



**Impact of harvesting cleaner fish for salmonid aquaculture assessed from replicated coastal marine protected areas**

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1 **Impact of harvesting cleaner fish for salmonid aquaculture assessed from replicated**  
2 **coastal marine protected areas**

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40 **Running head**

41 Impact of harvesting cleaner wrasse for salmonid aquaculture

## 42 Abstract

43 In Norway, wrasse (*Labridae*) fisheries have increased markedly since 2010. Wrasses are  
44 used as cleaner fish in salmonid aquaculture to control sea-lice infestations. However,  
45 fundamental knowledge on demography and abundance of the targeted wrasse populations in  
46 Norwegian waters is lacking, and the consequences of harvesting at the current intensity have  
47 not been assessed. Here, we compared abundance, size, age and sex-ratio of goldsinny wrasse  
48 (*Ctenolabrus rupestris*) and corkwing wrasse (*Symphodus melops*) between marine protected  
49 areas (MPAs) and control areas open for fishing in four localities on the Skagerrak coast in  
50 Southern Norway. The catch per unit effort (CPUE) of goldsinny larger than the minimum  
51 size limit was 33-65 % higher within MPAs, while for corkwing three out of four MPAs had  
52 higher CPUE with the relative difference between MPAs and control areas ranging from -16  
53 % to 92 %. Moreover, corkwing, but not goldsinny, was significantly older and larger within  
54 MPAs than in control areas. Sex ratios did not differ between MPAs and control areas for  
55 neither species. Our study suggest that despite its short history, the wrasse fisheries have  
56 significant impacts on the target populations and further, that small MPAs hold promise as a  
57 management tool for maintaining natural population sizes and size structure. Goldsinny, being  
58 a smaller sized species also seems to benefit from the traditional minimum size limit  
59 management tool, which applies outside MPAs.

## 60 Key words

61 Marine protected areas, aquaculture–environment interactions, wrasse, fisheries management

## 62 Introduction

63 Different species of wrasse (*Labridae*) are among the most numerous fish species on shallow  
64 rocky reefs and coastlines in Northern Europe, but their commercial value as food fish is low  
65 due to their relatively small body size. However since the late 1980's, wild caught goldsinny  
66 wrasse (*Ctenolabrus rupestris* (Linnaeus, 1758)), corkwing wrasse (*Symphodus melops*  
67 (Linnaeus, 1758)), ballan wrasse (*Labrus bergylta* Ascanius, 1767) and rock cook  
68 (*Centrolabrus exoletus* (Linnaeus, 1758)), has been used as cleaner fish in open-pen farming  
69 of Atlantic Salmon (*Salmo salar* Linnaeus, 1758), to reduce infestations of salmon lice  
70 (*Lepeophtheirus salmonis* Krøyer, 1837) in Norway and the British Isles (Bjordal 1988;  
71 Darwall et al. 1992; Treasurer 1996). The Norwegian demand of wild caught wrasse increased  
72 sharply after 2009 when the lice problem intensified as the lice had evolved resistance to most

73 of the available pesticides (Costello 2009; Besnier et al. 2014; Halvorsen et al. 2016). In 2014  
74 and 2015, wrasse landings surpassed 20 million individuals, with corkwing and goldsinny  
75 wrasse as the dominating species (The Norwegian Directorate of Fisheries). Wrasse are  
76 caught by small boats operating inshore using fyke nets and pots set at depths less than ten  
77 meters and transported with boats or trucks to the salmon farms. The fishery is regulated with  
78 minimum size limits, gear modifications for escapement of undersized fish and a fishing  
79 closure from January until July. From 2015, minimum size limits are species-specific  
80 (goldsinny 11 cm, corkwing 12 cm and ballan 14 cm), after previously being the same for all  
81 wrasse (11 cm) (Skiftesvik et al. 2014a). In addition, a total landing cap of 18 million  
82 individuals has been set in 2016, divided among three regions (South: 4 million, West: 10  
83 million and North: 4 million individuals).

84 Whether and how the wrasse fishery affects the natural populations in Norway has not  
85 been investigated and the increasing exploitation has attracted concerns from the scientific  
86 community (Espeland et al. 2010; Skiftesvik et al. 2014b,a; Halvorsen et al. 2016). The  
87 sedentary behaviour of wrasses poses a challenge for management and fisheries assessments;  
88 they hold territories and have small home ranges (Hilddén 1981; Potts 1985; Sayer 1999;  
89 Villegas-Ríos et al. 2013). Also, large differences in species composition, population densities  
90 and life history traits have been observed at small spatial scales (Sayer et al. 1996a; Varian et  
91 al. 1996; Skiftesvik et al. 2014b). During the initial wave of wrasse fisheries on the British  
92 Isles in the 1990's, harvested populations of corkwing and goldsinny showed signs of  
93 reductions in abundance and changes in size structure (Darwall et al. 1992; Sayer et al. 1996b;  
94 Varian et al. 1996). Probably, around 150 000 wrasses were caught and used in Scotland in  
95 1994 (Treasurer 1996), while the total catch in Norway in 2015 reached 21 million  
96 individuals. The higher intensity of the current Norwegian fishery raises concerns about its  
97 long-term sustainability. However, fishery impacts on the wild wrasse populations in Norway  
98 remain unclear, partly due to data deficiency.

99 Marine protected areas (MPAs) represent a tool for management and conservation  
100 where selected areas are partially or completely closed for harvesting. Depending on the MPA  
101 design (size, position, distance to nearby MPAs and fishing pressure) and the behavior and  
102 ecology of the protected species, this may preserve natural densities and demography and in  
103 some cases increase fisheries yield through spillover of adults or increased overall recruitment  
104 (Gaines et al. 2010; Goñi et al. 2010; Babcock et al. 2010). MPA's has specifically been  
105 highlighted as useful for managing protecting sedentary reef fishes (Roberts and Polunin

106 1991; Carr & Reed 1993; Gunderson et al. 2008). On the Skagerrak coastline in Southern  
107 Norway, six smaller partial protected areas were established in 2006 (four) and 2012 (two),  
108 and have been demonstrated to yield positive effect on biomass, size structure and mortality  
109 rates of European lobster (*Homarus gammarus* (Linnaeus, 1758)) and Atlantic cod (*Gadus*  
110 *morhua* Linnaeus, 1758) (Moland et al. 2013; Fernández-Chacón et al. 2015). These are  
111 partially protected areas where passive standing gears are prohibited (gillnets, pots and fyke  
112 nets). Wrasses are effectively fully protected in all these MPA's since they are normally not  
113 targeted in recreational hook-and-line fisheries.

114 Here, we studied abundance and age, size and sex composition of goldsinny and  
115 corkwing wrasse on the Skagerrak coastline, where harvested wrasse is exported to the  
116 salmon farming region in Western and Northern Norway. Coastal MPAs in Skagerrak provide  
117 the opportunity to assess whether the increase in exploitation have affected important  
118 population parameters. Wrasse were sampled with passive gears in four of the MPAs and  
119 compared with corresponding control areas of similar habitat, open to commercial fisheries.  
120 We predicted MPAs to have relatively higher catch per unit effort and the wrasse to be older  
121 and larger. As males have been found to be the larger sex in both species (Dipper & Pullin  
122 1979; Sayer et al. 1996a; Halvorsen et al. 2016), we also predicted the sex ratio to be more  
123 female-skewed in fished areas. A secondary objective was to compare the bycatch, size, age  
124 and sex composition of wrasse caught in fyke nets and baited pots, which are the two types of  
125 gear used in the commercial wrasse fishery and therefore potentially valuable for evaluating  
126 gear based management regulations.

## 127 **Material and Methods**

### 128 **Study area**

129 The four MPA's and control areas are situated on the Norwegian Skagerrak coast outside the  
130 town of Arendal (58° 24'-25'N, 8° 43'-46'E, MPA established 2006), Tvedestrand (two MPAs:  
131 inner area at 58° 34'-36'N, 8° 56'-9° 0'E and outer area at 58° 35'-37'N, 9° 4'-7'E, MPAs  
132 established 2012) and Risør (58° 42'-44'N, 9° 13'-15'E MPA established 2006) (**Figure 2**).  
133 The MPAs are of similar size (0.62 – 5.27 km<sup>2</sup>) (4.1 km<sup>2</sup> – Tvedestrand Inner, 5.27 km<sup>2</sup> –  
134 Tvedestrand outer, 1.1 km<sup>2</sup> – Flødevigen, 0.62 km<sup>2</sup> - Risør). The nearby control areas were  
135 separated from the MPA's by a depth barrier (>20 meters), or by being more than 900 meter  
136 coastline distance from the MPA (**Figure 1**). Moreover, control areas were selected on the  
137 basis of habitat similarity to sites in the corresponding MPA (exposure, kelp coverage and

138 bottom substrate). Detailed knowledge on previous fishing effort in the control areas was not  
139 available, but local wrasse fishermen were consulted and confirmed that the control areas had  
140 been fished in the year of study (2013) or in earlier seasons. Wrasse fishers in this region use  
141 small open boats and fishes at all suitable inshore sites with rocky-kelp covered bottom types  
142 (Gjøsaeter 2002). Both pots and fyke nets are in use and several fishers may operate within  
143 the same area.

#### 144 **Sampling**

145 Sampling was conducted from August - September 2013 (Table I). Wrasse were captured  
146 with un-baited fyke nets (5 meter single leader, 55 cm diameter entrance ring and leader mesh  
147 size of 30 mm) and wrasse pots (rectangular prism shaped, 70 x 40 x 29 cm, circular entrances  
148 (75 mm diameter), two chambers and 15 mm mesh-size) baited with 2-3 raw prawns  
149 (*Pandalus borealis* Krøyer, 1838). As in the commercial fishery, the gear was deployed at  
150 rocky, kelp covered substrate at one to seven meters depth and hauled the following day. In  
151 each site (MPA or control), between 50 or 150 goldsinny and corkwing wrasse were collected  
152 for aging and euthanized with an overdose of clove oil. When an adequate sample size for  
153 ageing was reached for one of the species, any additional captures were measured for total  
154 length. All other fish species were identified, counted and released at site.

#### 155 **Ageing and sex determination**

156 The total length of the fish was measured to the nearest mm and sex was determined by  
157 examining external coloration and gonad morphology. Corkwing wrasse males are found in  
158 two distinct morphs, *nesting males* and *sneaker males* (Uglem et al. 2000). Nesting males are  
159 readily distinguished from females and sneaker males by having distinct patterns of blue,  
160 green and red. The coloration of females and sneaker males is brown-green and they have a  
161 distinct blue urogenital papillae. Sneaker males and females are visually indistinguishable in  
162 the field, but could readably be sexed by inspecting their gonads. The female gonad is pale or  
163 yellow and has clearly visible egg structures, whereas male gonads are opaque, thin and  
164 white. For goldsinny, the sexes are similar in appearance, but males have orange or red spots  
165 on the lower part of their abdomen behind the pectoral fins (Hilldén 1981). Sagittal otoliths  
166 were dissected out, cleaned and stored dry. For aging, the otoliths were placed in black multi-  
167 celled trays containing 96 % ethanol and photographed under a stereo microscope (20 x;  
168 Leica MZ 16 A). The otoliths of both species have broader, opaque (summer) and narrow,  
169 translucent (winter) growth increments, which makes them easy to read without further

170 processing (Sayer et al. 1996a; Uglem et al. 2000). A few goldsinny otoliths ( $n = 40$ ) had a  
171 hazy appearance where growth increments could not be reliably identified, and was therefore  
172 not included in statistical analyses. Age was determined by counting winter zones. Two  
173 trained people read the otoliths independently and agreed upon the age of the fish, by  
174 comparing ages and agreeing about the age of those yielding disparate estimates.

### 175 **Data analysis**

176 The total length of sexes was compared with two-sided t-tests assuming unequal variances.  
177 We used generalized linear models (GLMs) to test for spatial differences, effects of MPAs  
178 and the influence of sampling gear on the following response variables: **catch per unit effort**  
179 (CPUE; the number of wrasse in each fyke net or pot haul), **age**, **total length** and **sex ratio**  
180 (the proportion of males). The models were fitted separately for each species with the  
181 appropriate distribution of errors. To evaluate whether the responses to protection differed  
182 spatially (between localities) and to select models for statistical inferences, we used likelihood  
183 ratio tests to compare the goodness of fit of the models with and without an interaction effect  
184 between *protection* and *locality*:

185 1)  $response = Protection + Locality + Gear + (Protection \times Locality)$

186 2)  $response = Protection + Locality + Gear$

187 Including the *Gear* covariate accommodates for any variance arising from the differences in  
188 selective properties of the two gear types, as the proportion of the two gear types differed  
189 slightly. In addition, assessing gear selectivity has inherent value on its own, given that these  
190 are the two gear types used in the commercial fishery. For CPUE, we only included fish larger  
191 than or equal to the minimum size limit (11 cm for both species at the time of study -2013), as  
192 we did not expect fishing to have affected recruitment yet as the fisheries did not intensify  
193 until 2010. CPUE was modeled by a negative binomial error distribution. The length data was  
194 modeled with a Gaussian error distribution with normality assumptions checked by  
195 diagnostics plots from the fitted model object. For modeling age, the goldsinny data best  
196 conformed to a Poisson distribution, checked for over-dispersion by comparing degrees of  
197 freedom with residual variance of the model. For corkwing, 65 % of the individuals were  
198 either one year old or young-of-the-year. Therefore, corkwing age was transformed to a  
199 binary response variable (age 0-1 = 0, age 2-4 =1) before modeling. A binary response was  
200 also used to model sex ratio (the proportion of males). For corkwing, sneaker males were  
201 omitted from this analysis. Lastly, we compared the proportion of by-catch species in the two

202 gear types with a proportion test. When reporting the observed relative difference in means  
203 between MPA and control areas, data from both gear types were pooled. All statistical  
204 analyses were performed using the R software version 3.2.2; (R Core Team 2015).

## 205 Results

206 In total, 3906 goldsinny and 709 corkwing were captured and measured for total length in the  
207 eight study sites from 24 August – 12 September 2013, of these 846 goldsinny and 705  
208 corkwing were aged (**Table I**). Mean length of goldsinny was 105 mm (range 56-164), while  
209 the mean length of corkwing was 140 mm (range 60-219). Thus, only 36.6 % of the goldsinny  
210 were larger than the legal size limit at the time of the study (110 mm), compared to 93.2 % for  
211 corkwing. Goldsinny mean age was 4.2 years and attained maximum age of 15 years, while  
212 the average corkwing was 1.4 years and with only one individual reaching four years. Nesting  
213 males of corkwing were larger (mean = 150 mm) than females (mean = 137 mm;  $t = 7.00$ ,  $df$   
214 = 617.93,  $P < 0.0001$ ) and sneaker males (mean = 127 mm,  $t = 9.35$ ,  $df = 106.70$ ,  $P < 0.0001$ ),  
215 but no sexual difference was evident for goldsinny ( $t = -0.54011$ ,  $df = 1494.6$ ,  $P = 0.589$ ).  
216 Pooling all sampling sites, the goldsinny sex ratio was male-biased (62.7 % males,  $SE=1.7$ ),  
217 while for corkwing, the sex ratio (nesting males to females) was slightly female-biased (47.2  
218 % nesting males,  $SE = 2.0$ ). Nesting males were more common than sneaker males (79.3 % of  
219 all males,  $SE=2.1$ ).

220 There were considerable spatial differences in catch per unit effort (CPUE), length and  
221 age for both species (**Figure 2**). The CPUE of legal-sized goldsinny was significantly (33-65  
222 %) higher within MPAs relative to harvested control areas (**Table II**, **Figure 3(a)**). For  
223 corkwing, a model with locality x protection interaction effect was supported (**Table II**,  
224 **Figure 3(e)**). Three localities had higher abundance (61-91 % observed difference in means)  
225 within MPAs, whereas the Flødevigen MPA had 16.4 % lower mean CPUE relative to the  
226 control area (**Figure 3b**). For length and age, the model with locality x protection interaction  
227 was supported for both species (**Table II**). All MPA's had relatively larger and older  
228 corkwing (**Figure 3(f)**, **Figure 3(g)**), with a notably higher difference between the MPA and  
229 control area in Risør (age: 39 %, length 16 %). On the other hand, there was no clear effect of  
230 protection on goldsinny body size and age, where the model with interaction between locality  
231 and protection was supported (**Table II**). Goldsinny was smaller in the MPA's with the  
232 exception of Flødevigen (**Figure 3(b)**). Goldsinny in Tvedestrand inner MPA was 21 % older  
233 than in the control area, while the differences in means between MPA and control areas were



234 less than 3 % in the other three localities (**Figure 3(c)**). MPA and control areas did not differ  
235 in the proportion of males for neither species (goldsinny:  $\chi^2 = 1.7827$ ,  $P = 0.18$ , corkwing  $\chi^2 =$   
236  $0.0076$ ,  $P = 0.93$ ), but there were significant differences between localities for goldsinny, with  
237 more male-biased sex-ratios in Risør (**Table II**, **Figure 3(d)**).

238 There were significant effects of sampling gear on CPUE for both species (**Table II**).  
239 For goldsinny the observed mean CPUE was 32 % higher in pots relative to fyke nets whereas  
240 for corkwing fyke nets had 72 % higher relative mean observed CPUE. Moreover, pots caught  
241 smaller and younger goldsinny but no differences were detected for corkwing (**Table II**).  
242 There were close to significant differences in sex ratio between fyke nets and pots, with pots  
243 capturing more males of both species (**Table II**). Other species than wrasse constituted 28 %  
244 of the total catch in fyke nets compared to 15 % in pots (**Figure 4**, proportion test  $\chi^2 = 149.72$ ,  
245  $P < 0.0001$ ). Of specifically interest was by-catch of the protected eel (*Anguilla anguilla*  
246 (Linnaeus, 1758)), which constituted 6 % of the catch in fyke nets, but less than 0.1 % in pots  
247 (**Figure 4**, proportion test  $\chi^2 = 213.41$ ,  $P < 0.0001$ ).

## 248 Discussion

249 This study applied a field-experimental approach to assess effects of harvesting wrasse to be  
250 used as cleaner fish in salmonid aquaculture on wild wrasse populations. Using four  
251 replicated MPA-control areas, we found that targeted species tended to have higher catch per  
252 unit effort (CPUE) in MPAs. For the corkwing wrasse, MPAs had consistently larger and  
253 older fish, while these life history effects for goldsinny were less clear. We also found that the  
254 two gear types can be selective on species composition and for goldsinny, size and age.

255 From a conservation perspective, this study adds to the growing amount of evidence of  
256 positive effects of MPAs on abundance and demographic structure of harvested fish species  
257 (Lester et al. 2009; Baskett & Barnett 2015). In particular, both goldsinny and corkwing  
258 wrasse are sedentary, territorial reef fish with limited adult dispersal capacity, so even small  
259 protected areas like those studied here should be efficient conservation tools (Gunderson et al.  
260 2008; Wilson et al. 2010). Both species showed positive effects of MPAs on CPUE, although  
261 in Flødevigen, CPUE was slightly lower in the MPA. The abundance, mean body size and  
262 survival of coastal cod (*Gadus morhua*), a potentially important wrasse predator, has  
263 increased substantially in the Flødevigen MPA after its implementation (Moland et al. 2013;  
264 Fernández-Chacón et al. 2015), so while fishing mortality may have been reduced, it is  
265 possible that this has been accompanied by an increase in natural mortality through increased

266 predator densities (Babcock et al. 2010; Frank et al. 2011). Interestingly, the two most  
267 recently established MPAs in Tvedestrand had good effect on abundance, the strongest MPA  
268 effect (65 % MPA-control difference in CPUE) on goldsinny CPUE was in Tvedestrand outer  
269 MPA while in Tvedestrand Inner for corkwing (91 % difference). It is possible that the fishing  
270 intensity has been higher in Tvedestrand, but alternatively it is also plausible that wrasses  
271 respond more quickly to cessation of fishing than their predators. For instance, the mentioned  
272 coastal cod is only partly protected in MPAs (it is still fished with hook and line) and has  
273 higher mobility than wrasses so a higher degree of spill-over of adults to the adjacent areas  
274 open for fishing is expected.

275         The MPA-effect on size and age differed between the two species; the MPAs had  
276 larger and older corkwing, but no clear pattern was evident for goldsinny. This is somewhat  
277 counterintuitive; as 92.3 % of the corkwing were larger than the minimum size limit,  
278 compared with 36.6 % of the goldsinny, implying that the size limit should be more selective  
279 in goldsinny. However, we sampled wrasse in August and September, which is close to the  
280 end of the wrasse fishing season, so a larger proportion of the corkwing may have been below  
281 the size limit at the start of the fishery (25 of May). In addition, there was larger spatial  
282 variation between the different MPAs for goldsinny age and body size, so other factors (e.g.  
283 density, predation and habitat) than fishing may have stronger effects on goldsinny life history  
284 traits than fishing. For example, the observation that the CPUE of goldsinny was generally  
285 higher than the CPUE for corkwing could imply stronger density-effects on the goldsinny. In  
286 that context, the reduced abundance of goldsinny we observed in control areas may have  
287 increased growth rates for the remaining fish. Moreover, as these two species have  
288 overlapping habitat requirements and diets (Costello 1991; Sayer et al. 1996a), a reduction in  
289 abundance of the larger corkwing wrasse could benefit the goldsinny. The considerable  
290 variation in goldsinny size and age structure over distances less than 30 km as found in this  
291 study implies a mismatch between the unit of management and the spatial variation in life  
292 histories. The same minimum size regulations are enforced throughout Norway, and  
293 populations with faster growth would reach the size limit at a younger age and be more prone  
294 for overexploitation. To this end, a more comprehensive spatial assessment of growth and  
295 maturation and the underlying factors causing variation should be conducted and incorporated  
296 in the management strategies.

297         The sex ratio did not differ between MPAs and control areas for neither species. This  
298 makes sense for goldsinny, since males and females was not found to differ in body size.

299 Corkwing nesting males were larger than females, but as we found that almost all corkwing  
300 wrasse were larger than the size limit at the time of study, the possibilities for the fisheries to  
301 be sex-selective were limited. In a study conducted during the spawning season in 2014, no  
302 sexual differences were found between mature nesting males and females in Flødevigen  
303 (Halvorsen et al. 2016), indicating that the degree of sexual size dimorphism for corkwing  
304 may be variable between years. The same study found stronger male-biased sexual size  
305 dimorphism in populations further north on the western coast compared to those on the  
306 Skagerrak coast with consequently higher potential for sex-selective harvesting.

307 Currently, both pots and fyke nets are used in the fishery. Many of the wrasse  
308 fishermen in Southern Norway were previously involved in a fyke-net fishery for catching  
309 eel, which was prohibited in 2010 with the eel now listed as vulnerable according to the  
310 International Union for Conservation of Nature (IUCN). A special permit has to be obtained  
311 in order to use fyke nets for fishing wrasse, and we have shown that fyke nets have a  
312 significantly higher proportion of eel and by-catch species in general. To our knowledge,  
313 fishermen release all by-catch on shallow depths, so the mortality associated with capture may  
314 be expected to be relatively low. Moreover, pots caught smaller and younger goldsinny, but  
315 this is expected as the pots used had smaller mesh size than fyke nets. No gear differences in  
316 size and age was evident for corkwing, which is most likely related to their larger size and  
317 deeper body shape relative to goldsinny.

318 Our study provides the first insights into the effects of harvesting of wild wrasse in  
319 Norway, but it should be noted that the wrasse landings are considerably higher in Western  
320 Norway than on the Skagerrak coastline (Espeland et al. 2010; The Norwegian Directorate of  
321 Fisheries). Salmonid aquaculture is virtually absent in Skagerrak, and harvested wrasse is  
322 transported to western and northern Norway where local wrasse population cannot sustain the  
323 demand for cleaner fish (Skiftesvik et al. 2014a). Thus, the modest, but significant differences  
324 between MPA and control areas we found here would likely have been larger if a similar  
325 study was conducted in the more intensively fished areas but which unfortunately do not have  
326 MPAs. In addition, the annual national landings have increased with 32 % since this study  
327 was conducted, so the differences between fished and unexploited areas may have increased.  
328 The minimum size limit for corkwing was increased from 11 to 12 cm in 2015, but still 82 %  
329 of the corkwing would be harvestable using the size distribution in our data. Reduction of  
330 wrasse densities may lead to cascade effects in the coastal ecosystems where the different  
331 wrasses play a vital role as both predators on molluscs and crustaceans (Deady & Fives

332 1995a,b; Sayer et al. 1995) and are prey for larger species, such as gadoids, seabirds and  
333 otters (Steven 1933; Rui Beja 1995; Nedreaas et al. 2008). Moreover, the wrasse diet is size  
334 and sex dependent (Deady & Fives 1995a,b; Sayer et al. 1995), thus ecological consequences  
335 on prey species may be anticipated if fishing mortality is selective with regards to size and  
336 sex.

337 We have shown that MPAs in Skagerrak have higher abundance of wrasse and may  
338 sustain the natural size and age composition under increasing harvest pressure. Thus, MPAs  
339 appears to be useful management and conservation measure for the targeted wrasses with  
340 possible positive effect on overall recruitment and could buffer for eco-evolutionary effects of  
341 size selective harvesting. Our data from the MPA-control contrasts in Skagerrak provide a  
342 baseline for further monitoring the temporal development in this region, but we also suggest  
343 implementing networks of wrasse MPAs in the other harvested regions. There are still several  
344 knowledge gaps to be filled on the environmental consequences of using wild-caught wrasse  
345 as cleaner fish, specifically on the effect of selective harvesting on reproduction and  
346 recruitment (Darwall et al. 1992; Halvorsen et al. 2016), the indirect ecosystem effects and the  
347 consequences of the large scale translocations and escapement of wrasse to genetically  
348 distinct populations further north in Norway (Sundt & Jørstad 1998; Skiftesvik et al. 2014a).

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481 **Tables**

482 **Table I:** Number of gear used, number (*n*) of wrasse and goldsinny caught and aged (in  
 483 parenthesis) at the control and MPA sites. Time of sampling during 2013 is also given for  
 484 each locality. See Figure 1 for details about the localities.

Locality (date)	Treatment	Pots	Fyke nets	<i>n</i> goldsinny (aged)	<i>n</i> corkwing (aged)
Flødevigen (30.08 – 03.09)	MPA	46	30	914(153)	90 (90)
	Control	47	31	1249 (146)	112 (112)
Tvedestrand (inner) (24.08 – 29.08)	MPA	8	14	400 (97)	80 (80)
	Control	15	24	328 (79)	58 (54)
Tvedestrand (outer) (24.08 – 29.08)	MPA	6	6	195 (112)	117 (117)
	Control	7	9	153 (98)	86 (86)
Risør (11.09 – 12.09)	MPA	12	16	473 (100)	108 (108)
	Control	12	18	194 (61)	58 (58)
Total (24.08 – 12.09)	MPA	56	82	1982 (462)	395 (395)
	Control	65	98	1924 (384)	314 (310)

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500 **Table II:** Summary of the optimal generalized linear models as determined by the likelihood  
 501 ratio test on the effects of Protection (MPA vs control), Locality and gear on catch per unit  
 502 effort (CPUE), total length, age and sex ratio (proportion males, sneaker males excluded for  
 503 corkwing). Significant *P*-values in bold

Response	Species	Likelihood ratio test Protection x locality	Predictors	$\chi^2$	Df	<i>P</i>	
CPUE	Goldsinny	$\chi^2=1.30, P=0.72$	Protection	8.66	1	<b>0.003</b>	
			Locality	8.81	3	<b>0.003</b>	
			Gear	7.08	1	<b>0.008</b>	
	Corkwing	$\chi^2= 12.01, P=0.007$	Protection	6.18	1	<b>0.013</b>	
			Locality	53.40	3	<b>&lt;0.0001</b>	
			Gear	19.10	1	<b>&lt;0.0001</b>	
Protection : Locality			12.30	3	<b>0.006</b>		
Length	Goldsinny	$\chi^2= 98.99, P<0.0001$	Protection	27.58	1	<b>&lt;0.0001</b>	
			Locality	100.19	3	<b>&lt;0.0001</b>	
			Gear	448.68	1	<b>&lt;0.0001</b>	
			Protection : Locality	100.03	3	<b>&lt;0.0001</b>	
	Corkwing	$\chi^2= 12.37, P=0.006$	Protection	18.00	1	<b>&lt;0.0001</b>	
			Locality	10.74	3	<b>0.013</b>	
			Gear	0.03	1	0.85	
			Protection : Locality	12.32	3	<b>0.006</b>	
	Age	Goldsinny	$\chi^2= 22.23, P<0.0001$	Protection	6.62	1	<b>0.010</b>
				Locality	56.69	3	<b>&lt;0.0001</b>
				Gear	57.24	1	<b>&lt;0.0001</b>
				Protection : Locality	22.23	3	<b>&lt;0.0001</b>
Corkwing		$\chi^2= 7.12, P=0.07$	Protection	13.30	1	<b>&lt;0.001</b>	
			Locality	6.55	3	0.088	
			Gear	0.55	1	0.46	
			Protection : Locality	0.10	1	0.75	
Sex	Goldsinny	$\chi^2= 0.76, P=0.86$	Protection	1.78	1	0.18	
			Locality	20.08	3	<b>0.0001</b>	
			Gear	3.30	1	0.069	
	Corkwing	$\chi^2= 4.96, P=0.18$	Protection	0.10	1	0.75	
			Locality	5.93	3	0.12	
			Gear	3.83	1	0.050	

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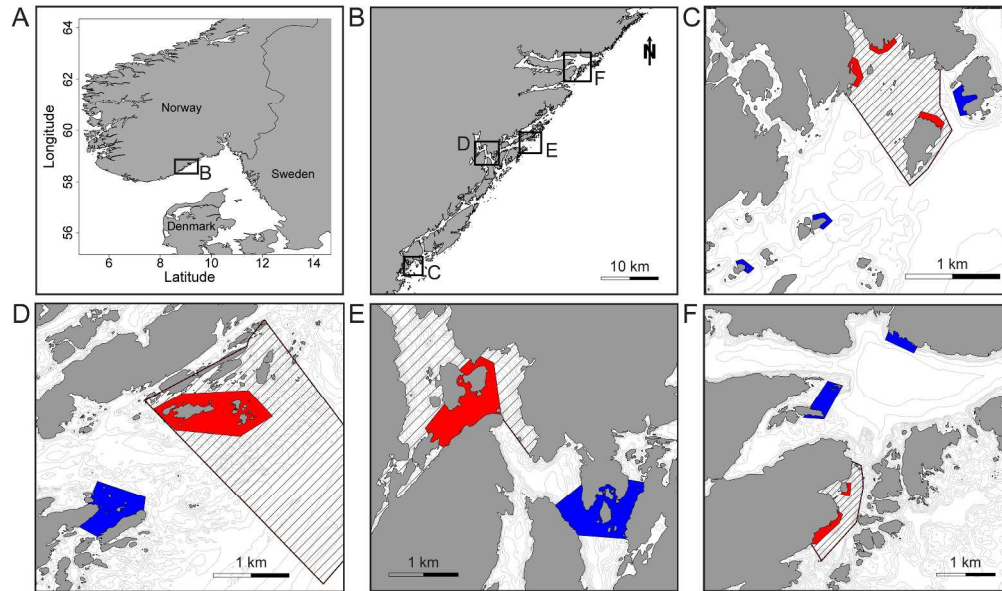
511 **Figure captions**

512 **Figure 1:** Map showing the study area in Southern Norway (A) with the four localities along  
513 the Norwegian Skagerrak coast used in this study (B). C-F shows the four MPAs (boxed areas  
514 with lines) with the sampling sites (solid fill). C: Flødevigen, D: Tvedestrand Outer, E:  
515 Tvedestrand Inner and F: Risør.

516 **Figure 2:** Boxplots showing the median (thick vertical line) and mean (solid squares) of catch  
517 per unit effort (CPUE: pooled for both gear types), total length (mm) and age of goldsinny  
518 and corkwing in the four sampling localities (F=Flødevigen, TI=Tvedestrand Inner,  
519 TO=Tvedestrand Outer and R=Risør). Shaded boxes are MPAs, open control sites. The upper  
520 and lower edge of box represents the 25th and 75th percentiles, respectively. The whiskers  
521 extend to the highest value maximum 1.5 times the distance between the 25th and 75th  
522 percentiles and filled dots represents outliers.

523 **Figure 3:** The predicted effect of protection (MPA or control site) on catch per unit effort  
524 (CPUE), body length, age and the proportion males for goldsinny and corkwing wrasse  
525 captured in pots in the four localities as estimated by generalized linear models. Error bars  
526 show standard error around the predicted means. For corkwing, age was modeled with a  
527 binominal age distribution (**0**: 0-1 and **1**: 2-4 years).

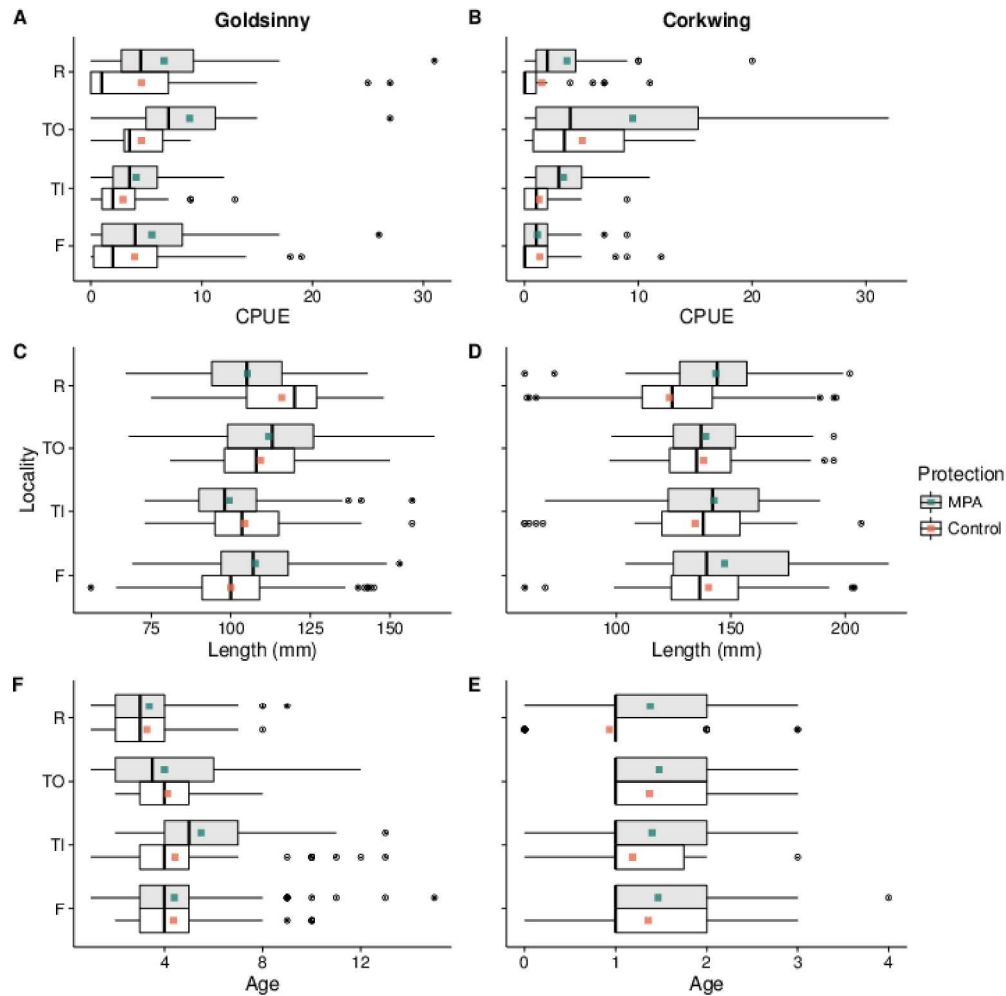
528 **Figure 4:** The relative species distribution in the two gear types used for sampling wrasse in  
529 Skagerrak 2013. The data is pooled for all sampling sites.



Map showing the study area in Southern Norway (A) with the four localities along the Norwegian Skagerrak coast used in this study (B). C-F shows the four MPAs (boxed areas with lines) with the sampling sites (solid fill). C: Flødevigen, D: Tvedestrand Outer, E: Tvedestrand Inner and F: Risør.

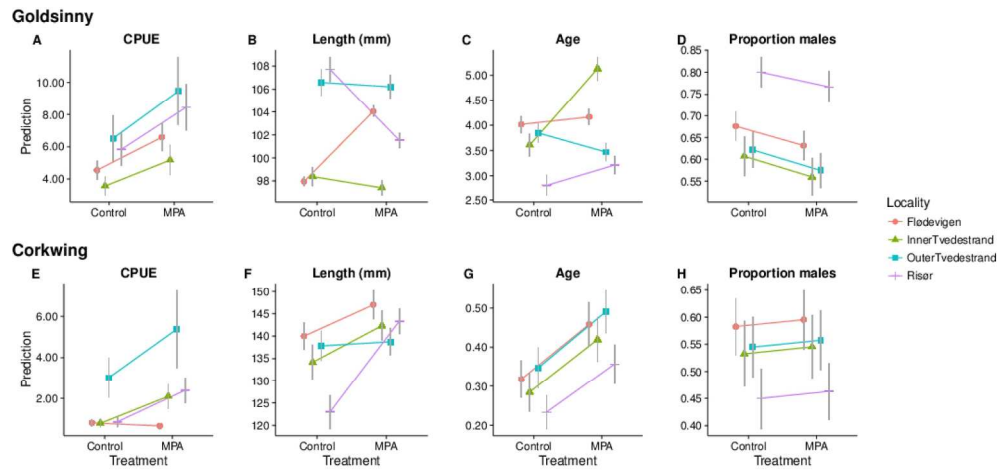
Figure 1

254x149mm (300 x 300 DPI)



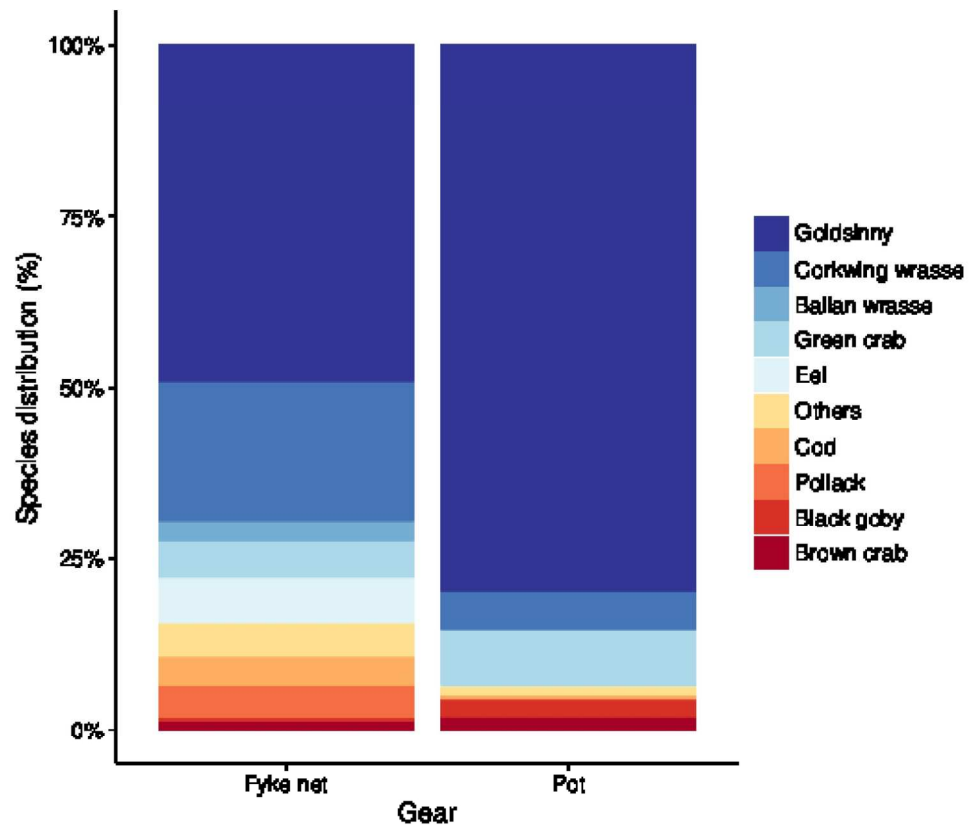
Boxplots showing the median (thick vertical line) and mean (solid squares) of catch per unit effort (CPUE: pooled for both gear types), total length (mm) and age of goldsinny and corkwing in the four sampling localities (F=Flødevigen, TI=Tvedestrand Inner, TO=Tvedestrand Outer and R=Risør). Shaded boxes are MPAs, open control sites. The upper and lower edge of box represents the 25th and 75th percentiles, respectively. The whiskers extend to the highest value maximum 1.5 times the distance between the 25th and 75th percentiles and filled dots represents outliers.

Figure 2  
254x254mm (300 x 300 DPI)



The predicted effect of protection (MPA or control site) on catch per unit effort (CPUE), body length, age and the proportion males for goldsinny and corkwing wrasse captured in pots in the four localities as estimated by generalized linear models. Error bars show standard error around the predicted means. For corkwing, age was modeled with a binominal age distribution (0: 0-1 and 1: 2-4 years).

Figure 3  
177x82mm (300 x 300 DPI)



The relative species distribution in the two gear types used for sampling wrasse in Skagerrak 2013. The data is pooled for all sampling sites.

Figure 4  
160x134mm (300 x 300 DPI)