
43 years as a whole, and the increasing rates have been dramatically sped up since the year of
44 2000. Among them, the area of Ayakekumu Lake has the fastest growing rate of 51.35%,
45 which increased from 618 km² in the 1980s to 983 km² in the 2010s; 2) Overall, the
46 Normalized Difference Vegetation Index (NDVI) increased in the QTP during the past 30
47 years. Above 79% of the area in the QTP showed increasing trend of NDVI before the year
48 of 2000; 3) The air temperature increased significantly, the precipitation increased slightly,
49 and the pan evaporation decreased significantly during the past 30 years. The lake area and
50 vegetation coverage changes might be related to the climate change. The shifts in the
51 temporal climate trend occurred around the year 2000 had led the lake area and vegetation
52 coverage increasing. This study is of importance in further understanding the environmental
53 changes under global warming over the QTP.

54

55 **Key words:** lake area; Qinghai-Tibetan Plateau; climate change; vegetation restoration

56

57 **1. Introduction**

58 The Qinghai-Tibetan Plateau (QTP), with an average elevation of more than 4000 m, is
59 the highest and largest highland in the world (Ijmker *et al.*, 2012; You *et al.*, 2008). The area
60 is about 2.5 million square kilometers. The plateau is known as the "roof of the world" and
61 "the third pole" (Ijmker *et al.*, 2012). The dense distribution of lakes is a major feature of the
62 QTP, and the total lake area accounts for about half of the China's total lake area (Zhu *et al.*,
63 2010). Lakes are an important component of terrestrial hydrosphere, exchanging heat and

64 water with the atmosphere (Xu *et al.*, 2007). The QTP is also the headwater area for many
65 large Asiatic rivers, such as Yangtze River, Yellow River, Mekong River, Yarlung Zangbo
66 River, Indus River. As lakes in the QTP are rarely influenced by human activities due to the
67 unique geographic location, therefore, they are extremely sensitive to climatic fluctuations
68 and can be called an "indicator" of climate change, and the lakes are supposed as natural
69 water bodies (Liu *et al.*, 2009; Liu *et al.*, 2013; Wan *et al.*, 2014). This is of great theoretical
70 and practical significance for the study of global environmental change and its response to
71 climate change (Chen *et al.*, 2014; Ke and Song, 2014; Zhang *et al.*, 2014b).

72 The vegetation coverage in the QTP is also called an "indicator" of climate change
73 which plays a pivotal role in linking the biosphere, pedosphere, geosphere, hydrosphere, and
74 atmosphere in the region, and even the whole of Asia (Huang *et al.*, 2016). NDVI
75 (Normalized Difference Vegetation Index) is an important indicator of vegetation coverage,
76 and it can be used as an effective monitoring index between vegetation and natural
77 environment (Band *et al.*, 1993). The relationship between NDVI and climate had been
78 extensively demonstrated at the regional scale and the global scale (Ji and Peters, 2003; Kim
79 *et al.*, 2012; Prasad *et al.*, 2007; Sun *et al.*, 2011; Zhao *et al.*, 2011). Previous studies has
80 reported that there were good relationships between the vegetation cover and climate change
81 on the QTP. For example, Kato *et al.* (2004) found that the vegetation growth
82 in the QTP was expected to be sensitive to climate change. Thus, the linkages among
83 climate change, vegetation growth, and lake area changes might help to further understand

84 the climate driving force to changes in lake, as well as the evaluation of regional ecological
85 environment and sustainable development (Chen *et al.*, 2014).

86 Satellite remote sensing is an important data source with advantages of vast covering
87 area, rich information and higher repeated frequency (Fu and Liu, 2007; Wu and Zhu, 2008;
88 Zhu *et al.*, 2010). In recent years, satellite remote sensing has been successfully used to
89 detect the changes in the vegetation coverage, lake level, area and volume in the QTP and
90 other places around the world (Duan and Bastiaanssen, 2013a; Duan and Bastiaanssen,
91 2013b; Li *et al.*, 2009; Yan and Zheng, 2015; Zhang *et al.*, 2014a). For example, Wang *et al.*
92 (2014) monitored the changes of lake areas in the QTP during the past 30 years with satellite
93 remote sensing data, and they found that 5 lakes whose original area was more than 1 km²
94 have disappeared; Yamzhogyum Co is in constant shrinking, but the area of some lakes,
95 such as Selin Co, is expanding. Zhang *et al.* (2014) analyzed the characteristics of lake level
96 change from 1972 to 2012, and summarized the characteristics of the dynamic changes of
97 typical lake water levels in the QTP under the background of climate warming in recent
98 decades with multi-source remote sensing data.

99 However, some studies have focused only on the lake area changes with qualitative
100 analysis, and the in-depth discussion on the dominant factors which affected the area of lakes
101 is still lacking. Zhu *et al.* (2010) analyzed the lake area and water changes quantitatively in
102 the past 34 years and their results indicated that the glacier melt caused by climate warming
103 was the main reason which caused the rapid expansion of Nam Co Lake. Lei *et al.* (2013)
104 reported that increased precipitation and runoff, and decreased lake evaporation were the

105 main causes for the coherent lake growth and could contribute by about 70% of total increase
106 in lake storage over the central QTP.

107 Therefore, a review of previous studies of the impacts of climate change on the lake
108 areas over the QTP revealed that most of these studies ignored the response of lake areas
109 and vegetation coverage changes to the climate change in the QTP, which is an important
110 research gap. The research questions to be investigated in this study include: (1) Has the
111 lakes' area increased in the QTP during the past 30 years? (2) Has the vegetation coverage
112 restored in the QTP during the past 30 years? (3) Does the climate change affect the lakes'
113 area and vegetation coverage over QTP during the past 30 years? This study is of
114 importance in further understanding the environmental changes under global warming over
115 the QTP.

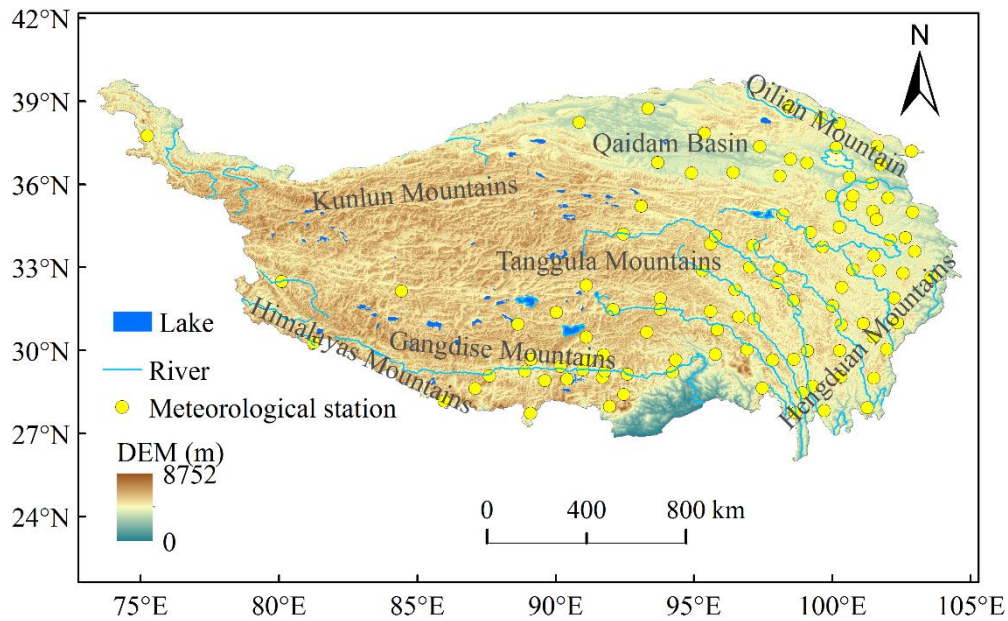
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117 **2. Data and Methodology**

118 **Study Area**

119 Qinghai-Tibetan Plateau (QTP) is located in the southwest of China with the territory
120 area about 2.4 million square kilometers (You *et al.*, 2008). The climate in the plateau is
121 marked by low temperature and strong solar radiation (Piao *et al.*, 2011). The QTP lake
122 region has the largest number of lakes in China. There are 1055 lakes, accounting for 39.2%
123 of the total number of lakes in China (Piao *et al.*, 2011; Xiao *et al.*, 2013). In this study, a
124 total of 51 lakes in the QTP were analyzed, of which 44 are mainly salt water lakes, and 7
125 are freshwater lakes. The characteristics of the studied 51 lakes in the QTP are presented in

126 Figure 1 and Table 1.



127

128 **Fig.1** Location of selected 51 lakes over the QTP and concerned meteorological stations

129

130 **Datasets processing**

131 Meteorological data such as air temperature, precipitation and pan evaporation were
132 collected from 86 meteorological stations in the QTP from the China Meteorological Science
133 Data Sharing Service Network.

134 The NDVI dataset at a spatial resolution of 8 km × 8 km and 15-day interval were
135 derived from GIMMS (global inventory modeling and mapping studies) group. The dataset
136 spanned from 1982 to 2013. It has been calibrated for sensor shift, cloud test
137 and removed the effects of solar zenith angles and other factors (Piao *et al.*, 2011).

138 The lake area data were derived from Landsat satellite imagery data. Landsat is a NASA
139 land satellite program and had launched eight missions since July 23, 1972. The data in this
140 paper are mainly from Landsat 4,5,7 and 8. The remote sensing software ENVI was used to

141 extract the lake area for the studied period.

142 Table 1 Characteristics of the 51 lakes in the QTP.

Name	Longitude (E)	Latitude (N)	Elevation (m)	Brackish	Lake areas (km ²)		Changes (%)
					Past	Present	
Anzi Co	87.10	31.02	4535	Salty	394.78	461.76	16.97
Aqikulu Lake	88.40	37.08	4250	Salty	358.76	495.14	38.01
Aruco	82.40	33.95	4940	Salty	104.5	103.74	-0.73
Ayakkum Lake	89.38	37.55	3870	Salty	618.21	935.68	51.35
Bangdag Co	81.55	34.95	4902	Salty	105.99	135.14	27.50
Cabo Co	84.20	33.37	4505	Salty	32.65	48.37	48.15
Cetacean lake	89.42	36.33	4708	Salty	257.38	328.72	27.72
Chibzhang Co	90.27	33.38	4931	Salty	477.9	544.58	13.95
Cona	91.47	32.02	4800	Fresh	180.91	188.07	3.96
Cuodarima Lake	91.07	35.30	4775	Salty	86.19	95.56	10.87
Cuorendejia	92.57	35.23	4688	Salty	165.29	206.96	25.21
Dagze Co	81.55	34.95	4459	Salty	255.23	292.91	14.76
Dongqia Co	90.42	31.78	4616	Salty	48.76	71.83	47.31
Duoersuidong Co	89.87	33.38	4921	Salty	377.67	447.35	18.45
Duoma	84.95	32.95	4688	Salty	12.18	14.45	18.64
Eling Lake	97.70	34.90	4272	Salty	608.37	662.11	8.83
Guozhacuo	81.08	35.03	5080	Salty	246.55	247.7	0.47
Gyaring Co	88.33	31.13	4650	Salty	475.14	478.46	0.70
Hala Lake	97.58	38.27	4078	Salty	589.62	606.29	2.83
Hohxil Lake	91.12	35.57	4950	Salty	309.92	348.55	12.46
Jiarebu Co	87.78	32.20	4635	Salty	35.74	50.56	41.47
Jiezechaka Lake	80.90	33.95	4524	Salty	106.25	113.61	6.93
Kusai Lake	92.83	35.68	4470	Salty	267.43	289.09	8.10
Lexiewudan lake	90.17	35.75	4854	Salty	223.61	273.01	22.09
Longmu Co	80.47	34.62	5002	Salty	99.18	104.95	5.82
Lumajangdong Co	81.62	34.03	4800	Salty	358.77	379.72	5.84
Luotuo Hu	81.95	34.43	5103	Salty	62.65	67.03	6.99
Mapam YumCo	81.47	30.67	4588	Fresh	408.44	408.42	0.00
Nam Co	90.55	30.70	4718	Salty	1944.61	2026.74	4.22
Ngangla Ringsto	83.10	31.55	4689	Salty	521.09	500.16	-4.02
Orba Co	81.03	34.53	5465	Salty	92.99	92.13	-0.92
Palung Co	83.57	30.87	5166	Salty	141.8	146.43	3.27
Pei Cuo	85.58	28.92	4590	Salty	275.32	268.82	-2.36
Peng Co	90.97	31.50	4522	Salty	137.22	177.66	29.47
Pengyan Co	88.20	35.88	4522	Salty	55.79	64	14.72
Pumoyum Co	90.42	28.57	5100	Fresh	285.53	291.44	2.07

Rinchen Shuptso	83.45	31.27	4756	Salty	182.93	188.12	2.84
Selin Co	89.00	31.83	4530	Salty	1755.17	2337.33	33.17
Senlicuo	84.07	30.42	5386	Fresh	142.41	142.26	-0.11
Sugan Lake	93.87	38.85	2795	Salty	100.79	107.89	7.04
Taro Co	84.10	31.12	4566	Fresh	484.42	486.55	0.44
Ulan Ul Lake	90.50	34.80	5100	Salty	527.76	624.63	18.35
Wuru Co	88.00	31.72	4548	Fresh	433.93	442.74	2.03
Xijirulan Hu	90.35	35.22	4769	Salty	286.41	351.04	22.57
Xuru Co	86.40	30.30	4718	Salty	207.09	210.55	1.67
Yamzhog YumCo	90.68	28.93	4441	Salty	586.38	554.12	-5.50
Ze Co	79.78	34.15	4961	Salty	113.59	118.37	4.21
Zhaling Lake	97.27	34.92	4294	Fresh	520.28	530.59	1.98
Zharinam Co	85.63	30.92	4613	Salty	1000.16	1004.63	0.45
Zigetang Co	90.85	32.07	4561	Salty	198.89	234.11	17.71
Zonag Lake	92.00	35.53	4800	Salty	259.27	271.6	4.76

143

144 The spectral water index was a single number derived from an arithmetic operation
145 (e.g., ratio, difference, and normalized difference) of two or more spectral bands. An
146 appropriate threshold of the index was then established to separate water bodies from other
147 land-cover features based on the spectral characteristics. The design of a spectral water
148 index was based on the fact that water absorbs energy at near-infrared (NIR) and
149 shortwave-infrared (SWIR) wavelengths (Ji *et al.*, 2009). In this study, the lake area was
150 extracted by water index method in multi-spectral remote sensing water identification
151 method, which includes: Normalized Difference Water Index (NDWI), Normalized
152 Difference Vegetation Index (NDVI), Normalized Difference Snow Index (NDSI) and Ratio
153 Vegetation Index (RVI) (Gu *et al.*, 2007). The NDWI method is adopted in our paper which
154 has been widely used in the world (Gao, 1996; Ji *et al.*, 2009; McFeeters, 1996).

155 Adopting the format of the normalized difference vegetation index (NDVI), McFeeters
156 (1996) developed the normalized difference water index (NDWI), defined as

$$NDWI = \frac{\rho_{GREEN} - \rho_{NIR}}{\rho_{GREEN} + \rho_{NIR}}$$

157 Where NDWI is water index; GREEN is green band; NIR is near infrared band. The
158 method includes the following steps: View the spectral curve after the band operation, set
159 reasonable threshold value, count the number of pixels within the threshold value, and then
160 according to the resolution of the satellite image, calculate the area value of the lake.

161

162 **Methods**

163 The non-parametric rank-based Mann–Kendall (MK) test was used to analyze the trends
164 of climate and vegetation coverage change in this study (Kendall, 1975; Mann, 1945).
165 Non-parametric tests make no assumptions about the distribution of data and are useful for
166 detecting monotonic trends (Huth and Pokorna, 2004; Nepal, 2016). In addition, the MK test
167 is based on sign differences rather than value, and is thus robust to the effect of extreme
168 values and outliers (Helsel and Hirsch, 2002). It is widely used for trend analysis (Zhang *et*
169 *al.*, 2011b). The Kendall rank correlation coefficient, commonly referred to as Kendall's tau
170 (τ) coefficient, is used to measure the association between two measured quantities. The 95%
171 confidence interval was used as a threshold to classify the significance of positive and
172 negative MK trends (Xu, 2001). The non-parametric Sen's method was used to estimate the
173 true slope of the identified trends (Sen, 1968).

174 Simple linear regression was used in this paper for long-term linear trend test as well.
175 The simple linear regression method is a parametric T-test method, which consists of two
176 steps, fitting a linear simple regression equation with the time t as independent variable and
177 the hydrological variable (i.e. precipitation or streamflow in this study) as dependent variable;

178 testing the statistical significance of the slope of the regression equation by the t-test (Xu,
179 2001; Zhang *et al.*, 2009).

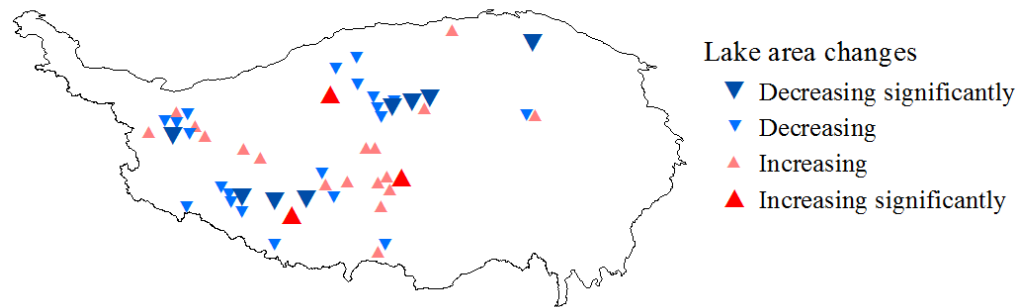
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181 3. Results and discussion

182 3.1 The temporal and spatial variation of lake area in the QTP

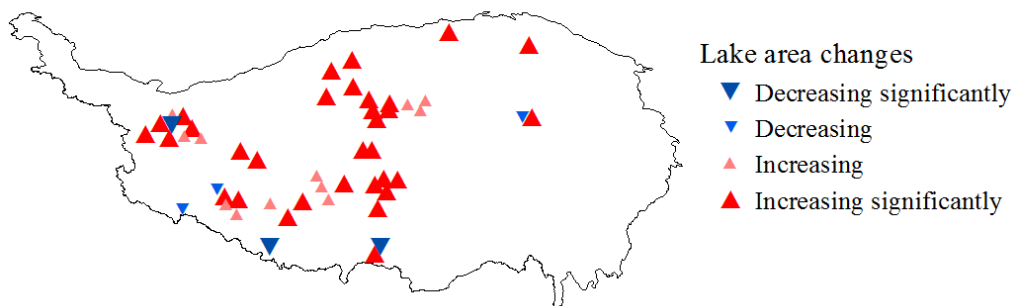
183 Figure 2 showed that there were 30 lakes have shown area decrease and 21 lakes with
184 area increase during the period of 1981-2000 by using Mann-Kendal method. There were 8
185 lakes have shown significant area decrease during this period, while there were 3 lakes with
186 significant area increase at 5% significance level. As for the period of 1980-2013, most of
187 the lake areas have increased and 32 lakes' areas have increased significantly. However,
188 there were only 6 lakes' areas decreased during this period.

(a) 1981-2000



189

(b) 1981-2013



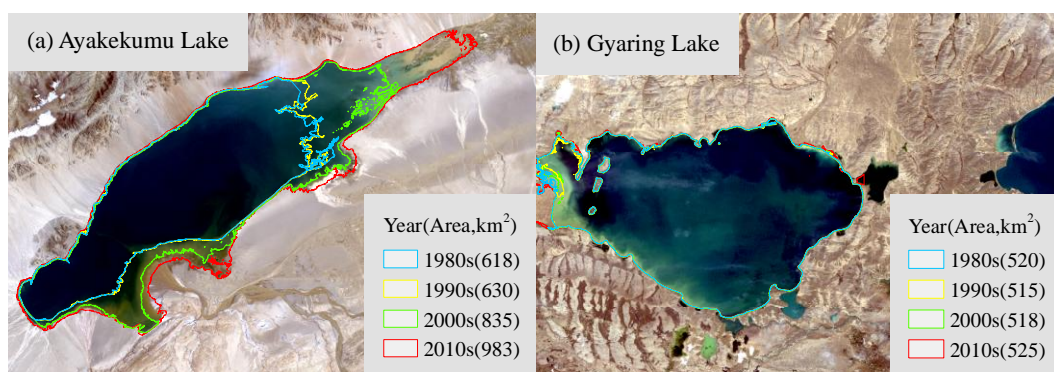
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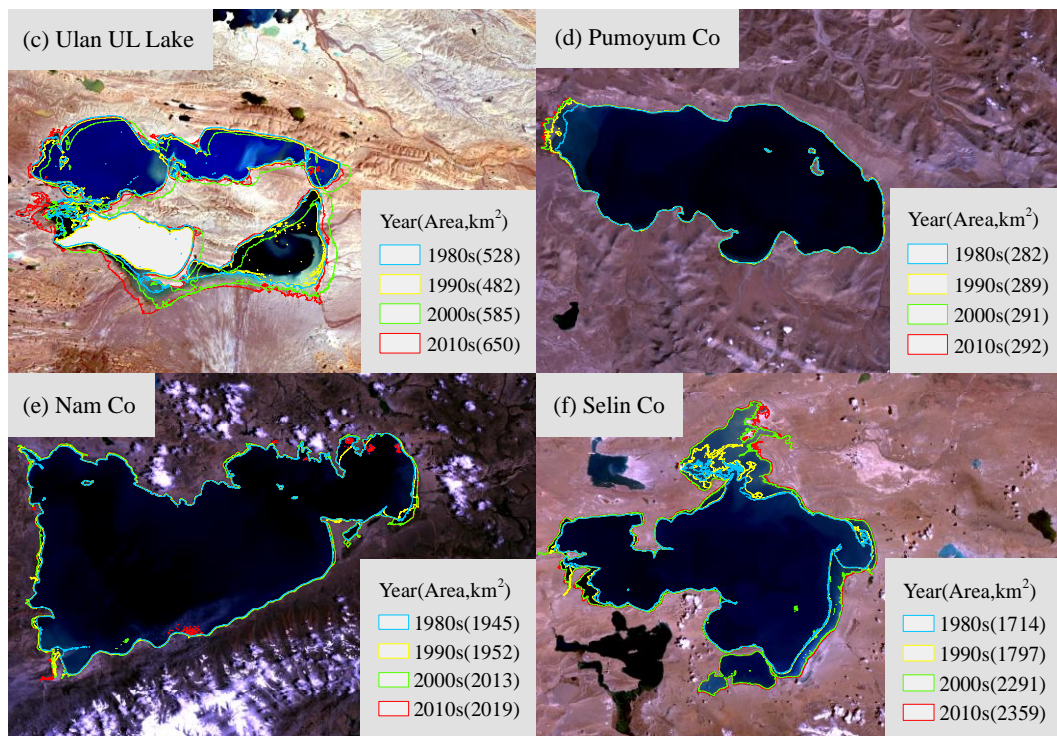
191 Fig.2 Trends of annual lake area changes in the QTP by using MK method during the past

192 30 years (a, 1981-2000; b, 1981-2013)

193 In order to reveal the spatial and temporal variabilities of the lake areas during the past
194 30 years, 6 lakes in the central QTP were selected for illustration purposes (Figure 3). It can
195 be found that the lake areas increased obviously for the selected 6 lakes during the past 30
196 years. Among them, the area of Ayakekumu Lake has the fastest growing rate of 51.35%,
197 which increased from 618 km² in the 1980s to 983 km² in the 2010s. While the Gyaring
198 Lake was the slowest growth lake with the area increased from 520 km² in the 1980s to 525
199 km² in the 2010s. As for the lakes of Nam Co and Selin Co, Nam Co was the second largest
200 saltwater lake in China and Selin CO was the third largest salt lake in China in before the
201 year of 2000. However, the area of Selin CO increased rapidly after the year of 2000 making
202 it the second largest saltwater lake in China now, and Nam Co became the third largest
203 saltwater lake in China although it increased from 1845 km² in the 1980s to 2019 km² in the
204 2010s. Therefore, it can be inferred that the growth rate of the lake area for Selin Co was
205 obviously higher than that of Nam Co after 2000.

206





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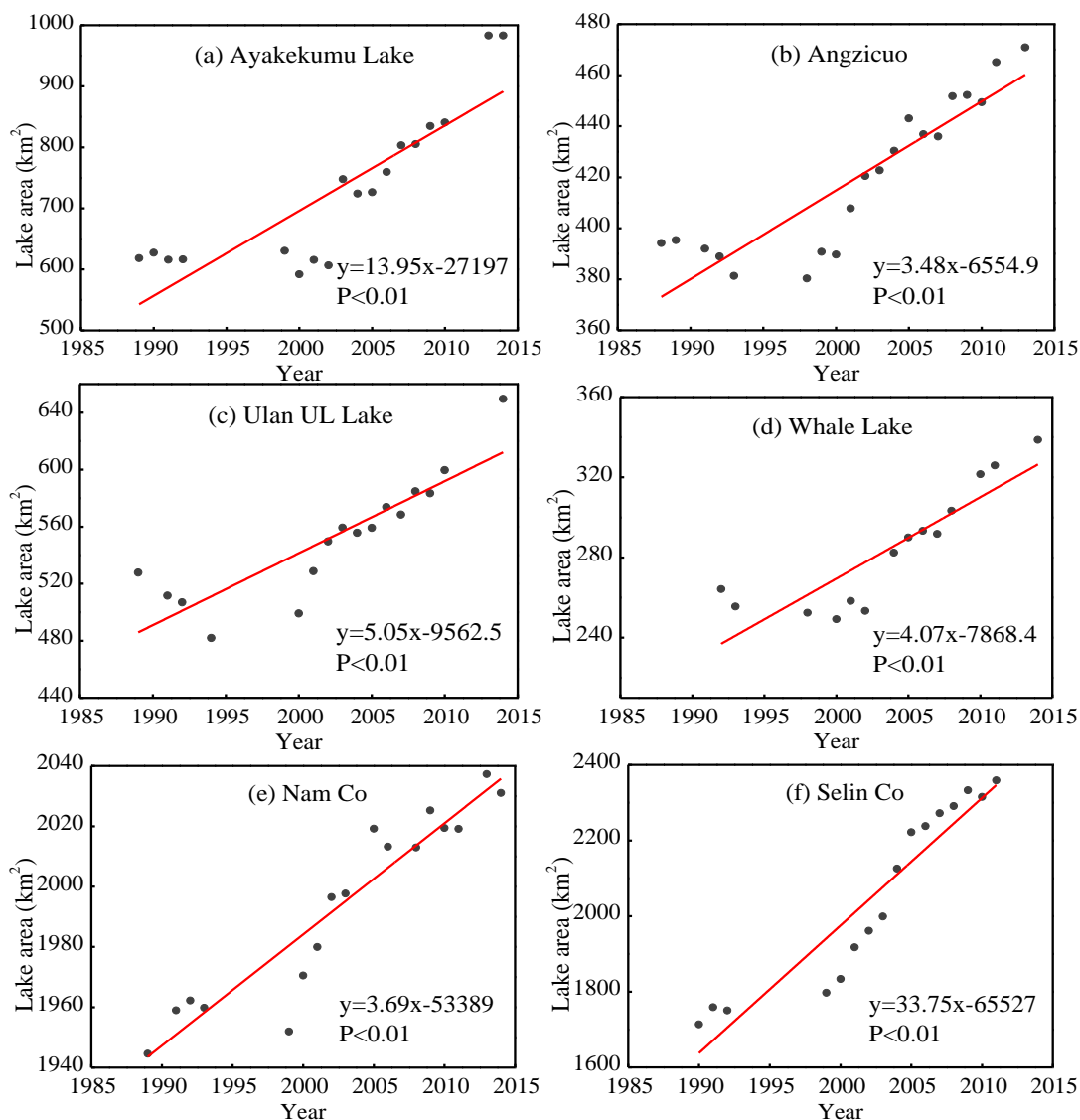
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209 Fig.3 The temporal variation of lake area for the selected six lakes during the past 30 years

210 Figure 4 showed the temporal variation of 6 lake areas during the past 30 years. It can
 211 be seen that the 6 lakes' area increased significantly during the past 30 years, although the
 212 lake areas decreased in the 1990s. The findings were consistent with other studies (Li *et al.*,
 213 2009; Yan and Zheng, 2015). Yan and Zheng (2015) analyzed the dynamic changes of the
 214 saline lake surface areas from 1973 to 2010 in the QTP and they found that the total surface
 215 areas of these saline lakes increased, especially since around 2000, and the total surface
 216 areas increased by 47% during 1973-1977 to 2008-2010. While the saline lake areas
 217 decreased during 1973-1977 to 1989-1992 in the northern and middle parts of the Tibet
 218 Plateau and nearly all the saline lakes expanded since around 2000. Zhang *et al.* (2014a)
 219 also reported that the number of lakes with areal extent of 1 km² decreased between the
 220 1970s and 1990, followed by a clear increase from 1990 to 2010. Moreover, ninety-nine new

221 lakes were identified between the 1970s and 2010 and 71 of which were found between
 222 1990 and 2010.

223



224

225

226

227 Fig.4 The temporal variation of lake area for the selected six lakes during the past 30 years

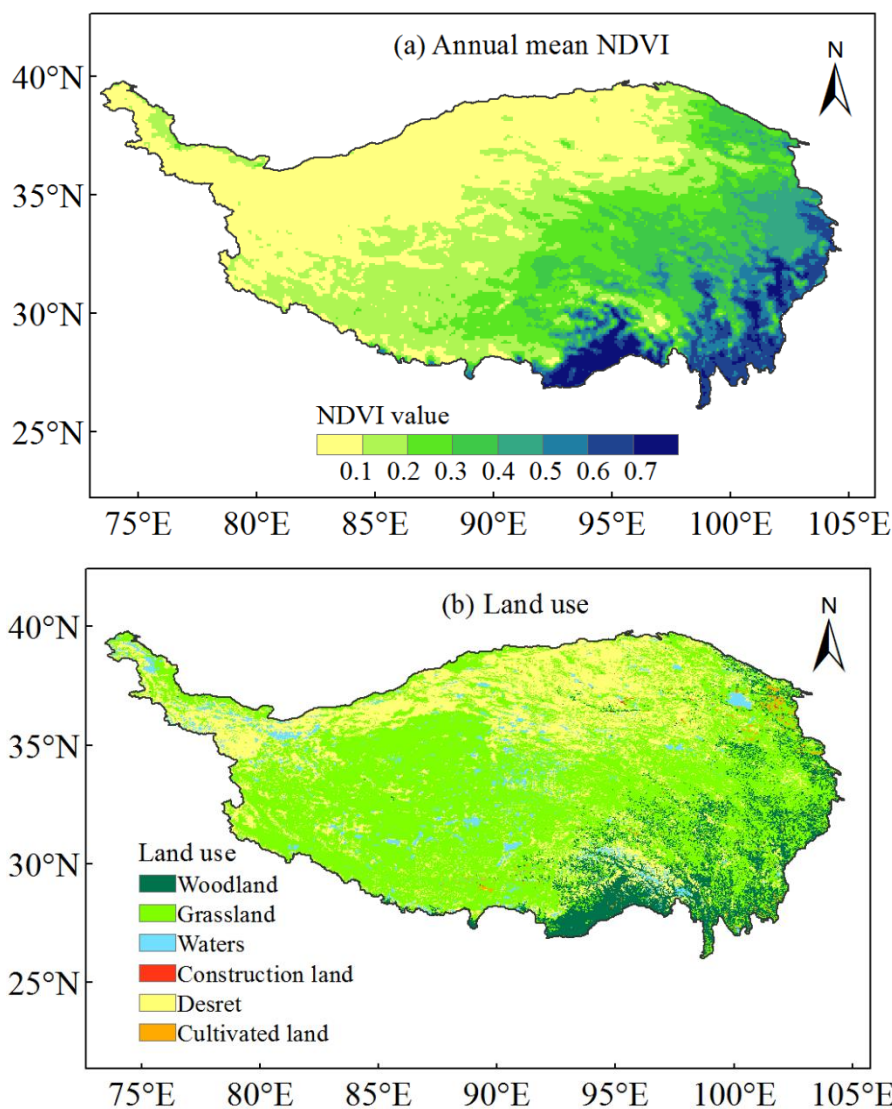
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229 3.2 Trends of vegetation coverage in the QTP during the past 30 years

230 With a mean elevation of approximately 4000 m above sea level, the annual mean NDVI

231 has not only generally small value but also different spatial distributions (Fig.5a). It can be

232 found that the grasslands occupy nearly three quarters of the land surface of the QTP
233 (Fig.5b). Higher NDVI value can be found in the Hengduan Mountains with rich forest,
234 however, lower NDVI value appeared in the north of QTP where distributes large desert
235 (Fig.5).



236

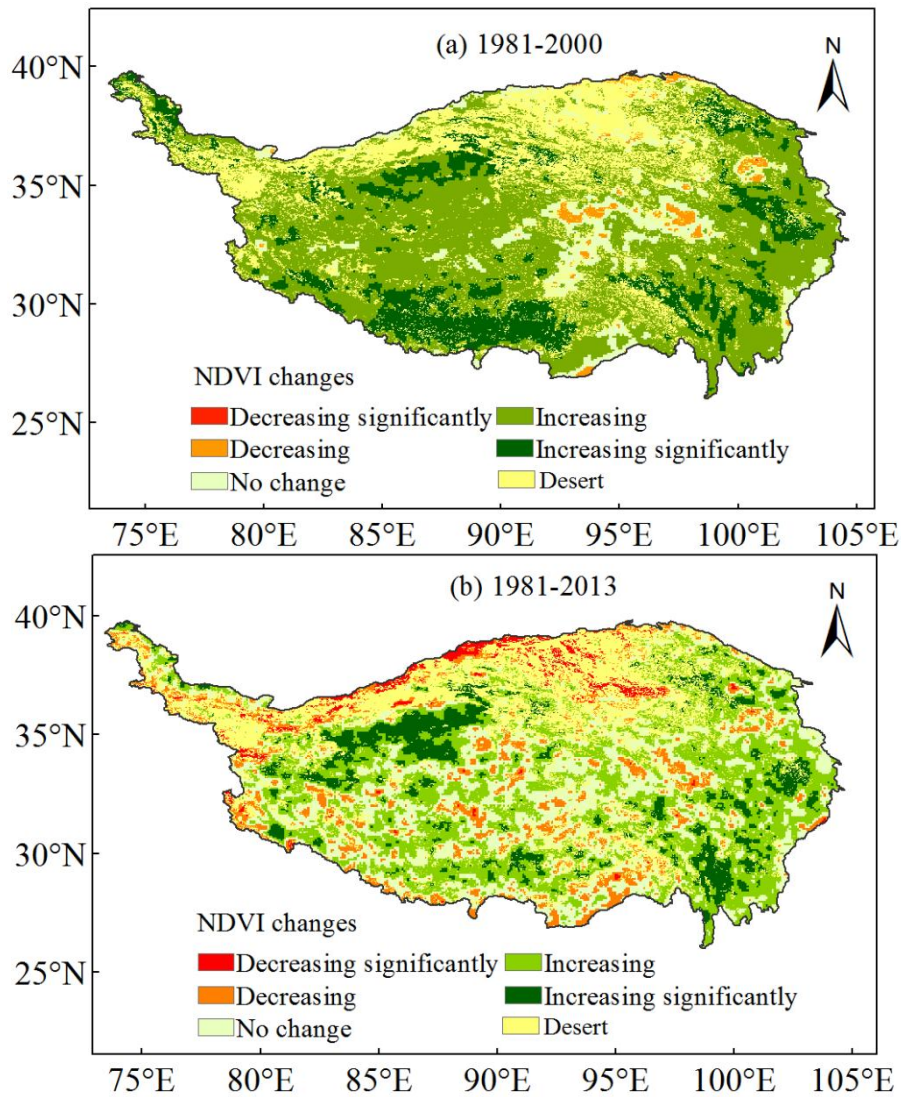
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238 Fig.5 Annual mean NDVI in the QTP during 1981-2013 (a) and the land use spatial
239 distribution in the year of 2010 (b)

240

241 Figure 6 showed the long-term trends of NDVI during the period of 1981-2013. It can

242 be found that the NDVI exhibits obvious increasing trends for the whole QTP during the
243 period of 1981-2000, especially in the mountainous areas of southern Tibet region.
244 According to the statistical analysis of pixel, the number of pixels with increasing trends of
245 NDVI was 79% of the total number of pixels, of which 26.4% of the pixels increased
246 significantly. However, the number of pixels with decreasing trends of NDVI was 5.58%
247 which indicated that the vegetation recovery in the 1990s was better than that of 1980s
248 (Fig.6a). Compared with the period of 1981-2000, there were obvious deterioration in
249 vegetation in general terms, especially in the north of the QTP during the period of
250 1981-2013. The increasing trends can be found in the Kunlun Mountains, Qilian Mountains,
251 Gangdise Mountains and Hengduan Mountains during this period. The pixels of NDVI with
252 increasing trends in the whole region were less than half of the total number of pixels, of
253 which 19.54% of the pixels showed significant increasing trends. While the proportion was
254 as high as 31.17% for the pixels with decreasing trends and of which 14.73% decreased
255 significantly (Fig.6b). [Huang *et al.* \(2016\)](#) also found the grassland growth has improved
256 obviously through most of the Plateau from 1986 to 2000 and the condition of grassland
257 growth became worse, especially in the arid regions across QTP from 2000 to 2011.



258

259

260

261 Fig.6 Trends of annual mean NDVI in the QTP by using MK method during the past 30

262 years (a, 1981-2000; b, 1981-2013)

263

264 3.3 Trends of climate change in the QTP during the past 30 years

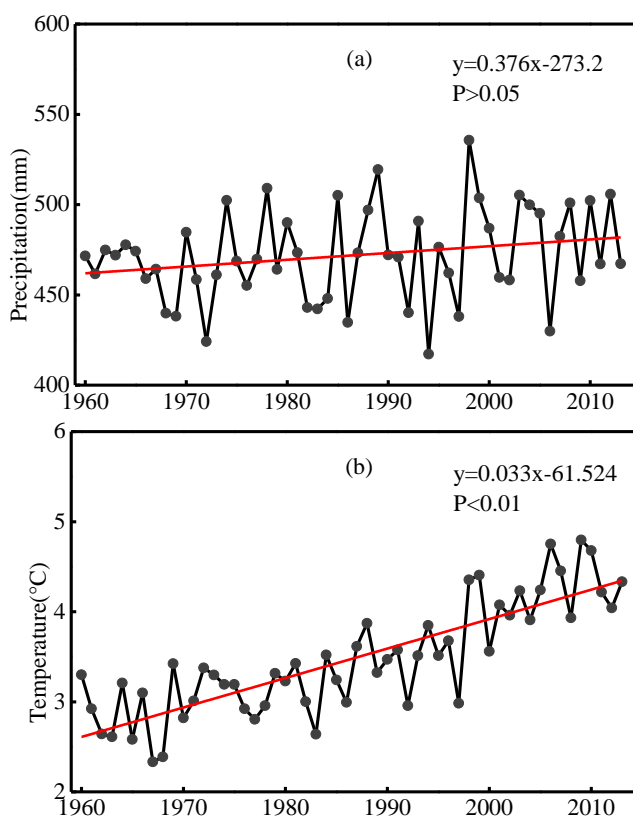
265 Assessing the impact of climate change on the lake area is very important for water

266 resources management and ecological protection. As the QTP is one of the most sensitive

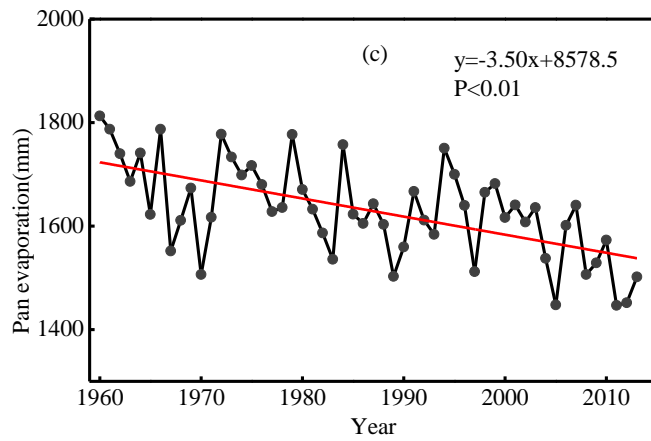
267 areas of ecological environment change and the lake area variations are highly vulnerable to

268 the climate change. It can be found that the areal mean precipitation has increased slightly
269 during the past 50 years, while the annual mean temperature increased significantly and the
270 pan evaporation decreased significantly (Fig.7). Figure 8 showed the spatial distribution of
271 annual mean precipitation trends in the QTP by using MK method during the past 30 years.
272 The results showed that the precipitation increasing trends can be found in the southern part
273 of the QTP and decreasing trends appeared in the northern part during the period of
274 1981-2000. As for the period of 1981-2013, the precipitation increased in most areas of the
275 QTP and the number of the rain gauge stations with increasing trend has increased markedly
276 than that of 1981-2000.

277



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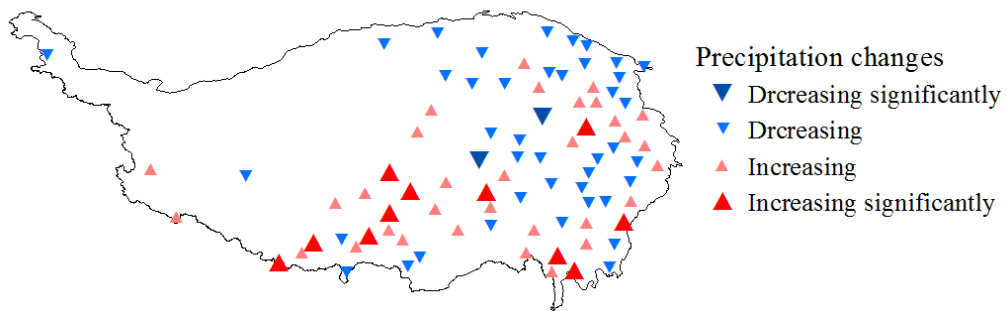
Fig.7 The changes of areal mean precipitation (a), air temperature (b) and pan

281

evaporation (c) over the QTP during the past 30 years

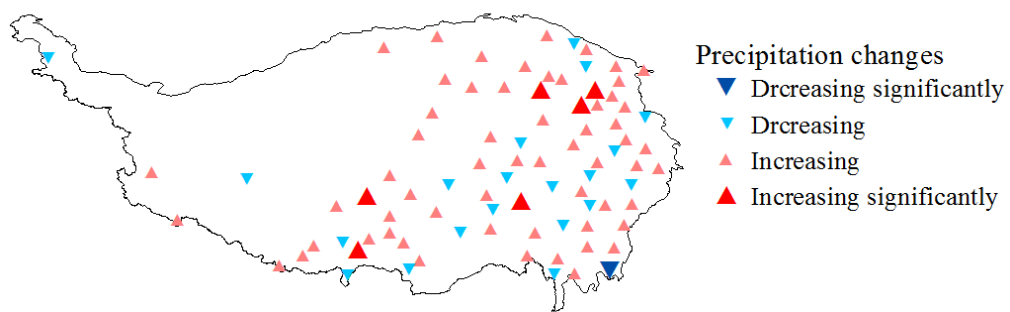
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(a) 1981-2000



283

(b) 1981-2013



284

285

Fig.8 Trends of annual mean precipitation in the QTP by using MK method during the past

286

30 years (a, 1981-2000; b, 1981-2013)

287

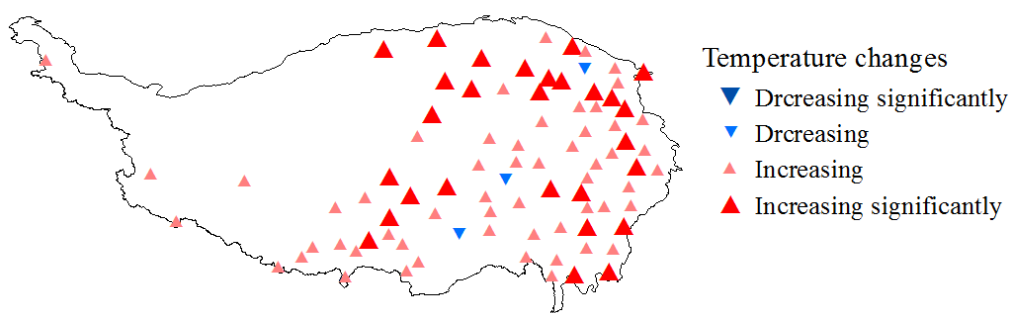
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Figure 9 showed the spatial trends of annual mean temperature in the QTP during the

289 past 30 years. It can be found that the annual mean temperature increased almost in the
290 whole QTP during the period of 1981-2000 and 1/3 of the gauge stations showed significant
291 increasing trends in this period. While the temperature increased significantly almost in the
292 whole region of the QTP during the period of 1981-2013. Therefore, it can be inferred that
293 the temperature increased more quickly after the year of 2000.

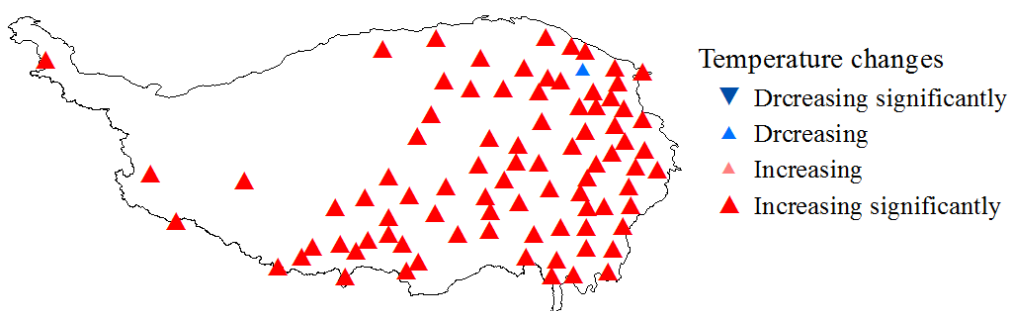
294 The annual mean pan evaporation in the QTP during the past 30 years was also
295 analyzed and shown in Figure 10. It can be found that half of the gauge stations in the QTP
296 showed downward or upward trends in the year of 1981-2000, and among them, around 10%
297 of the gauge stations increased or decreased significantly. While the number of the gauge
298 stations with decreasing trends of pan evaporation in the period of 1981-2013 was obviously
299 more than that the period of 1981-2000 and the number of gauge stations with decreasing
300 trends increased from 10% to 66% during 1981-2000 to 1981-2013.

(a) 1981-2000



301

(b) 1981-2013



302

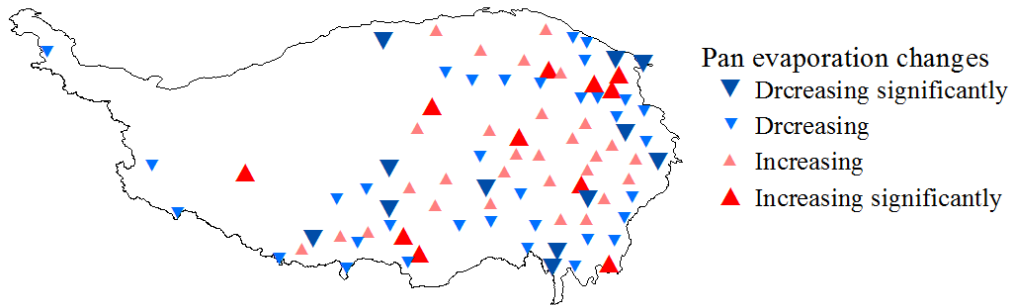
303 Fig.9 Trends of annual mean temperature in the QTP by using MK method during the past
304 30 years (a, 1981-2000; b, 1981-2013)

305

306 These results were similar to the previous researches, for example, *Li et al. (2010)*
307 reported that the QTP had experienced significant warming and wetting trends during the
308 period 1961-2007 and it had exhibited increases in the precipitation amount, the number of
309 precipitation days and extreme high temperature events. *Li et al. (2015)* also found that
310 precipitation experienced a statistically insignificant increasing trend at a rate of 6.32
311 mm/10a, and the air temperature increased significantly at the rate of 0.32°C/10a in the
312 Yarlung Zangbo River which is the largest river system in the QTP.

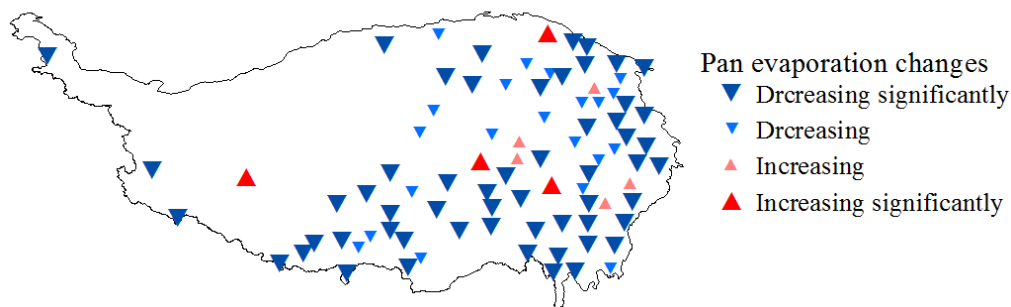
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(a) 1981-2000



314

(b) 1981-2013



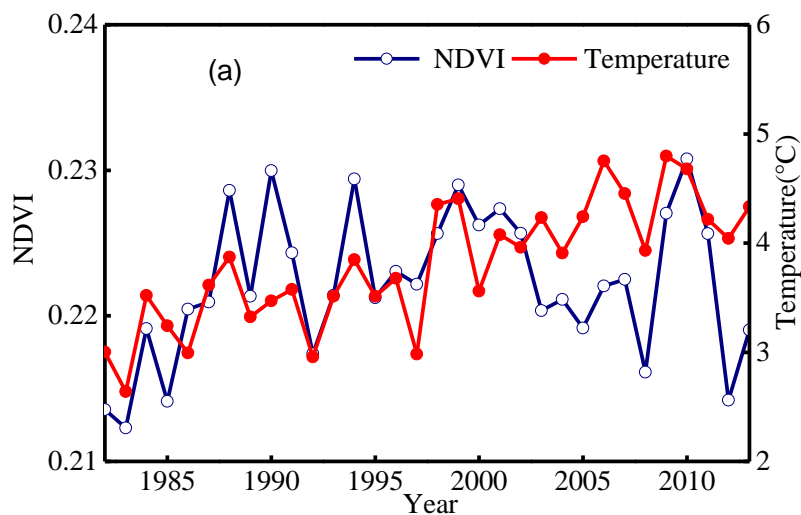
315

316 Fig.10 Trends of annual mean pan evaporation in the QTP by using MK method during the
317 past 30 years (a, 1981-2000; b, 1981-2013)

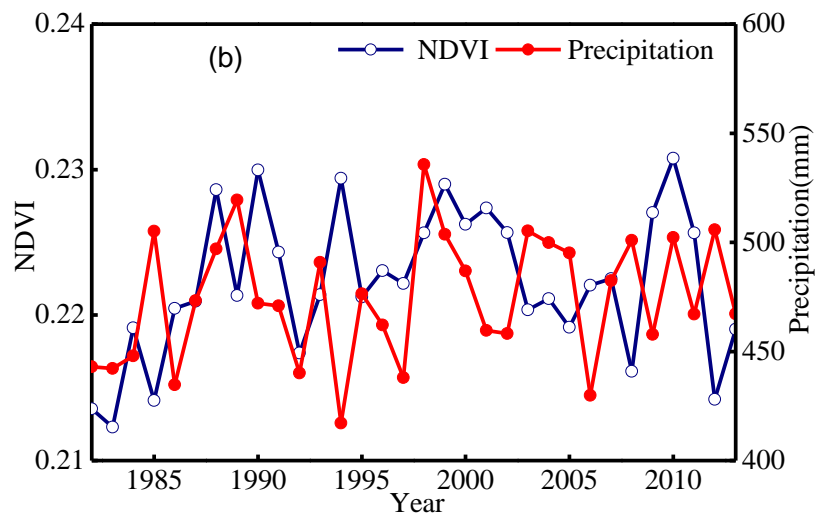
318

319 *3.4 The response of lake area and vegetation coverage to the climate change*

320 Both of the lakes' surface area and vegetation coverage are the indicators of climate
 321 change and climate variability in the QTP. Moreover, vegetation plays a critical role in
 322 regulating the ecological and hydrological functions of the QTP. Figure 11 showed the
 323 long-term changes of areal annual mean NDVI in the whole QTP during the period of
 324 1981-2013. It can be found that the NDVI increased significantly in the 1980s and then
 325 maintained a higher equilibrium in the 1990s, however, the NDVI decreased after the year of
 326 2000. Although the annual mean NDVI varied greatly in the QTP, it takes on a rising trend
 327 generally. It can also be found that the annual variabilities of NDVI was in good line with
 328 temperature (Fig.11a). The relationship between NDVI and precipitation seems contradictory
 329 (Fig.11b), however, the relationships between NDVI, temperature and precipitation were not
 330 stable during the past 30 years which indicated that the factors affecting the vegetation were
 331 various in the QTP.



332



333

334 Fig.11 Variabilities of annual mean NDVI, precipitation and temperature in the QTP during
 335 the period of 1981-2013

336

337 The precipitation of the QTP was increasing and the annual mean pan evaporation was
 338 decreasing significantly; and the climate warming and wetting resulted in the vegetation
 339 restoration in the QTP during the past 30 years. Overall, decreased evaporation and enhanced
 340 precipitation increased the area of lakes in the QTP, and increased temperature and enhanced
 341 precipitation favored vegetation growth in the QTP. The result was the same as previous
 342 studies who claimed that the most likely reason for the expansion of Qinghai Lake and
 343 vegetation restoration was the increasing precipitation, temperature and decreasing
 344 evaporation due to the change of summer monsoon (Huayu *et al.*, 2010; Wan *et al.*, 2014).
 345 Zhu *et al.* (2010) thought that the lake area changes were closely linked to climate change
 346 under global warming. Li *et al.* (2000) found that the NDVI was significantly correlated with
 347 both precipitation and temperature. However, it should be noted that the glacial retreats
 348 caused by warming is an important factor in the increase of lake area and elevation of water

349 level, for example, the rise in the water level of Nam Co and Selin Co might be related to the
350 increase of meltwater (Li, 2012). The ecosystem environment recovery not only reflected the
351 changing trend of warm and wet climate but also was a response of the ecological protection
352 project of the Key Ecological Function Zone in the Three-River Headwaters (Zhu *et al.*,
353 2015). Therefore, the influencing factors of lake area and vegetation coverage changes are
354 very complex in the QTP (Huang *et al.*, 2016; Yan and Zheng, 2015; Zhang *et al.*, 2011a).

355 It can be found that pronounced shifts in the temporal climate trend occurred around the
356 year 2000 which had arose the lake areas and vegetation coverage change greatly in the QTP.
357 The lakes' area increased significantly since the year of 2000 and the vegetation coverage
358 had also undertaken a great change since the year of 2000. The vegetation coverage
359 increased in the south of the QTP, while it decreased significantly in the north of QTP. Huang
360 *et al.* (2016) also reported that a wetter and warmer climate improved grassland growth
361 through most of the Plateau from 1986 to 2000, while the drier and hotter climate disfavored
362 grassland growth, especially in the arid regions across QTP from 2000 to 2011.

363

364 **4 Conclusions**

365 In this study, the long-term variations of lake areas, vegetation coverage and associated
366 climate changes in the QTP were analyzed by using MK method with the aim of exploring
367 the climate transformation during the past 30 years. Main conclusions drawn from the study
368 are summarized as follows:

369 (1) Overall, the lake areas increased significantly during the past 30 years in the QTP,
370 and increasing magnitude for the lake areas accelerated after the year of 2000. Among them,

371 Ayakekumu Lake was the fastest growing lake with area increased from 618 km² in the
372 1980s to 983 km² in the 2010s at a rate of 51.35%.

373 (2) The vegetation coverage of the QTP increased in the whole QTP during the past 30
374 years and the vegetation coverage in the southeast was obviously better than that in the
375 northwest. The NDVI exhibits obvious increasing trends for the whole QTP during the
376 period of 1981-2000, 79% of the total number of pixels showed increasing trends, of which
377 26.4% of the pixels increased significantly. However, the number of pixels showed
378 increasing trends in the whole region was less than half of the total number of pixels during
379 the period of 1981-2013. The proportion was 31.17% for the pixels with decreasing trends
380 during this period.

381 (3) The precipitation and temperature of the QTP showed increasing trend during the
382 past 30 years and the temperature in most areas increased significantly, especially after the
383 year of 2000. While the pan evaporation decreased significantly during the year of
384 1981-2013. It can be inferred that the lake area and vegetation changes might be related to
385 climate change. The shifts in the temporal climate trend occurred around the year 2000 had
386 arose the lake areas and vegetation coverage change greatly in the QTP. The lakes' area
387 increased significantly since the year of 2000 and the vegetation coverage had also
388 undertaken a great change since the year of 2000.

389

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397

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