

1 ***Salvia miltiorrhiza* polysaccharide and its related metabolite**  
2 **5-methoxyindole-3-carboxaldehyde ameliorate experimental**  
3 **colitis by regulating Nrf2/Keap1 signaling pathway**

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26 **Abstract:** The roots of *Salvia miltiorrhiza* have been used in Traditional Chinese  
27 Medicine for thousands of years. However, tons of aerial parts of this plant are usually  
28 discarded in the production of roots preparation. To make better use of these plant  
29 resources, the polysaccharide isolated from the aerial part of *S. miltiorrhiza* was  
30 investigated for its potential protection against intestinal diseases. A pectic  
31 polysaccharide (SMAP-1) was isolated and characterized being composed of  
32 homogalacturonan as the main chain and rhamnogalacturonan type I as ramified region,  
33 with side chains including arabinans and possible arabinogalactan type I and II. SMAP-  
34 1 exhibited robust protective effects against dextran sodium sulfate (DSS)-induced  
35 colitis and restored colitis symptoms, colonic inflammation, and barrier functions. Anti-  
36 oxidative effects were also observed by up-regulating Nrf2/Keap1 signaling pathway.  
37 Additionally, the level of serum 5-methoxyindole-3-carboxaldehyde (5-MC) was  
38 restored by SMAP-1 identified in metabolomic analysis, being correlated with the  
39 aforementioned effects. Protection against oxidative stress on intestinal porcine  
40 enterocyte cells (IPEC-J2) by 5-MC was observed through the activation of Nrf2/Keap1  
41 system, as also shown by SMAP-1. In conclusion, SMAP-1 could be a promising  
42 candidate for colitis prevention, and 5-MC could be the signal metabolite of SMAP-1  
43 in protecting against oxidative stress in the intestine.

44 **Keywords:** *Salvia miltiorrhiza*; pectic polysaccharide; antioxidant activity;  
45 experimental colitis; metabolomic analysis; 5-methoxyindole-3-carboxaldehyde

## 46 **1 Introduction**

47 Inflammatory bowel disease (IBD) is a non-specific, chronic, and recurrent  
48 inflammatory disease of the intestinal tract including ulcerative colitis (UC) and Crohn's  
49 disease (CD) (Bernstein et al., 2010; Lee, Kwon, & Cho, 2018). It causes lesions in the  
50 colon, rectum, and colonic mucosa, as well as depression, weight loss, loose and bloody  
51 stools in severely sick patients (Luo, Shu, & Chen, 2019; Mehta, Lindsay, & Silver,  
52 2013). The causes of IBD remain unclear, but research has progressed to reveal the  
53 pathogenesis of this disease, which includes genetic factors, gut microbiota,  
54 environmental factors, immunological abnormalities, and immune system  
55 dysregulation (Guan, 2019). Additionally, recent studies have shown that oxidative  
56 stress, an imbalance between the production and elimination of reactive oxygen species  
57 (ROS), is a key factor in the pathophysiology and progression of IBD, and is related to  
58 inflammation of the intestinal mucosa due to cellular and molecular damage caused by  
59 the excessive production of ROS (Bourgonje et al., 2020). Therefore, defending against  
60 oxidative stress, such as eliminating ROS and promoting antioxidant enzyme activities,  
61 is an effective way to prevent IBD (Bourgonje et al., 2020; Hwang et al., 2020). The  
62 application of antioxidant therapy in the treatment of UC has also been shown to be an  
63 effective approach in clinical trials (Tahvilian et al., 2021).

64 The nuclear transcription factor erythroid 2–related factor 2 (Nrf2) has been shown  
65 to play an important role in reducing intestinal mucosal injury by controlling ROS,  
66 inhibiting inflammation, and regulating intestinal permeability (Wen et al., 2019).  
67 Under stress conditions, Nrf2 is released from Kelch-like ECH associated protein 1  
68 (Keap 1, an adaptor protein of Cul3 E3 ubiquitin ligase) to migrate from the cytoplasm  
69 to the nucleus, thereby activates a series of gene expressions of antioxidant response  
70 elements (ARE)-dependent antioxidative and cytoprotective proteins, such as heme  
71 oxygenase (HO-1), quinone oxidoreductase 1 (NQO1) and glutathione oxidase (GSH-  
72 PX) (Tu, Wang, Li, Liu, & Sha, 2019; Wen et al., 2019). Therefore, the regulation of

73 Nrf2/Keap1 signaling pathway offers new perspectives for the treatment of IBD,  
74 especially UC (Piotrowska, Swierczynski, Fichna, & Piechota-Polanczyk, 2021).

75 The dried root of *Salvia miltiorrhiza* is a traditional Chinese herbal medicine used  
76 to promote blood circulation (Hao, Ge, & Xiao, 2018), eliminate static blood (Wang et  
77 al., 2018), dredge meridians, and treat coronary heart disease (Li, Zhong, & Moses,  
78 2005; Li, Xu, & Liu, 2018). However, the aerial parts of *S. miltiorrhiza* are always  
79 discarded when the roots are collected. These aerial parts have been shown to contain  
80 similar bioactive components as the roots, such as salvianolic acid, polysaccharides,  
81 flavonoids, and triterpenes, and to exhibit similar pharmacological activities, such as  
82 anti-oxidation and curative effects on cardiovascular diseases and diabetes (Yang, Wi,  
83 & Zhang, 2020). The anti-oxidative effects of the aerial parts of *S. miltiorrhiza* have  
84 been shown to be related to ameliorating diabetic nephropathy (Xiang, 2019),  
85 regulating glycolipid metabolism (Yu et al., 2018), anti-Alzheimer (Chen, Hu, Zhang,  
86 Han, & Li, 2018), protecting the cardiovascular system, and restoring the intestinal  
87 barrier and microbiota composition in diabetic mice (Yang et al., 2020). Polysaccharide  
88 is one of the bioactive compounds identified in the roots of *S. miltiorrhiza* (Jiang et al.,  
89 2020; X. Wang et al., 2019; Zhao et al., 2020). However, few studies have been  
90 performed on the polysaccharides from the aerial parts, such as isolation, structural  
91 characterization, or pharmacological properties. Recently, it has been reported that  
92 natural plant polysaccharides are beneficial for intestinal health as indigestible  
93 biopolymers with no obvious side effects, and thus have drawn increasing attention to  
94 their pharmacological functions in IBD compared with other drug treatments with  
95 potential immune inhibition after long-term use (Yang, Zhao, Li, Guo, & Gao, 2022).  
96 A variety of polysaccharides with anti-oxidative effects have been isolated from the  
97 leaves of medicinal plants (Ahmad et al., 2022; Huang et al., 2021). Based on the  
98 promising anti-oxidative properties of the aerial part of *S. miltiorrhiza*, we hypothesized  
99 that the polysaccharide isolated from these aerial parts could be a potential anti-oxidant

100 substance and play a role in the treatment of UC. It would also be beneficial for  
101 expanding the application of these unutilized plant materials.

102 Thus, this study aimed to isolate and purify a polysaccharide from the aerial parts  
103 of *S. miltiorrhiza*, and to investigate its structural characteristics. Its protective effect  
104 against the experimental UC mice with focusing on anti-oxidative properties would also  
105 be studied. Metabolomic analysis would be performed to investigate the potential  
106 biomarker for this polysaccharide on the effects of UC.

## 107 **2 Materials and methods**

### 108 **2.1 Materials and reagents**

109 The aerial parts of *Salvia miltiorrhiza* were collected from Jiqing Town,  
110 Zhongjiang County, Deyang City, Sichuan Province, China, on 10<sup>th</sup> October 2019.  
111 Fresh aerial parts of *S. miltiorrhiza* were cleaned, dried in an air oven at 40 °C, and  
112 ground into powder. A voucher specimen No. 20191101 is deposited at the Department  
113 of Pharmacy, College of Veterinary Medicine, Sichuan Agricultural University, China.  
114 The intestinal porcine enterocyte cell line (IPEC-J2) was obtained from Shanghai  
115 Institutes of Biological Sciences, Chinese Academy of Sciences (Shanghai, China).  
116 Dextran sodium sulfate (DSS, 36 000–50 000 Da) was purchased from Sigma-Aldrich  
117 (USA). 5-Methoxyindole-3-carboxaldehyde was purchased from Shanghai yuanye Bio-  
118 Technology Co, Ltd. All other chemical reagents were of analytical grade.

### 119 **2.2 Extraction and isolation of polysaccharide fractions**

120 The extraction and isolation of polysaccharides were carried out according to the  
121 methods reported earlier (Huang et al., 2021). Briefly, the aerial parts of *S. miltiorrhiza*  
122 were pre-extracted with 80% ethanol (V/V) to remove low molecules and lipids, and  
123 the dried residue was further extracted with boiling distilled water (dH<sub>2</sub>O, 100 °C,  
124 material-solvent ratio 1:40, extracted for 2 h, 3×). The water extracts were combined,  
125 concentrated, and precipitated with 4-fold volume of ethanol at 4°C overnight. The

126 precipitate was further redissolved, dialyzed against dH<sub>2</sub>O with cut-off 3500 Da, and  
127 lyophilized, yielding the crude polysaccharide fraction (SMAP) from the aerial parts of  
128 *S. miltiorrhiza*.

129 SMAP (380 mg) was dissolved in dH<sub>2</sub>O (20 mL), filtered (0.45µm), and then applied  
130 to an anion-exchange chromatography column packed with DEAE-Sepharose Fast  
131 Flow (4.6 × 60 cm, Beijing Rui Da Heng Hui Science Technology Development Co.  
132 Ltd.). The neutral fraction was initially obtained from the eluate of 1500 mL dH<sub>2</sub>O (1  
133 mL/min), and an acidic fraction (SMAP-A) was further obtained from the eluates of 0-  
134 1.5 mol/L NaCl solution (2 mL/min) followed by dialysis and freeze-drying. The  
135 elution profile of the acidic fraction was monitored using the phenol-sulfuric acid assay  
136 (Dubois, Gilles, Hamilton, Rebers, & Smith, 1956).

137 SMAP-A (20 mg/in 5 mL in dH<sub>2</sub>O) was applied to a size exclusion chromatography  
138 column packed with Sepharose 6FF matrix (2.5 cm× 100 cm, Beijing Rui Da Heng Hui  
139 Science Technology Development Co. Ltd) and eluted with dH<sub>2</sub>O at 0.5 mL/min (5  
140 mL/tube). The purified fraction was pooled after monitoring using the phenol-sulfuric  
141 acid assay, and one homogenous fraction, SMAP-1, was obtained and used for further  
142 structural characterization and bioassays.

### 143 **2.3 Structural characterization of SMAP-1**

144 The weight-average molecular weight ( $M_w$ ), number-average molecular weight ( $M_n$ ),  
145 and their distribution equivalents of SMAP-1 were determined by a high-performance  
146 gel permeation chromatography (GPC) using Waters Ultrahydrogel Linear gel column  
147 (300 × 7.8 mm, at 40 °C) connected with Waters 2410 refractive index detector. The  
148 mobile phase was 0.2 mol/L NaNO<sub>3</sub> solution, pH = 6.0, eluted at a flow rate of 0.6  
149 mL/min. Dextran standards with known molecular weights (2.5 to 5348 kDa, all from  
150 Sigma-Aldrich except for 5348 kDa from Amresco Inc., OH, USA) were used for  
151 establishing a calibration. After dissolving by the mobile phase, the dextran standards

152 and SMAP-1 were injected (20  $\mu$ L, 5 mg/mL), and the corresponding chromatograms  
153 were recorded.

154 The monosaccharide composition of SMAP-1 was quantified by capillary gas  
155 chromatography (GC) after methanolysis and trimethylsilyl (TMS)-derivatization, as  
156 described previously (Chambers & Clamp, 1971; Nyman, Aachmann, Rise, Ballance,  
157 & Samuelsen, 2016). Briefly, 1 mg of SMAP-1 was hydrolyzed by anhydrous 3 mol/L  
158 HCl in methanol at 80  $^{\circ}$ C for 20 h. 100  $\mu$ g mannitol was used as an internal standard.  
159 The volatile monosaccharides were obtained by derivatization with  
160 hexamethyldisilazane (HDMS) and trimethylchlorosilane (TMCS) and were further  
161 analyzed using a Trace<sup>TM</sup> 1300 GC (Thermo Scientific<sup>TM</sup>). The relative amount of each  
162 monosaccharide was processed and calculated using a Chromelion Software v.6.80  
163 (Dionex Corporation, Sunnyvale, CA, USA) based on retention time and peak  
164 integration compared to TMS-derived standards, including arabinose (Ara), rhamnose  
165 (Rha), fucose (Fuc), xylose (Xyl), mannose (Man), galactose (Gal), glucose (Glc),  
166 glucuronic acid (GlcA) and galacturonic acid (GalA).

167 The contents of phenolic compounds and protein in SMAP-1 were quantitatively  
168 determined using the Folin-Ciocalteu assay (Singleton & Rossi, 1965) and the  
169 Bradford protein assay (Bradford, 1976), respectively.

170 The glycosidic linkage pattern of SMAP-1 was analyzed by GC-MS after per-  
171 methylation based on the monosaccharide composition determined above, as previously  
172 described (Ciucanu & Kerek, 1984; Pettolino, Walsh, Fincher, & Bacic, 2012; Wold et  
173 al., 2018). Briefly, 2 mg of SMAP-1 was processed with carboxyl reduction using  
174 sodium borodeuteride (NaBD<sub>4</sub>) after being activated by carbodiimide to reduce the  
175 uronic acids (GalA and GlcA) to their corresponding neutral sugars (Kim & Carpita,  
176 1992). The polymer was then methylated by methyl iodide under NaOH in dimethyl  
177 sulfoxide and further hydrolyzed with 2.5 mol/L trifluoroacetic acid, followed by

178 reduction with NaBD<sub>4</sub> and acetylation. The partially methylated alditol acetates (PMAA)  
179 were extracted with dichloromethane and analyzed qualitatively and quantitatively on  
180 a GCMS-QP2010 (Shimadzu, Kyoto, Japan) based on the different retention times and  
181 characteristic mass spectra. Details of reagents and GC-MS conditions can be found in  
182 our previous publication (Wold et al., 2018). The analysis of linkage patterns and  
183 amounts was related to the molar percent of monosaccharides and the effective carbon-  
184 response factors were used to quantify PMAA fragments (Sweet, Shapiro, &  
185 Albersheim, 1975; Zou et al., 2017).

186 The functional groups present in SMAP-1 were analyzed by Fourier-transformed  
187 infrared spectroscopy (FT-IR). 10 mg of SMAP-1 and 200 mg of potassium bromide  
188 (KBr) were ground and dried under the baking lamp, and then pressed into a 1 mm  
189 pellet. KBr was used as a blank for infrared scanning in the range 4000 cm<sup>-1</sup> to 500 cm<sup>-1</sup>  
190 (Perkin Elmer, Waltham, MA, USA).

191 A Bruker Advance III HD 800 MHz NMR spectrometer (Bruker, Fällanden,  
192 Switzerland) equipped with a 5-mm cryogen probe CP-TCI z-gradient probe (Bruker,  
193 Rheinstetten, Germany) was used to acquire signals for <sup>1</sup>H (with continuous-wave pre-  
194 saturation, pulse program “zgpr”), <sup>13</sup>C (pulse program “zrestse.dp.jcm800”), <sup>1</sup>H-<sup>13</sup>C  
195 heteronuclear multiple-bond correlation spectroscopy (HMBC, pulse program  
196 “awhmbcgplpndqfpr” and “awshmbcctetgpl2nd.m”), <sup>1</sup>H-<sup>13</sup>C heteronuclear single  
197 quantum coherence spectroscopy (HSQC, pulse program “awhsqcedetgpsisp2.3-135pr”  
198 and “awshsqc135pr”), <sup>1</sup>H-<sup>1</sup>H correlation spectroscopy (COSY, pulse program  
199 “cosygpprqf”), <sup>1</sup>H-<sup>1</sup>H rotating-frame nuclear overhauser effect spectroscopy (ROESY,  
200 pulse program “roesyph”) and <sup>1</sup>H-<sup>1</sup>H total correlation spectroscopy (TOCSY, pulse  
201 program “dipsi2phpr”) spectra of SMAP-1. The sample was exchanged and redissolved  
202 in D<sub>2</sub>O (99.9%, Sigma), and 2,2,3,3-tetradeuterio-3 - (trimethylsilyl) - propanoic acid  
203 sodium (TMSP) was used to calibrate the chemical shift at 0 ppm. All spectra were



204 recorded at 60 °C and were analyzed using MestReNova software (Ver.6.0.2, Mestrelab  
205 Research S.L., Spain).

206

## 207 **2.4 Effects of SMAP-1 on experimental colitis in mice**

### 208 **2.4.1 Animal experimental design**

209 Animal experiments were conducted under the supervision of the Ethics Committee  
210 for Animal Experiment at Sichuan Agricultural University (Confirmation number:  
211 DYXY141642008). Thirty male C57BL/6N mice (6 weeks old) were purchased from  
212 Beijing Vital River Laboratory Animal Technology Co., Ltd (Beijing, China) and  
213 maintained for one week to adapt to the new environment ( $24 \pm 1$  °C). In the current  
214 study, DSS was used to induce experimental UC, which has been reported to have many  
215 similarities to human UC symptoms (Chassaing, Aitken, Malleshappa, & Vijay-Kumar,  
216 2014).

217 Mice were divided into five experimental groups: (a) normal control (NC) group  
218 (regular drinking water + saline, n = 6), (b) colitis control (DSS group) (3% DSS +  
219 saline, n = 6), (c)- (e) different dosages of SMAP-1 groups (3% DSS + SMAP-1, n =  
220 6). Firstly, mice in groups (c)-(e) were pretreated with three doses of SAMP-1 (50  
221 mg/kg, 100 mg/kg, 150 mg/kg, 0.1 mL/10 g) for 7 days by oral gavage (the 1<sup>st</sup> to 7<sup>th</sup>  
222 day) before DSS was administrated in drinking water, while mice in groups (a) and (b)  
223 were orally administrated with an equal volume of saline. After 7 days of pretreatment,  
224 3% DSS was given through drinking water to groups (b)-(e) for 7 days (the 8<sup>th</sup> to 14<sup>th</sup>  
225 day), while group (a) was given regular drinking water, as normal control. Saline and  
226 different dosages of SMAP-1 were simultaneously given to the corresponding groups  
227 by gavage. Body weight, diarrhea, and bloody stool were observed and measured daily  
228 for evaluating the disease activity index (DAI) according to the DAI scoring rules (Jia  
229 et al., 2015) (**Table S1**). On the 15<sup>th</sup> day, mice were euthanized with carbon dioxide

230 followed by cervical dislocation, and blood, cecal contents, and colonic tissues were  
231 collected. The length of the colon was measured, and colonic tissues, serum, and cecal  
232 content were stored at -80 °C for further studies.

#### 233 **2.4.2 Histological analysis and determination of inflammatory and oxidative stress** 234 **indexes in the colon**

235 The distal colon was embedded in paraffin and sliced (5 μm), and then the sections  
236 were stained with hematoxylin and eosin (H&E, Hematoxylin-Eosin Staining Kit,  
237 Beijing Solarbio Science and Technology co., Ltd. Beijing, China). Sections were  
238 photographed with Nikon eclipse 80i microscope (Nikon Instruments, Melville, NY,  
239 USA) at 100 and 200 × magnification. Histological evaluation index (HAI) was  
240 determined using the evaluation criteria listed in **Table S2**.

241 The proximal colon was homogenized and resuspended with PBS, and the  
242 supernatant was collected after centrifuging for the determination of the contents of  
243 myeloperoxidase (MPO), IL-1β, IL-6, IL-10, TNF-α, and TGF-β using ELISA kits  
244 (Shanghai Enzyme-linked Biotechnology Co., Ltd., Ruixin Biotechnology Co., Ltd,  
245 China). The levels of superoxide dismutase (SOD), malondialdehyde (MDA), and  
246 glutathione peroxidase (GSH-PX) in colonic tissues were measured using biochemical  
247 assay kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to  
248 the manufacturer's instructions.

#### 249 **2.4.3 Determination of LPS and oxidative indicators in serum**

250 The content of lipopolysaccharide (LPS) in serum was determined using an ELISA  
251 kit, and the contents of SOD, MDA, and GSH-PX in serum were determined using  
252 biochemical assay kits according to the manufacturer's instructions.

#### 253 **2.4.4 Real-time quantitative PCR (RT-qPCR)**

254 The total RNA of proximal colon tissue was extracted with Trizol reagent (Biomed,  
255 RA101-02, China) according to the manufacturer's instructions. The isolated total RNA

256 (5 µg/µL) was reversely transcribed into cDNA using the M-MLV4 First-Strand cDNA  
257 Synthesis Kit (Takara Biotechnology, Co., Ltd, Dalian, China) after measuring the  
258 RNA concentration with a microspectrophotometer (Thermo Scientific, NanoDrop™  
259 One/OneC, USA). Real-time PCR was performed using the SYBR premix Ex Taq. II  
260 Kit (Takara biotechnology, Co., Ltd., Dalian, China). β-actin was used as an internal  
261 parameter to determine the relative expressions of target genes calculated by the  $\Delta\Delta C_t$   
262 method. All primer sequences for RT-qPCR are listed in **Table S3**.

#### 263 **2.4.5 Untargeted metabolomic analysis**

264 Serum preparation and untargeted metabolomic analysis were carried out by  
265 Novogene Co., Ltd. (Beijing, China). Briefly, serum (100 µL) was resuspended with  
266 400 µL of pre-chilled 80% methanol and 0.1% formic acid (FA) using the vortex. Then,  
267 samples were incubated on ice for 5 min and centrifuged at 15 000 g, 4°C for 20 min.  
268 The supernatant was diluted to a final concentration containing 53% methanol with LC-  
269 MS grade water. The supernatant after further centrifuge at 15 000 g, 4°C for 20 min  
270 was injected into a LC-MS/MS with a Vanquish UHPLC system (Thermo Fisher,  
271 Germany) coupled with an Orbitrap Q Exactive™HF-X mass spectrometer (Thermo  
272 Fisher, Germany) for analysis. Raw data from UHPLC-MS/MS were processed using  
273 the Compound Discoverer 3.1 (CD3.1, Thermo Fisher), including peak alignment, peak  
274 picking, and quantification for each metabolite. Metabolites were further annotated  
275 using the Kyoto Encyclopedia of Genes and Genomes (KEGG) database  
276 (<https://www.genome.jp/kegg/pathway.html>), HMDB database ([https://hmdb.ca/  
277 metabolites](https://hmdb.ca/metabolites)) and Lipid Maps database (<http://www.lipidmaps.org/>). Graphical  
278 representations of PCA and PLS-DA were generated using metaX software. The  
279 univariate analysis (t-test) was applied to calculate the statistical significance (P-value).  
280 The metabolites with  $VIP > 1$  and  $p\text{-value} < 0.05$  and  $FC \geq 2$  or  $FC \leq 0.5$  were  
281 considered to be differential metabolites. The functions of these metabolites and

282 metabolic pathways were analyzed using the MetaboAnalyst 5.0  
283 (<https://www.metaboanalyst.ca/>).

## 284 **2.5 Anti-inflammatory and anti-oxidative effects *in vitro***

### 285 **2.5.1 Cell culture**

286 Intestinal porcine enterocyte cells (IPEC-J2) were cultured in Dulbecco's modified  
287 Eagle's medium (DMEM, Gibco, Waltham, MA, USA) supplemented with 10% fetal  
288 bovine serum (FBS; Gibco; Waltham, MA, USA) and 1% penicillin–streptomycin  
289 (Gibco, Waltham, MA, USA). They were cultured in an incubator at 37 °C with 5%  
290 CO<sub>2</sub>.

### 291 **2.5.2 Experimental design**

292 IPEC-J2 cells were seeded in 6-well plates and cultured for 24 h ( $2 \times 10^5$  cells/well).  
293 Different final concentrations of SMAP-1 (5, 10, 20 µg/mL) or 5-methoxyindole-3-  
294 carboxaldehyde (5-MC, 5, 10, 20 µg/mL) were administrated and cultured with cells  
295 for 12 h, followed by another 12 h of incubation with 20 µg/mL of LPS to induce  
296 inflammation on cells, as earlier described (Zou et al., 2022). After co-cultivation,  
297 supernatants were collected to determine the protein contents of CAT, GSH-PX, and  
298 SOD by ELISA kits, as described in section 2.4.2. Cells were collected using Trizol  
299 reagent to extract total RNA, and RT-qPCR was further performed to determine the  
300 gene transcription levels of CAT, GSH-PX, and SOD, and the levels of proteins  
301 associated with Nrf2/Keap1 signaling pathways, as described in section 2.4.4. Primers  
302 used for RT-qPCR are listed in **Table S3**. Cytotoxicity of LPS, SMAP-1, and 5-MC on  
303 IPEC-J2 cells was tested on 96-well plates according to previous experimental methods  
304 (Zou et al., 2022).

## 305 **2.6 Statistical analysis**

306 All data except for metabolomic analysis were expressed as the mean± S.D. and  
307 analyzed and plotted in GraphPad Prism 8.0 (California, USA). Statistical analysis was  
308 performed using a one-way ANOVA analysis of variance and LSD test in SPSS 22.0  
309 (IBM Corp., Armonk, New York, USA).

## 310 **3 Results and Discussion**

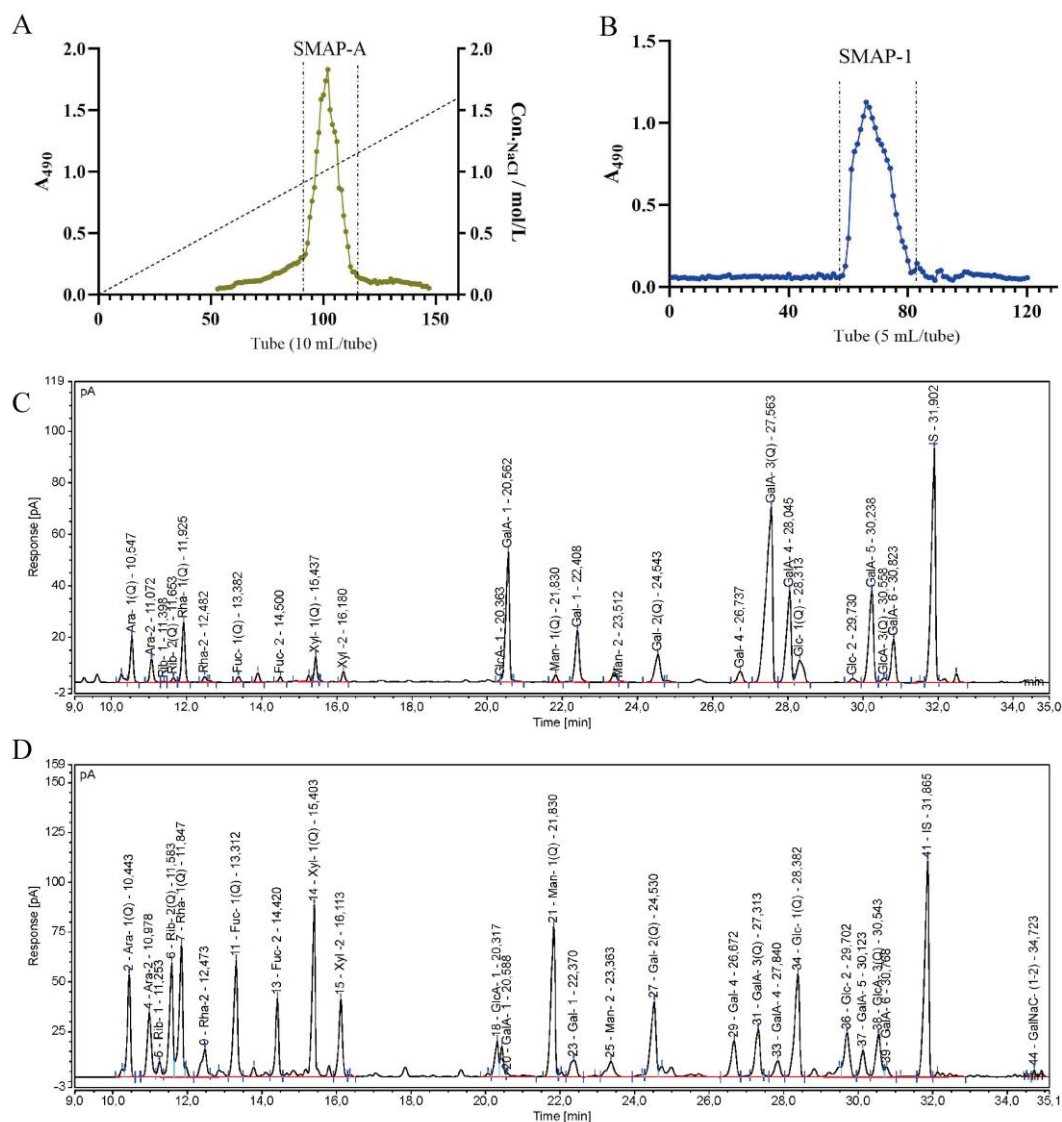
### 311 **3.1 Extraction and isolation of SMAP-1**

312 A crude polysaccharide fraction, SMAP, was obtained from the water extract of  
313 the aerial parts of *S. miltiorrhiza* (~15%, w/w). A small amount of neutral  
314 polysaccharide fraction (8.6% mass of SMAP) and a larger amount of acidic  
315 polysaccharide fraction (SMAP-A, 91.4% mass of SMAP) were obtained after anion-  
316 exchange chromatography (**Fig. 1A**). A homogeneous fraction, SMAP-1, was further  
317 obtained from SMAP-A by size exclusion chromatography (**Fig. 1B**).

### 318 **3.2 Structural characterization of SMAP-1**

#### 319 **3.2.1 Determination of chemical compositions, molecular weights, and glycosidic** 320 **linkage pattern**

321 After methanolysis, TMS-derivatization, and GC analysis, SMAP-1 was found to  
322 be composed mainly of GalA, followed by Ara, Gal, Rha, and Glc (**Fig. 1C**), with a  
323 molar ratio of 19.7:1.4:1.4:1.3:1. Trace amounts of GlcA, Xyl, Man, and Fuc were  
324 present in SMAP-1. A small amount of protein (1.4%) and a trace amount of phenolics  
325 (0.4%) were detected in SMAP-1. The  $M_w$ ,  $M_n$ , and polydispersity of SMAP-1 were  
326 26.3 kDa, 5.52 kDa, and 4.77, respectively, as determined by GPC, and a single  
327 symmetric peak was observed during the elution (**Fig. S1A**).



328

329 **Fig. 1.** Elution profiles of anion-exchange chromatography (A) and size exclusion  
 330 chromatography (B) and monosaccharide composition (C) of SMAP-1. Each  
 331 monosaccharide derivative was present in the forms of different isomers, resulting in  
 332 different peaks in the GC chromatogram, and the peaks marked with (Q) were used for  
 333 quantification analysis based on integration of peaks of TMS-derivatized standards (D).

334

335 The glycosidic linkage pattern of SMAP-1 is shown in **Table 1**, presented as  
 336 relative amount in mol% of each monosaccharide determined after methanolysis and  
 337 TMS-derivatization. The GC chromatogram and mass spectra of the major peaks in the

338 GC chromatogram are shown in **Fig. S2**. A large amount of 1,4-linked  $\alpha$ -GalpA (68.9  
339 mol%) and smaller amounts of different linkage types of GalpA were detected in  
340 SMAP-1, suggesting that SMAP-1 could be a typical pectic polysaccharide (Mohnen,  
341 2008). A long homogalacturonan (HG) composed of 1,4-linked  $\alpha$ -GalpA was shown to  
342 be present in SMAP-1 due to the relatively higher content of GalpA compared with  
343 Rhap. This linear homopolymer of 1,4- $\alpha$ -homogalacturonan can be dispersed with 1,2-  
344 linked Rhap units, including 1,2-linked and 1,2,4-linked  $\alpha$ -L-Rhap (**Table 1**), which  
345 confirmed that there could be a rhamnogalacturonan I region (RG-I) present in SMAP-  
346 1 in addition to the long HG linear chain (Kaczmarska, Pieczywek, Cybulska, & Zdunek,  
347 2022; Mohnen, 2008; Zaitseva, Khudyakov, Sergushkina, Solomina, & Polezhaeva,  
348 2020). Arabinan, galactan, and/or arabinogalactan are usually attached to the RG-I at  
349 O-4 of the rhamnosyl unit and form the side chains of the RG-I backbone (S.-S. Li et  
350 al., 2018). These side chains typically consist of 1,5- $\alpha$ -Araf(arabinan), 1,4- $\alpha$ -Galp (type  
351 I arabinogalactan, AG-I), 1,3,6- $\alpha$ -Galp, and terminal (T)-Araf (type II arabinogalactan,  
352 AG-II) (Pettolino et al., 2012). The low amount of terminal and 1,5-linked  $\alpha$ -Araf  
353 fragments in SMAP-1 indicated the presence of arabinans (Kaczmarska et al., 2022).  
354 And the small amount of 1,4- and 1,3,6-linked  $\beta$ -Galp showed that SMAP-1 could  
355 consist of both AG-I and AG-II side chains (Kaczmarska et al., 2022). Trace amounts  
356 of T-Xylp and T-Rhap were also observed.

357 The results of monosaccharide composition and glycosidic linkage patterns  
358 indicated that SMAP-1 could be a typical pectic polysaccharide. This is the first report  
359 on the isolation of pectin from the aerial parts of *S. miltiorrhiza*, in addition to a  
360 disaccharide consisting of fructose and Glc detected in 80% ethanol extracts (Zeng et  
361 al., 2017). A neutral fraction composed mainly of Glc and Gal (Jiang et al., 2020), and  
362 a hemicellulose-based polysaccharide composed of the 4- $\beta$ -D-Xylp backbone (Zhao et  
363 al., 2020) were previously identified from the roots of *S. miltiorrhiza*. And recently, a

364 possible pectic polysaccharide was isolated from these roots, but no NMR elucidation  
365 was performed (Jing et al., 2022).



366 **Table 1.** The linkages pattern (mol%) of SMAP-1 determined by GC–MS after  
 367 methylation

| Type of linkage |             | Rt/min | Primary fragments | mol % |
|-----------------|-------------|--------|-------------------|-------|
| GalA            | T-GalpA     | 17.17  | 47,118,162,207    | 2.2   |
|                 | 1,4-GalpA   | 19.88  | 47,118, 162, 235  | 68.9  |
|                 | 1,3,4-GalpA | 20.72  | 47, 118, 307      | 2.6   |
|                 | 1,2,4-GalpA | 21.19  | 47, 190, 235      | 0.4   |
| Ara             | T-Araf      | 12.42  | 45,118,161,162    | 3.5   |
|                 | 1,5-Araf    | 15.56  | 118, 162, 189     | 2.0   |
|                 | 1,3,5-Araf  | 17.55  | 118, 261          | 1.2   |
| Gal             | T-Galp      | 17.17  | 45, 118, 162, 205 | 0.9   |
|                 | 1,4-Galp    | 19.88  | 45, 118, 162, 233 | 1.5   |
|                 | 1,3,6-Galp  | 22.63  | 118,189,234,305   | 1.0   |
|                 | 1,6-Galp    | 20.42  | 118,162,189,233   | 0.8   |
|                 | 1,3-Galp    | 19.43  | 118,161,234,277   | 0.5   |
| Glc             | 1,4-Glcp    | 19.20  | 45,118,162,233    | 4.0   |
| Rha             | T-Rhap      | 13.31  | 118,131,162,175   | 0.8   |
|                 | 1,2-Rhap    | 15.56  | 131,190           | 2.6   |
|                 | 1,3-Rhap    | 15.93  | 118,131,234       | 0.8   |
|                 | 1,2,4-Rhap  | 17.90  | 190, 203          | 1.5   |
| Xyl             | T-Xylp      | 13.31  | 118,131, 162      | 2.1   |

368

### 369 3.2.2 FT-IR analysis

370 The FT-IR was used to characterize the functional groups in SMAP-1 after  
 371 scanning in a range of 4000 cm<sup>-1</sup>-500 cm<sup>-1</sup>. As shown in **Fig. S1B**, a strong peak at 3382  
 372 cm<sup>-1</sup> and a lower one at 2935 cm<sup>-1</sup> belonging to the stretching vibrations of O-H and C-  
 373 H groups (including CH, CH<sub>2</sub>, and/or CH<sub>3</sub>), respectively (Li et al., 2020), were observed.

374 The strong absorption peak at 1740 cm<sup>-1</sup> and 1606 cm<sup>-1</sup> are stretching vibrations of  
375 methyl esterified and non-esterified carboxyl groups, respectively (Chylińska,  
376 Szymańska-Chargot, & Zdunek, 2016; Kyomugasho, Christiaens, Shpigelman, Van-  
377 Loey, & Hendrickx, 2015), indicating the presence of esterified GalA units in SMAP-  
378 1. The bands at 1417 cm<sup>-1</sup> and 1236 cm<sup>-1</sup> were characterized as the bending vibrations  
379 of CH<sub>2</sub> and CH<sub>3</sub>CO stretching, respectively. And in the region of 1200-900 cm<sup>-1</sup>, intense  
380 bands at 1100 and 1019 cm<sup>-1</sup> were attributed to glycosidic bonds (C-O) and pyranoid  
381 rings (C-C), respectively (Kpodo et al., 2017).

### 382 **3.2.3 NMR elucidation**

383 The structure of SMAP-1 was further characterized by NMR, including 1D NMR  
384 spectra of <sup>1</sup>H and <sup>13</sup>C NMR (**Fig. S1C** and **Fig. S1D**) and 2D NMR spectra, including  
385 HSQC (**Fig. 2A**), HMBC (**Fig. 2B**), COSY (**Fig. S1E**) and TOCSY (**Fig. S1F**).  
386 Through-space <sup>1</sup>H-<sup>1</sup>H correlations of SMAP-1 were measured by ROESY, which are  
387 presented in **Fig. 2C**. Residues were assigned based on the glycosidic linkages observed  
388 in section **3.2.1** (**Table 1**) and compared with the reported chemical shift values in the  
389 literature, as described below. Chemical shift values of residues in SMAP-1 are  
390 presented in **Table 2**, and important correlations in HMBC, TOCSY, and ROESY  
391 spectra that were used to assign protons/carbons of inter- and/or intra-residues were  
392 listed in **Table 3**. Specific correlations in HMBC and ROESY spectra, as shown in **Fig.**  
393 **2E**, are used to characterize the sequences of GalA residues in SMAP-1. However,  
394 signals of some residues or certain atoms could not be recorded due to their low  
395 amounts of existence in SMAP-1, and their correlations with the adjacent sugar residue  
396 were mostly undetectable.

397 **→4)-α-GalpA-6-O-Me-(1→ (residue A, A')**. According to the results of FT-IR  
398 and the presence of a cross peak at δ<sub>H/C</sub> 3.82/55.1 ppm in the HSQC spectrum (**Fig. 2A**,  
399 cross-peak **O-Me**), methyl (-OCH<sub>3</sub>) esterified GalA units are present in SMAP-1, which  
400 could be located at C-6 (carboxyl group) of 1,4-linked GalA in the HG region (Mohnen,

401 2008; Yao, Wang, Yin, Nie, & Xie, 2021; Zaitseva et al., 2020). The anomeric signals  
402 at  $\delta_{\text{H/C}}$  4.91/102.6 and 4.97/102.7 ppm, and the weaker one at  $\delta_{\text{H/C}}$  5.17/102.1 ppm in  
403 the HSQC spectrum (**Fig. 2A**, cross-peak **A1**, **A'1**) were assigned to the H-1/C-1 of  
404 residue  $\rightarrow$ 4)- $\alpha$ -GalpA-6-*O*-Me-(1 $\rightarrow$  under different spin systems according to the  
405 assignments in the literature (Kostálová, Hromádková, & Ebringerová, 2013;  
406 Shakhmatov, Atukmaev, & Makarova, 2016). The assignment of H-2/C-2 to H-5/C-5  
407 of residue **A** and **A'** was performed separately according to the correlations between H-  
408 1 (4.91/4.97 ppm) and C-2, C-3, C-4, and/or C-5 in the HMBC spectrum (**Fig. 2B**,  
409 cross-peak **A/A'-H1/C2**, **A/A'-H1/C3**, etc.), the correlations between H-1 and H-2 in COSY  
410 spectrum (**Fig. S1E**, cross-peak **A/A'-H1/H2**), and the correlations between protons in the  
411 same sugar ring (H-1 to H-5) in TOCSY spectrum (**Fig. S1F**, cross-peak **A/A'-H1/H2**,  
412 **A/A'-H1/H3**, etc.), as summarized in **Table 3**. Importantly, the down-yield shifts of H-5  
413 at 5.11 and 5.06 ppm (cross-peak **A5**, **A'5** in HSQC spectrum) and the high-yield shift  
414 of C-6 from 177.9 to 173.6 ppm (**Fig. 2B**, cross-peak **A/A'-H5/C6** at  $\delta_{\text{H/C}}$  3.82/173.6 ppm  
415 in HMBC spectrum) were representative signals that can be observed due to methyl-  
416 esterification at C-6 of GalpA. The correlation of C-6 with the proton of the *O*-Me  
417 group (3.82 ppm) in the HMBC spectrum (**Fig. 2B**, cross-peak **O-Me-H/A/A'-C6**)  
418 verified the location of methyl-esterification, which is consistent with the results of  
419 earlier reports (Kostálová et al., 2013; Rosenbohm, Lundt, Christensen, & Young,  
420 2003). The down-yield shifts of H-4/C-4 demonstrated *O*-glycosylation at C-4 of  
421 GalpA, which accounted for more than 60 mol% in SMAP-1 (**Table 1**). However,  
422 regarding the spin system related to anomeric atoms at  $\delta_{\text{H/C}}$  5.17/102.1 ppm, fewer  
423 carbon signals were found in the HMBC spectrum possibly due to the relatively low  
424 amount, but the weak cross peak at 5.17/173.6 ppm (**Fig. 2B**, cross-peak **A-H5/C6**)  
425 manifested that it should be a methyl-esterified residue. The sequence of residues **A** and  
426 **A'** in SMAP-1 was assigned followed by the description of residues **B** and **B'**.

427  $\rightarrow 4$ )- $\alpha$ -GalpA-(1 $\rightarrow$  (residue **B**, **B'**). Being similar to the way of the assignment  
428 for residue **A** and **A'**, the presence of  $\rightarrow 4$ )- $\alpha$ -GalpA-(1 $\rightarrow$  with no methyl-esterification  
429 was verified due to the regular shift values of the carboxyl group at C-6 at 177.9 ppm,  
430 as shown in the inserted selective HMBC plot in **Fig. 2B** (cross-peak **B-H5/C6** and **B-**  
431 **H4/C6**), where a distinct shift value at 177.9 ppm was observed, being different from that  
432 of methylated carboxyl group at 173.6, and the one from the acetyl group at 176.5 ppm  
433 (**O-Ac**). Regular chemical shift values at 4.67 and 4.70 ppm were also observed and  
434 assigned to H-5 of residue **B** and **B'** respectively due to their correlation with C-6 at  
435 177.9 ppm (cross-peak **B-H5/C6** and **B'-H5/C6** in **Fig. 2B**), similar to the shift values  
436 reported in previous studies (Dénou et al., 2022; Kostálová et al., 2013; Shakhmatov et  
437 al., 2016). And accordingly, the assignment of H-1/C-1 to H-1/C-4 was performed  
438 based on the correlations in the HMBC and TOCSY spectra, as shown in **Table 3**, **Fig.**  
439 **2B** and **Fig. S1F**, and shift values in the literature (Huang et al., 2021; Shakhmatov,  
440 Belyy, & Makarova, 2018; Zou et al., 2014).

441 At the same time, residues **A**, **A'**, **B**, and **B'** are the main units composed in SMAP-  
442 1 due to the high amounts of 1,4-linked GalpA determined in GC-MS and high  
443 absorption peaks of the esterified and non-esterified uronic acid observed in FT-IR.  
444 Signals of important correlations between H-1/H-5/C-1 of residue **A** and C-4/H-4 of  
445 residue **B'**, correlations between H-1/H-5 of residue **A'** and H-4 of residue **A**, and  
446 connection between H-5/C-1 of residue **B'** and H-4/H-5 of residue **B**, indicated the  
447 presence of the linkage pattern: residue **A**  $\rightarrow$  residue **B'**, residue **A'**  $\rightarrow$  residue **A**, and  
448 residue **B'**  $\rightarrow$  residue **B**, respectively, as shown in sequence 1 in **Fig. 2E** and  
449 summarized in **Table 3**. Moreover, the correlations between C-1/H-1 of residue **B'** and  
450 H-5/C-5/H-4/C-4 of residue **A** and the correlations between C-1 of residue **B** and H-5  
451 of residue **B'** indicated the presence of the linkage pattern: residue **B'**  $\rightarrow$  residue **A** and  
452 residue **B**  $\rightarrow$  residue **B'**, as shown in sequence 2 in **Fig. 2E** and **Table 3**. Therefore, the

453 sequence of these residues could be mainly composed of **A'-A-B'-B** and **B-B'-A-A'**,  
454 as shown in **Fig. 2E**.

455 **→4)-α-GalpA-3-O-Ac-(1→ (residue C)**. A cross peak **O-Ac** at  $\delta_{H/C}$  2.09/23.2 ppm  
456 and  $\delta_{H/C}$  2.18/23.5 ppm in the HSQC spectrum (**Fig. 2A**) indicated the presence of  
457 acetyl group (CH<sub>3</sub>CO-) in SMAP-1 (Yao et al., 2021). The location of the *O*-acetyl  
458 groups in residue **C** could not be assigned from the HMBC spectrum, as only one  
459 correlation between its proton and the carbonyl group could be observed (**O-Ac** in  
460 **Fig.2B**). However, the down-ield shift of H-3 at 5.18 ppm was observed, which  
461 suggested the site of acetyl group at *O*-3. Other signals of C-2/H-2 to C-5/H-5 were  
462 assigned according to their correlations with H-3 in COSY (cross-peak **C-H<sub>2</sub>/H<sub>3</sub>** in **Fig.**  
463 **S1E**), HMBC (cross-peak **C-H<sub>3</sub>/C<sub>4</sub>** in **Fig. 2B**), TOCSY, and ROESY (**C-H<sub>3</sub>/H<sub>4</sub>** in **Fig.**  
464 **2C**) spectra, and the correlations between C-6 and H-4/5 in HMBC spectrum (cross-  
465 peak **C-H<sub>4</sub>/C<sub>6</sub>** and **C-H<sub>5</sub>/C<sub>6</sub>** in **Fig. 2B**), as shown in **Table 3**, as well as based on the shift  
466 values reported in the literature (Huang et al., 2021; Komalavilas & Mort, 1989; Patova  
467 et al., 2019; Zhao et al., 2017a).

468 **→4)-α-GalpA (residue D) and →4)-β-GalpA (residue F)**. The cross peak at  $\delta_{H/C}$   
469 5.31/95.0 (**D1** in **Fig. 2A**) and  $\delta_{H/C}$  4.59/99.0 ppm (**F1** in **Fig. 2A**) correspond to  $\alpha$  and  
470  $\beta$  formations of reducing end GalpA in pectin, respectively, as described in previous  
471 studies (Shakhmatov et al., 2016; Shakhmatov et al., 2018; Zou et al., 2021). Being  
472 similar to the assignment introduced in aforementioned residues, the rest of the atoms  
473 of H-2/C-2 to H-5/C-5 were assigned based on their correlations with H/C-1 and  
474 correlations between all atoms in COSY, TOCSY, HMBC, and ROESY spectra, as  
475 shown in **Fig. S1E**, **Fig. S1F**, **Fig. 2B**, and **Fig. 2C** respectively. Detailed correlations  
476 in HMBC, TOCSY, and ROESY of signals from residues **D** and **F** are summarized in  
477 **Table 3**.

478  **$\alpha$ -Araf-(1 $\rightarrow$ ,  $\rightarrow$ 5)- $\alpha$ -Araf-(1 $\rightarrow$  and  $\rightarrow$ 3,5)- $\alpha$ -Araf-(1 $\rightarrow$  (residue **G**, **H** and **I**).**

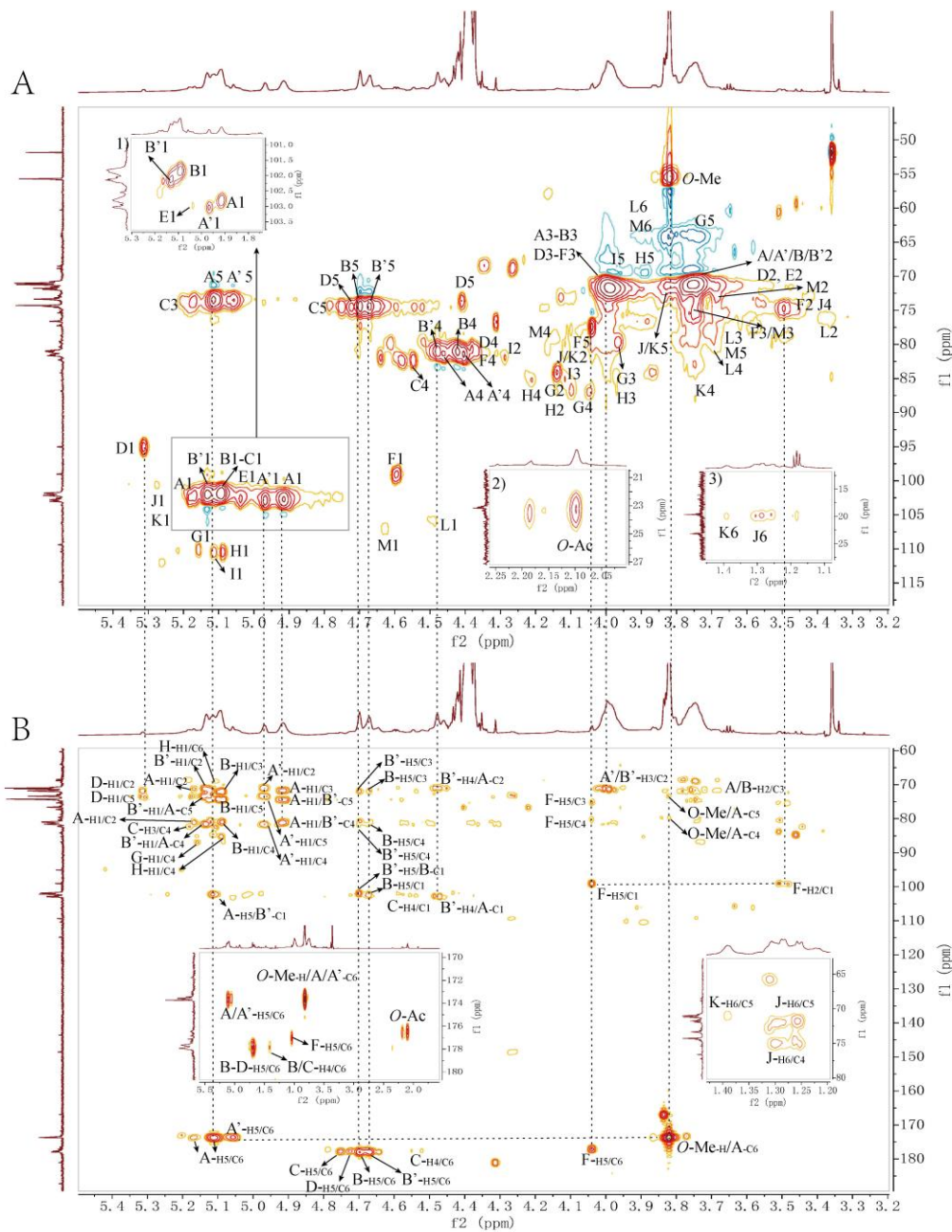
479 The anomeric carbon of furanose, Araf in this study, is commonly observed in the range  
480 of 103 to 112 ppm (Yao et al., 2021), which indicated the cross peaks observed in the  
481 anomeric region of HSQC spectrum at  $\delta_{H/C}$  5.15/110.2, 5.21/111.1, 5.09/110.4 and  
482 5.11/110.5 (cross-peak **G1**, **H1**, and **I1** in **Fig. 2A**) belong to Araf residues of SMAP-  
483 1. This anomeric carbon and protons were further assigned according to the shift values  
484 reported by Shakhmatov et al. (2018). Further, cross peaks at  $\delta_{H/C}$  5.15/86.8 ppm and  
485  $\delta_{H/C}$  5.09/85.2 ppm in the HMBC spectrum (**G-H1/C4** and **H-H1/C4** in **Fig. 2B**) were  
486 annotated to the inter-unit correlation of H-1 with C-4 of residue **G** and **H**, respectively.  
487 In addition, the cross peak at  $\delta_{H/C}$  5.11/68.7 ppm suggested the intra-unit correlation  
488 between H-1 of residue **I** and C-5 of residue **H**, where the down-ield shift of C-5 at  
489 68.7 ppm was affected by *O*-glycosylation. While, the regular shift values of C-5 at  
490 64.4 or 64.5 ppm, shown as negative cross peaks at  $\delta_{H/C}$  3.73/64.4 and 3.82/64.5 ppm  
491 in HSQC (**G5** in **Fig. 2A**), could be attributed to the terminal Araf (residue **G**). Other  
492 protons and carbons of residues **G**, **H**, and **I** were found in the HSQC spectrum (**Fig.**  
493 **2A**) according to the reported shift values in the literature (Li, Chen, Liu, Xu, & Zhang,  
494 2021; Shakhmatov et al., 2016; Shakhmatov et al., 2018), as most intra-unit H-C or H-  
495 H correlations could not be observed because they are present only in small amounts in  
496 SMAP-1.

497  **$\rightarrow$ 2)- $\alpha$ -Rhap-(1 $\rightarrow$  and  $\rightarrow$ 2,4)- $\alpha$ -Rhap-(1 $\rightarrow$  (residue **J** and **K**).** The presence of -  
498 CH<sub>3</sub> groups at  $\delta_{H/C}$  1.28/19.8, 1.30/19.9, and 1.39/19.9 ppm in HSQC (**J6**, **K6** in **Fig.**  
499 **2A**) could be signals from H-6/C-6 of Rhap (Yao et al., 2021), and the weak anomeric  
500 atoms (H-1/C-1) and H-2/C-2 were observed at  $\delta_{H/C}$  5.28/100.2 ppm (**J1/K1**) and  
501 4.11/78.2 ppm (**J/K2**) in the HSQC (**Fig. 2A**), respectively, according to the earlier  
502 reported shift values (Shakhmatov et al., 2018). Correlations between H-6 and C-5 at  
503  $\delta_{H/C}$  1.28/72.0 and 1.30/71.0 ppm (**JH6-C5** in **Fig. 2B**) and correlations between H-6 and  
504 C-4 at  $\delta_{H/C}$  1.28/74.8 and 1.30/75.1 of residue **J** (**JH6-C4** in **Fig. 2B**) were observed in

505 the HMBC spectrum (Shakhmatov et al., 2018). Only a weak correlation was found  
506 between H-6 and C-5 of residue **K** at  $\delta_{H/C}$  1.39/71.0 ppm in HMBC (**K<sub>H6-C5</sub>** in **Fig. 2B**)  
507 due to its low amount of presence in SMAP-1 (1.5 mol%), the same for its weak H-4/C-  
508 4 signals at  $\delta_{H/C}$  3.74/82.4 ppm in HSQC (Shakhmatov et al., 2018; Shakhmatov,  
509 Makarova, & Belyy, 2019). These aforementioned shift values and those of H-2/C-2 of  
510 residue **J** and **K** were assigned in accordance with previous reports (Huang et al., 2021;  
511 Shakhmatov et al., 2018; Shakhmatov et al., 2019).

512 Other residues including  $\alpha$ -GalpA-(1 $\rightarrow$  (residue **E**),  $\rightarrow$ 4)- $\beta$ -GlcP-(1 $\rightarrow$  (residue **L**),  
513  $\rightarrow$ 4)- $\beta$ -Galp-(1 $\rightarrow$  (residue **M**) were assigned mainly based on the reported chemical  
514 shift values in the literature (Shakhmatov et al., 2016), in addition to the H-1/H-2  
515 correlation of residue **L** in TOCSY spectrum (**L-H1/H2** in **Fig. S1F**). Other correlations  
516 between different protons and carbons in these residues could not be found due to the  
517 low relative amounts of presence in SMAP-1. And the signals of the anomeric and other  
518 atoms of terminal Xylp were too weak to be well assigned. In summary, the  
519 aforementioned residues compose the structure of SMAP-1 as a typical pectin, mainly  
520 consisting of a long HG linear chain, followed by shorter RG-I backbones with  
521 branches of arabinan and possible AG-I or II side chains, as shown in the proposed  
522 structure in **Fig. 2F**.

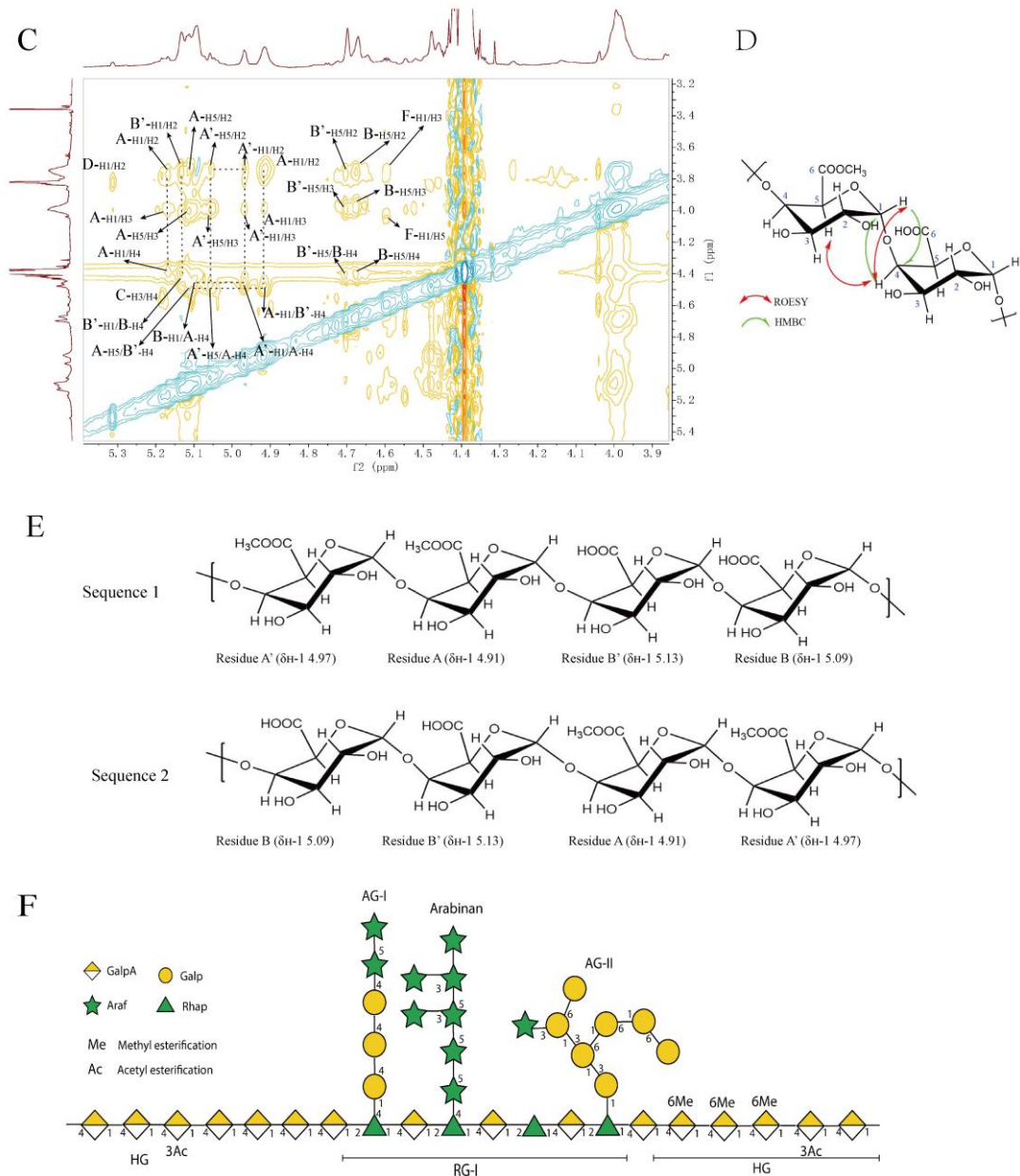
523



524

525 **Fig. 2.** NMR spectra (A-C) and the proposed structure (D-F) of SMAP-1. (A), HSQC  
 526 spectrum; (B), HMBC spectrum; (C), ROESY spectrum; (D), the illustration of the  
 527 sequence elucidation using ROESY and HMBC; (E), sequences of residue  $\rightarrow$ 4)- $\alpha$ -  
 528 GalpA-6-O-Me-(1  $\rightarrow$  (A and A') and  $\rightarrow$ 4)- $\alpha$ -GalpA-(1  $\rightarrow$  (B and B') in HG region; (F),  
 529 the proposed structure depicted by graphical symbols according to the symbol  
 530 nomenclature for glycans (SNFG) (Varki et al., 2015).





531

532 **Fig.2. (Continued)**

533 **Table. 2** <sup>1</sup>H and <sup>13</sup>C chemical shift values (δ in ppm) of SMAP-1

| Residues   | H1/C1                    | H2/C2                  | H3/C3                  | H4/C4                  | H5/C5                  | H6/C6                  | OCH3      |
|--|--------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-----------|
| <b>A</b> →4)-α-GalpA-6-O-Me-(1→                  | 4.91/102.6<br>5.17/102.1 | 3.75/71.6<br>3.77/71.4 | 3.97/71.6<br>3.99/n.d. | 4.46/81.6<br>4.38/n.d. | 5.11/73.4<br>n.d.      | /173.6<br>/173.6       | 3.82/55.1 |
| <b>A'</b> →4)-α-GalpA-6-O-Me-(1→                 | 4.97/103.0               | 3.74/71.1              | 3.99/71.6              | 4.40/81.6              | 5.06/73.4              | /173.6                 | 3.82/55.1 |
| <b>B</b> →4)-α-GalpA-(1→                         | 5.09/101.8               | 3.77/71.3              | 3.98/71.9              | 4.42/80.9              | 4.67/74.4              | /177.9                 |           |
| <b>B'</b> →4)-α-GalpA-(1→                        | 5.13/101.9               | 3.76/71.1              | 3.99/71.9              | 4.48/80.9              | 4.70/74.4              | /177.9                 |           |
| <b>C</b> →4)-α-GalpA-3-O-Ac-(1→ <sup>&amp;</sup> | 5.09/101.8               | 4.01/n.d.              | 5.18/73.7              | 4.54/82.4              | 4.75/74.6              | /177.7                 |           |
| <b>D</b> →4)-α-GalpA                             | 5.31/95.0                | 3.83/72.0              | 3.99/71.6              | 4.38/80.8              | 4.40/73.4              | /177.7                 |           |
| <b>E</b> α-GalpA-(1→*                            | 5.04/102.5               | 3.83/72.0              | 3.98/71.5              | 4.41/73.6              | 4.72/74.6              | /177.8                 |           |
| <b>F</b> →4)-β-GalpA                             | 4.59/99.0                | 3.49/74.7              | 3.76/75.6              | 4.40/80.1              | 4.04/77.5              | /177.1                 |           |
| <b>G</b> α-Araf-(1→                              | 5.15/110.2<br>5.21/111.1 | 4.14/84.2              | 3.96/79.6              | 4.05/86.8              | 3.73/64.4<br>3.82/64.5 |                        |           |
| <b>H</b> →5)-α-Araf-(1→                          | 5.09/110.4               | 4.14/84.2              | 3.96/79.2              | 4.21/85.4              | 3.88/68.7              |                        |           |
| <b>I</b> →3,5)-α-Araf-(1→                        | 5.11/110.5               | 4.28/81.5              | 4.11/85.4              | n.d.                   | 3.98/68.1              |                        |           |
| <b>J</b> →2)-α-Rhap-(1→*                         | 5.28/100.2               | 4.11/78.2              | 3.89/72.2              | 3.47/74.8<br>n.d./75.1 | 3.81/72.0<br>3.81/71.8 | 1.28/19.8<br>1.30/19.9 |           |
| <b>K</b> →2,4)-α-Rhap-(1→                        | 5.28/100.2               | 4.11/78.2              | 4.09/72.1              | 3.74/82.4              | 3.83/71.0              | 1.39/19.9              |           |
| <b>L</b> →4)-β-Glcp-(1→*                         | 4.48/105.7               | 3.36/76.8              | 3.70/77.0              | 3.68/80.0              | 3.62/76.1              | 3.89/63.9              |           |
| <b>M</b> →4)-β-Galp-(1→*                         | 4.62/107.6               | 3.68/72.0              | 3.75/75.6              | 4.16/80.5              | 3.71/77.6              | 3.87/64.0              |           |

534 Note: values of the chemical shifts were determined from the HSQC spectrum. \* means  
535 low sensitivity in HSQC spectrum but it can be found when the sensitivity was set as 5;  
536 <sup>&</sup>, O-Ac = O-COCH<sub>3</sub> with chemical shifts at δ<sub>C</sub> 176.5 and δ<sub>H/C</sub> 2.09/23.2; n.d., not  
537 detected

538 **Table 3.** Major proton and carbon correlations observed in HMBC, ROESY, and  
 539 TOCSY spectra of SMAP-1 ( $\delta$  in ppm)

| Residues                      | $\delta_H$        | Observed connections |                                 |                  |                   |                         |                                 |
|-------------------------------|-------------------|----------------------|---------------------------------|------------------|-------------------|-------------------------|---------------------------------|
|                               |                   | HMBC                 |                                 | TOCSY            |                   | ROESY                   |                                 |
|                               |                   | $\delta_C$           | Atom (sequence)                 | $\delta_H$       | Atom              | $\delta_H$              | Atom                            |
| <i>→4)-α-GalpA-6-O-Me-(1→</i> | 4.91<br>(A, H-1)  | 71.6                 | C-3 of residue A                | 3.75             | H-2 of residue A  | 3.75                    | H-2 of residue A                |
|                               |                   | <b>74.4</b>          | <b>C-5 of residue B' (A→B')</b> | 3.97             | H-3 of residue A  | <b>4.48</b>             | <b>H-4 of residue B' (A→B')</b> |
|                               |                   | <b>80.9</b>          | <b>C-4 of residue B' (A→B')</b> |                  |                   |                         |                                 |
|                               | 4.97<br>(A', H-1) | 71.1                 | C-2 of residue A'               | 3.75             | H-2 of residue A' | 4.46                    | H-4 of residue A (A'→A)         |
|                               |                   | 73.4                 | C-5 of residue A'               | 3.99             | H-3 of residue A' |                         |                                 |
|                               |                   | 81.6                 | C-4 of residue A'               |                  |                   |                         |                                 |
|                               | 5.11<br>(A, H-5)  | <b>102.1</b>         | <b>C-1 of residue B' (B'→A)</b> | 4.46             | H-4 of residue A  | 3.99                    | H-3 of residue A                |
|                               |                   | 173.6                | C-6 of residue A/A'             |                  |                   | <b>4.48</b>             | <b>H-4 of residue B' (A→B')</b> |
|                               | 5.06<br>(A', H-5) | 103.0                | C-1 of residue A'               |                  |                   | 3.99                    | H-3 of residue A'               |
|                               | 5.17<br>(A, H-1)  | <b>80.9</b>          | <b>C-4 of residue B' (A→B')</b> |                  |                   | <b>4.46</b>             | <b>H-4 of residue A (A'→A)</b>  |
|                               |                   | 173.6                | C-6 of residue A                |                  |                   | 3.77                    | H-2 of residue A                |
|                               |                   |                      |                                 |                  |                   | 3.99                    | H-2 of residue A                |
| 5.09<br>(B, H-1)              | 71.9              | C-3 of residue B     | 3.77                            | H-2 of residue B | 3.99              | H-3 of residue B        |                                 |
|                               | 74.4              | C-5 of residue B     | 3.99                            | H-3 of residue B | <b>4.42</b>       | <b>H-4 of residue B</b> |                                 |
|                               | 80.9              | C-4 of residue B     |                                 |                  |                   |                         |                                 |
| <i>→4)-α-GalpA-(1→</i>        |                   | 71.1                 | C-2 of residue B'               | 3.76             | H-2 of residue B' | 3.76                    | H-2 of residue B'               |
|                               | 5.13<br>(B', H-1) | <b>73.4</b>          | <b>C-5 of residue A (B'→A)</b>  | 3.99             | H-3 of residue B' | <b>4.46</b>             | <b>H-4 of residue A (B'→A)</b>  |
|                               |                   | <b>81.6</b>          | <b>C-4 of residue A (B'→A)</b>  | 4.48             | H-4 of residue B' |                         |                                 |

540

541 **Table 3. (Continued)**

| Residues  | $\delta_{\text{H}}$ | Observed connections |  |                     |                   |                     |   |
|---|---------------------|----------------------|--|---------------------|-------------------|---------------------|---|
|   |                     | HMBC                 |  | TOCSY               |                   | ROESY               |   |
|   |                     | $\delta_{\text{C}}$  | Atom (sequence)  | $\delta_{\text{H}}$ | Atom              | $\delta_{\text{H}}$ | Atom  |
| $\rightarrow 4$ - $\alpha$ -GalpA-(1 $\rightarrow$        | 4.48<br>(B', H-4)   | 71.1                 | C-2 of residue B'                                      | 3.76                | H-2 of residue B' | <b>4.91</b>         | <b>H-1 of residue A (A<math>\rightarrow</math>B')</b> |
|   |                     | <b>102.6</b>         | <b>C-1 of residue A (A<math>\rightarrow</math>B')</b>  | 3.99                | H-3 of residue B' | 5.13                | H-1 of residue B'                                     |
|   | 4.70<br>(B', H-5)   | 71.9                 | C-3 of residue B'                                      |                     |                   | 3.76                | H-2 of residue B'                                     |
|   |                     | 80.9                 | C-4 of residue B'                                      |                     |                   | 3.99                | H-3 of residue B'                                     |
|   |                     | <b>101.8</b>         | <b>C-1 of residue B (B<math>\rightarrow</math>B')</b>  |                     |                   | <b>4.42</b>         | <b>H-4 of residue B (B'<math>\rightarrow</math>B)</b> |
|   |                     | 177.9                | C- 6 of residue B'                                     |                     |                   |                     |   |
|   | 4.67<br>(B, H-5)    | 71.9                 | C-3 of residue B                                       |                     |                   | 3.77                | H-2 of residue B                                      |
|   |                     | 80.9                 | C-4 of residue B                                       |                     |                   | 3.98                | H-3 of residue B                                      |
|   |                     | 102.1                | <b>C-1 of residue B' (B'<math>\rightarrow</math>B)</b> |                     |                   | 4.42                | H-4 of residue B                                      |
|   |                     | 177.9                | C- 6 of residue B                                      |                     |                   |                     |   |
| $\rightarrow 4$ - $\alpha$ -GalpA-3-O-Ac-(1 $\rightarrow$ | 5.18<br>(C, H-3)    | 71.1                 | C-2 of residue C                                       | 4.01                | H-2 of residue C  | 4.54                | H-4 of residue C                                      |
|   |                     | 80.9                 | C-4 of residue C                                       |                     |                   |                     |   |
|   | 4.75<br>(C, H-5)    | 177.7                | C-6 of residue C                                       |                     |                   |                     |   |
|   | 4.54<br>(C, H-4)    | 177.7                | C-6 of residue C                                       |                     |                   |                     |   |
| $\rightarrow 4$ - $\alpha$ -GalpA                         | 5.31<br>(D, H-1)    | 71.6                 | C-3 of residue D                                       | 3.99                | H-3 of residue D  | 3.81                | H-2 of residue D                                      |
|   |                     | 73.4                 | C-5 of residue D                                       |                     |                   |                     |   |
| $\rightarrow 4$ - $\beta$ -GalpA                          | 4.59<br>(F, H-1)    |                      |  | 3.76                | H-3 of residue F  | 3.76                | H-3 of residue F                                      |
|   |                     |                      |  | 3.50                | H-2 of residue F  | 4.04                | H-5 of residue F                                      |
|   |                     | 80.1                 | C-4 of residue F                                       |                     |                   |                     |   |
|   | 4.04<br>(F, H-5)    | 99.0                 | C-1 of residue F                                       |                     |                   |                     |   |
|   |                     | 177.1                | C-6 of residue F                                       |                     |                   |                     |   |
| 3.49<br>(F, H-2)  | 99.0                | C-1 of residue F     |  |                     |                   |                     |   |

542

543 **Table 3. (Continued)**

| Residues  | $\delta_{\text{H}}$       | Observed connections |                         |                     |                         |                     |      |
|---|---------------------------|----------------------|-------------------------|---------------------|-------------------------|---------------------|------|
|   |                           | HMBC                 |                         | TOCSY               |                         | ROESY               |      |
|   |                           | $\delta_{\text{C}}$  | Atom (sequence)         | $\delta_{\text{H}}$ | Atom                    | $\delta_{\text{H}}$ | Atom |
| $\alpha$ -Araf-(1 $\rightarrow$                     | 5.15<br>( <b>G</b> , H-1) | 86.8                 | C-4 of residue <b>G</b> |                     |                         |                     |      |
| $\rightarrow$ 5)- $\alpha$ -Araf-(1 $\rightarrow$   | 5.09<br>( <b>H</b> , H-1) | 85.2                 | C-4 of residue <b>H</b> |                     |                         |                     |      |
| $\rightarrow$ 3,5)- $\alpha$ -Araf-(1 $\rightarrow$ | 5.11<br>( <b>I</b> , H-1) | <b>68.7</b>          | <b>C-5 of residue H</b> |                     |                         |                     |      |
|   | 1.28                      | 72.0                 | C-5 of residue <b>J</b> | 3.81                | H-5 of residue <b>J</b> |                     |      |
| $\rightarrow$ 2)- $\alpha$ -Rhap-(1 $\rightarrow$   | ( <b>J</b> , H-6)         | 74.8                 | C-4 of residue <b>J</b> | 3.47                | H-4 of residue <b>J</b> |                     |      |
|   | 1.30                      | 71.8                 | C-5 of residue <b>J</b> | 3.83                | H-5 of residue <b>J</b> |                     |      |
|   | ( <b>J</b> , H-6)         | 75.1                 | C-4 of residue <b>J</b> |                     |                         |                     |      |
| $\rightarrow$ 2,4)- $\alpha$ -Rhap-(1 $\rightarrow$ | 1.39<br>( <b>K</b> , H-6) | 71.0                 | C-5 of residue <b>K</b> |                     |                         |                     |      |
| $\rightarrow$ 4)- $\beta$ -GlcP-(1 $\rightarrow$    | 4.48<br>( <b>L</b> , H-1) |                      |                         | 3.36                | H-2 of residue <b>L</b> |                     |      |

544

545

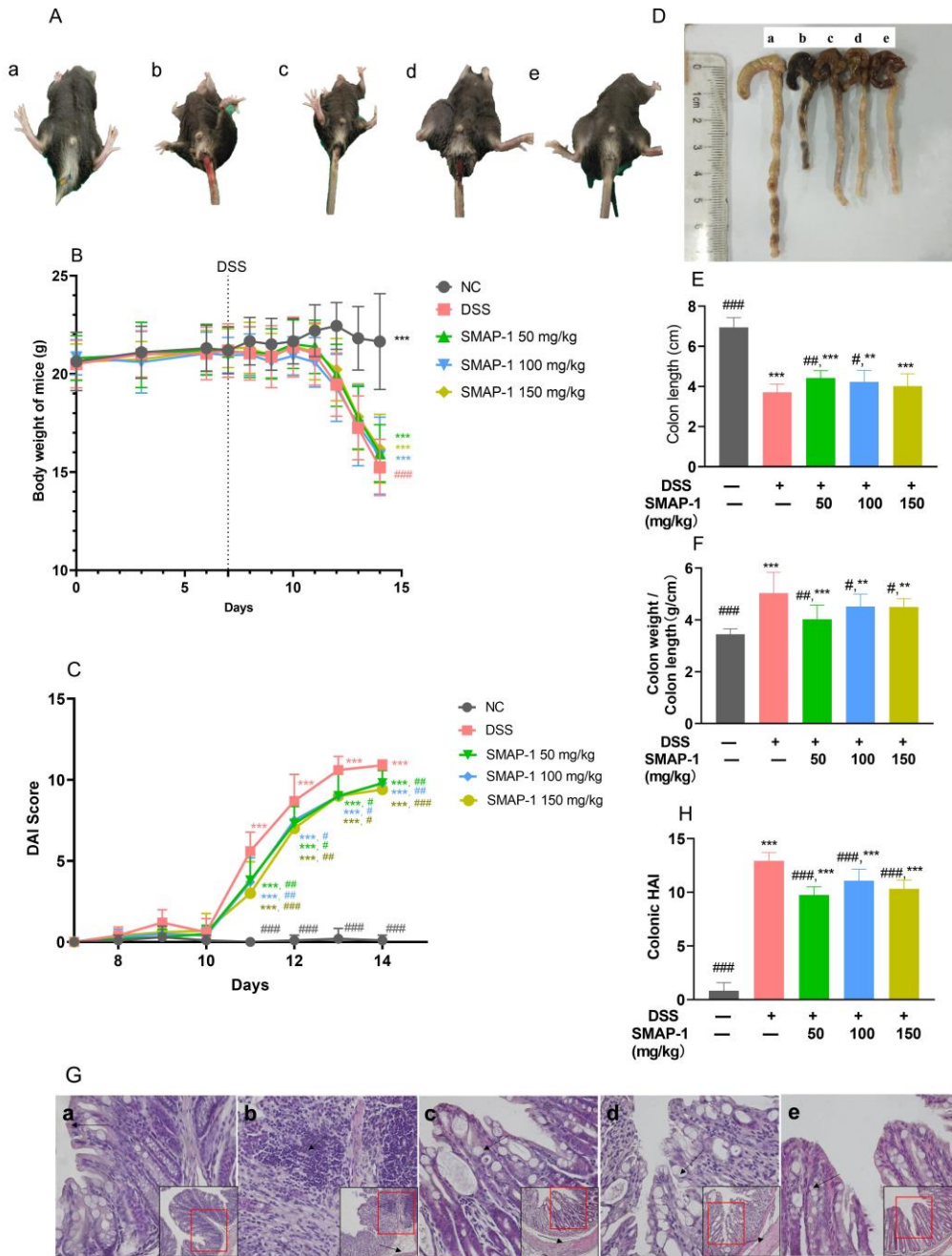
### 546 **3.3 SMAP-1 ameliorates DSS-induced colitis in mice**

#### 547 **3.3.1 SMAP-1 reduced DSS-induced colon injuries of colitis mice**

548 To evaluate the protective effect of SMAP-1 on colitis, the body weight and DAI  
549 of mice were monitored and recorded daily during the DSS intervention. No irregular  
550 symptom was observed in the NC group throughout the experiment (**Fig. 3**). However,  
551 the body weight of mice in the DSS group gradually decreased from the 4<sup>th</sup> day after  
552 the DSS intervention (11<sup>th</sup> day in **Fig. 3B**,  $p < 0.05$ ), and diarrhea, bloody stool, a bent  
553 waist, piloerection, and the decreased of food intake and activity were also observed in  
554 these mice. These symptoms were slightly ameliorated in SMAP-1 treated mice  
555 compared to the DSS group, but no significant difference was observed ( $p > 0.05$ ). DAI  
556 scores that reflect clinical symptoms and the severity of the UC mice model increased  
557 significantly in the DSS group compared to the NC group from the 11<sup>th</sup> day ( $p < 0.05$ ),  
558 the same as symptoms observed previously (Chassaing et al., 2014). DAI scores of mice  
559 treated with different dosages of SMAP-1 all decreased significantly compared to the  
560 DSS group (**Fig. 3C**). At the same time, the colon was shortened and the ratio of colonic  
561 weight to the length was increased significantly in the DSS group. However, these  
562 changes in the colon were noticeably attenuated by SMAP-1 ( $p < 0.01$ , **Fig. 3D, E, and**  
563 **F**), even though SMAP-1 had no significant recovery effect on the weight loss caused  
564 by DSS (**Fig. 3B**).

565 DSS has been reported to have a toxic effect on the colonic epithelium and induces  
566 erosions that ultimately compromise barrier integrity, resulting in increased colonic  
567 epithelial permeability. This further allows the dissemination of pro-inflammatory  
568 intestinal contents into the underlying tissues and destroys the balance between innate  
569 immunity and gut microbiota (Chassaing et al., 2014). In this study, the intestinal glands  
570 and histiocytes in the mucosal layer of mice were seriously damaged after the DSS  
571 challenge, and the number of crypt and goblet cells was significantly reduced, as shown  
572 in **Fig. 3G-b**. Abscess foci, connective tissue hyperplasia, and a large number of

573 inflammatory cells (mainly macrophages and neutrophils) infiltrations were observed  
574 and have invaded the submucous layer and muscle layer (**Fig. 3G-b**). HAI score of the  
575 DSS group was significantly higher than that of the NC group (**Fig. 3H**,  $p < 0.001$ ). In  
576 comparison, the inflammatory cell infiltration was lower in SMAP-1 groups than in the  
577 DSS group, and a more complete colonic structure, higher numbers of goblet cells, and  
578 a relatively more integrated mucosal structure were observed (**Fig. 3G-c, d, e**).  
579 Accordingly, a lower HAI score was shown in all SMAP-1 groups compared to the DSS  
580 group (**Fig. 3H**,  $p < 0.001$ ). All results indicated that SMAP-1 ameliorated colitis  
581 symptoms and colonic injuries caused by DSS, and might be able to restore the  
582 intestinal barrier and reduce colonic inflammation, which would be studied in the  
583 following sections.



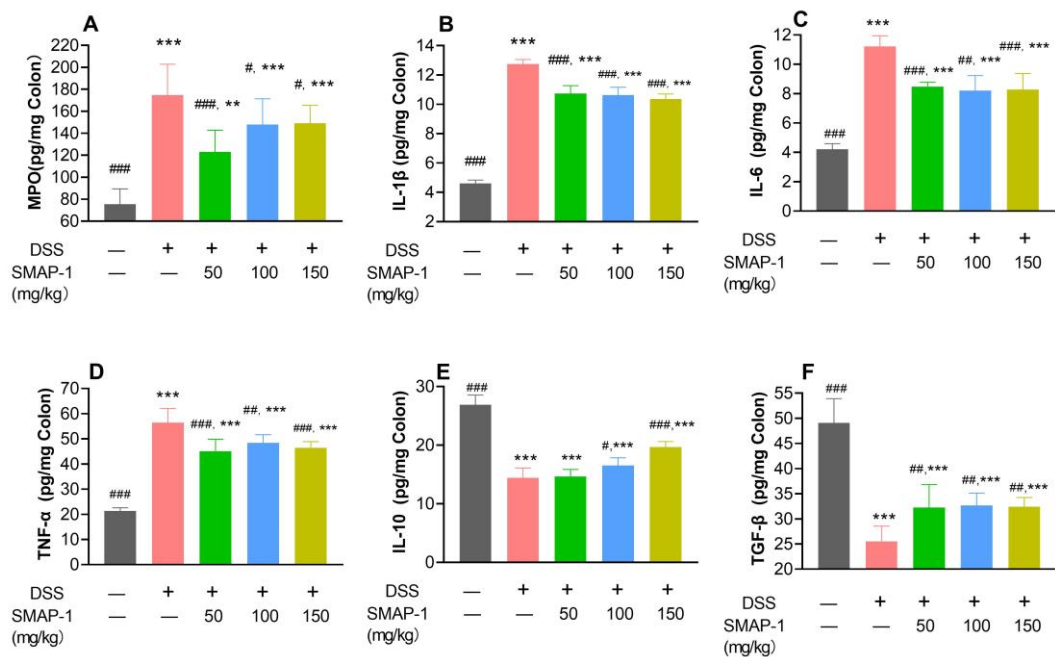
584

585 **Fig. 3.** Effects of SMAP-1 on DSS-induced colitis mice. (A), bloody stool; (B), body weight; (C)  
 586 DAI score; (D), (E), and (F), colonic damages and shortening; (G), histological damages; (H), HAI  
 587 score of colonic tissues: (a) NC group, (b) DSS group, (c) 50 mg/kg SMAP-1 group, (d) 100 mg/kg  
 588 SMAP-1 group, (e) 150 mg/kg SMAP-1 group. Data were shown as the mean  $\pm$  SD. \*  $p < 0.05$ , \*\*  
 589  $p < 0.01$ , and \*\*\*  $p < 0.001$  compared to NC group; #  $p < 0.05$ , ##  $p < 0.01$ , and ###  $p < 0.001$   
 590 compared to DSS group.



### 591 3.3.2 SMAP-1 reduced DSS-induced colonic inflammation of colitis mice

592 MPO has been shown to be a local mediator of tissue damage and results in  
593 inflammation in various inflammatory diseases (Aratani, 2018). As shown in **Fig. 4A**,  
594 the content of colonic MPO in the DSS group was statistically higher than in the NC  
595 group ( $p < 0.001$ ). In addition, excessive secretion of pro-inflammatory cytokines as  
596 inflammatory indicators, including IL-1 $\beta$ , IL-6, and TNF- $\alpha$ , has been reported to lead  
597 to the development of inflammation in IBD patients (Akdis et al., 2016). The levels of  
598 these cytokines were significantly increased in the colon of DSS-induced colitis mice,  
599 but were further reduced significantly in all SMAP-1 treated groups (**Fig. 4B, C, and**  
600 **D**). The levels of an anti-inflammatory interleukin, IL-10, and an important  
601 inflammatory mediator, TGF- $\beta$  (Akdis et al., 2016), were both reduced by DSS  
602 treatment and restored by SMAP-1 (**Fig. 4E and F**). The combination of pro-  
603 inflammatory and anti-inflammatory cytokines is a key indicator for understanding the  
604 inflammatory status of intestinal defense (Y. Wang et al., 2019), which suggested that,  
605 in the current study, DSS induced a disorder between pro-inflammatory and anti-  
606 inflammatory cytokines in the colon. While, SMAP-1 could regulate such imbalance  
607 and relieve colitis, as many plant-derived polysaccharides have exhibited in previous  
608 studies (Wang, Li, Zha, & Luo, 2022).



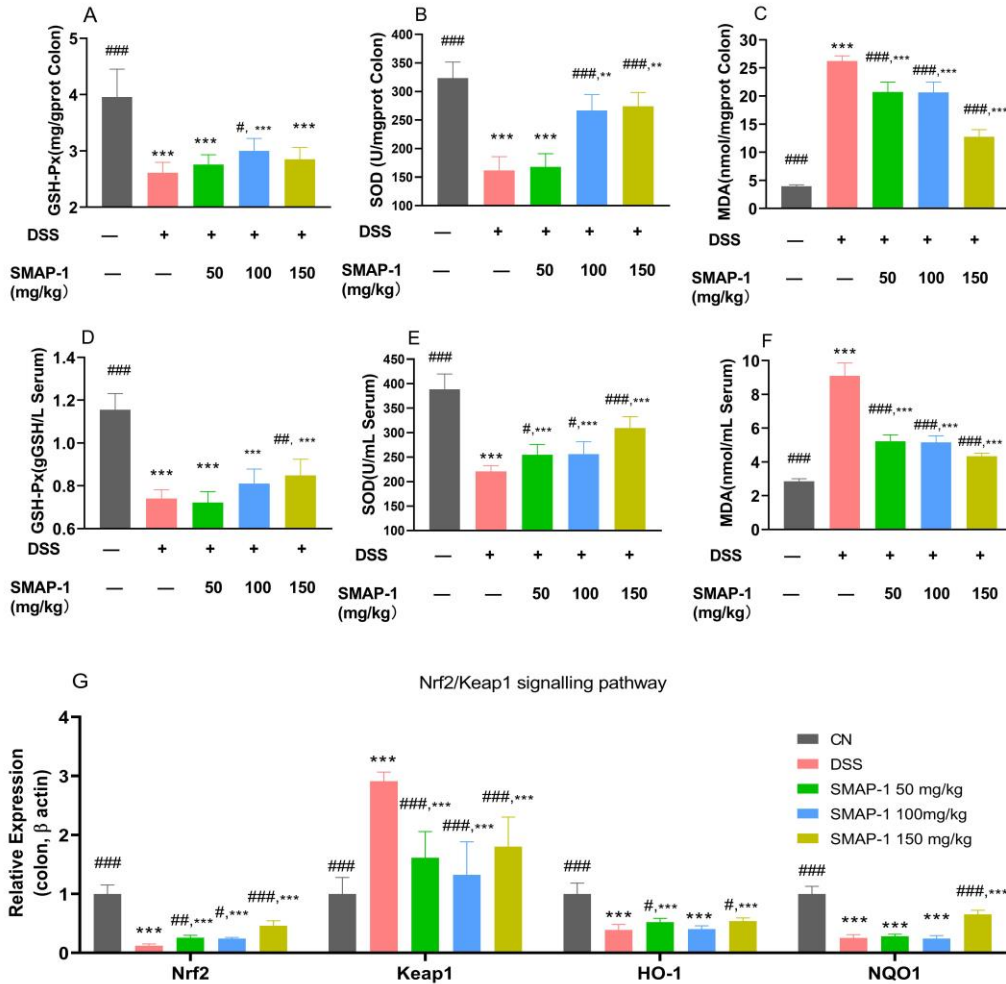
609

610 **Fig. 4.** Effects of SMAP-1 on colonic inflammation of DSS-induced colitis mice. (A), MPO, (B),  
 611 IL-1 $\beta$ , (C), IL-6, (D), TNF- $\alpha$ , (E), IL-10, (F), TGF- $\beta$ ; \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.01$   
 612 compared to NC group; #  $p < 0.05$ , ##  $p < 0.01$ , and ###  $p < 0.001$  compared to DSS group.

### 613 3.3.3 SMAP-1 promoted antioxidant defense of colitis mice by activating Nrf2 614 signaling pathway

615 It has been reported that oxidative stress is a crucial factor to induce and aggravate  
 616 inflammation in the intestine, as the intestinal tract is a vulnerable site to oxidative stress  
 617 in the existence of harsh environmental factors. High productions of oxidative stress-  
 618 related molecules, like ROS, MPO, and MDA, are further triggered (Bourgonje et al.,  
 619 2020; Yuan, Li, Huang, Fu, & Dong, 2022). While, a variety of plant-derived  
 620 polysaccharides possess antioxidative activities, and they are effective in the treatment  
 621 of experimental IBD or UC by ameliorating oxidative stress (Wang et al., 2022; Yuan  
 622 et al., 2022). This also applied to SMAP-1. As shown in **Fig. 5**, statistically lower levels  
 623 of GSH-PX and SOD, and a higher level of MDA in both colon and serum of colitis  
 624 mice were observed compared to the NC group. Nevertheless, those in SMAP-1-treated

625 mice were oppositely regulated in a dose-dependent manner compared to the colitis  
 626 mice.



627 **Fig. 5.** Effects of SMAP-1 on oxidative status and Nrf2 signal pathway of DSS-induced colitis  
 628 mice. The levels of oxidative stress were represented by the contents of GSH-Px (A), SOD (B),  
 629 and MDA (C) in serum, and the contents of GSH-Px (D), SOD (E), and MDA(F) in the colon. \*,  $p$   
 630 < 0.05, \*\*,  $p$  < 0.01, and \*\*\*,  $p$  < 0.01 compared to NC group; #,  $p$  < 0.05, ##,  $p$  < 0.01, and ###,  $p$   
 631 < 0.001 compared to DSS group.

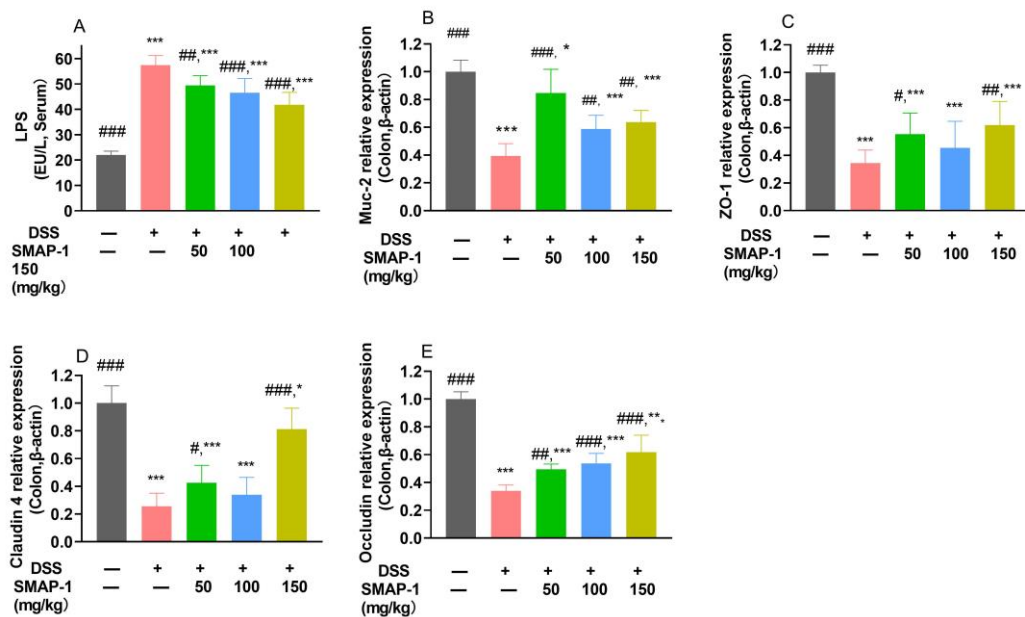
632 The anti-oxidant efficiency of SMAP-1 could be achieved through the regulation  
 633 of Nrf2 signaling pathway as we hypothesized in the introduction. As shown in **Fig. 5G**,  
 634 the gene transcriptions of Nrf2 and its downstream genes, HO-1 and NQO1, were  
 635 significantly down-regulated by the DSS intervention compared to the NC group, while,

636 the gene transcription of Keap1 was dramatically upregulated. However, these gene  
637 transcriptions were significantly reversed by SMAP-1 ( $p < 0.05$ ). Moderate effects were  
638 observed on the modulation of HO-1 by 100 mg/kg SMAP-1, and NQO1 by 50 and 100  
639 mg/kg SMAP-1 (**Fig. 5G**,  $p > 0.05$ ). Collectively, the high-dosage of SMAP-1  
640 performed the best effect in the regulation of Nrf2 signaling pathway. These findings  
641 suggested that SMAP-1 could play a beneficial role in DSS-induced colitis through  
642 anti-oxidative effects by activating Nrf2 signaling pathway. Similar effects of other  
643 plant-derived polysaccharides have been reported previously (Chen et al., 2021; Yuan  
644 et al., 2019). The mechanism of the modulatory effect of SMAP-1 on this signaling  
645 pathway could be proposed that SMAP-1 inhibits the connection between Keap1 and  
646 Nrf2, or promotes the expression and translocation of Nrf2. The up-regulation of Nrf2  
647 and its translocation to the nucleus further activate the expressions of stress-responsive  
648 protein and/or ROS scavenging enzymes (including HO-1, GSH-PX, and SOD) in the  
649 cell nucleus to eliminate excessive ROS. However, xenobiotics detoxification  
650 represented by NQO1 enzyme may not be involved (Piotrowska et al., 2021).

#### 651 **3.3.4 SMAP-1 repaired the integrity of the intestinal barrier**

652 Damage to the intestinal mucosal barrier is another important factor associated  
653 with IBD (Guan, 2019). And as mentioned previously, it has been shown that the main  
654 reason why DSS induces colitis in mice is the destruction of intestinal barrier function  
655 (Chassaing et al., 2014). Mucins secreted by intestinal goblet cells form a barrier that  
656 prevents large particles, including most bacteria, from directly contacting the epithelial  
657 cell layer. And the apical junctional complex, which is composed of the tight and  
658 subjacent adherence junction ensures an intact intestinal epithelial layer (Turner, 2009).  
659 Here, the increased level of LPS in serum suggested that the barrier in the colonic layer  
660 of colitis mice was damaged by DSS intervention (**Fig. 6A**). And the gene expressions  
661 of mucin 2 (Muc 2), a peripheral membrane protein ZO-1, a transmembrane protein  
662 claudin 4 and a transmembrane tight junction protein occludin, were all downregulated

663 by DSS, as shown in **Fig. 6B, C, D,** and **E,** respectively ( $p < 0.001$ ). This indicates that  
 664 DSS led to the destruction of the intestinal barrier in colitis mice. SMAP-1 reduced the  
 665 level of LPS in serum and upregulated the gene expression of Muc-2, ZO-1, claudin 4,  
 666 and occludin in the colon. These results suggest that SMAP-1 could restore the  
 667 intestinal barrier function of colitis mice. This restorative effect on barrier defense could  
 668 be due to the inhibition of intestinal inflammation and/or the reduction of oxidative  
 669 stress observed by SMAP-1 in the above sections, as correlations among them have  
 670 already been reported (Bourgonje et al., 2020; Turner, 2009). Up-regulation of Nrf2 has  
 671 also been shown to strengthen tight junctions in the intestinal epithelium (Piotrowska  
 672 et al., 2021). Regulation of intestinal microbiota composition is another potential factor,  
 673 similar to the previously reported effects of a variety of polysaccharides (Yuan et al.,  
 674 2022).



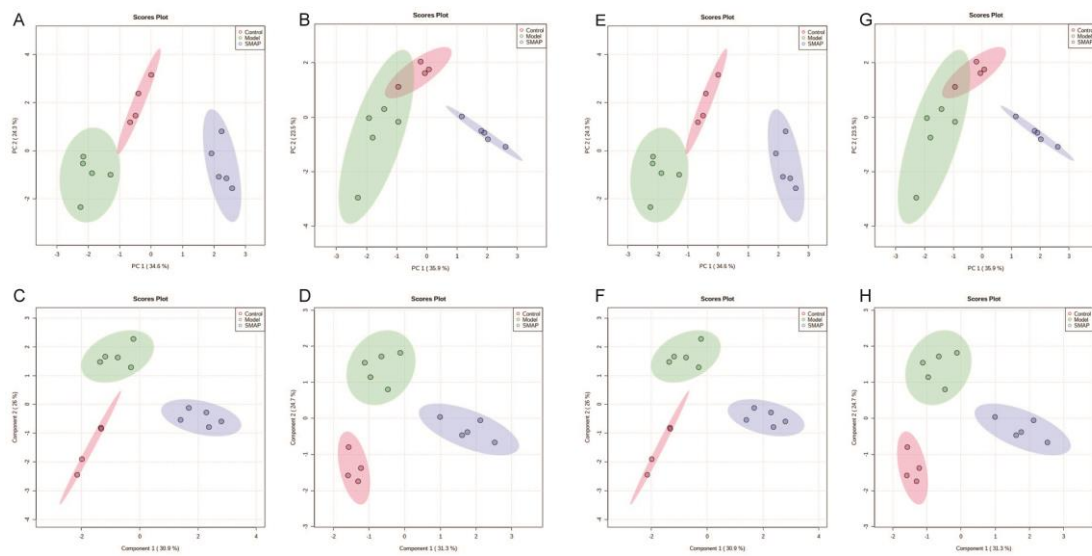
675  
 676 **Fig. 6.** Effect of SMAP-1 on intestinal epithelial barrier function in colitis mice. (A), the content of  
 677 LPS in serum; the relative gene expression levels of Muc-2 (B), ZO-1(C), claudin 4 (D), and  
 678 occludin (E). \*,  $p < 0.05$ , \*\*,  $p < 0.01$ , and \*\*\*,  $p < 0.001$  compared to NC group; #,  $p < 0.05$ , ##,  
 679  $p < 0.01$ , and ###,  $p < 0.001$  compared to DSS group.

680 **3.3.5 SMAP-1 modulated the serum metabolomic profiles of DSS-induced colitis**  
681 **mice**

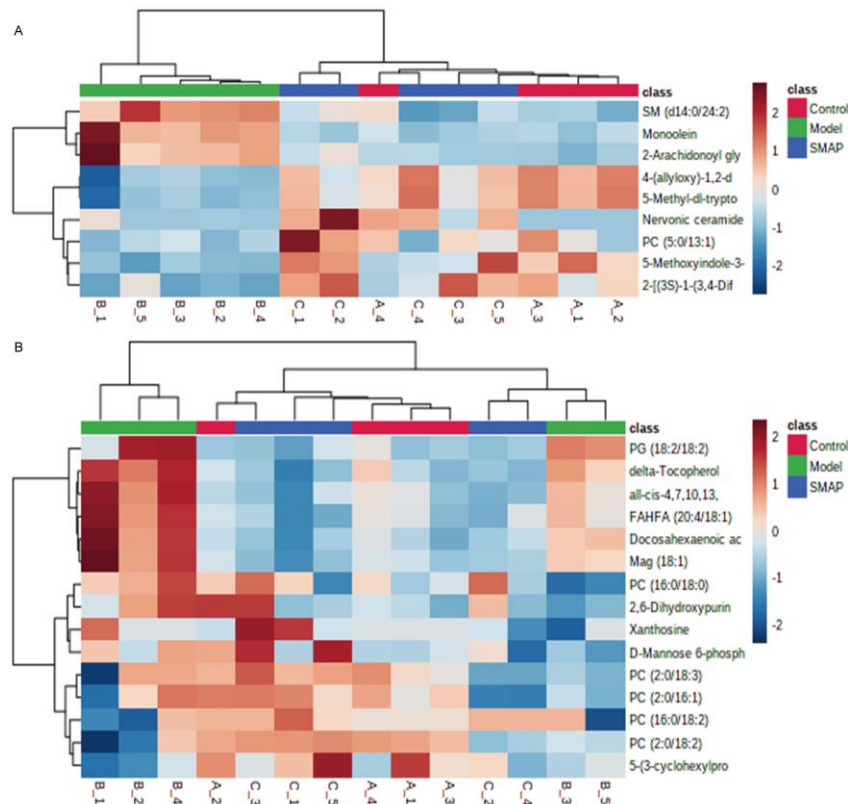
682 Metabolomics is an analysis of the profile of small-molecule intermediates and end  
683 products in biological samples. The metabolomic profile of serum and plasma, the most  
684 commonly studied biofluids, can well-characterize biological profiles and reflect  
685 systemic metabolism. Metabolomic analysis in IBD could provide information on  
686 disease-associated metabolic changes and may reflect changes in host metabolism over  
687 time and following therapeutic interventions (Gallagher, Catesson, Griffin, Holmes, &  
688 Williams, 2021). In this study, untargeted metabolomics of mice serum was used to  
689 investigate the modulatory effect of SMAP-1 on the metabolite profiles of DSS-induced  
690 colitis. Three randomly mixed samples were tested for data quality control (QC) before  
691 starting the analysis. The Pearson correlation of the QC samples is shown in **Fig. S3**.  
692 The higher the correlation of the QC samples ( $R^2$  was closer to 1), the more stable the  
693 whole detection process and the higher the data quality. There were 469 (negative mode)  
694 and 656 (positive mode) known metabolites detected and identified in all NC, DSS, and  
695 SMAP-1 (150 mg/kg) groups. Furthermore, a principal component analysis (PCA, **Fig.**  
696 **7A, B**) and a partial least squares discriminant analysis (PLS-DA, **Fig. 7C, D**) were  
697 used to investigate the similarity of the principal components and the overall metabolic  
698 differences among samples of each group. The difference between the NC (control) and  
699 DSS (model) groups was not that apparent, however, the metabolomic profile of the  
700 SMAP-1-treated group was independently distributed from the other two groups (**Fig.**  
701 **7A-D**), indicating that the serum metabolite profile of the colitis mice was changed after  
702 SMAP-1 intervention.

703 Differential metabolites between groups that matched with  $VIP > 1.0$ ,  $FC > 1.5$ , or  
704  $FC < 0.667$  and  $P \text{ value} < 0.05$ , were further screened. There were 113 and 90  
705 metabolites found in the positive and negative mode, respectively. Herein, 30  
706 metabolites in the positive mode and 18 metabolites in the negative mode were

707 significantly modulated in the DSS group compared to the NC group (**Table S4**). While,  
 708 after the treatment of SMAP-1, 66 metabolites in the positive mode and 50 metabolites  
 709 in the negative mode were regulated compared to the DSS group, as shown in **Table**  
 710 **S5**. These altered metabolites in all three groups were independently distributed in PCA  
 711 and PLS-DA analysis (**Fig. 7E-H**). Of all the aforementioned metabolites, 9 metabolites  
 712 that were upregulated in the DSS group, were downregulated by SMAP-1. While, 15  
 713 metabolites that were downregulated in the DSS group, were upregulated by SMAP-1,  
 714 as shown in the heatmaps in **Fig. 8A, B**, and the details in **Fig. S4**.



715  
 716 **Fig. 7.** Effects of SMAP-1 on the overall (A-D) and differential metabolites (E-H) of  
 717 DSS-induced colitis mice. (A, E), PCA in the positive mode; (B, F), PCA in the negative  
 718 mode; (C, G), PLS-DA in the positive mode; (D, H), PLS-DA in the negative mode.



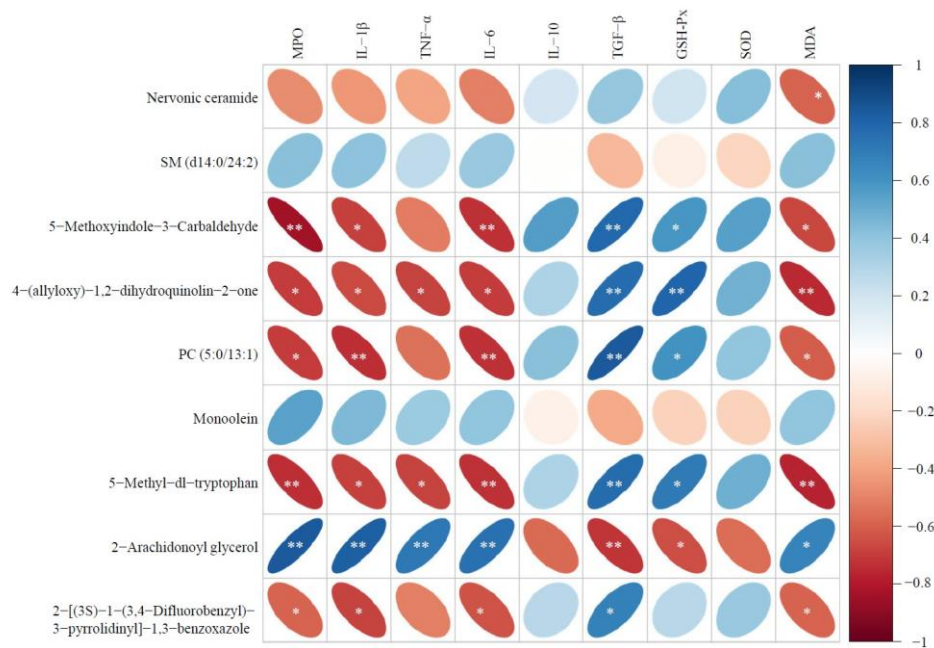
720

721 **Fig. 8.** Cluster heatmaps of metabolites that were reversed by SMAP-1 on DSS-  
 722 induced colitis mice in positive (A) and negative modes (B).

723 Furthermore, a spearman correlation was performed to analyze the correlations  
 724 between the regulated metabolites mentioned in this section and the levels of MPO,  
 725 cytokines (IL-1 $\beta$ , TNF- $\alpha$ , IL-6, IL-10, TGF- $\beta$ ), and antioxidant-related enzymes (GSH-  
 726 PX, SOD, and MDA) shown in earlier sections. As shown in **Fig. 9**, the serum  
 727 metabolites that were extremely altered by treatment with DSS and SMAP-1 were  
 728 screened. Seven of them showed significant correlations with the modulatory effects of  
 729 SMAP-1 on cytokines and antioxidant enzymes. To date, numerous studies have  
 730 investigated the effects of the metabolites docosahexaenoic acid (DHA), 2-  
 731 arachidonoyl, glycerol, xanthine, and docosapentaenoic acid on colitis by reducing  
 732 intestinal inflammatory factors in colitis or IBD (Chiaro et al., 2017; Perisetti, Rimu,  
 733 Khan, Bansal, & Goyal, 2020; Wu et al., 2020; Zhao et al., 2017b; Zheng, Dai, Cao,



734 Shen, & Zhang, 2019). However, the potential effect of 5-methoxy indole-3-  
 735 carboxaldehyde (5-MC), which has been shown to correlate significantly with the anti-  
 736 inflammatory and anti-oxidative effects observed by SMAP-1, on colitis remains  
 737 unknown and was therefore chosen for further investigation.  
 738



739  
 740 **Fig. 9.** Spearman correlations between the levels of pro-inflammatory cytokines and  
 741 oxidative stress-related proteins and the identified metabolites in serum. \*/\*\*,  
 742 represents the correlation was statistically significant, \*  $p < 0.05$ , \*\*  $p < 0.01$ .

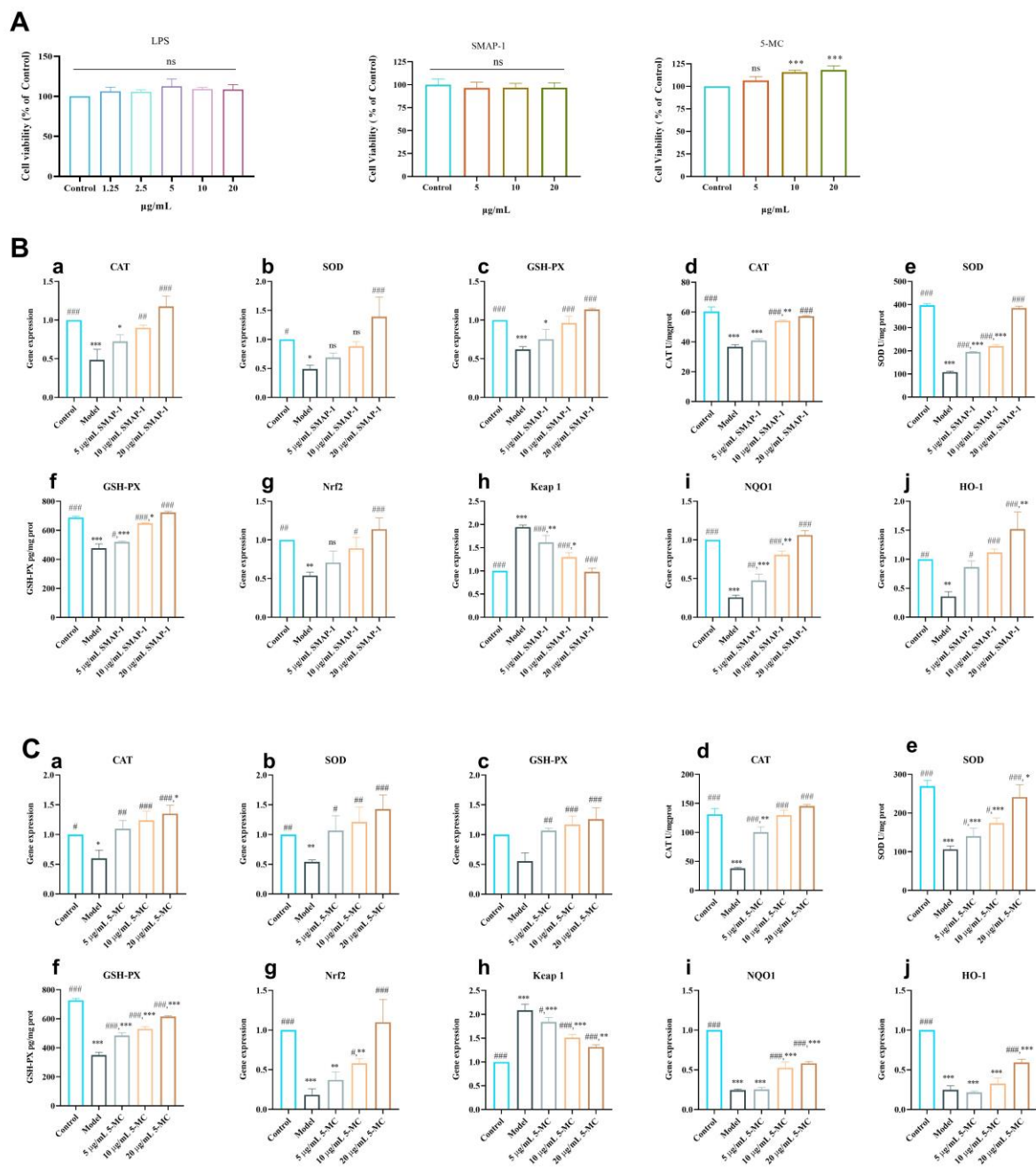
743 **3.4 Effects of SMAP-1 and 5-methoxy indole-3-carbaldehyde on the**  
 744 **LPS-induced IPEC-J2 cells**

745 To further confirm the anti-oxidative effects of SMAP-1 *in vitro* through its  
 746 modulatory potential on Nrf2/Keap1 signaling pathway, SMAP-1 was administered to  
 747 inflamed intestinal epithelial cells (IPEC-J2). Additionally, 5-MC, the metabolite  
 748 significantly regulated by SMAP-1 *in vivo*, was also studied to determine its effects on  
 749 the inflamed intestinal epithelium and whether it is one of the major targets that SMAP-  
 750 1 affected *in vivo*. LPS has been used to induce inflammation and oxidative stress on

751 IPEC-J2 cells, as has been previously reported (Z.-G. Chen et al., 2018; Huang et al.,  
752 2021; Zou et al., 2020). The cytotoxicity of SMAP-1, 5-MC, and LPS was initially  
753 tested using CCK-8 kits. All these three compounds were shown to be nontoxic on  
754 IPEC-J2 cells in the range of 1.25 or 5 to 20  $\mu\text{g}/\text{mL}$  (**Fig. 10A**). 10 and 20  $\mu\text{g}/\text{mL}$  of 5-  
755 MC promoted cell proliferation after 12 h co-cultivation (**Fig. 10A**). Therefore, 20  
756  $\mu\text{g}/\text{mL}$  LPS and 5, 10, and 20  $\mu\text{g}/\text{mL}$  SMAP-1 and 5-MC were used in further studies.

757 As shown in **Fig. 10**, both gene and protein expressions of antioxidant enzymes  
758 (CAT, SOD, GSH-Px) were downregulated in the LPS-treated group compared to the  
759 normal control. They were, however, significantly restored in dose-dependent manners  
760 after pretreatment with SMAP-1 (**Fig. 10B, a-f**) and 5-MC (**Fig. 10C, a-f**). This  
761 suggests that both SMAP-1 and 5-MC could promote protection against cellular  
762 oxidation in IPEC-J2 cells. These modulatory effects of SMAP-1 were consistent with  
763 those observed in colitis mice. In addition, Nrf2/Keap1 signaling pathway which had  
764 been regulated *in vivo* was also activated by SMAP-1 *in vitro*. Gene transcription levels  
765 of Nrf2 and its relevant proteins NQO1 and HO-1 were upregulated, and that of Keap1  
766 was downregulated by SMAP-1, being consistent with the effects observed in DSS-  
767 induced colitis mice in section 3.3.3. Moreover, SMAP-1 was characterized as a pectic  
768 polysaccharide in section 3.2, and its protective effects against oxidative stress on LPS-  
769 induced IPEC-J2 cells were similar to those of other pectic polysaccharides shown  
770 previously (Huang et al., 2021; Zou et al., 2021; Zou et al., 2020; Zou et al., 2022), by  
771 enhancing the activities of antioxidant enzymes and activating Nrf2/Keap1 signaling  
772 pathway. Interestingly, both 5-MC and SMAP-1 were effective in regulating  
773 Nrf2/Keap1 signaling pathway in a dose-dependent manner. As far as we know, 5-MC  
774 is a synthesized compound and has not yet been isolated from nature (Jeyaseelan,  
775 Premkumar, Kaviyarasu, & Franklin Benial, 2019). Few biological functions have been  
776 studied besides its anti-lung cancer potential. Its anti-oxidative ability on the intestine  
777 is the first report. At the same time, the level of 5-MC was dramatically decreased in

778 colitis mice and promoted by SMAP-1 treatment (**Fig. S4**). It might be one of the end  
779 products of SMAP-1 after oral administration, and also a metabolite from specific  
780 bacteria that could be affected by SMAP-1. Further study involving human  
781 bacteria/feces could be of interest to investigate the source of 5-MC and degradation of  
782 SMAP-1 the by gut microbiota. It is possible that SMAP-1 exerts its protective effect  
783 on colitis mice by regulating the amount of 5-MC in the colon, and that 5-MC could be  
784 further absorbed into the blood and continues to function in the circulatory system.  
785 Therefore, 5-MC could be one of the signals/compounds that are derived from and  
786 controlled by SMAP-1 *in vivo*. An *in vivo* study of 5-MC in colitis mice with dynamic  
787 monitoring of 5-MC levels in both colonic contents and serum would be helpful to  
788 verify this hypothesis. Further evidence on the relationship between 5-MC and colitis  
789 or IBD is needed. In conclusion, this study demonstrated robust protective effects of a  
790 pectic polysaccharide isolated from the aerial parts of *S. multiorrhiza* on colitis and the  
791 intestinal epithelium and provided a foundation for the future utilization of these wasted  
792 aerial plant parts. Additionally, 5-MC could be a potential candidate and the target  
793 signaling metabolite for the action of SMAP-1 to defend against intestinal oxidative  
794 stress in colitis through Nrf2/Keap1, which needs to be further investigated.



795 **Fig. 10.** Cell viability and antioxidant effects of SMAP-1 and 5-MC on IPEC-J2 cells. Cells were  
 796 pretreated with SMAP-1 or 5-MC at 5, 10, and 20 µg/mL for 12 h before supplemented with LPS  
 797 (20 µg/mL). (A), cell viability of cells treated with LPS, SMAP-1, and 5-MC; (B), gene and protein  
 798 expressions of CAT (a, d), SOD (b, e), and GSH-PX (c, f), as well as gene expressions of Nrf2 (g),  
 799 Keap1 (h), NQO1 (i) and HO-1 (j) in cells treated with SMAP-1; (C), gene and protein expressions  
 800 of CAT (a, d), SOD (b, e) and GSH-PX (c, f), as well as gene expressions of Nrf2 (g), Keap1 (h),  
 801 NQO1 (i) and HO-1 (j) in cells treated with 5-MC. \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$  vs. Control  
 802 group; #  $p < 0.05$ , ##  $p < 0.01$ , ###  $p < 0.001$  vs. Model/LPS only group; ns, no significant difference.

## 803 **4 Conclusion**

804 In this study, a pectic polysaccharide, SMAP-1, with 26.3 kDa and consisting of HG  
805 and RG-I regions with arabinans and possible AG-I and AG-II side chains, was isolated  
806 from the aerial part of *S. miltiorrhiza*. SMAP-1 exhibited robust protective effects on  
807 DSS-induced colitis by activating Nrf2/Keap1 signaling pathway. In addition, SMAP-  
808 1 reversed the levels of several metabolites that were affected by DSS. The metabolite  
809 5-MC also exhibited anti-oxidative effects by regulating Nrf2/Keap1 signaling pathway  
810 *in vitro*, same as SMAP-1 performed. These results suggested that SMAP-1 could be a  
811 promising candidate for the treatment of colitis, and 5-MC could be the signal  
812 metabolite for the action of SMAP-1 in defending against intestinal oxidative stress in  
813 colitis. This study also laid the foundation for further utilization of the wasted aerial  
814 parts of *S. miltiorrhiza* as a medicinal sources of antioxidant substance.

815

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822

## 823 **CRedit Authorship contribution statement**

824 **Yu-Ping Fu:** Data curation, Visualization; Writing – review & editing. **Xi Peng:** Data  
825 curation, Methodology Visualization Investigation, Software, Writing. **Chao-Wen**  
826 **Zhang:** Data curation, Methodology Visualization Investigation, Software, Writing.  
827 **Quan-Xing Jiang:** Data curation, Methodology, Software. **Cen-Yu Li:** Methodology,

828 Visualization, Formal analysis, Software. **Berit Smestad Paulsen**: Methodology,  
829 Writing – review & editing. **Frode Rise**: Data curation. **Chao Huang**: Methodology,  
830 Supervision. **Bin Feng**: Supervision. **Li-Xia Li**: Investigation. **Xing-Fu Chen**:  
831 Software. **Ren-Yong Jia**: Supervision. **Yang-Ping Li**: Investigation. **Xing-Hong Zhao**:  
832 Writing – review & editing. **Gang Ye**: Visualization. **Hua-Qiao Tang**: Methodology.  
833 **Xiao-Xia Liang**: Formal analysis. **Cheng Lv**: Supervision; Visualization. **Meng-Liang**  
834 **Tian**: Visualization. **Zhong-Qiong Yin**: Funding acquisition, Project administration  
835 Writing–review & editing. **Yuan-Feng Zou**: Funding acquisition, Project  
836 administration, Resources, Data curation, Methodology, Roles/Writing - original draft.

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