

# Removal of perineuronal nets disrupts recall of a remote fear memory

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Throughout life animals learn to recognize cues that signal danger and instantaneously initiate an adequate threat response. Memories of such associations may last a lifetime and far outlast the intracellular molecules currently found to be important for memory processing. The memory engram may be supported by other more stable molecular components, such as the extracellular matrix structure of perineuronal nets (PNNs). Here, we show that recall of remote, but not recent, visual fear memories in rats depend on intact PNNs in the secondary visual cortex (V2L). Supporting our behavioral findings, increased synchronized theta oscillations between V2L and basolateral amygdala, a physiological correlate of successful recall, was absent in rats with degraded PNNs in V2L. Together, our findings suggest a role for PNNs in remote memory processing by stabilizing the neural network of the engram.

perineuronal nets | fear conditioning | memory | visual cortex | parvalbumin

The specialized extracellular matrix structure of perineuronal nets (PNNs) surround the cell body and proximal dendrites of subpopulations of neurons in the central nervous system in a lattice-like structure, in particular fast-spiking inhibitory interneurons that express parvalbumin (PV<sup>+</sup>) (1). The PNNs mature late in development in concert with the closure of so-called critical periods of heightened plasticity, when neuronal circuits are refined, and restrict neural plasticity in the adult brain (1). A central part of this refinement of neuronal circuits is the maturation of inhibitory neurons (2). This maturation, together with PNN development, contribute to restricting plasticity and stabilizing neuronal circuits (2–4). It has been established that the development of PNNs in the amygdala of adult animals contribute to the endurance of a memory after extinction as depletion of PNNs cause permanent erasure of the memory (5, 6). The PNNs facilitate the fast-spiking activity of PV<sup>+</sup> neurons, and consequently the fine excitatory–inhibitory balance of neural networks necessary for cognitive functions (4, 7–10). Moreover, PV<sup>+</sup> neurons are important for oscillatory activity, which is essential for consolidation and retrieval of memories (11–13). It has recently been hypothesized that PNNs may be a physical framework for remote memory storage (14). The meshlike structure of PNNs, tightly wrapping the synaptic connections stabilizing their size and placement, in conjunction with their slow turnover rates, point in this direction; but the idea remains to be tested. We asked whether intact PNNs in the lateral secondary visual cortex (V2L), a cortical region important for remote memory (15–18), are required for the processing of remote visual fear memories.

## Results

**Intact PNNs in V2L Are Required for the Recall of Remote but Not Recent Visual Fear Memory.** Rats were trained by pairing a white light (conditioned stimulus; CS) with a foot shock (unconditioned stimulus; US). Four weeks after training, we tested the animals for both light CS memory (Fig. 1C) and contextual memory (Fig. S4). One week before the memory test, we degraded the PNNs in V2L bilaterally with local injections of the bacterial

enzyme chondroitinase ABC (chABC) (Fig. 1B and D). Strikingly, the chABC treatment disrupted recall of the remote visual fear memory (Fig. 1E) without influencing remote contextual memory (Fig. S4). In fact, visual fear memory expression in individual rats was correlated with the extent of chABC activity confined to V2L (Fig. 1G), with no similar correlations between memory expression and chABC activity in nearby brain regions. In a different group of animals with chABC injections purposely aimed at primary visual cortex (V1), chABC injections did not influence remote fear memory (Fig. 1D and F and Fig. S4). To examine whether chABC treatment would influence recent memory in a similar manner, we injected chABC in V2L or V1 only 1 d after training, rather than 3 wk, and allowed the animals to recover for 6 d before memory testing (Fig. 1H). At this early time point, chABC treatment did not influence fear memory expression (Fig. 1I and J and Fig. S4) in either brain area, supporting the involvement of V2L in remote but not recent memories (15, 17, 19). These data suggest that PNNs in V1 have no role in either recent or remote memory recall.

**Synchronized Oscillatory Neural Activity During Recall Is Disrupted After chABC Treatment.** Synchronized oscillatory neural activity in the lower theta range (4–8 Hz) between brain regions is a physiological correlate of memory retrieval (13, 17, 20–22). To examine whether chABC treatment would affect the communication between V2L and the basolateral amygdala (BLA), we used chronically implanted electrodes and performed simultaneous local field potential recordings (LFP) from V2L and BLA during remote memory recall. Similar to our initial experiments, rats with chABC injected into V2L showed disrupted fear memory 30 d after fear conditioning (Fig. 24). In accordance with previous work in V1 (4, 23), the sensory response in V2L induced by the light stimulus (observed as a large current

## Significance

Perineuronal nets (PNNs), a type of extracellular matrix only found in the central nervous system, wraps tightly around the cell soma and proximal dendrites of a subset of neurons. The PNNs are long-lasting structures that restrict plasticity, making them eligible candidates for memory processing. This work demonstrates that PNNs in the lateral secondary visual cortex (V2L) are essential for the recall of a remote visual fear memory. The results suggest a role of extracellular molecules in storage and retrieval of memories.

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memories. The stability that PNNs provide to a neuronal network seems essential for the ability to recall remote memories.

Synchronized oscillations between brain areas are believed to facilitate a precise temporal pattern necessary for complex actions such as memory retrieval, where specific populations of neurons are recruited in a phase-locked spiking activity pattern (17, 30). The increased coherency between V2L and BLA in the theta range in control animals during remote and recent memory recall is in line with previous work from secondary auditory cortex (17). Strikingly, in chABC-treated animals that failed to retrieve the remote fear memory, this V2L–BLA coherency was absent. Theta synchronization between brain regions during defensive behavior depends on the synchronous activity of PV<sup>+</sup> interneurons and their fast spiking GABAergic inputs (12, 17, 21, 31). We recently showed that chABC treatment in V1 result in decreased PV<sup>+</sup> interneuron activity, which further affects the spiking patterns of excitatory neurons (4). Together with our present results including normal sensory responses in V2L after PNN removal, this suggests that PNN degradation impairs the capability of the V2L network to either sufficiently reactivate the memory engram, drive long-range synchronization between V2L and the BLA, or both. Our data indicates that the close interaction between PNNs and firing activity of PV<sup>+</sup> neurons is of such importance that without PNNs, neuronal network activity is partly disrupted leading to a failure in memory retrieval. Rather than proposing that PNNs are a physical framework for remote memory storage, our data suggest that they play a role in ensuring correct firing patterns required during memory retrieval. Others have found that removing PNNs using chABC in other brain areas influence memory retrieval at recent time points (32–34), indicating that the role of PNNs could differ between brain areas. Our data clearly show that PNNs in V2L are exclusively important for recall of remote visual fear memories.

Digesting PNNs with chABC has previously been shown to increase plasticity and promote learning (4–6, 23, 24, 35, 36). Comparable effects on plasticity have been observed in knockout mice lacking Ctrl1, an essential link protein specifically located in the PNNs (24, 37, 38). Hence, although chABC is not specific to PNNs, but instead cleaves all glycosaminoglycan chains, previous evidence strongly suggests that the functional effects caused by chABC treatment mainly arise from removal of PNNs.

Together, our findings show that intact PNNs in V2L are required for recall of remote fear memory, without influencing memory processing at early time points. Our findings support the emerging idea that memory processing is dependent not only on neurons and glia cells, but also on extracellular matrix molecules.

## Materials and Methods

The laboratory work was done at the Department of Biosciences at the University of Oslo. All experiments were approved by the Norwegian Animal Research Committee (FDU) before initiation. Experiments were conducted with male Sprague–Dawley rats (Taconic Biosciences) housed in standard cages in groups of four. Food and water were available ad libitum throughout the period of experiments. Details on experimental procedures are provided in [Supporting information](#) and briefly described below.

**Surgical Procedures.** Protease-free chABC was purchased from Amsbio and reconstituted in filtered PBS to a concentration of 61 U/mL. Craniotomies were made at two sites in each hemisphere over V2L or V1. The coordinates used for V2L were AP 5.8 mm and ML 6.0 mm, and AP 7.4 mm and ML 5.8 mm, relative to bregma. For V1 injections we used the same AP coordinates, and 4.0 mm and 3.8 mm ML, respectively. All injections were made at a depth of 0.7 mm relative to the surface of the brain. After surgery, the animals were allowed to recover for a minimum of 1 wk before testing.

Four tetrodes were assembled in a microdrive (Axona) and implanted in concomitance with chABC/aCSF injections. Electrodes were implanted in V2L and BLA at the following coordinates: AP 6.7 mm and ML 5.9 mm (relative to bregma) and DV 0.6 mm (relative to the surface of the brain), and AP 3.1 mm and ML 5.35 mm and DV 8.1 mm.

**Fear Conditioning.** Fear conditioning was conducted in modular operant test chambers placed in sound attenuating chambers (MedAssociates). The floor in the chamber was made of stainless steel rods (4 mm diameter, spaced 1.5 cm apart) connected to an electric pulse generator that delivered the foot shock. All animals were familiarized with the chamber for 5 min the day before fear conditioning. The following day the animals were placed in the chamber, and explored it undisturbed for 5 min before a series of lights (the CS), each lasting 6 s, were administered with a varying intertrail interval. The last 2 s of each CS was paired with a foot shock (intensity 0.30 mA). After the seventh and last CS, the animals were left in the chamber for 1 min before being returned to their home cage.

Recent and remote memory tests were conducted 4, 8, 30, or 35 d after memory acquisition, respectively. Two days before the light-cued fear memory test, the animals went through two contextual fear memory tests to examine generalization of contextual fear. The tests involved leaving the animals in the chamber for 5 min undisturbed. The first test was conducted in an altered version of the original training chamber. The next day the test was conducted in the original training chamber. The main differences between the two contexts was the placement of the walls (a diagonal wall divided the chamber in the training context), the smell (peppermint was added in the altered context), and the sound (the fan was turned off in the altered context). The light-cued fear memory test (CS test) was conducted in the altered context to avoid conditioned fear behavior to contextual cues. When inside the chamber, the animals were left undisturbed for 3 min before being exposed to six conditioned stimuli with varying intertrail intervals. All scoring was performed blinded to treatment. Movements were recorded with infrared cameras and behavior was scored offline with a digital stopwatch. Freezing was defined as cessation of all movement except that caused by respiration. For CS memory testing, baseline freezing was determined by scoring the behavior during 6 s before the first CS, and light-cued freezing was determined by scoring the mean time spent freezing during the 6-s CS presentations. Animals were randomly assigned to a treatment group (chABC or aCSF) before or after conditioning, depending on the experimental setup (chABC before or after fear conditioning). We classified animals as chABC treated or not based on postmortem immunohistochemical staining for the chondroitin sulfate 6 stubs using the 3B3 epitope, an indicator of chABC activity. To be included in the behavioral analysis, a minimum of 40% of the chABC (detected by 3B3 staining) had to be within the borders of V2L on five sections spanning the length of V2L. Animals below this threshold (5–40%) were excluded from the main behavioral analysis, but included in the correlation between freezing and chABC activity (Fig. 1G).

**Histology and Immunohistochemistry.** Rats were given an overdose of pentobarbital sodium (50 mg/kg) and transcardially perfused with 0.9% NaCl, followed by 4% paraformaldehyde in 0.01 M PBS. The tissue was left to postfixate overnight before being transferred to a cryoprotective 30% sucrose solution in 1× PBS for 3 d at 4 °C. The tissue was then flash frozen and cut into coronal sections (45 μm) using a cryostat (OrtomedicNorway). Nissl staining was done to identify the location of the tetrode.

The lectin WFA was used as a marker for PNNs as it labels aggrecan-based PNNs selectively. Sections were incubated with primary antibody (biotinylated WFA, L-1516; Sigma-Aldrich Chemie) and later the secondary (Streptavidin Alexa 488; Life 5-11223). This method for fluorescent immunohistochemistry was also used for staining parvalbumin-positive interneurons [rabbit anti-parvalbumin (Swant); Alexa 594 goat anti-rabbit (Life A11037)] and for fluorescent labeling of the C6-S stubs after chABC treatment [anti C-6-S clone MK302 (MAB 2035; Merck Milipore), Alexa 594 donkey anti-mouse (Life A21203)]. The monoclonal anti-chondroitin-6-sulfate antibody (MAB 2035; Merck Milipore) recognizes the six inner monosaccharides at the chondroitin sulfate chain left on the core proteins after chABC cleavage, the so-called 3B3 epitope, thereby confirming the activity of chABC (39). Sections were photographed using a Zeiss Axioplan 2 microscope and Axiocam HRZ camera.

**Local Field Potential Recordings.** LFP signals were recorded from all 16 channels on each microdrive for all three test days (altered context, training context, and CS test). We only used data from the CS test for analysis. The recording system used was daqUSB (Axona). LFP signals were amplified 2,000–3,000 times, low-pass filtered at 500 Hz, and stored to disk at 4.8 kH (16 bits/sample) for offline analysis. LFP traces for every stimulus period were extracted and aligned according stimulus onset. The latency of the visual responses in V2L was measured as time from stimulus onset to the first negative peak in every LFP trace. We recorded LFP during CS presentation in four sham-operated rats (12 trials), five chABC-treated rats (11 trials), and three rats (6 trials) trained with foot shock and light cue unpaired. Custom Matlab code was used to analyze oscillations of the LFP signal. The coherence between the LFP channels for BLA and V2 was estimated by the magnitude-squared coherence, using the Matlab function *mscohere*.

**Statistical Analysis.** Statistical analysis was performed using Graphpad Prism (Graphpad Software). All fear-conditioning tests were analyzed using a two-way analysis of variance (ANOVA) with Holm–Sidak multiple comparisons test if a significant interaction effect was detected.

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# Supporting Information

Thompson et al. 10.1073/pnas.1713530115

## SI Materials and Methods

The laboratory work was done at the Department of Biosciences at the University of Oslo. All experiments were approved by the Norwegian Animal Research Committee (FDU) before initiation. Experiments were conducted with male Sprague–Dawley rats (Taconic Biosciences) housed in standard cages in groups of four. Food and water were available ad libitum throughout the period of experiments.

### Surgical Procedures.

**Chondroitinase treatment.** Protease-free chABC was purchased from Amsbio and reconstituted in filtered PBS to a concentration of 61 U/mL aliquots were stored in  $-20^{\circ}\text{C}$  and thawed immediately before use. Animals were anesthetized by an i.p. injection of a mixture of ketamine and medetomidine (ketamine 75 mg/kg, medetomidine 0.75 mg/kg), and fixed in a stereotaxic frame. The animals were given s.c. injections of sterile 0.9% NaCl throughout the surgery to reduce dehydration (1–1.5 mL/h of anesthesia). The scalp was shaved and cleaned, and a longitudinal incision made in the skin to expose the skull. Craniotomies were made at two sites in each hemisphere over V2L or V1. Glass pipettes with a tip opening of 10–15  $\mu\text{m}$  were backfilled with mineral oil and assembled into a motorized micro injector (NanoJect II; Drummond Scientific). The pipettes were front filled with chABC or artificial cerebrospinal fluid (aCSF; Harvard Apparatus). The coordinates used for V2L were AP 5.8 mm and ML 6.0 mm, and AP 7.4 mm and ML 5.8 mm, relative to bregma (1). For V1 injections we used the same AP coordinates, and 4.0 mm and 3.8 mm ML, respectively. All injections were made at a depth of 0.7 mm relative to the surface of the brain. In each location, a total of 0.5  $\mu\text{L}$  was injected in 10 steps over a period of 5 min. The pipette was left in position for 2 min after the final injection, after which the wound was cleaned and sutured shut. A local anesthetic was applied (lidocaine ointment) and carprofen (5 mg/kg) injected s.c. Antisedan (0.25 mL/kg) was injected to wake the animals. After surgery, the animals were allowed to recover for a minimum of 1 wk, and carprofen (5 mg/kg) injected s.c. the first 3 d.

**Electrode implantation.** Tetrodes were made from 17- $\mu\text{m}$ -thick polyimide-coated platinum–iridium wire (10%, 90%; California Fine Wire Company). Four tetrodes were assembled in a microdrive (Axona). The electrode tips were platinum coated before surgery to reduce the impedance to 150–200 k $\Omega$  at 1 kHz. Implantation was performed in concomitance with chABC/aCSF injections. A small craniotomy was made above the BLA and electrodes were implanted at the following coordinates: AP 6.7 mm and ML 5.9 mm (relative to bregma) and DV 0.6 mm (relative to the surface of the brain), and AP 3.1 mm and ML 5.35 mm (relative to bregma) and DV 8.1 mm (relative to the surface of the brain). Jewelers' screws fixed to the skull were connected to the microdrives and used as ground electrodes. The microdrives were secured to the skull using jewelers' screws and dental cement.

### Fear Conditioning.

**Light-cued fear memory acquisition.** Fear conditioning was conducted in modular operant test chambers placed in sound attenuating chambers (MedAssociates). The floor in the chamber was made of stainless steel rods (4 mm diameter, spaced 1.5 cm apart) connected to an electric pulse generator that delivered the foot shock. All animals were familiarized with the chamber for 5 min the day before fear conditioning. The following day the animals

were placed in the chamber, and explored it undisturbed for 5 min before a series of lights (the CS), each lasting 6 s, were administered with a varying intertrial interval. The last 2 s of each CS was paired with a foot shock (intensity 0.30 mA). After the seventh and last CS, the animals were left in the chamber for 1 min before being returned to their home cage.

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resulting signal with a Morlet wavelet in the frequency domain with  $K = 10$  at 0.1-Hz intervals, and finally taking the linear average over all of the analyzed signals.

The coherence between the LFP channels for BLA and V2 was estimated by the magnitude-squared coherence (MSC) using the Matlab function *mscohere*. This provides an estimate of the MSC,  $C_2(f; x(t), y(t))$ , between two signals  $x(t)$  and  $y(t)$  using Welch's overlapped averaged periodogram method. The MSC provides an estimate of the coherence for each frequency,  $f$ , where a value of 1 corresponds to perfect coherence between  $x(t)$  and  $y(t)$ , and a value 0 corresponds to no coherence. The MSC estimate was calculated in the frequency range of 1.0 to 20 Hz with a frequency resolution of 1.0 Hz using a periodic Hamming window of 1/8 the sample size and 50% overlap for a time period 2.0 s before stimulus onset to 2.0 s after. The baseline was found from the time period 4.0 s before to 2.0 s before stimulus onset.

**Histology and Immunohistochemistry.** Rats were given an overdose of pentobarbital sodium (50 mg/kg) and transcardially perfused with 0.9% NaCl, followed by 4% paraformaldehyde in 0.01 M PBS. The tissue was left to postfixate overnight before being transferred to a cryoprotective 30% sucrose solution in 1× PBS for 3 d at 4 °C. The tissue was then flash-frozen and cut into coronal sections (45  $\mu$ m) using a cryostat (OrtomedicNorway). All secondary antibodies were purchased from Life.

**Staining of C6-S stubs after chABC treatment for light microscopy.** The monoclonal anti-chondroitin-6-sulfate antibody (MAB 2035; Merck Milipore) recognizes the six inner monosaccharides at the chondroitin sulfate chain left on the core proteins after chABC cleavage, the so-called 3B3 epitope, thereby confirming the activity of chABC (2). Sections incubated in block solution [1.5% BSA, 0.3% Triton 100-X (Sigma-Aldrich Chemie) in 1× PBS] for 1 h at room temperature, and incubated overnight in block solution with the primary antibody. The following day, the sections were incubated for 2 h in block solution with the secondary antibody. H<sub>2</sub>O<sub>2</sub> (1.5%) was used to quench the endogenous peroxidase activity, before 1 h incubation in ABC peroxidase staining kit solution

(Thermo Scientific). Staining was visualized by adding 3,3'-Diaminobenzidine (DAB) solution (Sigma-Aldrich Chemie) activated with H<sub>2</sub>O<sub>2</sub>. After 1–5 min DAB reaction is stopped by placing the sections in TNS (6 g Trizma in 1 L ddH<sub>2</sub>O, regulated to pH 7.4 with 1 M NaOH). Sections were mounted on Superfrost plus glass slides (Thermo Fisher Scientific). After drying the sections for several hours they were dehydrated with 90% and 100% ethanol, followed by xylene, and coverslipped with Entellan (Merck Milipore).

**Fluorescent immunohistochemistry for PNNs, PV<sup>+</sup> cells, and C6-S stubs.** The lectin WFA was used as a marker for PNNs as it labels aggrecan-based PNNs selectively. Sections were incubated in blocking solution [1.5% BSA, 0.3% Triton 100-X (Sigma), 1× PBS] for 1 h at room temperature. Primary antibody (biotinylated WFA, L-1516; Sigma-Aldrich Chemie) in blocking solution was then added and the sections incubated with agitation overnight. After washing of the sections in 1× PBS, sections incubated for 2 h in a 1× PBS solution with the secondary (Streptavidin Alexa 488; Life S-11223). Following secondary antibody incubation, sections were transferred to Superfrost plus glass slides. After drying sections were washed in ddH<sub>2</sub>O to remove excess salt and secured by a coverslip using ProLong Gold Antifade Reagent (Invitrogen). This method for fluorescent immunohistochemistry was also used for staining parvalbumin-positive interneurons [rabbit anti-parvalbumin (Swant), Alexa 594 goat anti-rabbit (Life A11037)] and for fluorescent labeling of the C6-S stubs after chABC treatment [Anti C-6-S clone MK302 (MAB 2035; Merck Milipore), Alexa 594 donkey anti-mouse (Life A21203)]. When two structures were stained at the same time, primary antibody incubation was usually done on separate days, and secondary antibody incubation was performed simultaneously.

Nissl staining was done to identify the lesion after the tetrode trace by staining sections with cresyl violet followed by dehydration with alcohol and xylene before being coverslipped with Entellan. Sections were photographed using a Zeiss Axioplan 2 microscope and Axiocam HRZ camera.

1. Paxinos G, Watson C (2007) *The Rat Brain in Stereotaxic Coordinates* (Academic, San Diego).
2. Brückner G, et al. (1998) Acute and long-lasting changes in extracellular-matrix chondroitin-sulphate proteoglycans induced by injection of chondroitinase ABC in the adult rat brain. *Exp Brain Res* 121:300–310.

## Recent memory testing

DAYS	-6	1	2	4	8	Brain area	Memory test	Figure
	chABC	FC		memory test		V2L	successful	3A, 3B
	chABC	FC		memory test		V1	successful	3B
		FC	chABC		memory test	V2L	successful	1I
		FC	chABC		memory test	V1	successful	1J

## Remote memory testing

DAYS	-6	1	8	23	30	35	Brain area	Memory test	Figure
	chABC	FC			memory test		V2L	successful	3C
		FC		chABC	memory test		V2L	Impaired *	1E, 2A
		FC		chABC	memory test		V1	successful	1F
		FC	chABC			memory test	V2L	successful	3D

\*experiment conducted both with and without electrophysiological recordings during behavioral testing

## Detailed statistics for Main Figures 1-3

Figure	Test details	Condition (for ANOVA)	Treatment (for ANOVA)	Other	n (aCSF, chABC)
1E	Two-Way ANOVA, treatment x condition	F(1,18)=9.6, p= 0.0061	F(1,18)= 13.6, p= 0.0017		12, 7
	Post-hoc Sidak test			p<0.0001	
1F	Two-Way ANOVA, treatment x condition	F(1,11)=87.6, p<0.0001	F(1,11)=2.5, p=0.14		13, 9
1G	Correlation			r = -0.65, p=0.0034	17
1I	Two-Way ANOVA, treatment x condition	F(1,28)=155.6, p<0.0001	F(1,28)=0.6, p=0.42		8, 8
1J	Two-Way ANOVA, treatment x condition	F(1,8)=211.8, p<0.0001	F(1,8)=0.01, p=0.92		8, 8
2A	Two-Way ANOVA, treatment x condition	F(1,12)=13.8, p=0.002	F(1,12)=27.4, p<0.001		5, 4, 5
	Post-hoc Sidak test			p=0.0004	
2C	One-way ANOVA - baseline			F(2,24)=1.84, p=0.18	4, 4, 3
	One-way ANOVA - CS			F(2,24)=8.12, p=0.0001	
	Post-hoc Tukey's			sham vs chABC, p= 0.006	
	Post-hoc Tukey's			sham vs unpaired, p= 0.007	
	Post-hoc Tukey's			chABC vs unpaired, p= 0.8	
3B	Two-Way ANOVA, treatment x condition	F(1,10)=52.7, p<0.0001	F(1,10)=0.8, p=0.39		8, 4
3C	Two-Way ANOVA, treatment x condition	F(1,18)=46.6, p<0.0001	F(1,18)=0.7, p=0.42		12, 8
3D	Two-Way ANOVA, treatment x condition	F(1,14)=38.3, p<0.0001	F(1,14)=2.16, p=0.16		8, 8
Condition= baseline or Light CS Treatment= aCSF or chABC					

Fig. S1. Overview of behavioral experiments and statistical analyses.







