Moulas et al., 2014; Tajčmanová
58 et al., 2015; Moulas et al., 2018). Conversely, metamorphic phase changes accompanied by volume
59 change affect the stress and deformation field (e.g. Hetényi et al., 2011; Hetényi, 2014).

60 Consequently, the commonly performed conversion of metamorphic pressure to burial depth,
61 assuming a lithostatic stress state, could be significantly inaccurate (e.g. Petrini & Podladchikov,
62 2000; Schmalholz & Podladchikov, 2013; Moulas et al., 2014; Moulas et al., 2018).

63 The above examples show that stress magnitudes can potentially have significant impact on
64 lithospheric deformation and associated metamorphic processes. However, these stress magnitudes
65 are still controversially debated, particularly stress magnitudes in the crust. For example, estimates
66 of differential stress in the upper crust, which are based on in situ stress measurements in deep wells
67 and a borehole of the German Continental Deep Drilling Program (KTB), indicate differential stress
68 between 170 and 210 MPa at a depth of approximately 8 km (e.g. Brudy et al. 1997; Townend &
69 Zoback, 2000; Figure 1). Also, differential stress in natural shear zones estimated from grain size
70 piezometers (e.g. Twiss, 1977) can reach a few hundred MPa in crustal depths of 5 to 25 km (see
71 Figure 1 and references in caption). Such differential stress estimates from piezometers agree with
72 flow laws for dislocation creep for quartzite and limestone (e.g. Behr & Platt, 2014; Jaquet &
73 Schmalholz, 2018).

74 In contrast to the above stress estimates, earthquake-based stress drop estimates range
75 typically between 0.3 and 50 MPa with a median stress drop of ca. 4 MPa for depths less than 60
76 km (e.g. Allmann & Shearer, 2006; Figure 1). The histogram of the logarithmic stress drop
77 estimates of Allmann & Shearer (2006; their figure 6) indicates a standard deviation of stress drops
78 from 1 to 10 MPa (Figure 1). The stress drop usually refers to a drop in shear stress, which is
79 approximately half the differential stress. It is, however, not clear whether stress drop magnitudes
80 are close to total stress drop or whether the stress drop only represents a small fraction of the crustal
81 stress (e.g. McGarr & Gay, 1978; Kanamori, 1980; Hardebeck & Okada, 2018). Stress drop
82 estimates require assumptions on fault geometry, which is usually not well known, and errors

83 concerning fault plane geometry can cause large errors in the corresponding stress drop estimate
84 (e.g. Madariaga, 1977). Furthermore, the static stress drop estimated by seismologists provides a
85 lower bound to the actual dynamic stress drop on the fault occurring during dynamic fracturing (e.g.
86 Madariaga, 1977). The analysis of pseudotachylyte fault veins, commonly considered to represent
87 “paleo-earthquakes”, indicates that stress drop can be greater than 220 MPa and as high as 580 MPa
88 (Andersen et al., 2008), which also suggests that earthquake-based stress drop estimates provide
89 lower bounds to the actual stress.

90 Another method to estimate lithospheric stress magnitudes is based on vertical integrals of
91 the force balance equations for the lithosphere. Models based on vertical integrals of the force
92 balance equations are commonly referred to as thin-sheet models (e.g. England & McKenzie, 1982;
93 Medvedev & Podladchikov, 1999). Based on such thin-sheet models, the vertical integral of the
94 differential stress in the lithosphere can be estimated from the lateral variation of crustal thickness
95 and topography (e.g. Jeffreys, 1959; Arthyushkov, 1973) or, more generally, from lateral variations
96 of the gravitational potential energy per unit area (*GPE*; e.g., Molnar & Lyon-Caen, 1988; Molnar
97 et al. 1993; Schmalholz et al. 2014). These integrated stress estimates result from force balance
98 calculations only and are robust because they are independent on constitutive equations (e.g. flow
99 laws), that is, irrespective of the lithosphere deformation being elastic, plastic or viscous.
100 Consequently, lateral *GPE* variations can be used only to calculate the vertical integral of the stress,
101 which can be related to the horizontal driving force per unit length (F_x ; e.g., Molnar & Lyon-Caen,
102 1988), but not maximum stress magnitudes in the lithosphere. Also, standard thin-sheet models
103 assume that the deformation is uniform with depth so that horizontal stresses along a vertical profile
104 are either all compressive or extensive. Stresses associated with a depth-uniform deformation are
105 commonly referred to as membrane, or in-plane, stresses. When integrated vertically, all membrane

106 stresses contribute to F_x . Stresses associated with bending (or flexure) of the lithosphere are
107 neglected in standard thin-sheet models. Bending stresses typically change their sign across a
108 bending layer, for example, due to extension in the outer hinge region and compression in the inner
109 region. Since bending stresses change their sign along a vertical profile they usually do not
110 contribute significantly during vertical stress integration to F_x and are, hence, not estimated from
111 standard lateral *GPE* variations. We show here with new analytical relations that lateral *GPE*
112 variations are associated with bending moments due to lateral mass variations and that these mass
113 moments cause significant bending stresses.

114 Lateral *GPE* variations between the Tibetan plateau and the Indian lowland, referring to the
115 hinterland and foreland of the Himalaya, respectively, provide estimates of ca. 7×10^{12} N m⁻¹ for F_x
116 (e.g., Molnar & Lyon-Caen, 1988; Figure 2) and between Tibet and Central Asia estimates of $7 - 10$
117 $\times 10^{12}$ N m⁻¹ (e.g., Molnar et al., 1993; England & Molnar, 2015). If one assumes that a
118 representative value for the thickness of the lithosphere is 100 km then the above estimates of F_x
119 provide depth-average differential stresses between 70 and 100 MPa in the lithosphere. However,
120 due to considerable rheological variations within the lithosphere, local stresses can be significantly
121 smaller or larger than these depth-averaged estimates (see examples for the flexure of the Indian
122 plate, e.g. Cattin et al., 2001; Hetényi et al., 2006). Furthermore, the relative contribution, or
123 fraction, of stresses in the crust and mantle lithosphere to the total integrated stress across the
124 lithosphere is usually unknown. England & Molnar (2015) suggest that values of F_x acting on the
125 lithosphere of the Tien Shan are $7 - 10 \times 10^{12}$ N m⁻¹ and they argue that a significant fraction, up to
126 90%, of F_x is provided by the ductile mantle lithosphere. If the continental crust would indeed only
127 provide a small fraction of the lithospheric resistance to F_x , then the question arises: how can such a
128 weak crust maintain for ca. 10 Ma the significant lateral variations in surface topography and *GPE*

129 between the Tibetan plateau and Indian lowland (Figure 2 and Figure 3)? The main aim of our study
130 is to quantify with two-dimensional (2D) thermo-mechanical numerical simulations the magnitudes
131 of differential stress in the crust that are required to maintain the relief of the Tibetan plateau for a
132 duration of ca. 10 Ma. Furthermore, bending of the lithosphere generates likely the largest stress
133 magnitudes on Earth compared with other geophysical processes such as mantle convection (e.g.
134 Karato, 2008; his Table 19.2). Medvedev (2016) suggested that lateral variations of *GPE* may
135 result in lithospheric bending stresses and that these stresses may dominate the orientation of
136 stresses even in the absence of compressive deformation such as lithospheric folding. Therefore, we
137 also investigate the influence of bending on the stress state of the India – Himalaya – Tibet system,
138 because we are interested in estimates for local, maximum stress magnitudes.

139 We perform 2D numerical simulations considering viscoelastoplastic deformation, heat
140 transfer, gravity, and temperature dependent flow laws to calculate the distribution of stresses in a
141 continental lithosphere caused by interaction of a plateau and neighbouring lowland in the absence
142 of any additional tectonic influence. The initial lithosphere geometry is close to the standard
143 geometry of thin-sheet models, which were used to calculate the lateral *GPE* variation between
144 India and Tibet (e.g. Molnar & Lyon-Caen, 1988; Molnar et al., 1993; Schmalholz et al., 2014), and
145 to construct a gravimetrically and petrologically constrained density model of the Indian plate
146 beneath the Tibetan plateau (Hetényi et al., 2007). We also compare the lateral variation of depth-
147 integrated numerical stresses with predictions of analytical thin-sheet models to show the accuracy
148 and robustness of the numerical results.

149

150 **2 STRESS RELATIONS, GRAVITATIONAL POTENTIAL ENERGY AND BENDING**

151 **2.1 Lithospheric stress relations**

152 For incompressible deformation in 2D, the components of the total stress tensor are

$$\begin{aligned}
 \sigma_{xx} &= -P + \tau_{xx} \\
 \sigma_{zz} &= -P + \tau_{zz} \\
 \sigma_{xz} &= \tau_{xz}
 \end{aligned}
 \tag{1}$$

154 where pressure, or negative mean stress, $P = -(\sigma_{xx} + \sigma_{zz})/2$, $\tau_{xx} = -\tau_{zz}$ are the normal deviatoric
 155 stress tensor components, $\sigma_{xz} = \tau_{xz}$ represents the shear stress and x and z are the horizontal and
 156 vertical coordinates, respectively. The maximum, σ_1 , and minimum, σ_3 , principal stresses are (e.g.
 157 Turcotte & Schubert, 2014)

$$\sigma_1 = \frac{\sigma_{xx} + \sigma_{zz}}{2} + \left[\frac{(\sigma_{xx} - \sigma_{zz})^2}{4} + \tau_{xz}^2 \right]^{\frac{1}{2}} = -P + [\tau_{xx}^2 + \tau_{xz}^2]^{\frac{1}{2}} = -P + \tau_{II}
 \tag{2}$$

$$\sigma_3 = \frac{\sigma_{xx} + \sigma_{zz}}{2} - \left[\frac{(\sigma_{xx} - \sigma_{zz})^2}{4} + \tau_{xz}^2 \right]^{\frac{1}{2}} = -P - [\tau_{xx}^2 + \tau_{xz}^2]^{\frac{1}{2}} = -P - \tau_{II}
 \tag{3}$$

160 where τ_{II} is the square root of the second invariant of the deviatoric stress tensor. The differential
 161 stress is

$$\Delta\sigma = \sigma_1 - \sigma_3 = 2\tau_{II}
 \tag{4}$$

163 Following Molnar & Lyon-Caen (1988) and Schmalholz et al. (2014) we separate the total normal
 164 horizontal stress into two components:

$$\sigma_{xx} = \sigma_{xx}^s + \sigma_{xx}^d
 \tag{5}$$

166 where the static stress, σ_{xx}^s , is identical to the negative of the lithostatic pressure, P_L , or hydrostatic
 167 stress, which is the vertical integral of the product of density, ρ , times gravitational acceleration,
 168 g :

169
$$\sigma_{xx}^s(x, z) = -P_L(x, z) = -\int_z^{St(x)} \rho(x, z') g dz' \quad (6)$$

170 with $St(x)$ being the topography, which can vary laterally. The dynamic component of the total
 171 stress in eq. (5), σ_{xx}^d , thus represents a measure of how far the stresses in the lithosphere deviate
 172 from the lithostatic state.

173 The above stress relations are exact and free from assumptions. In order to simplify
 174 calculations, several approximate stress relations are assumed in traditional thin-sheet
 175 approximations (e.g., England & McKenzie, 1982, Schmalholz et al., 2014). The main assumption
 176 is that shear stress, τ_{xz} , can be neglected when considering the large-scale lithospheric stress state.
 177 The approximate equalities in the following equations are based on this assumption of negligible
 178 τ_{xz} . The total normal vertical stress can then be approximated by the lithostatic pressure:

179
$$\sigma_{zz} \approx -P_L \quad (7)$$

180 The relation between dynamic horizontal stress and deviatoric horizontal stress is then

181
$$\sigma_{xx}^d = \sigma_{xx} + P_L \approx \tau_{xx} - P - \sigma_{zz} = \tau_{xx} - \tau_{zz} = 2\tau_{xx} \quad (8)$$

182 Equation (8) shows that $\sigma_{xx}^d \approx 2\tau_{xx}$ which is relevant because it explains the factor two difference in
 183 stress magnitudes obtained from lateral *GPE* variations around the Tibetan plateau by Molnar &
 184 Lyon-Caen (1988), who calculated σ_{xx}^d , and stress magnitudes obtained by Ghosh et al. (2006,
 185 2009), who calculated τ_{xx} (Schmalholz et al., 2014). The condition of negligible τ_{xz} results in the
 186 principal stress axes to be close to the vertical and horizontal orientations and thus eq. (4) can be
 187 approximated

188
$$\Delta\sigma = \sigma_1 - \sigma_3 \approx \text{abs}(\sigma_{xx} - \sigma_{zz}) \approx \text{abs}(\sigma_{xx}^d) \quad (9)$$

189

190 **2.2 GPE and thin-sheet relations**

191 Integration of the horizontal balance of stresses from the top stress-free surface $St(x)$ down
192 to the horizontally-constant depth of compensation, Sb , at which the deviatoric stresses can be
193 neglected, reveals the absence of the lateral variation of the depth-integrated horizontal total stress,
194 σ_{xx} (Molnar & Lyon-Caen, 1988; Schmalholz et al., 2014):

195
$$\frac{d}{dx}(\bar{\sigma}_{xx}) = 0 \quad (10)$$

196 Here, an overbar indicates the depth integral of the corresponding symbol, for example:

197
$$\bar{\sigma}_{xx}(x) = \int_{Sb}^{St(x)} \sigma_{xx}(x, z) dz \quad (11)$$

198 Equation (10) is not based on the thin-sheet approximation presented in Section 2.1 and is thus
199 fundamental. For example, it was shown that equation (10) holds for a numerically calculated 2D
200 stress field of a shortening viscoelastoplastic lithosphere involving buckling and shear zone
201 generation (Schmalholz & Podladchikov, 2013). Equation (10), however, is based on the condition
202 of vanishing deviatoric stresses at the bottom boundary, Sb , which is a reasonable assumption at
203 the lithosphere-asthenosphere transition. Consequently, Sb is often termed the depth of the
204 lithosphere in the framework of depth-integrated stress analysis, although Sb differs from
205 traditional geological and geophysical definitions of the lithosphere-asthenosphere boundary (e.g.,
206 Turcotte & Schubert, 2014). Substitution of the separation of the normal horizontal stress into static
207 and dynamic components, eq. (5) and eq. (6), into eq. (10) yields (e.g., Molnar & Lyon-Caen, 1988;
208 Schmalholz et al. 2014)

209
$$\frac{d}{dx} F_x = \frac{d}{dx} GPE \quad (12)$$

210 where $F_x = \bar{\sigma}_{xx}^d$ is commonly termed the driving horizontal force per unit length and the
 211 gravitational potential energy per unit area (GPE) is the vertical integral of P_L :

$$212 \quad GPE(x) = \bar{P}_L(x) + \text{const} = \int_{s_b}^{St(x)} P_L(x, z) dz + \text{const} \quad (13)$$

213 Equation (12) can be integrated with respect to x and for a simple geometry with essentially only a
 214 plateau and lowland (Figure 4) the horizontal derivatives in equation (12) can be replaced by
 215 horizontal differences, indicated with the symbol Δ , between values for the plateau and the
 216 lowland, e.g., $\Delta GPE = GPE_p - GPE_L$ (Figure 4):

$$217 \quad \Delta F_x = \Delta GPE \quad (14)$$

218 Therefore, ΔGPE can be related to vertically integrated stress differences by

$$219 \quad \Delta GPE = \Delta \bar{\sigma}_{xx}^d \approx 2\Delta \bar{\tau}_{xx} \quad (15)$$

220 Similar to section 2.1, we use the approximate equality sign to indicate the thin-sheet assumption of
 221 negligible τ_{xz} . The lateral variation in GPE assuming local isostasy at the base of the lithosphere
 222 and uniform densities within the crust, ρ_c , and mantle lithosphere, ρ_m , is (e.g. Molnar & Lyon-
 223 Caen, 1988; Schmalholz et al. 2014)

$$224 \quad \Delta GPE = \rho_c g h_e \left(h_c + \frac{\rho_m}{\rho_m - \rho_c} \frac{h_e}{2} \right) \quad (16)$$

225 where h_e and h_c are the height of the plateau with respect to the one of the lowland and the crustal
 226 thickness of the lowland, respectively (Figure 4).

227 The above estimations operate with depth-integrated stresses whereas the magnitude of
 228 stresses is the target of our study. Strong rheological heterogeneity of the lithosphere results in
 229 strong variations of stresses with depth. Most of the integrated lithospheric stress quantities, such as

230 F_x , are controlled by stresses in the strong levels of the lithosphere (e.g. Burov, 2011). The
 231 magnitudes of the stresses within these stress-bearing levels is the focus of our study. Similar to the
 232 effective elastic thickness, which characterises an elastic lithospheric model (e.g. Burov &
 233 Diament, 1995), we introduce here the effective rheological thickness (ERT) of the lithosphere,
 234 which is independent of a particular rheological model. A formal definition of ERT is out of the
 235 scope of our study. We use a more qualitative approach here to illustrate the results of analytical
 236 studies and compare them with 2D thermo-mechanical numerical results in the following sections.
 237 The scope of the analytical study, which is independent on any rheology assumption, is to obtain a
 238 comparison with the numerical results, which are calculated for specific rheological models. The
 239 difference of the characteristic deviatoric stress is by definition, and using eqs. (14) to (16)

$$240 \quad \Delta\tau_{xx}^* = \frac{\Delta F_x}{2ERT} = \frac{\rho_c g h_e}{2ERT} \left(h_c + \frac{\rho_m}{\rho_m - \rho_c} \frac{h_e}{2} \right) \quad (17)$$

241 To illustrate the usage of ERT , we assume that the crust is much stronger than other regions of the
 242 lithosphere (Figure 4) and that ERT is equal to the crustal thickness averaged between plateau and
 243 lowland, that is $ERT = h_c + (h_e + h_r)/2$. We also assume that characteristic deviatoric stresses in
 244 the plateau and lowland are identical, but opposite in sign, so that $\tau_{xx}^* = \Delta\tau_{xx}^*/2$ (Schmalholz et al.,
 245 2014). Using the isostasy relation $h_r = \rho_c h_e / (\rho_m - \rho_c)$ eq. (17) yields

$$246 \quad \tau_{xx}^* = \frac{\rho_c g h_e}{4} \quad (18)$$

247 This result indicates that the average deviatoric stress in the crust is directly proportional to the
 248 topographic relief. For $h_e = 5$ km and $\rho_c = 2800$ kg m⁻³ one obtains $\tau_{xx}^* =$ ca. 35 MPa which is a
 249 value that is nearly one order of magnitude larger than the median stress drop of ca. 4 MPa
 250 estimated from earthquakes.

251 The above estimations of the characteristic membrane, or in-plane, stresses assume the
 252 homogeneous deformation with depth of the lithosphere so that the stresses do not change their sign
 253 with depth and additively contribute to the integrated stress. This depth-uniform deformation may
 254 be associated with the traditional thin-sheet approximation (England & McKenzie, 1982).

255

256 **2.3 Bending stresses related to lateral variations of *GPE***

257 Lateral variations of *GPE* are associated with the laterally varying distribution of mass.
 258 This lateral mass variation can also result in moments of forces, which can cause bending stresses.
 259 The numerical simulations performed in this study will show bending related stresses and we derive
 260 here fundamental relations between *GPE* and bending stresses to estimate the order of magnitude
 261 of these bending stresses, independent of any rheological assumptions.

262 Schmalholz et al. (2014) presented the integration of the vertical balance of stresses in a
 263 form that links the lateral variation of the tectonic pressure, P_o , (the difference between P and P_L ,
 264 $P_o = P - P_L$) at depth Sb with the horizontal derivative of the depth-integrated shear stress:

$$265 \quad P_o(x, Sb) = \frac{d}{dx}(\bar{\tau}_{xz}) \quad (19)$$

266 In the absence of horizontal tractions along the top and bottom boundaries, the integrated shear
 267 stress $\bar{\tau}_{xz}$ can be related to the total horizontal stress, σ_{xx} , by the equation (e.g. Schmalholz &
 268 Mancktelow, 2016; their equation A14)

$$269 \quad \bar{\tau}_{xz} = \frac{d}{dx} \Pi(\sigma_{xx}) + \bar{\sigma}_{xx} \frac{dw}{dx} \quad (20)$$

270 The bending moment, Π , associated with any stress component, σ_{ij} , and with the vertical
 271 coordinate of a neutral reference line, $w(x)$, is

272
$$\Pi(\sigma_{ij}) = \int_{Sb}^{St(x)} \sigma_{ij}(z-w) dz = \overline{\sigma_{ij}(z-w)} \quad (21)$$

273 Separating σ_{xx} into dynamic and static components, eq. (5), substituting eq. (20) into (19), and
 274 using eq. (10) yields

275
$$P_o(x, Sb) = \frac{d^2}{dx^2} \Pi(\sigma_{xx}^d) + \bar{\sigma}_{xx} \frac{d^2 w}{dx^2} - \frac{d^2}{dx^2} \Pi(P_L) \quad (22)$$

276 Equation (22) indicates that the existence of tectonic pressure at the base of the model, $P_o(x, Sb)$,
 277 is related to bending moments and flexure in the model domain. To estimate the bending, or fiber,

278 stress we decompose the dynamic stress into a membrane stress, σ_{xx}^{ts} , and a bending stress, σ_{xx}^b ,

279 that is $\sigma_{xx}^d = \sigma_{xx}^{ts} + \sigma_{xx}^b$ (e.g. Schmalholz & Podladchikov, 2000, their figure 1; Schmalholz &

280 Mancktelow, 2016, their equation A19). The membrane stress, σ_{xx}^{ts} , corresponds to the depth-

281 uniform thin-sheet deformation and is constrained by conditions $\bar{\sigma}_{xx}^d = \bar{\sigma}_{xx}^{ts}$ and $\Pi(\sigma_{xx}^{ts}) = 0$. The

282 bending stress, σ_{xx}^b , represents the deviation from σ_{xx}^{ts} due to bending and is constrained by the

283 conjugate conditions $\bar{\sigma}_{xx}^b = 0$ and $\Pi(\sigma_{xx}^d) = \Pi(\sigma_{xx}^b)$. In Appendix 1 we show that this separation

284 is possible by the appropriate choice of the reference level, $w(x)$. As illustrative example we

285 assume that $w(x)$ is a piecewise linear function of x as, for example, the lateral variation of the

286 crust-mantle boundary in the model configuration of Figure 4. Assuming furthermore local isostasy

287 (i.e. $P_o(x, Sb) = 0$), equation (22) reduces to

288
$$\frac{d^2}{dx^2} \Pi(\sigma_{xx}^b) = \frac{d^2}{dx^2} \Pi(P_L) \quad (23)$$

289 The term with $d^2 w / dx^2$ has disappeared due to the assumption of piecewise linearity of $w(x)$.

290 Equation (23) indicates that lateral variations of mass moments, $\Pi(P_L)$, are balanced by lateral
 291 variations of moments related to bending stresses. $\Pi(P_L)$ can be calculated from the initial model
 292 geometry and associated densities (see Appendix 1). $\Pi(P_L)$ can further be expressed as third-order
 293 polynomial in $h_{ex} = St(x) - St(\text{lowland})$, which is the laterally varying height of the topography.
 294 Therefore, $h_{ex} = 0$ in the lowland of the model and $h_{ex} = h_e$ in the plateau (Figure 4). We only
 295 have to consider powers of h_{ex} on the order of 2 and 3 since lower powers will disappear due to the
 296 second derivative of $\Pi(P_L)$ in eq. (23):

$$297 \quad \Pi(P_L) = h_{ex}^3 A + h_{ex}^2 B + \dots \quad (24)$$

298 The coefficients A and B depend on the densities and geometrical parameters of the model
 299 configuration and are derived in Appendix 1. We assume that initially $\Pi(\sigma_{xx}^b)$ is non-zero only in
 300 the transition zone between lowland and plateau, and thus its polynomial form should include roots
 301 at $h_{ex} = 0$ and $h_{ex} = h_e$:

$$302 \quad \Pi(\sigma_{xx}^b) = J h_{ex} [h_{ex} - h_e][h_{ex} - K] \quad (25)$$

303 where J and K are unknown coefficients. Substituting eq. (24) and (25) into (23) and comparing the
 304 terms on both sides of the equation yields

$$305 \quad \begin{aligned} J &= A \\ K &= h_e - B/A \end{aligned} \quad (26)$$

306 Characteristic values of σ_{xx}^b can then be estimated from $\Pi(\sigma_{xx}^b)$ by (e.g. Turcotte & Schubert,
 307 2014; Medvedev, 2016)

$$308 \quad \sigma_{xx}^b \approx \pm \frac{6\Pi(\sigma_{xx}^b)}{ERT^2} \quad (27)$$

309 where ERT is the effective rheological thickness discussed in the Section 2.2. Equation (27)
 310 applies to beams with uniform rheology and estimates maximum bending stresses at the upper and
 311 lower boundaries of the beam. In the lithosphere the rheology varies with depth and the bending
 312 regions are typically not limited by two sharp boundaries so that eq. (27) provides an upper limit for
 313 the bending stress. We will quantify values of bending stresses for a reasonable range of values of
 314 ERT . The horizontal deviatoric stress due to bending, τ_{xx}^b , can be approximated as half of the total
 315 bending stress (eq. (8))

$$\tau_{xx}^b \approx \frac{\sigma_{xx}^b}{2} \approx \pm \frac{3\Pi(\sigma_{xx}^b)}{ERT^2} \quad (28)$$

317 The values of τ_{xx}^b vary laterally since $\Pi(\sigma_{xx}^b)$ varies laterally due to its dependence of h_{ex} (Figure
 318 5a). The main uncertain parameters are the values of $w(x)$ and ERT and, therefore, we calculate
 319 maximum values of τ_{xx}^b for a range of reasonable values of $w(x)$ and ERT (Figure 5b). The
 320 results show that maximum values of τ_{xx}^b are between 150 and 300 MPa corresponding to
 321 differential stresses approximately between 300 and 600 MPa. We will show that such maximum
 322 values for τ_{xx}^b and for associated differential stresses are in broad agreement with the results of the
 323 performed 2D thermo-mechanical numerical simulations.

324

325 **3 GPE VARIATION BETWEEN TIBETAN PLATEAU AND INDIAN LOWLAND**

326 The structure and density distribution of the Tibetan Plateau have been extensively
 327 investigated by mostly 2D and some 3D geophysical surveys based on land campaigns (e.g.
 328 Tilmann et al., 2003), satellite observations (e.g. Shin et al., 2015) and joint approaches (e.g.
 329 Basuyau et al., 2013). Such and other geophysical datasets, together with sparse thermal constraints

330 as well as geological and petrological information have been regularly used to construct models and
331 geodynamic evolution scenarii of the Tibetan Plateau at various scales and levels of complexity
332 (e.g. Dewey et al., 1988; Avouac & Tapponier, 1993; Chemenda et al., 2000; Liu & Yang, 2003;
333 Beaumont et al., 2004; Zhao et al., 2010; Vozar et al., 2014; Baumann & Kaus, 2015; Tunini et al.,
334 2016).

335 For the current study we use two density fields to calculate the spatial variation of GPE
336 between the Tibetan plateau and the Indian lowland, namely the density field from the CRUST1.0
337 data set (<http://igppweb.ucsd.edu/~gabi/rem.html>; Figure 2) and the best-fit, *in situ* observation-
338 constrained density field of Hetényi et al. (2007, their figure 6; Figure 3a). The location of the
339 density profile of Hetényi et al. (2007) corresponds to the blue solid line in Figure 2a. For the
340 CRUST1.0 data, values of GPE were calculated using eqs. (6) and (13) assuming a compensation
341 depth, S_b , at 100 km. The calculated values of GPE first decrease in the region of the Indian
342 foreland basin and then considerably increase with the increase of the topography along profiles
343 from India towards the Tibetan plateau (Figure 2). Values of ΔGPE between the Indian foreland
344 region and the adjacent Tibetan plateau are ca. $10 \times 10^{12} \text{ N m}^{-1}$ (Figure 2b). The considerable
345 increase of topography between the Indian foreland and the Tibetan plateau occurs within a narrow
346 region of ca. 100 km (Figure 2c). The density field of Hetényi et al. (2007) provides an even larger
347 ΔGPE of ca. $12 \times 10^{12} \text{ N m}^{-1}$ between the Indian foreland region and the adjacent Tibetan plateau
348 (Figure 3b). In contrast to the profile of ΔGPE resulting from the CRUST1.0 data, the ΔGPE
349 resulting from the model of Hetényi et al. (2007) shows a smaller decrease of ΔGPE around the
350 Indian foreland region ($-200 \text{ km} < X < 0 \text{ km}$ in Figure 3b) but higher ΔGPE around the adjacent
351 Tibetan plateau ($50 \text{ km} < X < 400 \text{ km}$ in Figure 3b). The lithostatic pressure, P_L , at 100 km depth
352 varies along the profile for both the CRUST1.0 and the Hetényi et al. (2007) model indicating that

353 the depth of 100 km is not a level of local isostasy. The lateral variation of P_L and, hence, P_o
354 indicates either non-zero deviatoric stresses or the influence of the flexural rigidity of the
355 lithosphere (eq. (22)) in the region of the topographic increase which likely could be related to
356 bending associated with the Indian foreland basin. Both density models show an increase of P_L in
357 the region of considerable topographic variation and hence significant lateral variation of crustal
358 thickness. This deviation from local isostasy can be expected due to the flexural strength of the
359 Indian crust, which is deflected and thrust under the Tibetan crust. This regional compensation is
360 well documented by gravity anomalies (e.g. Berthet et al., 2013; Hammer et al., 2013; Hetényi et
361 al., 2016). In the discussion section (section 6) we argue that this geodynamic regime prevails since
362 at least 10 Ma (e.g. Lu et al., 2018).

363

364 **4 NUMERICAL MODEL**

365 **4.1 2D thermo-mechanical finite-difference model**

366 The applied numerical algorithm is based on the finite-difference/marker-in-cell method
367 (e.g. Gerya & Yuen, 2003; Duretz et al., 2016). The governing equations for 2D incompressible
368 deformation of viscoelastoplastic material coupled with heat transfer and gravity are described in
369 detail in Appendix 2. The diffusive terms in the force balance equations and in the heat transfer
370 equations are discretized on an Eulerian staggered grid while advection and rotation terms are
371 treated explicitly on Lagrangian markers using a 4th order in space Runge-Kutta time integration
372 (Duretz et al., 2016). The topography in the model is a material interface defined by a Lagrangian
373 marker chain and this interface is displaced with the numerically calculated velocity field. With
374 ongoing deformation, this marker chain needs to be locally remeshed which is achieved by adding
375 marker points in the deficient chain segments. The applied numerical mesh consists of 2000 nodes

376 in the horizontal direction (resolution of 600 m) and 750 nodes in the vertical direction (resolution
377 of 413 m). The models were run with a Courant number of 0.45 and a maximum allowed time step
378 of 0.1 Ma.

379

380 **4.2 Model configuration**

381 The model configuration is similar to the model configuration which has been used to derive
382 the analytical relations between ΔGPE , F_x and bending moments (section 2, Figure 4). The
383 corresponding thicknesses and model dimensions are given in Figure 4. The initial geometry and
384 density field generates a GPE difference between plateau and lowland of ca. 7×10^{12} N m⁻¹ in
385 agreement with published data (e.g. Molnar et al. 1993) and the density field of CRUST1.0 (Figure
386 2). The initial crustal geometry corresponds to isostatic equilibrium if the topographic variation is
387 related to the variation of the crust-mantle boundary (Moho), that is, the transition width in which
388 the topography increases is identical to the width of the region in which the Moho deepens (Figure
389 4). However, the study of Hetényi et al. (2007; Figure 3) indicates that the topography increases
390 over a distance of ca. 100 km while the Moho deepens over a distance of ca. 300 km (Figure 3).
391 Therefore, we vary the transition width of the Moho (M ; Figure 4) in the simulations. The
392 topographic transition width is always 100 km, close to the observed value.

393 For the 2D numerical simulations we use the flow law of wet quartzite (Kirby, 1983) for the
394 upper crust and of Maryland diabase (Carter & Tsenn, 1987) for the lower crust (Table 1). For the
395 mantle lithosphere and asthenosphere we use a combination of dislocation and diffusion creep
396 (Hirth & Kohlstedt, 2003) for dry olivine and Peierls creep (Goetze & Evans, 1979, with
397 formulation of Kameyama et al., 1999; see Appendix 2 and Table 1). The left, right and bottom
398 boundaries are free slip boundaries and the top boundary is a stress free surface. There is no far-

399 field shortening or extension applied to the lateral boundaries as we focus on the evolution of the
400 topographic relief. The top and bottom boundaries for heat transfer are described by fixed
401 temperatures with 0 °C at the top and 1350 °C at the bottom. The lateral boundaries are zero heat
402 flow boundaries. The initial temperature field is at equilibrium and is computed using the thermal
403 parameters listed in Table 1.

404

405 **5 RESULTS**

406 **5.1 Fundamental impact of crustal stress magnitudes**

407 We first show the fundamental impact of the crustal friction angle on the numerical results
408 by comparing two representative simulations, the only difference being the friction angle of the
409 crust, namely $\theta = 10^\circ$ (simulation 1) and $\theta = 0^\circ$ (simulation 2; Figure 6). We use here the friction
410 angle as parameter to limit maximum stress magnitudes in the crust without any particular
411 mechanical interpretation, such as high fluid pressure or presence of weak faults in the crust. We
412 use $M = 300$ km, since this configuration is presumably closest to the observed geometry of Figure
413 3. The scope of this comparison is to show the general deformation behaviour of the numerical
414 model, the associated stress magnitudes and stress distributions and the fundamental impact of
415 crustal stress magnitudes on the overall deformation of the lithosphere. For $\theta = 0^\circ$, the maximum
416 shear stress is limited by the cohesion only so that maximum differential stress in the upper crust in
417 simulation 2 was 10 MPa, that is, twice the maximum shear stress of 5 MPa. In the following, we
418 refer to the left model domain with initially normal crustal thickness of 35 km as lowland, to the
419 right model domain with an initial topography of 5 km as plateau, and to the central model domain
420 with an initially laterally varying crustal thickness as transition zone.

421 The stress distribution in the lithosphere is profoundly different for simulations 1 and 2
422 (Figure 6). In simulation 1, high horizontal deviatoric stresses, τ_{xx} , are generally concentrated
423 around the transition zone in the upper region of the mantle lithosphere and in the upper crust
424 (Figure 6a to c). The lowland is under compression (negative deviatoric stress) and the plateau
425 under extension (positive deviatoric stresses). Absolute maximum values of deviatoric stress in the
426 lowland and plateau are similar and in the order of 100 MPa. Below the Moho in the mantle
427 lithosphere, between $X = 0$ and 200 km, compressive stresses are directly above extensive stresses.
428 This stress pattern indicates a region of bending where the upper region of the bending area is
429 compressed, the lower region is extended and between the two regions is a neutral level with zero
430 stress. This neutral level may be associated with the reference level $w(x)$ in the analytical bending
431 results of section 2.3. The bending region is restricted to the transition zone, supporting the
432 analytical assumption of equation (25). In simulation 2 significant stresses occur only in the upper
433 region of the mantle lithosphere in the transition zone and lowland (Figure 6d to f). Stress
434 magnitudes in the mantle lithosphere in simulation 2 are locally more than twice the stresses in the
435 mantle lithosphere in simulation 1. The higher bending stresses in simulation 2 are consistent with
436 the analytical results of section 2.3 which predict higher stresses for smaller values of ERT . The
437 ERT of simulation 2 is thinner than the one of simulation 1, because crustal levels do not
438 contribute to ERT in simulation 2. The absolute maximum magnitudes of 100 to 250 MPa for the
439 deviatoric stresses due to bending agree also with rheology-independent analytical predictions
440 (Figure 5). The ERT of the mantle lithosphere in the transition zone of simulation 2 is between 40
441 and 50 km in agreement with values assumed in Figure 5.

442 In the upper crust of simulation 1, the transition between compressive and extensive regions
443 occurs at the location where the initial topography reached the plateau height (Figure 7b and c). The

444 upper crust with significant topographic slope is under compression. In simulation 2 the topography
445 is essentially flat after 1 Ma but the transition between compression and extension occurs
446 approximately at the same location as in simulation 1 (Figure 7d to f). Generally, lateral flow of
447 material induced by *GPE* variations is not uniform with depth and the crust flows laterally towards
448 the lowland while stronger levels of the mantle lithosphere essentially do not flow (material flow is
449 indicated by initially vertical white lines in Figure 7).

450 For simulation 1 at 15.3 Ma, vertical profiles of $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ have been calculated
451 in the lowland (Figure 8a), in the transition zone (Figure 8b) and in the plateau (Figure 8c; see also
452 Figure 6c). By definition, values of $\sigma_1 - \sigma_3$ are always positive whereas values of $\sigma_{xx} - \sigma_{zz}$ are
453 negative for compression and positive for extension. The lithosphere in the lowland is under
454 compression and absolute values of $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ are essentially identical which indicates
455 negligible shear stresses, eq. (9), and negligible bending stresses since stresses do not change sign
456 along the vertical profile. The same applies to stress profiles in the plateau (Figure 8c) but stresses
457 there are extensive and values of $\sigma_{xx} - \sigma_{zz}$ are positive. In the transition zone, absolute values of
458 $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ are not everywhere similar and in some depth the values of $\sigma_{xx} - \sigma_{zz}$ are
459 nearly zero while corresponding values of $\sigma_1 - \sigma_3$ are significant with ca. 50 to 70 MPa (Figure
460 8b). The stress profiles for simulation 1 show that the stress state of the lowland and plateau is
461 dominated by membrane stresses while in the transition zone both membrane and bending stresses
462 are important. The largest stresses occur at the brittle-ductile transition in the upper crust in the
463 transition zone where $\sigma_1 - \sigma_3 \approx 185$ MPa (Figure 8b). In the lowland, the nearly vertical domains of
464 the $\sigma_1 - \sigma_3$ vs depth profile indicate a viscoelastic deformation and stresses did not reach the plastic
465 yield strength.

466 For simulation 2, vertical profiles of $\sigma_1 - \sigma_3$ at ~ 1.05 Ma at the same horizontal positions
467 (Figure 8d to f) are significantly different to the ones of simulation 1. In contrast to simulation 1,
468 profiles of the absolute values of $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ vary significantly in the lowland, transition
469 zone and plateau because values of $\sigma_{xx} - \sigma_{zz}$ change their sign along vertical profiles. This sign
470 change is associated with significant bending stresses (Figure 6f). Maximal values of $\sigma_1 - \sigma_3$ are
471 ca. 645 MPa and occur in the transition zone at the top of the mantle lithosphere (Figure 8e).
472 Results of simulation 2 show that for a weak crust the deformation of the mantle lithosphere is
473 dominated by bending and values of $\sigma_1 - \sigma_3$ reach several hundreds of MPa due to the reduced
474 ERT of the lithosphere.

475

476 **5.2 Accuracy of numerical models and applicability of analytical stress estimates**

477 To evaluate the accuracy of the numerical results and to compare the analytical predictions
478 of section 2.2 with numerical results we calculate values of $\bar{\sigma}_{xx}$, F_x and GPE by vertical
479 integration of the numerically calculated stresses and the model density field for both simulations 1
480 and 2 (Figure 9). Representative results are shown for both simulations at ca. 8 Ma. Horizontal
481 profiles of F_x , GPE , and $\bar{\sigma}_{xx}$ are plotted by subtracting the leftmost values of F_x , GPE , and $\bar{\sigma}_{xx}$
482 from all values of F_x , GPE , and $\bar{\sigma}_{xx}$ (Figure 9a and c). As predicted by the analytical thin-sheet
483 results (equation (10)), $\bar{\sigma}_{xx}$ is constant along the entire model (Figure 9a and c). Horizontal profiles
484 of F_x , calculated by numerically computed stresses, and profiles of ΔGPE , calculated by model
485 densities, match along the entire model, demonstrating the correctness of the calculated stresses for
486 the corresponding density fields (see equations (14) and (15)). The agreement of the horizontal
487 profiles of F_x and GPE indicates that the simple analytical relations, which are independent on

488 rheology, apply to considerably heterogeneous stress fields in the lithosphere. For simulation 1,
 489 values of ΔGPE vary strongly around the transition zone but values of F_x nevertheless correspond
 490 to values of ΔGPE . Maximum values of ΔGPE are ca. $10 \times 10^{12} \text{ N m}^{-1}$ and values in the right
 491 region of the plateau settle to ca. $7 \times 10^{12} \text{ N m}^{-1}$ (Figure 9a). These values and the lateral variation
 492 of ΔGPE are close to values calculated from natural density fields (Figure 3b). In contrast, for
 493 simulation 2 the profile of ΔGPE is significantly different, especially around the transition zone
 494 where values of ΔGPE are already of the same order as ΔGPE values in the plateau (Figure 9c).
 495 The numerical results also show that the bottom of the model domain is not a level of local isostasy
 496 because values of P are not identical to P_L so that the tectonic pressure, $P_o = P - P_L$, varies along
 497 the model bottom (Figure 9b and d). As predicted by the analytical thin-sheet results (equation (19)
 498), the value of P_o at the model bottom is close to the numerically calculated value of $d\bar{\tau}_{xz} / dx$
 499 (Figure 9b and d). The reason for the non-zero tectonic pressure at the model bottom is the flexural
 500 strength of the upper level of the lithosphere where the associated bending stresses are responsible
 501 for the deviation of the lithosphere from the local isostasy state (equation (22)). For simulation 1
 502 values of $P_o(Sb)$ are close to zero on both model sides away from the transition zone because there
 503 the model domain is close to local isostasy. The largest deviation from local isostasy is around the
 504 transition zone with values of $P_o(Sb)$ close to 30 MPa. To the left and right of this maximum the
 505 values of $P_o(Sb)$ are negative with magnitudes as low as -20 MPa (Figure 9b). The relative lateral
 506 variation of $P_o(Sb)$ in simulation 1 is similar to the pressure variation associated with the density
 507 fields of CRUST1.0 and Hetényi et al. (2007) (Figure 3c). The absolute magnitudes of $P_o(Sb)$ are
 508 slightly smaller in the numerical simulations. This is expected since the natural density field is only
 509 100 km deep whereas the density field of the numerical simulation is 300 km deep and in such

510 larger depth the deviation from local isostasy is presumably smaller. For simulation 2 the lateral
511 variation of $P_o(Sb)$ is considerably different to the one of simulation 1 (Figure 6f).

512

513 **5.3 Crustal stress magnitudes required to maintain topographic relief**

514 To determine the minimum crustal stress magnitude required to maintain the topographic
515 relief between Indian lowland and Tibetan plateau for ca. 10 Ma, we performed a series of
516 simulations for the model configuration shown in Figure 4. We varied systematically two
517 parameters, namely the friction angle of the crust, $\theta = 0, 3, 6, 10$ and 30° , and the Moho transition
518 width, $M = 50, 100, 200$ and 300 km. The results of all the performed simulations show that both
519 θ and M have a significant impact on the topography evolution (Figure 10). The collapse, or
520 lateral flow, of the topographic relief reaches the maximum value for $M = 50$ km, whereas it is
521 minimal for $M = 300$ km. For $\theta = 30^\circ$ and 10° the width of the topographic transition zone is
522 essentially stable and tends to the corresponding values of M after ca. 11 Ma (Figure 10a and b).
523 For $\theta = 3^\circ$ the width of the topographic transition zone has essentially doubled at ca. 11 Ma when
524 compared to the corresponding initial value of M (Figure 10c). For $\theta = 0^\circ$ there is no more
525 topographic transition zone after already ca. 0.5 Ma (Figure 10d). The results for $\theta = 0^\circ$ show that
526 maximum values of $\Delta\sigma$ of ca. 10 MPa in the crust are unable to maintain the topographic relief
527 between lowland and plateau for as little as 0.5 Ma. We focus on the evolution of topography with
528 time for simulations with $\theta = 10^\circ, 3^\circ$ and 0° and for $M = 300$ km (Figure 11). For $\theta = 10^\circ$ the
529 width of the topographic transition zone is more or less stable in the horizontal direction within the
530 displayed 15 Ma (Figure 11a). Also, no significant foreland basin with negative topography is
531 formed in the lowland (Figure 11a). In contrast, for $\theta = 3^\circ$ the width of the topographic transition
532 zone widens significantly within 15 Ma (Figure 11b). Furthermore, a basin with a depth of more

533 than 500 m subsidence develops in the lowland and this basin migrates more than 100 km towards
534 the foreland within 15 Ma (Figure 11b). For $\theta = 0^\circ$ there is essentially no difference anymore
535 between plateau and lowland already after 1 Ma (Figure 11c).

536 We compare all the performed simulations with different θ and M by calculating for each
537 simulation the maximum differential stress, $\Delta\sigma_{\max}$, at $X = 0$ km which occurred in the upper crust
538 within the entire simulation duration (Figure 12a). Figure 12a presents values of the maximum
539 differential stress reached within the upper crust for a range of θ and M . Values of $\Delta\sigma_{\max}$ increase
540 from 10 MPa to ca. 220 MPa for increasing values of θ , whereas they are essentially independent
541 of M (Figure 12a). The maximum values of the horizontal velocity at the surface at $X = 0$, V_{x0} ,
542 for each simulation decrease with increasing θ (Figure 12b). For $\theta < 10^\circ$ the decrease of V_{x0} with
543 increasing θ is significant and essentially independent of M . However, for $\theta \geq 10^\circ$ the V_{x0}
544 essentially does not decrease anymore with increasing θ , but the decrease depends on M , whereby
545 larger values of M correspond to smaller V_{x0} (Figure 12b). The results show that for a given M
546 an increase in θ from 0° to 10° causes an increase in $\Delta\sigma_{\max}$ which decreases V_{x0} and, hence,
547 significantly help to maintain plateau relief. An increase in θ from 10° to 30° still causes an
548 increase in $\Delta\sigma_{\max}$ but this stress increase does not significantly decrease V_{x0} . The plateau is most
549 stable, i.e. V_{x0} is smallest, for $M = 300$ km which is closest to the observed geometry (Figure 3a).
550 In the simulations with $\theta = 10^\circ$ and $M = 300$ km values of $\Delta\sigma_{\max}$ are ca. 180 MPa and the
551 systematic results (Figure 12) indicate that such stress levels are minimum stress levels that are
552 required in the upper crust to support the relief of the plateau for a duration on the order of 10 Ma.

553 For the simulation with $\theta = 10^\circ$ and $M = 300$ km the vertical integral of the differential
554 stress across the lithosphere, $\overline{\Delta\sigma_L}$, varies significantly horizontally but insignificantly with time

555 (Figure 13a). The maximal values of $\overline{\Delta\sigma_L}$ occur in the transition zone and are ca. 7.5×10^{12} N m⁻¹.
556 The relative contribution of the stresses in the crust to the stresses in the entire lithosphere is
557 quantified by the ratio of the vertically-integrated differential stress across the crust, $\overline{\Delta\sigma_C}$, to $\overline{\Delta\sigma_L}$.
558 In the transition zone the values of $\overline{\Delta\sigma_C} / \overline{\Delta\sigma_L}$ are > 0.3 and in the right side of the plateau even $>$
559 0.5 so that in these regions the contribution of the crust to the integrated lithospheric stress is
560 significant (Figure 13b). In some regions of the lowland values of $\overline{\Delta\sigma_C} / \overline{\Delta\sigma_L}$ decrease to ca. 0.1
561 (Figure 13b). The results show that the contribution of the crust to the vertically integrated
562 differential stresses in the lithosphere varies significantly horizontally. For comparison, for the
563 simulation with $\theta = 3^\circ$ and $M = 300$ km maximal values of $\overline{\Delta\sigma_L}$ also occur around the transition
564 zone but are slightly larger reaching up to ca. 8.5×10^{12} N m⁻¹ (Figure 13c). Values of $\overline{\Delta\sigma_C} / \overline{\Delta\sigma_L}$
565 can locally also be larger than 0.3 (Figure 13d).

566 For $\theta = 10^\circ$ and $M = 300$ km the maximum differential stress, $\Delta\sigma_{\max}$, in the upper crust is
567 ca. 185 MPa (Figure 14a) while for $\theta = 3^\circ$ and $M = 300$ km it is ca. 80 MPa (Figure 14d). For both
568 simulations maximum values of $\Delta\sigma_{\max}$ occur around the transition zone (Figure 14a and d). In the
569 lower crust, values of $\Delta\sigma_{\max}$ are more or less the same for $\theta = 10^\circ$ and 3° and are ca. 120 MPa
570 (Figure 14b and e). In the mantle lithosphere, values of $\Delta\sigma_{\max}$ are larger for $\theta = 3^\circ$ reaching > 500
571 MPa (Figure 14f) while for $\theta = 10^\circ$ maximum values of $\Delta\sigma_{\max}$ are ca. 350 MPa (Figure 14c). For
572 $\theta = 3^\circ$ the high stress values are due to bending of the relatively thin (< 50 km) and strong upper
573 level of the mantle lithosphere; in agreement with analytical bending results (Figure 5).

574

575 **6 DISCUSSION**

576 The present day ΔGPE in the transition zone between Indian lowland and Tibetan plateau is
577 about 10 to 12×10^{12} N m⁻¹ (Figure 3b). If averaged over a 100 km thick lithosphere, these ΔGPE
578 variations imply average values of $\Delta\sigma_{xx}^d$ between 100 and 120 MPa and average values of $\Delta\tau_{xx}$
579 between 50 and 60 MPa (eqn. (15)). Assuming that absolute values of $\tau_{xx} = \Delta\tau_{xx} / 2$ yields typical
580 absolute values of τ_{xx} between 25 MPa and 30 MPa. Due to the pressure-sensitive yield stress and
581 the temperature-dependent viscosity of rocks the stresses cannot be constant with depth. Assuming
582 that the load-bearing levels in the lithosphere have a cumulative ERT of one half to one third of the
583 total lithospheric thickness of 100 km implies that values of τ_{xx}^* are between 50 MPa and 90 MPa
584 (eqn. (17); assuming $\tau_{xx}^* = \Delta\tau_{xx}^* / 2$). These stress magnitudes are in broad agreement with values of
585 $\sigma_1 - \sigma_3$ occurring in the high-stress regions in the numerical simulations (Figure 6 and Figure 14).
586 However, the analytical and numerical results indicate that stresses in the lithosphere can be locally
587 considerably larger if bending is significant (Figure 6 and Figure 14).

588 Allmann and Shearer (2009) report that the median of earthquake-based stress drop
589 estimates of about 4 MPa does not vary significantly with seismic moment and within the top 45 km
590 of the lithosphere. Our results indicate that median stress drop values of 4 MPa, corresponding to
591 differential stress of ca. 8 MPa, cannot be representative for the absolute deviatoric stress
592 magnitudes in a crust with lateral variations of GPE as observed between the Indian lowland and
593 the Tibetan plateau. Absolute deviatoric magnitudes between one and two orders of magnitudes
594 larger than 4 MPa are required to maintain the relief of the Tibetan plateau over geological spatial
595 and time scales (Figure 6b and c). Stress magnitudes of several hundreds of MPa have also been
596 reported from 3D numerical simulations of the present-day India-Asia collision (Lehmann et al.,
597 2014). Therefore, stress drop estimates of ca. 4 MPa represent most likely only a minor fraction of

598 the total crustal deviatoric stress magnitude; at least in a collisional setting mimicking the India –
599 Himalaya – Tibet system. A possible explanation for the different stress estimates has been
600 proposed by Nadeau & Johnson (1998) who argue that stresses on fault planes are strongly
601 heterogeneous and that stresses around fault plane asperities with surface $< 1 \text{ m}^2$ can be locally very
602 high, up to 2000 MPa, whereas the corresponding stress drop, which is averaged over the entire
603 fault plane, is orders of magnitudes smaller and thus provides a stress drop between 1 and 10 MPa.

604 A key assumption for our estimates of crustal stress magnitudes is that the topography of the
605 Tibetan plateau was relatively stable during the last 10 Ma. This assumption can be supported by a
606 representative cross section from India to Tibet (Figure 2 and Figure 3) which is characterized by
607 considerable underthrusting of Indian lower crust below Tibet (Hetényi et al., 2007; Nábělek et al.,
608 2009). The underthrusting Indian lower crust is approximately horizontal along 250 km below Tibet.
609 Geophysical data indicates that this underthrusting extends for at least ca. 1000 km along the strike
610 of the central part of the Himalayas (Wittlinger et al., 2009). The geodetic and geological
611 shortening rate across the Himalaya is ca. 2 cm/yr, so that the ca. 250 km underthrusting occurred
612 over the last ca. 12.5 Ma. Assuming that the underthrusting was horizontal implies that there were
613 no major vertical displacements during the last 12.5 Ma because otherwise the Indian lower crust
614 would today not be horizontal over a length of 250 km. The absence of significant crustal-scale
615 vertical displacements suggest that the topographic relief between India and Tibet and the more or
616 less flat topography of southern Tibet likely existed for times on the order of 10 Ma. There is
617 geological evidence, independent from the previously presented geophysical arguments, in support
618 of Southern Tibet's high elevation since ca. 10 Ma or more. While the Tibetan plateau's uplift
619 history has evolved from North to South (Molnar et al., 2010), several approaches point out that its
620 elevation was close to 4000 m over geologically significant times. For the central part of the

621 plateau, paleo-altimetry suggests elevations higher than 4000 m since 35 ± 5 Ma (Rowly and Curie,
622 2006). In a compilation, Harris (2006) argues that elevations in the southern part of the plateau have
623 not changed since at least 15 Ma, and this time is pushed back locally as far as 28 Ma for an
624 elevation of 5000 m (Xu et al., 2013). Thermochronologic, sedimentologic, oceanographic and
625 paleoclimatic studies suggest that rapid uplift of Southern Tibet started 20 Ma ago and reached the
626 present elevation by 8 Ma (Harrison et al., 1992). Fielding (1996) even argues for higher elevation
627 than current prior to 8 Ma and its slow decrease during the late Cenozoic. Similar findings have
628 been reported over Tibet and the Himalaya by Quade et al. (2011). Finally, cosmogenic nuclide
629 exposure histories in southern and central Tibet, although measured on much shorter time scales,
630 suggest very low erosion rates, less than 30 m/Ma (Lal et al., 2004). The above observations
631 support our assumption that the Tibetan plateau and the present-day topographic relief can have
632 existed for a duration of ca. 10 Ma.

633 The simulations show that crustal strength does not only affect the evolution of lowland-
634 plateau transition zone width but also the formation of a sedimentary basin in the foreland. For $\theta =$
635 3° maximum values of $\sigma_1 - \sigma_3$ in the upper crust are ca. 80 MPa (Figure 14) and for $\theta = 3^\circ$ a basin
636 forms in the lowland with a depth between 0.5 and 1 km. This basin is steadily migrating away
637 from the topographic relief. This is not the case in the Himalayan foreland, as the Ganges foreland
638 basin is getting broader with time, but the deepest part remains close to the topographic front as a
639 result of flexure (see map in Hetényi et al., 2016). This is witnessed by the accumulated Lower,
640 Middle and Upper Siwalik sedimentary units, studied in surface outcrops and boreholes (e.g., Sastri
641 et al., 1971; Schelling, 1992; Métivier et al., 1999). The situation is different at the Brahmaputra
642 foreland basin in the east, where the very shallow sedimentary basin is explained by a different

643 foreland lithosphere and seismotectonics (Hetényi et al., 2016; Diehl et al., 2017; Grujic et al.,
644 2018).

645

646 **7 CONCLUSIONS**

647 The numerical simulations show that maximum magnitudes of differential stress in the
648 upper crust must be at least ca. 180 MPa to maintain the relief of the Tibetan plateau for a duration
649 of ca. 10 Ma. The required crustal stress magnitudes are at least one order of magnitude larger than
650 median earthquake-based stress drop estimates from seismology of ca. 4 MPa, corresponding to ca.
651 8 MPa differential stress. Analytical estimates of stress magnitudes based on lateral variation of
652 *GPE* agree with stress magnitudes in the performed 2D thermo-mechanical numerical simulations.
653 We, therefore, argue that median stress drop estimates do not represent absolute stress magnitudes
654 in the crust around the Tibetan plateau and that stress drop estimates are relative, and only represent
655 a small fraction of the total crustal stress.

656 The performed simulations show that the contribution of depth-integrated crustal stress to
657 the lithospheric depth-integrated stress varies significantly along profile between lowland and
658 plateau. The results indicate that depth-integrated crustal stress in the region between lowland and
659 plateau must be approximately equal to the depth-integrated stress of the mantle lithosphere in order
660 to maintain the topographic relief of the Tibetan plateau.

661 The large-scale density heterogeneities between lowland and plateau can result in significant
662 bending moments and large bending stresses in the rheologically stratified lithosphere. Analytical
663 and numerical results show that the magnitudes of bending stresses can be few hundreds of MPa.
664 The magnitude of bending stresses strongly depends on the effective rheological thickness of the
665 lithosphere. Therefore, the value of the crustal friction angle controls not only the stress magnitudes

666 in the crust but also in the mantle lithosphere, because this friction angle controls the effective
667 rheological thickness of the lithosphere. Smaller crustal stresses cause a smaller effective
668 rheological thickness of the lithosphere, which in turn causes higher bending-related stresses in the
669 mantle lithosphere.

670 Simple analytical relations between depth-integrated horizontal stresses, horizontal
671 variations of depth-integrated shear stresses, tectonic pressure at the compensation depth, and
672 bending stresses based on rheology-independent estimations from lateral *GPE* variations and
673 integrated density moments are valid for highly variable stress fields calculated with 2D numerical
674 thermo-mechanical simulations considering viscoelastoplastic deformation. Therefore, these
675 analytical relations are useful to estimate stress magnitudes in the lithosphere and to test the
676 correctness and accuracy of numerical algorithms for modelling lithospheric deformation.

677

678

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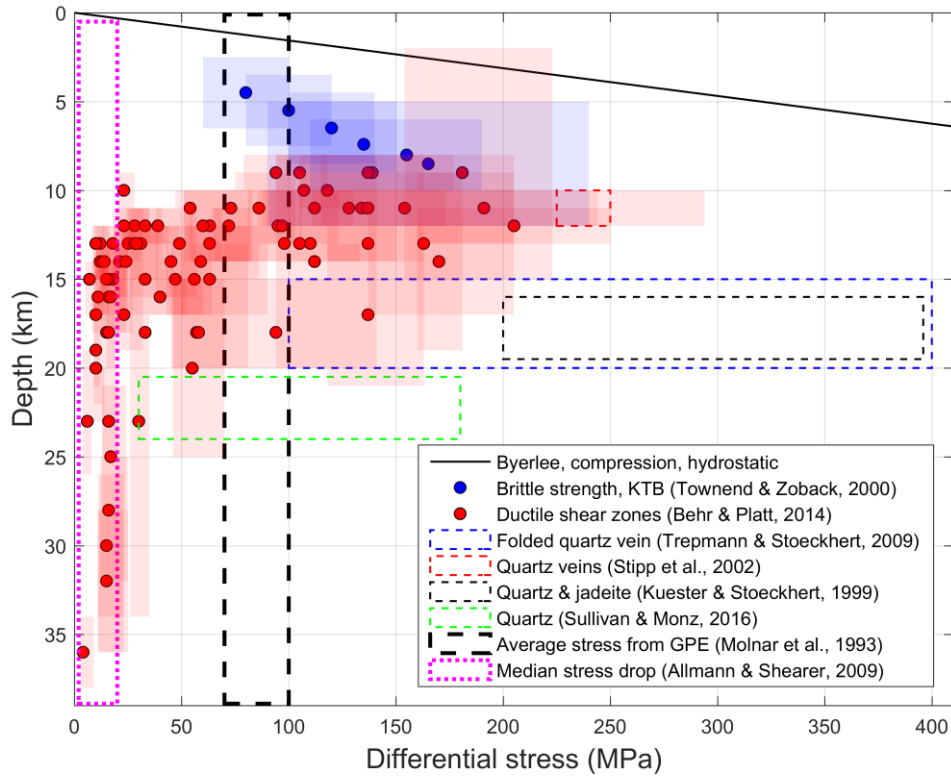
680 We thank two anonymous reviewers and editor JC Afonso for their helpful and constructive
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682 supported by Grant PP00P2_157627 (OROG3NY) of the Swiss National Science Foundation. SM
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684 funding scheme, project 223272.

685

686 Table 1. Model parameters. For all materials, specific heat is $1050 \text{ J kg}^{-1} \text{ K}^{-1}$, thermal expansion is
687 $1 \times 10^{-5} \text{ K}^{-1}$, compressibility is $1 \times 10^{-11} \text{ Pa}^{-1}$, shear modulus $2.5 \times 10^{10} \text{ Pa}$ and cohesion 5 MPa . The
688 friction angle of the mantle lithosphere is always 30° . For the mantle lithosphere and asthenosphere
689 a combination of dislocation, diffusion and Peierls creep is applied. For diffusion and Peierls creep
690 only those parameters are displayed that are different from the ones for dislocation creep; non-
691 specified parameters are the same as for dislocation creep.

	Dislocation creep			$k \text{ (W m}^{-1} \text{ K}^{-1}\text{)}$	$\rho_0 \text{ (kg m}^{-3}\text{)}$	$H_R \text{ (W m}^{-3}\text{)}$	$V \text{ (m}^3\text{)}$
	$A \text{ (Pa}^{-n} \text{ s}^{-1}\text{)}$	n	$Q \text{ (kJ mol}^{-1}\text{)}$				
Upper crust India	5.0717×10^{-18}	2.3	154	2.5	2800	1.4×10^{-6}	0
Upper crust Tibet	5.0717×10^{-18}	2.3	154	2.5	2800	0.2×10^{-6}	0
Lower crust	3.2×10^{-20}	3.0	276	2.1	2800	0.2×10^{-6}	0
Mantle lithosphere	1.1×10^{-16}	3.5	530	3.0	3300	0	11×10^{-6}
Asthenosphere	1.1×10^{-16}	3.5	530	3.0	3250	0	11×10^{-6}
Diffusion creep				$d \text{ (m)}$	m		
Mantle lithosphere	1.5×10^{-15}	1	375	10^{-3}	3		9×10^{-6}
Asthenosphere	1.5×10^{-15}	1	375	10^{-3}	3		9×10^{-6}
Peierls creep				$A_p \text{ (s}^{-1}\text{)}$	$\sigma_p \text{ (Pa)}$	γ	
Mantle lithosphere			540	5.7×10^{11}	8.5×10^9	0.1	
Asthenosphere			540	5.7×10^{11}	8.5×10^9	0.1	

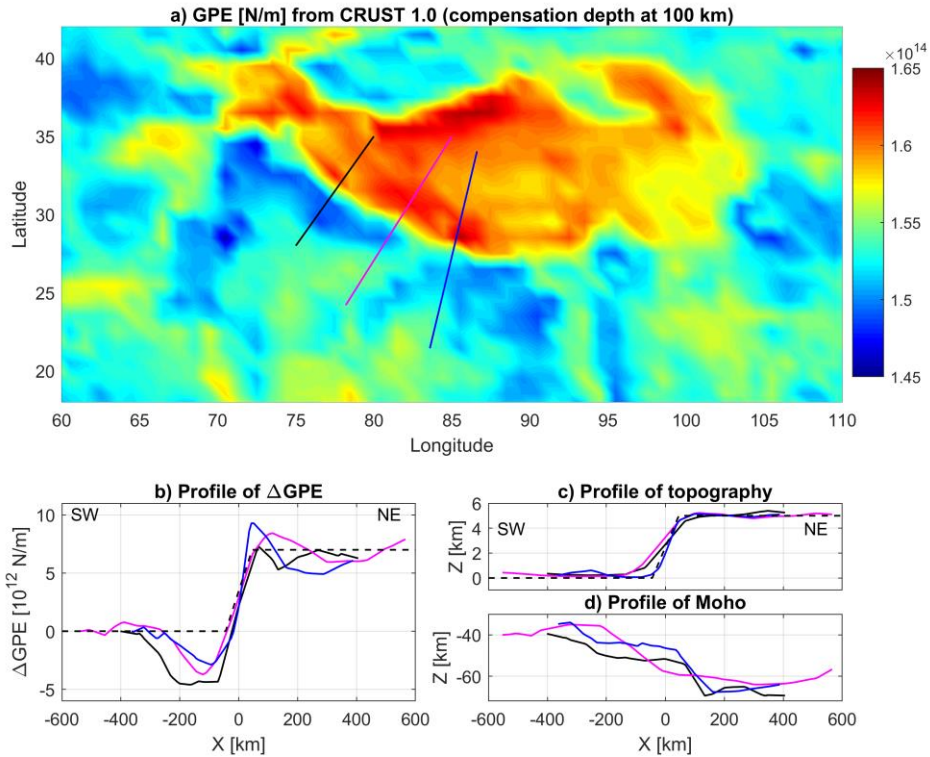
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694

695 Figure 1. Differential stress estimates for the crust. The solid black line shows differential stress
 696 based on Byerlee's law for compression and hydrostatic fluid pressure (see e.g. Kohlstedt et al.
 697 1995). Blue circles indicate stress estimates from the KTB borehole after Townend & Zoback
 698 (2000) and transparent blue rectangles indicate the reported uncertainty range. The KTB borehole
 699 data is for a regional strike slip regime (Brudy et al. 1997). Red circles indicate piezometer
 700 estimates from ductile shear zones after Behr & Platt (2014) and transparent red rectangles indicate
 701 the reported uncertainty range. Blue dashed rectangle indicates the range of stress estimated from
 702 microstructure in a folded quartz vein after Trepmann & Stöckhert (2009). Red dashed rectangle
 703 indicates the range of stress estimated from microstructure in quartz veins after Stipp et al. (2002).
 704 Black dashed rectangle indicates the range of stress estimated from microstructure in quartz, jadeite,

705 omphacite and calcite after Kuester & Stöckhert (1999). Green dashed rectangle indicates the range
706 of stress estimated from microstructure in quartz after Sullivan & Monz (2016). Thick black dashed
707 vertical rectangle indicates the range of depth-averaged (over 100 km thickness) stress estimated
708 from lateral GPE variations after Molnar et al. (1993). Thick dotted magenta line indicates the
709 median of earthquake-based stress drop estimates range after Allmann & Shearer (2009).
710



711

712 Figure 2. a) Colourplot of GPE [N/m] for the region around the Tibetan plateau (region mainly in
 713 red). Values of GPE have been calculated directly from the CRUST1.0 data set

714 (<http://igppweb.ucsd.edu/~gabi/rem.html>), namely from the given densities and depths of the crustal
 715 units. Values of GPE were calculated using eqs. (6) and (13) assuming a compensation depth, S_b ,
 716 at 100 km and no corrections have been applied to the CRUST1.0 data. Three profiles (solid black,

717 magenta and blue lines) have been calculated for the corresponding ΔGPE (b), topography (c) and
 718 crust-mantle boundary depth (Moho, d). b) Three profiles of ΔGPE (see a) for location). The value

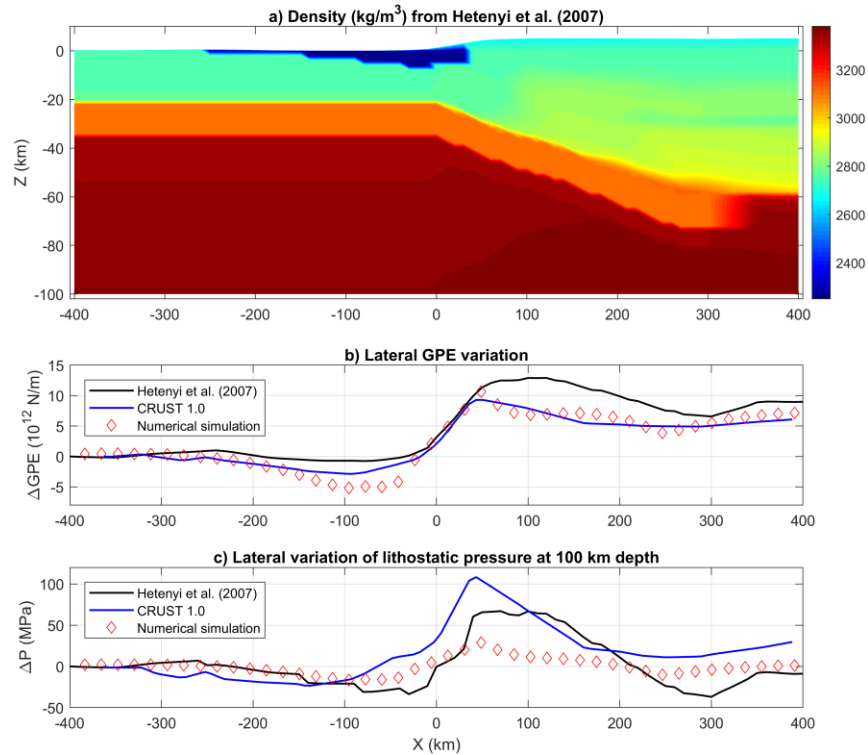
719 of GPE from the leftmost position ($X = -600$ km) has been subtracted from all other values of

720 GPE to generate values of ΔGPE . The dashed black line corresponds to the initial profile of

721 ΔGPE corresponding to the performed numerical simulation initially in isostasy. c) Three profiles
 722 (see a) for location) of topography taken directly from the CRUST1.0 data set without corrections.

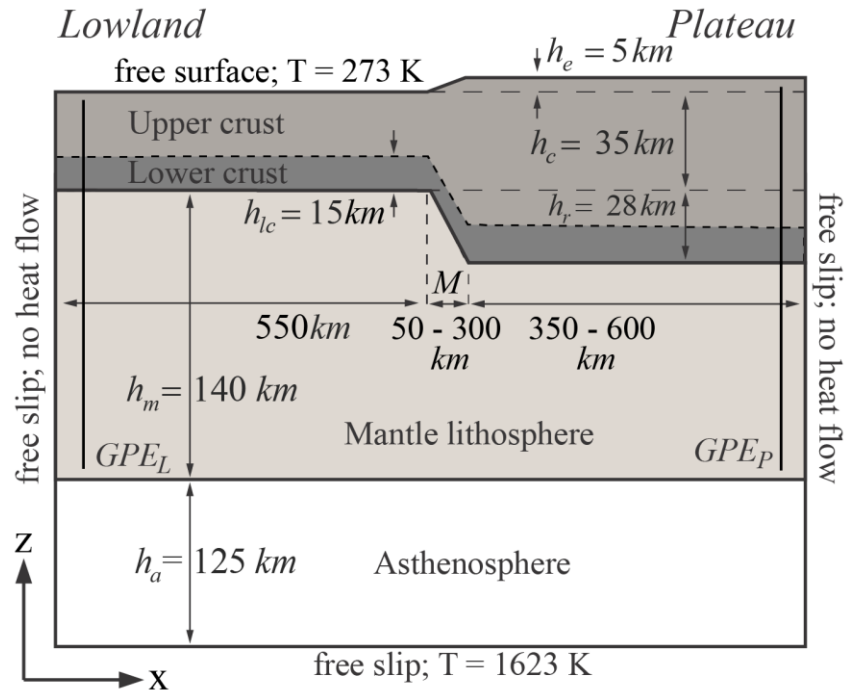
723 d) Three profiles (see a) for location) of Moho depth taken directly from the CRUST1.0 data set

724 without corrections.



726

727 Figure 3. a) Colourplot of density distribution from Hetényi et al. (2007). The location of the
 728 corresponding profile is indicated by the blue line in Figure 2a. b) Lateral variation of ΔGPE for
 729 the density profile in a) (black line) and for the corresponding density profile along the same section
 730 of the CRUST1.0 data (blue line). The red diamonds show values of ΔGPE corresponding to the
 731 numerical simulation 1 (crustal friction angle of 10° and Moho transition width of 300 km; Figure
 732 6a to c) at 8 Ma. c) Lateral variation of lithostatic pressure at 100 km depth corresponding to the
 733 density profile in a) (black line) and for the corresponding density profile along the same section of
 734 the CRUST1.0 data (blue line). The red diamonds show the lateral variation of lithostatic pressure
 735 at the model depth (300 km) corresponding to the numerical simulation 1 (crustal friction angle of
 736 10° and Moho transition width of 300 km; Figure 6a to c) at 8 Ma. The lateral variation of
 737 lithostatic pressure corresponds to the tectonic pressure, that is, rock pressure minus lithostatic
 738 pressure.



740

741 Figure 4. Model configuration for both the 2D numerical simulations and the analytical thin-sheet

742 results. The h_e is the initial topography of the plateau with respect to the lowland, h_c is the743 crustal thickness of the lowland, h_r is the thickness of the crustal root (including the lower crust)744 below the plateau, h_{lc} is the thickness of the lower crust, h_m is the thickness of the mantle745 lithosphere below the lowland and h_a is the thickness of the asthenosphere layer. M is the width

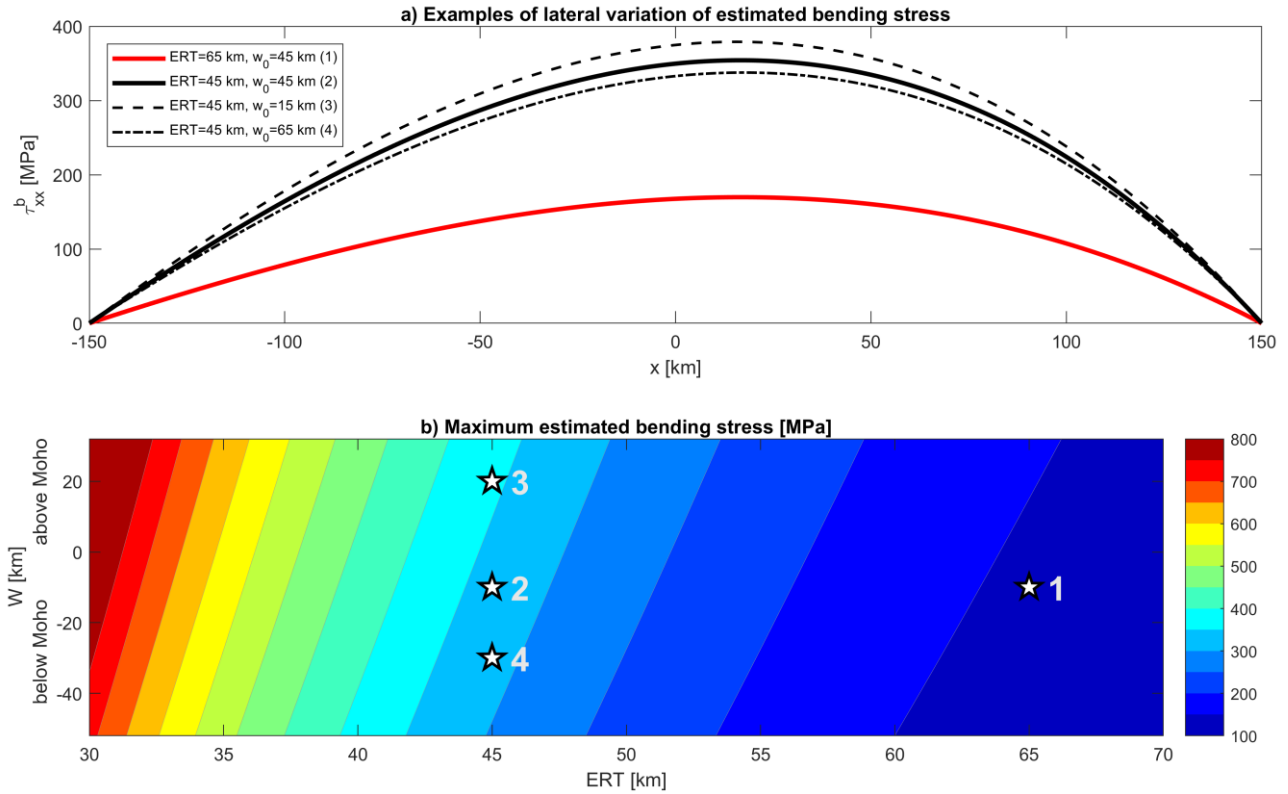
746 of the transition zone of the crust-mantle boundary (Moho) in which the Moho deepens from 35 to

747 68 km depth below topography. M can vary from 50 to 300 km in the different simulations. The

748 transition zone of the topographic variation has always a width of 100 km. For the analytical results,

749 the values of GPE_L and GPE_P have been calculated for a constant density in the upper and lower750 crust of 2800 kg/m^3 and for constant density of the mantle lithosphere of 3300 kg/m^3 .

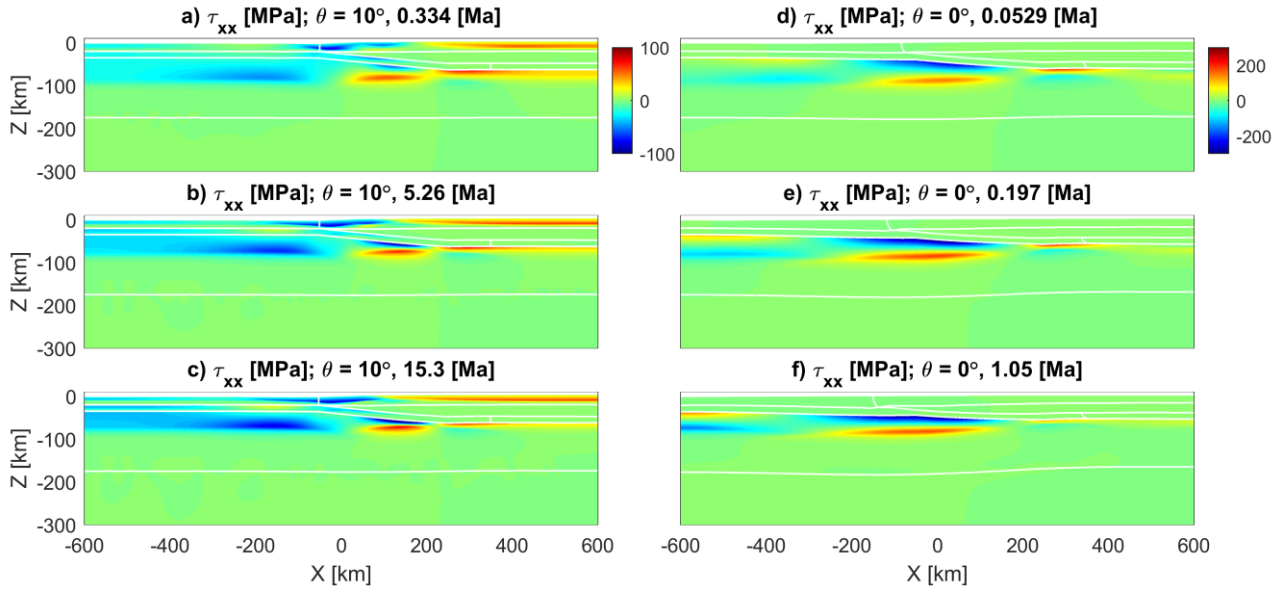
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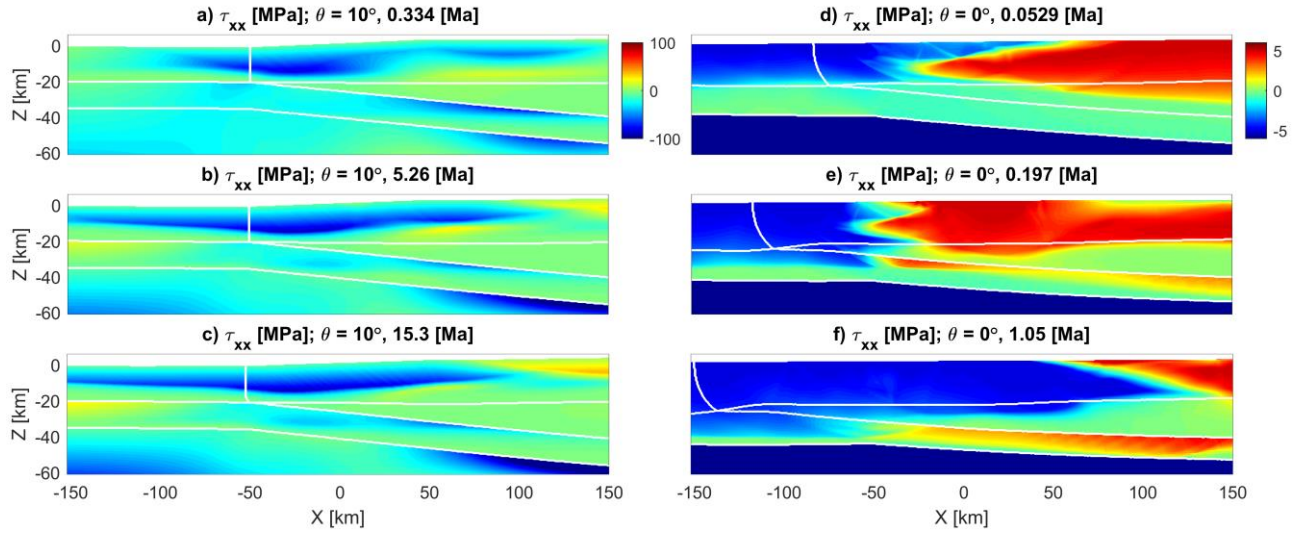
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753 Figure 5. a) Lateral variation of estimated bending stresses (equation (28)) for specific values of
 754 effective rheological thickness, ERT , and for specific position of the neutral reference line, w
 755 (equations (20) and (21)), which is set parallel to the Moho. w_0 is the depth of w in the lowland. b)
 756 Each bending stress profile has a maximum stress. These maximum bending stresses are contoured
 757 in the space ERT versus W . W is the distance of the neutral reference line, w , from the Moho.
 758 The four profiles displayed in a) are indicated by the corresponding numbered stars. The maximum
 759 bending stress depends to first order on the ERT .

760



761
 762 Figure 6. Colourplot of horizontal deviatoric stress, τ_{xx} (MPa), for three different times for
 763 simulation 1 with a friction angle in the crust of 10° (a to c) and simulation 2 with 0° (d to f), both
 764 for $M = 300$ km. Negative values indicate compression, positive ones extension and the legends at
 765 the top right of the two columns (a, b, c and d, e, f) applies to the entire column. The entire model
 766 domain is shown. Times in million years (Ma) indicate the duration of the simulations. In each
 767 panel, the lowermost horizontal white line indicates the lithosphere/asthenosphere boundary, the
 768 middle white line indicates the base of the lower crust (Moho) and the uppermost white line
 769 indicates the upper/lower crustal boundary. The two short vertical white lines in the upper and
 770 lower crust are passive marker lines, which indicate horizontal flow in the crust.
 771



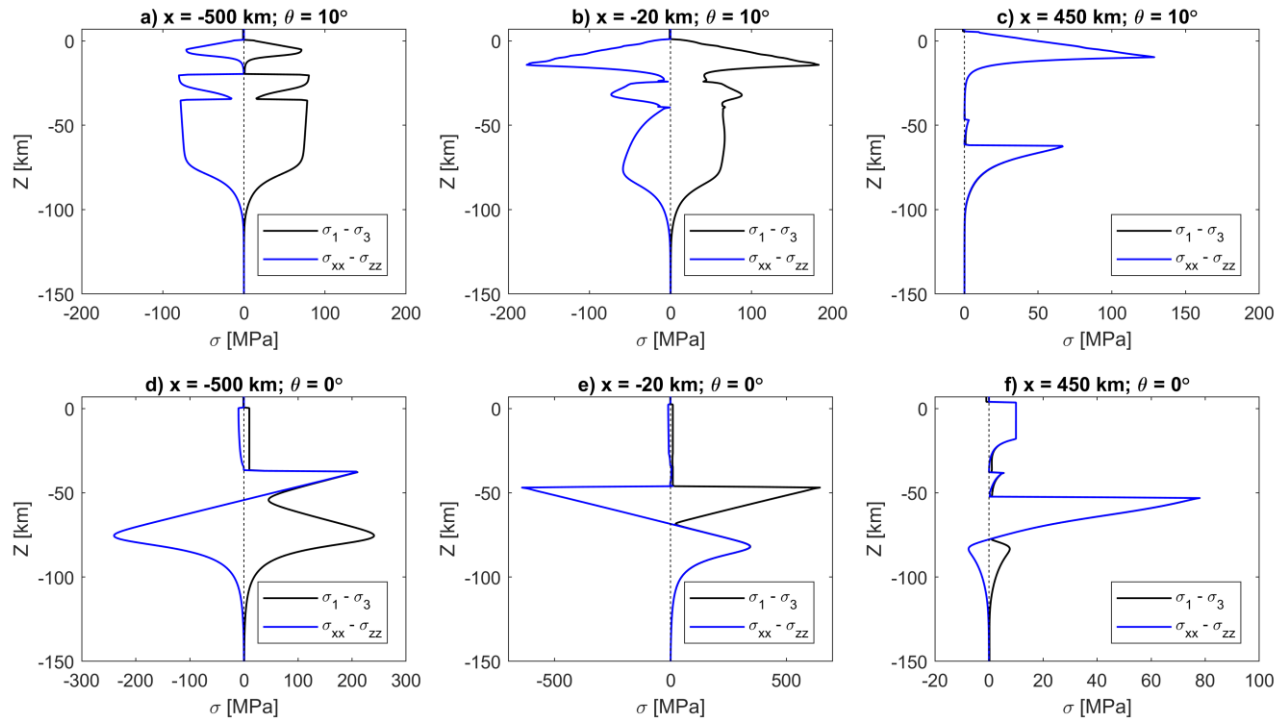
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773 Figure 7. Enlargements of the colourplots of Figure 6 for three different times for simulation 1 with
 774 a friction angle in the crust of 10° (a to c) and simulation 2 with 0° (d to f), both for $M = 300$ km.

775 Negative values indicate compression, positive ones extension and the legends at the top right of the
 776 two columns (a, b, c and d, e, f) applies to the entire column. The region of the crust around the
 777 transition zone is shown. Times in million years (Ma) indicate the duration of the simulations. For a
 778 friction angle of 0° (d to f) the absolute magnitude of τ_{xx} is controlled by the cohesion of 5 MPa.

779 The vertical white line, initially at $X = -50$ km, indicates the lateral flow of the crust.

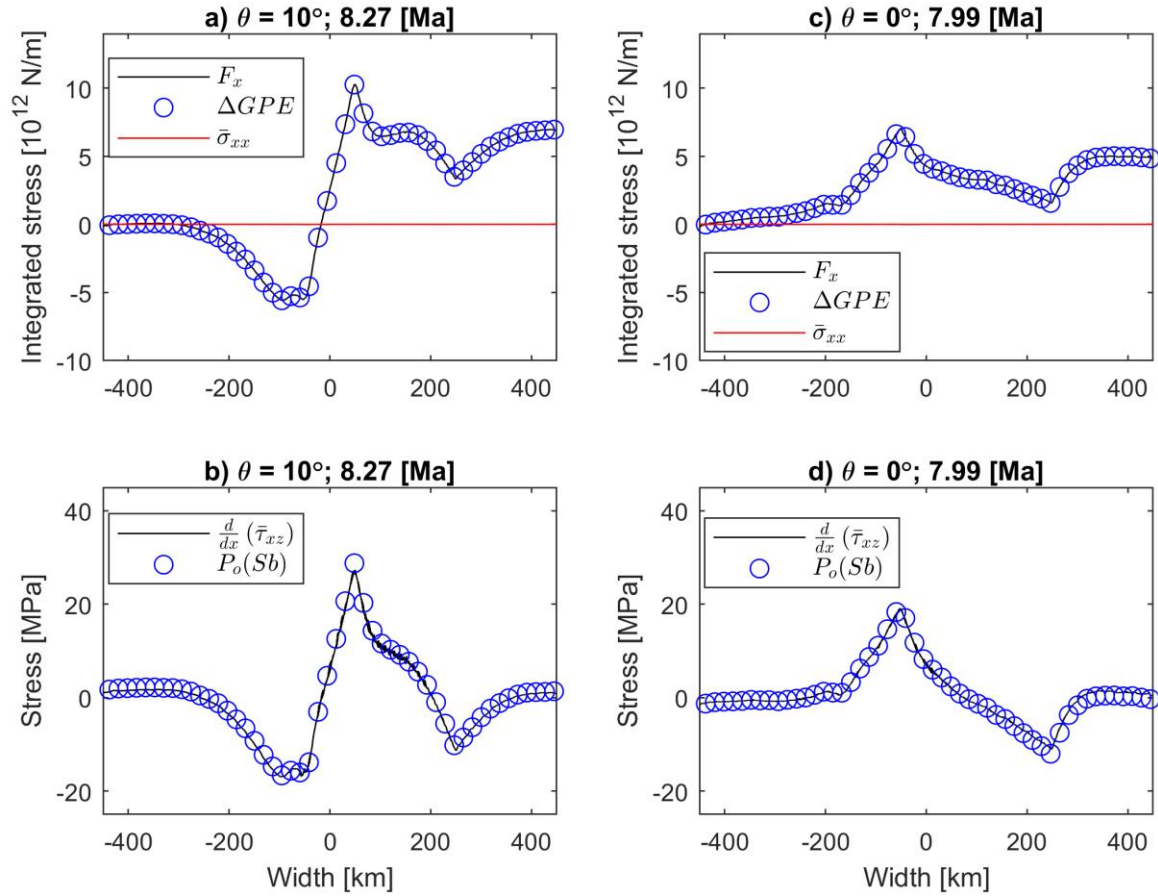
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781

782 Figure 8. a) to c). Three vertical profiles of $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ for simulation 1 ($\theta = 10^\circ$ and $M =$
783 300 km) at ~ 15 Ma (Figure 6c) in the lowland at $X = -500$ km (a), the transition zone at $X = -20$ km
784 (b) and in the plateau at $X = 450$ km (c). See Figure 6c for the horizontal X -position of the three
785 profiles. d) to f). Three vertical profiles of $\sigma_1 - \sigma_3$ and $\sigma_{xx} - \sigma_{zz}$ for simulation 2 ($\theta = 0^\circ$ and $M =$
786 300 km) at ~ 1 Ma (Figure 6f) in the lowland at $X = -500$ km (d), the transition zone at $X = -20$ km
787 (e) and in the plateau at $X = 450$ km (f). See Figure 6f for the horizontal X -position of the three
788 profiles.

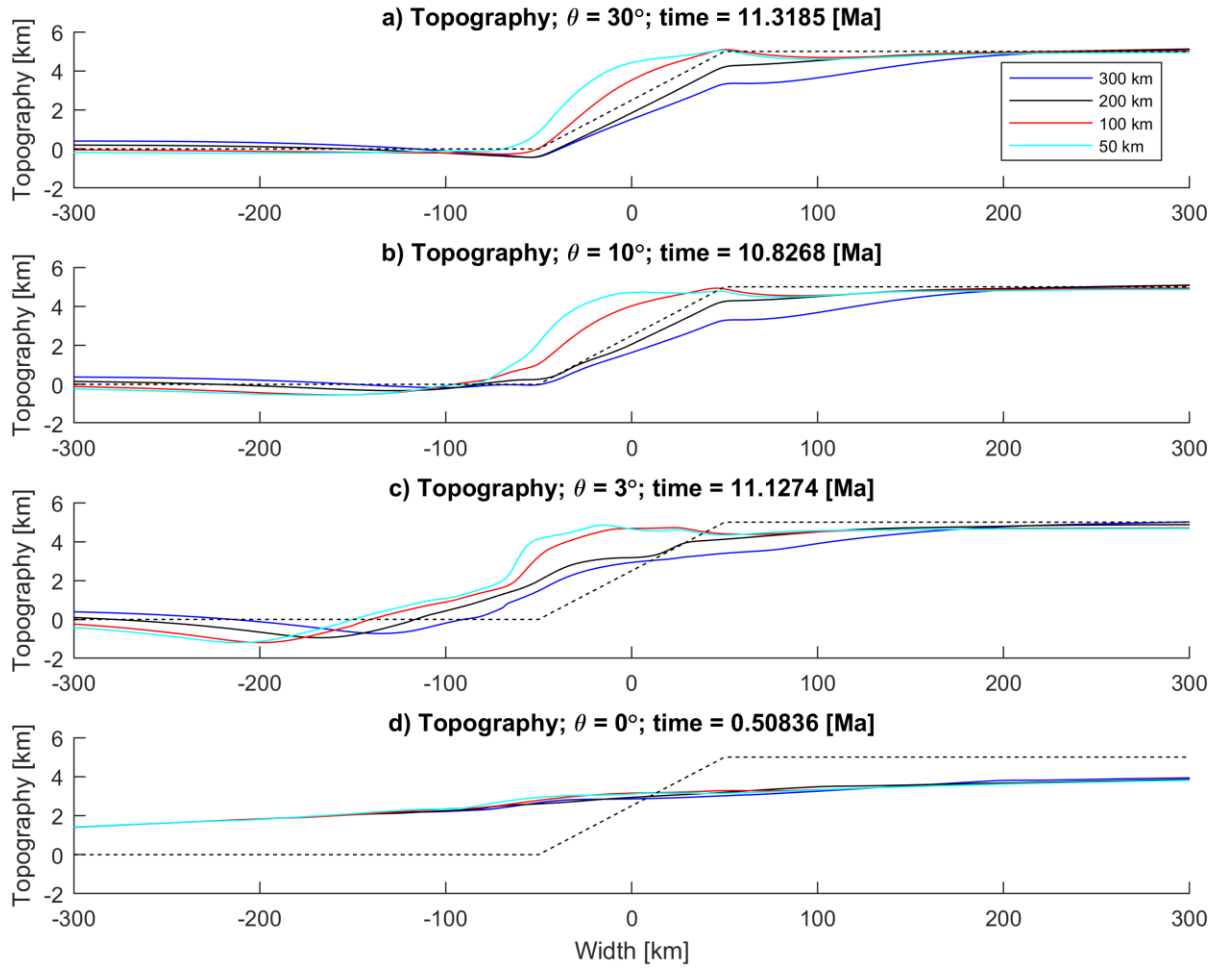
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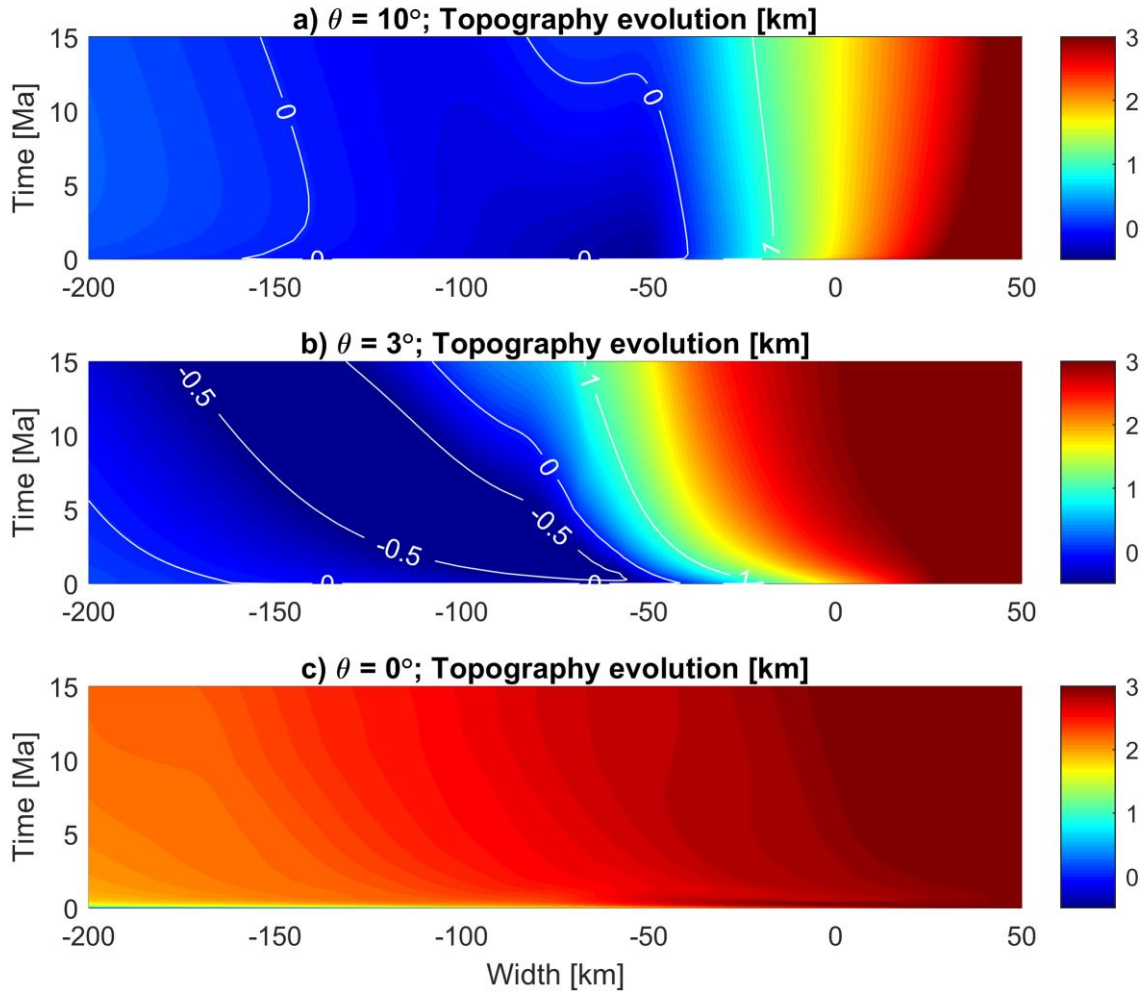
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791 Figure 9. a) and c). Horizontal profiles of $\bar{\sigma}_{xx}$, F_x and ΔGPE calculated from the numerical
 792 simulations 1 (a) and from simulation 2 (c) at ~ 8 Ma. From all three quantities, the leftmost value is
 793 subtracted so that the quantities are zero at the left side of the plot. b) and d). Horizontal profiles of
 794 tectonic pressure, $P_o = P - P_L$, at the model bottom, Sb , and horizontal gradient of vertically
 795 integrated shear stress, $d\bar{\tau}_{xz}/dx$, calculated from the numerical simulations 1 (b) and 2 (d).

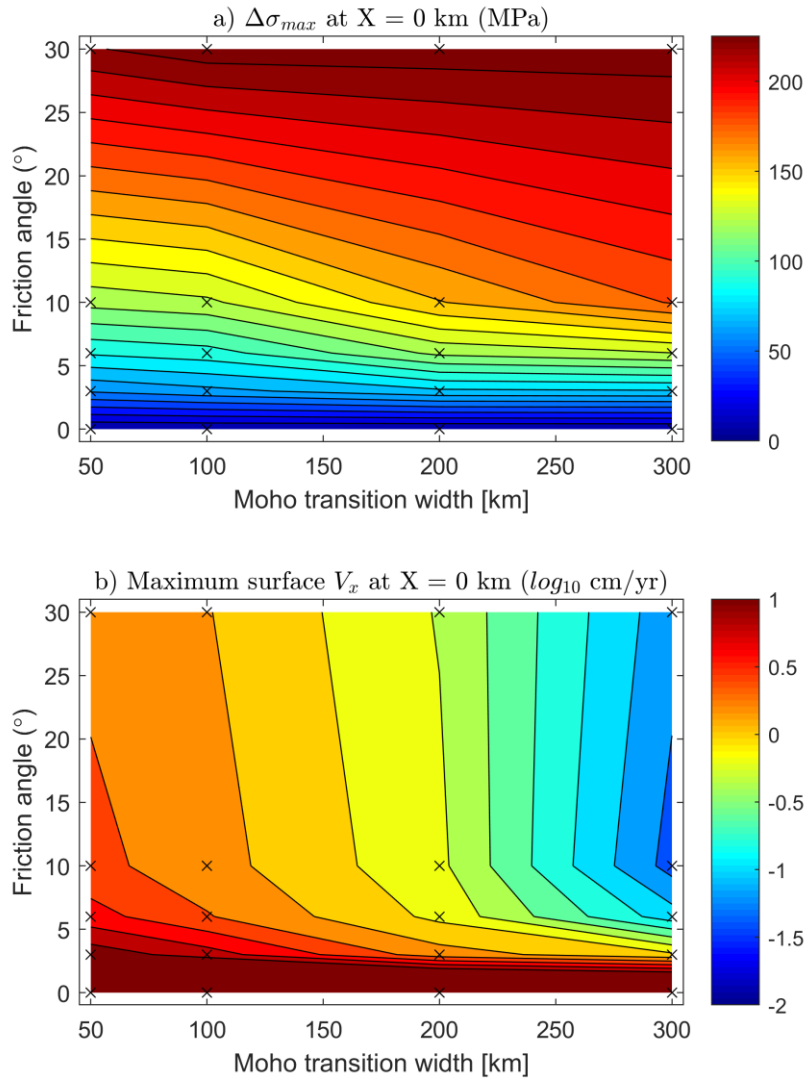
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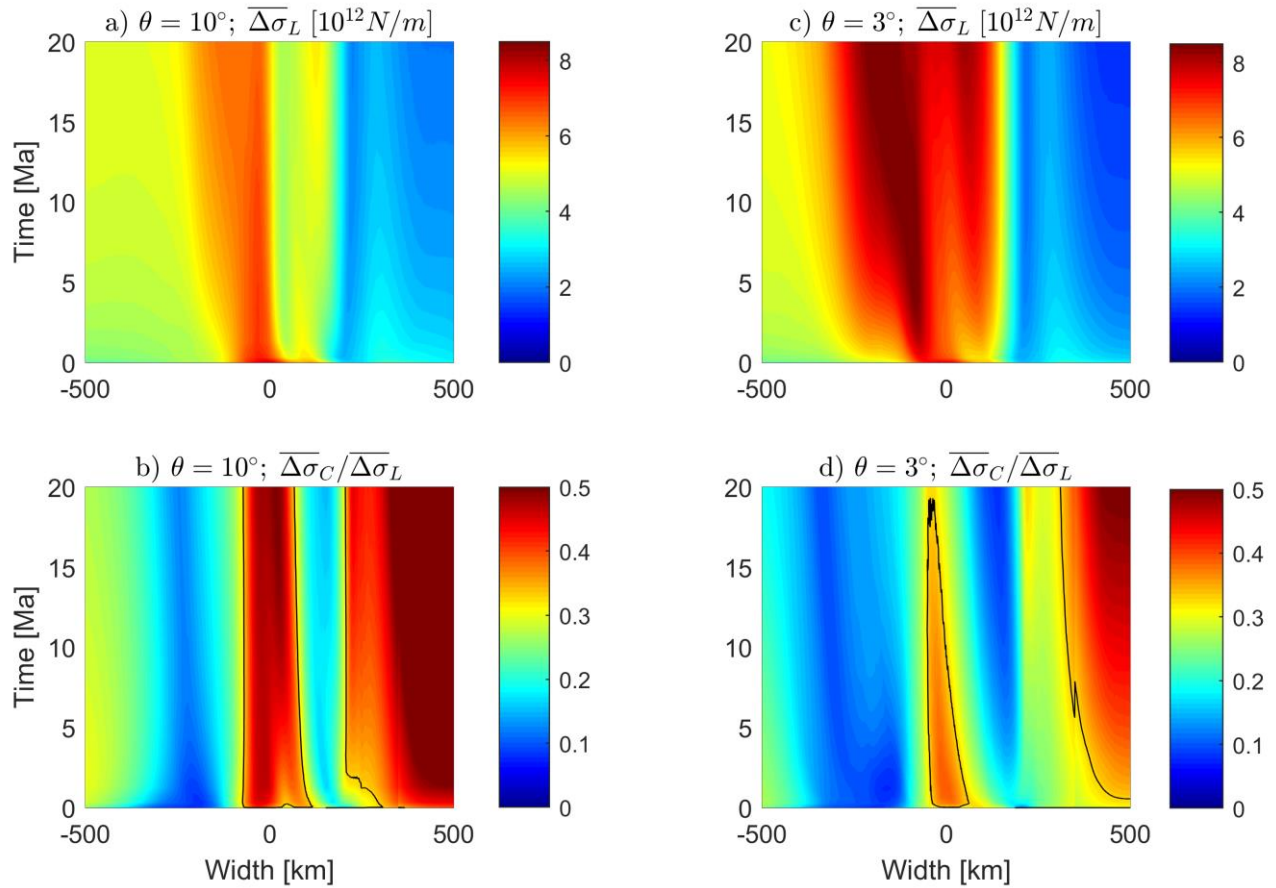
797
 798 Figure 10. Lateral variation of topography for simulations with different friction angle in the crust,
 799 θ , and different initial Moho transition zone widths, M (distance in legend in panel a) applies to
 800 all panels). The topography is given for the same time (in Ma) for simulations with the same θ but
 801 times differ for simulations with different θ . The dashed black line in all four panels indicates the
 802 initial topography.
 803



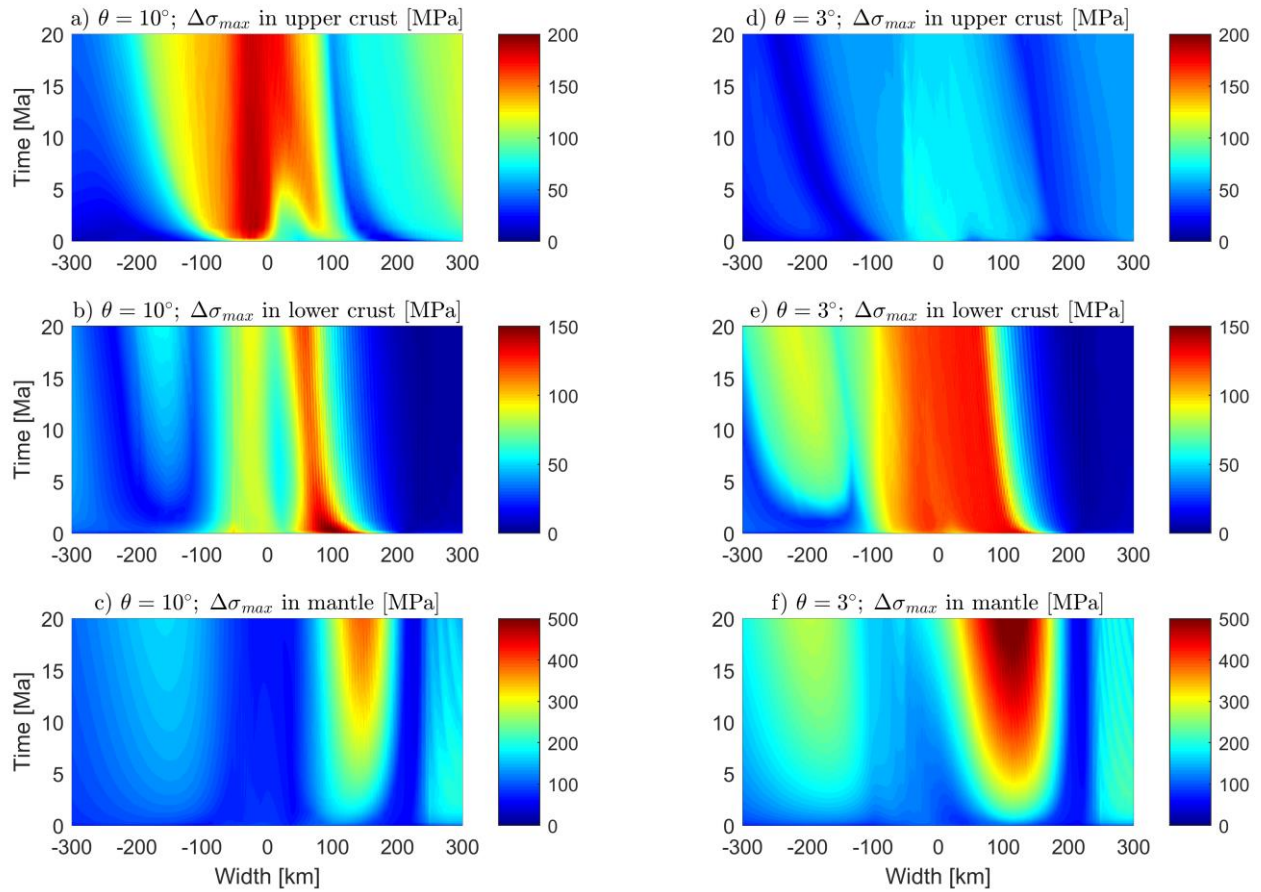
804
 805 Figure 11. Colourplot of the evolution of topography (in km) with time for three simulations all
 806 with $M = 300$ km but different crustal friction angles, θ , of 10° (a), 3° (b) and 0° (c). In a) and b)
 807 white contour lines indicate the topography of -0.5, 0 and 1 km.
 808



809
 810 Figure 12. Maximum differential stress (in MPa) in upper crust (a) and maximum horizontal
 811 velocity at the surface (b) at X-position = -50 km for simulations with different crustal friction
 812 angle, θ , and different Moho transition width, M . Stress values in a) for specific values of θ and
 813 M represent the maximum value at some depth in the upper crust of the entire corresponding
 814 numerical simulation at the X-position = -50 km. Velocity values in b) for specific values of θ and
 815 M represent the maximum value at the surface of the entire corresponding numerical simulation at
 816 the X-position = -50 km. The logarithm to the basis 10 of the velocity (in cm/yr) is displayed.
 817



818
 819 Figure 13. Evolution of vertically-integrated differential stress with time for simulations with $M =$
 820 300 km. a) and b) show results for $\theta = 10^\circ$, and c) and d) for $\theta = 3^\circ$. a) and c) show the evolution
 821 of the vertically-integrated differential stress across the entire lithosphere, $\overline{\Delta\sigma_L}$. b) and d) show the
 822 evolution of the ratio of vertically-integrated differential stress across the crust to the vertically-
 823 integrated differential stress across the entire lithosphere, $\overline{\Delta\sigma_C} / \overline{\Delta\sigma_L}$. The black contour line
 824 indicates a ratio of 1/3 and the orange-red domains indicate regions where the integrated crustal
 825 strength is larger than one third of the entire integrated lithospheric strength.
 826



827

828 Figure 14. Evolution of maximum differential stresses, $\Delta\sigma_{max}$ (MPa), in upper crust (a and d),
 829 lower crust (b and e) and mantle lithosphere (c and f) for simulations with $\theta = 10^\circ$ (a to c) and 3° (d
 830 to f), both with $M = 300$ km. $\Delta\sigma_{max}$ indicates the maximum differential stress that occurred at a
 831 specific X-position and time within the respective model unit.

832

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1054

1055 **APPENDIX**

1056 **Appendix 1**

1057 The kinematic model of the traditional thin-sheet approximation (England & McKenzie,
1058 1982) assumes that the horizontal velocity is constant with depth, so that the depth-integral of σ_{xx}^{ts}
1059 corresponds to the driving horizontal force per unit length, $\overline{\sigma_{xx}^{ts}} = F_x$. To derive equation (23) we
1060 assume that $\overline{\Pi(\sigma_{xx}^{ts})} = 0$, which is true only for certain properties of the reference level for bending,
1061 $w(x)$, namely

1062
$$\overline{\sigma_{xx}^{ts}(z-w)} = 0 \Rightarrow \overline{\sigma_{xx}^{ts}z - F_x w} = 0 \Rightarrow w = \overline{\sigma_{xx}^{ts}z} / F_x \quad (29)$$

1063 For a viscoplastic lithosphere the values of σ_{xx}^{ts} are controlled by a depth-dependent effective
1064 viscosity, η_{eff} , and for a depth-uniform strain rate the expression for $w(x)$ in equation (29)
1065 becomes $w = \overline{\eta_{eff}z} / \overline{\eta_{eff}}$. For the lithospheric model considered here, the appropriate value of
1066 $w(x)$ can be calculated only numerically and it varies also in space and with time. Generally,
1067 $w(x)$ should be located close to the level of the maximum strength in the lithosphere. If the system
1068 would be characterized by more than one distinct “strength maxima”, the system is unlikely to be
1069 treatable with the thin-sheet approximation of bending stresses with any accuracy.

1070 The moment of the lithospheric pressure, $\overline{\Pi(P_L)}$, can be evaluated using formulae for
1071 moment evaluations in a two-layer system with a laterally variable crustal thickness, $h_c(x)$, and
1072 lithospheric mantle thickness, $h_m(x)$, (Medvedev & Podladchikov, 1999b):

1073

$$\begin{aligned} \Pi(P_L) &= \int_{Sb}^{St(x)} (z-w) \int_z^{St(x)} \rho(x, z') g dz' dz = \\ &= \left(\frac{h_c(x)^3}{3} + \frac{h_m(x)^2 h_c(x)}{2} \right) \rho_c g + \frac{h_m(x)^3}{3} \rho_m g - [St(x) - w(x)] GPE \end{aligned} \quad (30)$$

1074 Assuming local isostasy, the geometry of the lithosphere can be expressed as a single function of
 1075 the laterally variable elevation, $h_{ex} = St(x) - St(\text{lowland})$:

1076

$$\begin{aligned} h_c(x) &= h_c + h_{ex} \frac{\rho_m}{\rho_m - \rho_c} \\ h_m(x) &= h_m - h_{ex} \frac{\rho_c}{\rho_m - \rho_c} \\ St(x) - w(x) &= h_{ex} + W = h_{ex} + w_1 h_{ex} + w_0 \end{aligned} \quad (31)$$

1077 where h_c and h_m are initial thicknesses of the crust and lithospheric mantle in the lowland, both
 1078 independent from x , and $W = w_1 h_{ex} + w_0$ is the positive distance from the topography of the lowland
 1079 to the reference line $w(x)$. We express all the parts of $\Pi(P_L)$ from eq. (30) as a polynomial of h_{ex}
 1080 using the following relations:

1081

$$\begin{aligned} \left(\frac{h_c(x)^3}{3} + \frac{h_m(x)^2 h_c(x)}{2} \right) \rho_c g + \frac{h_m(x)^3}{3} \rho_m g &= h_{ex}^3 A_1 g + h_{ex}^2 B_1 g + h_{ex} C_1 + D_1 \\ h_{ex} GPE &= h_{ex}^3 A_2 g + h_{ex}^2 B_2 g + h_{ex} C_2 \\ W \cdot GPE &= h_{ex}^3 w_1 A_2 g + h_{ex}^2 g [w_1 B_2 + w_0 A_2] + W \cdot C_2 \\ [St(x) - w(x)] GPE &= h_{ex}^3 (1 + w_1) A_2 g + h_{ex}^2 [(1 + w_1) B_2 + w_0 A_2] g + \dots \end{aligned} \quad (32)$$

1082 In the polynomial expression we only need coefficients for the 2nd and 3rd power of h_{ex} since we
 1083 use the polynomial only in equation (23) with the second derivative of $\Pi(P_L)$. The required
 1084 coefficients are

1085

$$\begin{aligned}
A_1 &= \frac{\rho_c \rho_m}{(\rho_m - \rho_c)^3} \left(\frac{\rho_m^2}{3} + \frac{\rho_c \rho_m}{2} - \frac{\rho_c^2}{3} \right) \\
B_1 &= \frac{h_c \rho_c}{(\rho_m - \rho_c)^2} \left(\rho_m^2 + \frac{\rho_c^2}{2} \right) \\
A_2 &= \frac{\rho_c \rho_m}{2(\rho_m - \rho_c)} \\
B_2 &= h_c \rho_c
\end{aligned} \tag{33}$$

1086 The coefficients A and B used in equation (24) are then

$$\begin{aligned}
A &= [A_1 - (1 + w_1) A_2] g \\
B &= [B_1 - (1 + w_1) B_2 - w_0 A_2] g
\end{aligned} \tag{34}$$

1088 Several properties of the resulting bending moment and characteristic bending stress are important
1089 to mention: 1) Neither part of the density moment $\Pi(P_L)$ that contributes to bending stress
1090 estimates (eqs. (29) to (31)) nor GPE evaluation (eq. (16)) depend on h_m . As discussed in section
1091 2, the principal contribution of integrated stresses and moments results from the stress bearing
1092 areas, characterized by ERT , which is not related to the chosen depth of compensation. That makes
1093 the total depth of the model lithosphere an inadequate measure of the characteristic length scale in
1094 the thin sheet model. That is in contrast with the usage of the depth of compensation as the
1095 characteristic length-scale measure in the thin-sheet approximation introduced by England &
1096 McKenzie (1982). 2) ERT and $w(x)$ are two approximate parameters which control the
1097 characteristic bending stress. Whereas the dependence on ERT is clear from eq. (27), the
1098 dependence on the reference surface $w(x)$ is not obvious. To illustrate the dependence on $w(x)$
1099 we calculate the moment for another reference surface $w'(x)$ and consider the difference:

$$\Pi(\sigma_{xx}^d) - \Pi'(\sigma_{xx}^d) = \overline{\sigma_{xx}^d(z-w)} - \overline{\sigma_{xx}^d(z-w')} = F_x(w'-w) \tag{35}$$

1100

1101 Using eqs. (17) and (28) and assuming that ERT is the same for in-plane and for bending stresses,
 1102 equation (35) can be rearranged to yield:

$$1103 \quad \tau_{xx}^b \Big|_{w'} = \tau_{xx}^b \Big|_w + \frac{6(w' - w)}{ERT} \tau_{xx}^* \quad (36)$$

1104 The resulting stress depends, hence, linearly on the choice of $w(x)$. The low angle of the isolines
 1105 for stress in Figure 5b demonstrates the minor dependence of bending stress on the choice of $w(x)$
 1106 because magnitudes of bending stresses are substantially larger than magnitudes of characteristic
 1107 membrane stresses, i.e. $\tau_{xx}^b > \tau_{xx}^*$. This inequality is justified if we compare maximum values of τ_{xx}^b
 1108 in Figure 5 with estimates for τ_{xx}^* from eq. (18). This inequality in combination with eq. (36) also
 1109 validates the use of an arbitrary chosen $w(x)$ instead of the use of the exact value of $w(x)$ given
 1110 in eq. (29).

1111

1112 **Appendix 2**

1113 The applied numerical algorithm solves the partial differential equations of continuum
 1114 mechanics for 2D slow deformations (no inertia) coupled with heat transfer under gravity. The force
 1115 balance equations are:

$$1116 \quad \frac{\partial \sigma_{ij}}{\partial x_j} = -\rho b_i \quad (37)$$

1117 where i and j are indexes of either 1 or 2 and represent the horizontal x-direction ($i, j = 1$) and
 1118 vertical y-direction ($i, j = 2$), $b_1 = 0$ and $b_2 = g$. σ_{ij} are the total Maxwell-viscoelastic stress
 1119 tensor components which are expressed using a backward-Euler rule (e.g. Schmalholz et al., 2001)
 1120 by

1121
$$\sigma_{ij} = -P + 2 \left(\frac{1}{\eta} + \frac{1}{G\Delta t} \right)^{-1} \dot{\epsilon}_{ij} + \left(1 + \frac{G\Delta t}{\eta} \right)^{-1} \sigma_{ij}^o + J_{ij} \quad (38)$$

1122 where P corresponds to the pressure, $\dot{\epsilon}_{ij}$ are the components of the deviatoric strain rate tensor, G is
 1123 the shear modulus, η is the effective viscosity, Δt is the numerical time step, σ_{ij}^o are the stress
 1124 tensor components from the previous time step and J_{ij} includes all the corresponding terms
 1125 resulting from the Jaumann rate of the stress tensor (e.g. Beuchert & Podladchikov, 2010).

1126 The rheological model is based on the additive decomposition of the deviatoric strain rate
 1127 tensor $\dot{\epsilon}_{ij}$:

1128
$$\dot{\epsilon}_{ij} = \dot{\epsilon}_{ij}^{el} + \dot{\epsilon}_{ij}^{pl} + \dot{\epsilon}_{ij}^{dis} + \dot{\epsilon}_{ij}^{dif} + \dot{\epsilon}_{ij}^{pe} \quad (39)$$

1129 where $\dot{\epsilon}_{ij}^{el}$, $\dot{\epsilon}_{ij}^{pl}$, $\dot{\epsilon}_{ij}^{dis}$, $\dot{\epsilon}_{ij}^{dif}$ and $\dot{\epsilon}_{ij}^{pe}$, respectively, correspond to the strain rate contributions arising
 1130 from elasticity, plasticity, and viscous creep (dislocation, diffusion and Peierls). This strain rate
 1131 equation is non-linear and solved locally on cell centroids and vertices in order to define the current
 1132 effective viscosity and stress (e.g. Popov & Sobolev, 2008). The viscosity for dislocation creep is a
 1133 function of the dislocation creep strain rate invariant, $\dot{\epsilon}_{II}^{dis} = \tau_{II} / 2\eta^{dis}$,

1134
$$\eta^{dis} = \frac{2^{\frac{1-n}{n}}}{3^{\frac{1+n}{2n}}} A \left(\dot{\epsilon}_{II}^{dis} \right)^{\frac{1}{n}-1} \exp \left(\frac{Q + PV}{nRT} \right) \quad (40)$$

1135 where the ratio involving the stress exponents to the left of A results from the conversion of the
 1136 experimentally derived 1D flow law to a general flow law for tensor components based on
 1137 invariants (e.g. Gerya, 2010; Schmalholz & Fletcher, 2011). Applied parameters are displayed in
 1138 Table 1. Diffusion creep is taken into account in the lithospheric and asthenospheric mantle and its
 1139 viscosity is expressed as:

1140
$$\eta^{dif} = A d^m \exp\left(\frac{Q + PV}{RT}\right) \quad (41)$$

1141 where d is grain size and m is grain size exponent (Table 1). Peierls creep (i.e. low temperature
 1142 plasticity) is applied only in the mantle lithosphere with parameters from Goetze & Evans (1979)
 1143 using the formulation of Kameyama et al. (1999). The viscosity corresponding to Peierls creep
 1144 takes the form of:

1145
$$\eta^{pe} = \frac{2^{\frac{1-s}{s}}}{3^{\frac{1+s}{2s}}} A (\dot{\epsilon}_{II}^{pe})^{\frac{1}{s}-1} \quad (42)$$

1146 where s is an effective stress exponent that depends on the temperature:

1147
$$s = 2\gamma \frac{Q}{RT} (1 - \gamma) \quad (43)$$

1148 The A for this formulation is:

1149
$$A = \left[A_p \exp\left(-\frac{Q(1-\gamma)^2}{RT}\right) \right]^{\frac{1}{s}} \gamma \sigma_p \quad (44)$$

1150 where γ is a fitting parameter from the Peierls flow law (Table 1).

1151 The stress of all material phases is limited by a yield stress, τ_y , defined by the Drucker-Prager
 1152 criterion

1153
$$\tau_y = b \cos(\theta) + P \sin(\theta) \quad (45)$$

1154 where b is the cohesion and θ is the angle of internal friction. In case of yielding, the effective
 1155 viscosity is iteratively reduced until the corresponding stress invariant equals the yield stress (e.g.
 1156 Lemiale et al., 2008; Schmalholz & Maeder, 2012). Therefore, the effective viscosity for plasticity
 1157 is computed only for $\tau_{II} - \tau_y \geq 0$ and takes the form of

1158
$$\eta^{pl} = \frac{\tau_y}{2\dot{\epsilon}_{II}^{pl}} \quad \text{if} \quad \tau_{II} - \tau_y \geq 0 \quad (46)$$

1159 where $\dot{\epsilon}_{II}^{pl}$ is the second invariant of the plastic strain rate tensor having components $\dot{\epsilon}_{ij}^{pl}$ (eq. (39)).

1160 At the end of the local iteration cycle, the effective viscosity is equal to the harmonic mean of the
1161 viscosities of each dissipative deformation mechanism:

1162
$$\eta = \left(\frac{1}{\eta^{dis}(\dot{\epsilon}_{II}^{dis})} + \frac{1}{\eta^{dif}(\dot{\epsilon}_{II}^{dif})} + \frac{1}{\eta^{pe}(\dot{\epsilon}_{II}^{pe})} + \frac{1}{\eta^{pl}(\dot{\epsilon}_{II}^{pl})} \right)^{-1} \quad (47)$$

1163 Equation (47) indicates that each viscosity is calculated with the respective second strain rate
1164 invariant, which is calculated from the strain rate tensor components of the corresponding
1165 deformation mechanism (eq. (39)).

1166 The applied 2D equation for heat transfer is

1167
$$\rho c \frac{DT}{Dt} = \frac{\partial}{\partial x_i} \left(k \frac{\partial T}{\partial x_i} \right) + H_D + H_R \quad (48)$$

1168 with D/Dt representing the total time derivative, H_R being radiogenic heat production and

1169 $H_D = (\tau_{11}^2 + \tau_{22}^2 + 2\tau_{12}^2) / 2\eta$ being the heating due to viscous and plastic dissipative work. We

1170 assume here that all dissipative work is converted into heat (i.e. so-called Taylor-Quinney

1171 coefficient is 1) since we do not model grain size reduction which consumes typically only a minor

1172 fraction of the dissipative work.

1173