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Humoral immune response to SARS-CoV-2 vaccination in patients with inflammatory bowel disease on immunosuppressive medication: association to serum drug levels and disease type

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ABSTRACT

Objectives: Immune responses following SARS-CoV-2 vaccination in patients with inflammatory bowel disease (IBD) are not well characterized. The aims of this study were to explore the serological response associated with IBD, and immunosuppressive medications including serum concentrations of biologics and thiopurine metabolites.

Materials and methods: This prospective, observational study included adult patients with ulcerative colitis (UC) and Crohn's disease (CD), and healthy controls. Antibodies to the receptor-binding domain of SARS-CoV-2 spike proteins, and serum concentrations of ongoing biologic and immunomodulatory medications were assessed prior to, and 2-5 weeks after the second vaccine dose. Serologic response was defined as anti-Spike antibodies ≥ 70 AU/ml.

Results: In 958 IBD patients (380 UC, 578 CD) and 323 healthy controls, the median (Q₁; Q₃) anti-Spike antibody level (AU/ml) was lower in patients (618 (192; 4370)) compared to controls (3355 (896; 7849)) ($p < 0.001$). The antibody levels were lower in CD (439 (174; 3304)) compared to UC (1088 (251; 5975)) ($p < 0.001$). No associations were demonstrated between antibody levels and serum drug concentrations for TNF inhibitor (TNFi), vedolizumab and ustekinumab.

Patients receiving TNFi + thiopurines with a subtherapeutic 6-thioguanine nucleotide (6-TGN) level had higher response rate (93%) compared to patients with 6-TGN within the therapeutic range (53%) ($p = 0.003$). A diagnosis of UC, mRNA-1273 vaccine, and other treatments than TNFi + thiopurines were associated with humoral response.

Conclusions: Patients with CD had an attenuated humoral response to SARS-COV-2 vaccination as compared to patients with UC. The lack of association between serum levels of biologics and serologic response indicates vaccination regardless of proximity to drug administration.

Abbreviations: AHUS: Akershus University Hospital; BMI: body mass index; CD: Crohn's disease; CEPI: Coalition for Epidemic Preparedness Innovations; CRP: C-reactive protein; HBI: Harvey-Bradshaw Index; IBD: Inflammatory bowel disease; IMIDs: immune-mediated inflammatory diseases; NIPH: Norwegian Institute of Public Health; OUH: Oslo University Hospital; pMS: partial Mayo score; RBD: receptor-binding domain; SYSVAK: Norwegian Immunisation Registry; TNFi: tumor necrosis factor inhibitors; UC: ulcerative colitis

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Introduction


Inflammatory bowel disease (IBD), comprising Crohn's disease (CD) and ulcerative colitis (UC), is characterised by chronic

inflammation arising from an abnormal host immune response to environmental factors and microbial antigens, influencing both innate and adaptive immunity in genetically susceptible

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patients. The primary goal of IBD management is to control this inflammation with immunosuppressive medication including immunomodulators, tumor necrosis factor inhibitors (TNFi) and other biologics, and targeted small molecules [1].

Vaccines against SARS-CoV-2 have been shown to be efficacious and safe in the general population. As patients with immune-mediated inflammatory diseases using immunosuppressive medication were excluded from clinical phase III vaccine trials, the immune responses following SARS-CoV-2 vaccination in patients with IBD are less well described. Recently, the vaccine response in immunocompromised patients has been a research priority, where the impact of immunomodulatory and biologic treatment in IBD has been a topic of great interest [2–9]. Current position statements have recommended SARS-CoV-2 vaccination regardless of immunosuppressive therapies [10,11]. They also advise against tapering immunosuppressive medications or adapting timing of vaccination within dosing intervals of biologics in relation to vaccination in IBD, although data exploring associations between serum concentrations of biological drugs and vaccine response in IBD are limited [12,13]. Thus, larger studies evaluating effectiveness of SARS-CoV-2 vaccine in IBD patients receiving different immunosuppressive medications with a variety of serum concentrations are needed to support these recommendations. Likewise, further studies exploring possible associations between characteristics of the underlying bowel disease and vaccine response are warranted [2,8]. Identifying factors that have an impact on the vaccine response may provide guidance for further monitoring of vaccine responses and scheduling further booster vaccination in IBD patients.

The aims of this prospective, observational study were to assess the humoral response after two-dose SARS-CoV-2 vaccination in a large, well-characterised cohort of IBD patients receiving immunosuppressive treatment, and to explore the associations between the vaccine response and characteristics of the underlying bowel disease, ongoing immunosuppressive medication, and serum concentrations of biologics and thiopurine metabolites.

Materials and methods

Study population

IBD patients were recruited into the study from the two largest referral centres for IBD in Norway: Akershus University Hospital (AHUS) and Oslo University Hospital (OUH), Ullevål. At AHUS, patients enrolled in the prospective observational Nor-vaC study (Norwegian study of vaccine response to COVID-19 vaccines) were included (Clinicaltrials.gov NCT04798625) [7,14]. At OUH, the patients were recruited from the OUH study on SARS-CoV-2 vaccine response and clinical data were collected from a local IBD registry (PVO 2014/7822). Eligibility criteria are presented in the [Supplementary Appendix](#). Adult patients (aged ≥ 18 years) with a diagnosis of UC and CD treated with immunosuppressive medications were consecutively included in the study prior to the onset of the national vaccination program in February 2021. The healthy controls consisted of health care

workers from AHUS, Diakonhjemmet Hospital, and OUH. The study was approved by an independent ethics committee (Regional Committees for Medical and Health Research Ethics South-East, reference numbers 235424, 135924, 204104, 233704) and by appropriate institutional review boards. All patients and controls provided written informed consent.

Study procedures and data collection

All patients and controls received SARS-CoV-2 vaccines according to the Norwegian national vaccination program, with three SARS-CoV-2 vaccine types available: BNT162b2, mRNA-1273, and ChAdOx1. The two mRNA vaccines were given with a dosing interval of 3–6 weeks. The ChAdOx1 vaccine was withdrawn from the Norwegian vaccination programme in March 2021, and all persons who had received one dose of this vaccine received one of the mRNA vaccines as the second dose after an interval of 9–12 weeks. The vaccines were administered to the patients according to availability and following a priority list determined by the Norwegian Institute of Public Health.

Demographic data including diagnosis, disease characteristics, age, gender, body mass index (BMI), and smoking and snuffing (AHUS only) habits were recorded at baseline. Type and dosage of medications, serum drug concentrations for TNFi, vedolizumab and ustekinumab, and serum thiopurine metabolites (AHUS only), disease activity indices (partial Mayo score (pMS) for UC, Harvey-Bradshaw Index (HBI) for CD), faecal calprotectin, and standard laboratory measurements were collected before vaccination and during follow-up. Due to the low frequency of covid-19 infection at the time of data registration, this patient cohort were not analysed separately. Information regarding the participants' vaccination dates and type of vaccines were obtained from the Norwegian Immunisation Registry, SYSVAK [15]. Data were collected using an electronic case report form (Viedoc, version 4, Sweden) at AHUS, and Medinsight database (version 2.17.90, Norway) at OUH, respectively. For healthy controls, age, gender, and date and type of vaccines received were collected.

Assessments

Patients and controls were asked to provide serum samples prior to the first vaccine dose and 2–5 weeks after the second vaccine dose. IgG antibodies to the receptor-binding domain (RBD) at the SARS-CoV-2 Spike protein (anti-Spike antibodies) were assessed and reported in standardised units (AU/mL) by using an in house bead-based method validated against a micro-neutralization assay at the Department of Immunology at OUS [16]. Serologic response was defined as an anti-Spike antibody level ≥ 70 AU/ml. Serum concentrations of biologic drugs were measured using validated in house 3-step fluorometric assays fully automated on the AutoDELFI (PerkinElmer, Waltham, MA) immunoassay platform (assay format previously described for our belatacept assay [17]). Vedolizumab was measured using two murine monoclonal antibodies (developed in house) specific to

vedolizumab, biotinylated D130 F(ab')₂ as solid phase antibody, and europium-labelled D136 IgG as tracer antibody. The assay for ustekinumab utilized a biotinylated F(ab')₂ murine monoclonal antibody Å21 (developed in house, specific to ustekinumab) as solid phase antibody, and europium-labelled murine monoclonal antibody K13 (developed in house, anti-human kappa light chain) F(ab')₂ as tracer antibody. TNFi were measured using biotinylated rhTNF (produced in house) as solid phase protein and europium-labelled recombinant protein A (Aaston, Wellesley, MA) as tracer protein.

Statistical analyses

Demographic data and serologic response according to medication group were summarised using descriptive statistics. Comparison of anti-Spike antibody levels between patients and healthy controls was carried out using χ^2 -test for categorical and median test for continuous characteristics. Associations between response and pre-chosen patient characteristics (diagnosis, smoking, HBI/pMS, TNFi mono- and combination therapy, BMI, faecal calprotectin, vaccine type, gender, and age) were assessed by bivariate and multiple logistic regression models. Regression models included only cases with no missing values on characteristics, thus estimated on smaller sample of patients. All tests were two-sided and the results with p-values below 0.05 were considered statistically significant. The statistical analyses were performed in SPSS v27 and STATA v16.

Data availability

The datasets underlying the research results described in this article are available upon request to the corresponding author.

Results

General characteristics

A total of 958 IBD patients (380 (40%) UC, 578 (60%) CD), median age 40 (Q₁; Q₃ 29; 52), 409 (43%) women, and 323 healthy controls, median age 44 (Q₁; Q₃ 33; 56), 241 (75%) women underwent serological testing before and after two doses of SARS-CoV-2 vaccine between February 2, 2021, and November 22, 2021, and were included in the present analyses. Antibody results were obtained median 21 (Q₁; Q₃ 15; 34) days after the second vaccination, 22 (15; 34) days in UC and 21 (15; 34) days in CD ($p=0.289$). Overall, the patients presented with low disease activity (C-reactive protein (CRP), faecal calprotectin, HBI/pMS) at baseline, and the frequency and type of ongoing immunosuppressive therapies were comparable in UC and CD (Table 1). Seventy percent of patients and 50% of controls received the BNT162b2 vaccine for both doses (Table 1). Baseline characteristics for patients and controls are presented in Table 1.

Humoral immune response to two-dose SARS-CoV-2 vaccination according to disease

After two SARS-CoV2 vaccine doses, 773 (93.6%) patients and 321 (99.4%) healthy controls demonstrated serologic response (anti-Spike antibodies ≥ 70 AU/ml) ($p < 0.001$). The median anti-Spike antibody level was lower in patients (618 AU/ml, Q₁; Q₃ 192; 4370) compared to controls (3355 AU/ml, Q₁; Q₃ 896; 7849) ($p < 0.001$) (Figure 1). Among patients, the percentage of responders was lower in CD compared to UC (91.9% vs. 96.1%, $p=0.016$). Likewise, the median level of anti-Spike antibodies was lower in CD compared to UC (439 AU/ml (Q₁; Q₃ 174; 3304) vs. 1088 (251; 5975)) ($p < 0.001$) (Figure 1).

Impact of medication, stimulants, and disease distribution and behavior

Serologic response was shown in 98.5% of patients on ustekinumab, 98.1% on vedolizumab, 95.2% on TNFi monotherapy, 87.1% on TNFi combined with methotrexate and 83.3% on TNFi combined with thiopurines (Table 2). Due to an insignificant number of patients treated with corticosteroids (< 10), this compound was not included in the analyses. The response rate was significantly lower in CD compared to UC using TNFi monotherapy (93.6% vs. 97.8%, $p=0.034$) or TNFi in combination with thiopurines (76.7% vs. 92.9%, $p=0.031$) (Table 2). In patients receiving two doses of mRNA-1273 or BNT162b2 vaccine, the response rate was 98.9% and 92.1% ($p=0.001$), respectively (Table 2). Among current smokers (19%), the overall response rate was 89.1%, and CD patients demonstrated a lower response rate compared to UC patients within this group (83.9% vs. 97.2% $p=0.046$). The overall serologic response among current smokers was 93%, with no difference between CD and UC (93.3% vs. 90.9%, $p=0.773$). No impact of disease distribution and behavior on response rate or serology level was shown (Supplementary Table 1).

Impact of serum drug levels

No associations between anti-Spike antibody levels and serum concentrations of TNFi in mono- or combination therapy with thiopurines, vedolizumab, and ustekinumab were demonstrated (Figure 2). Patients treated with TNFi in combination with thiopurines (102/479 (21%)) with low 6-thioguanine nucleotide (6-TGN) levels (< 3.5 pmol/ 8×10^8 red blood cells (RBC)) demonstrated a higher response rate (92.9%) than patients who had 6-TGN levels within the therapeutic range (≥ 3.5 pmol/ 8×10^8 RBC) (53.3%) ($p=0.003$) (Table 2).

Predictors of response following two-dose SARS-CoV-2 vaccination

The distribution of covariates in terms of serologic response is shown in Supplementary Table 2. In the multiple regression model, UC as compared to CD (odds ratio (OR) 2.30,

Table 1. Characteristics of patients and healthy controls.

	All patients (n = 958)	Ulcerative colitis (n = 380)	Crohn's disease (n = 578)	Healthy controls (n = 323)
Demographics				
Age (years)	40 (29; 52)	39 (30; 51)	40 (29; 53)	44 (33; 56)
Female, n (%)	409 (43)	152 (40)	257 (45)	241 (75)
Current smoker, n (%)	86 (9)	13 (3)	73 (13)	
Current snuffer ^A , n (%)	96/479 (20)	37/185 (20)	59/294 (20)	
Time from second vaccine to serum sampling (days)	21 (15; 34)	22 (15; 34)	21 (15; 34)	
General baseline characteristics				
BMI (kg/m ²) ^{a)}	24.8 (22.1; 28.3)	25.1 (22.3; 28.7)	24.5 (22.0; 28.0)	
C-reactive protein (mg/L) ^{b)}	1.0 (0.6; 3.0)	1.0 (0.6; 2.5)	1.0 (0.6; 3.0)	
Harvey-Bradshaw Index ^{CD c)}			1.0 (0.0; 4.0)	
Partial Mayo Score ^{UC d)}		0.0 (0.0; 1.0)		
Faecal calprotectin (mg/kg) ^{e) B}	83 (30; 276)	64 (26; 76)	98 (30; 74)	
Disease distribution and type n (%)				
UC distribution				
Proctitis		11 (3)		
Left-sided colitis		89 (23)		
Pancolitis		280 (74)		
CD distribution				
Terminal ileum			134 (23)	
Colon			121 (21)	
Ileocolon			312 (54)	
Upper GI			11 (2)	
CD behaviour				
Non-stricturing/non-penetrating			287 (50)	
Stricturing			159 (27)	
Penetrating			132 (23)	
Perianal disease			166 (29)	
Bowel resection	185 (19)	1	184 (32)	
Immunosuppressive medication at baseline n (%)				
TNFi monotherapy				
Infliximab	550 (57)	209 (55)	341 (59)	
Adalimumab	432 (45)	164 (43)	268 (46)	
Golimumab	113 (12)	41 (11)	72 (12)	
Golimumab	5 (1)	4 (1)	1 (0)	
TNFi + thiopurines	122 (13)	50 (13)	72 (12)	
TNFi + methotrexate	35 (4)	8 (2)	27 (5)	
TNFi + other ^C	32 (3)	13 (3)	19 (3)	
Vedolizumab iv	62 (7)	37 (10)	25 (4)	
Vedolizumab sc	65 (7)	31 (8)	34 (6)	
Ustekinumab	79 (8)	28 (7)	51 (9)	
Other medication ^D	10 (1)	2 (0.5)	8 (1)	
Vaccines n (%)				
BNT162b2 x 2	678 (71)	269 (71)	409 (71)	162 (50)
mRNA-1273 x 2	207 (22)	78 (20)	129 (22)	71 (22)
Combination of vaccines ^E	73 (7)	33 (9)	40 (7)	90 (28)

Results in median (Q1; Q3 - inter quartile range) unless otherwise specified. Missing data: ^{a)} n = 83 ^{b)} n = 9 ^{c)} n = 18 ^{d)} n = 11 ^{e)} n = 43. TNFi, tumour necrosis factor inhibitors; iv, intravenous; sc, subcutaneous.

^ARecorded at AHUS only.

^BSamples were taken \leq 3 months pre baseline up to the time of second vaccine dose.

^CTNFi in combination with: vedolizumab, ustekinumab, prednisolone or salazopyrine.

^DMedication with less than 10 patients included: vedolizumab in combination with prednisolone/methotrexate/ ustekinumab, or ustekinumab in combination with prednisolone/methotrexate/azathioprine.

^ECombination of the following vaccines: ChAdOx1, BNT162b2, mRNA-1273.

95% confidence interval (CI), 1.05; 5.06)), BMI (OR 1.08 (95% CI, 1.01; 1.17), and mRNA-1273 vaccine as compared to BNT162b2 (OR 3.37, 95% CI, 1.15; 9.86) were associated with higher odds for humoral response following two-dose vaccination (Table 3). Older age (OR 0.94, 95% CI 0.92; 0.97) and patients on treatment with TNFi in combination with thiopurines (OR 0.18, 95% CI 0.07; 0.43) had lower odds to have humoral response (Table 3). TNFi monotherapy, disease activity (CRP, faecal calprotectin, disease indices) gender and smoking were not associated with humoral response.

Discussion

This large, prospective observational study of IBD patients on biological therapy, addressed the influence of diagnosis and

immunosuppressive medication on serologic response to two-dose SARS-CoV-2 vaccination. We demonstrated an overall high serologic response rate in the patients, though weaker than that of controls. The anti-Spike antibody levels were significantly lower in CD compared to UC patients. No association between serum concentrations of the biological drugs and the level of anti-SARS-CoV-2 antibody formation was found. Combination therapy with TNFi and thiopurines was associated with an impaired serological response, especially in patients with 6-TGN levels within the therapeutic range.

A lack of association between serum drug levels of any of the biologic drugs and the vaccine response in our study is in accordance with two smaller studies encompassing IBD patients, where neither timing of TNFi administration nor

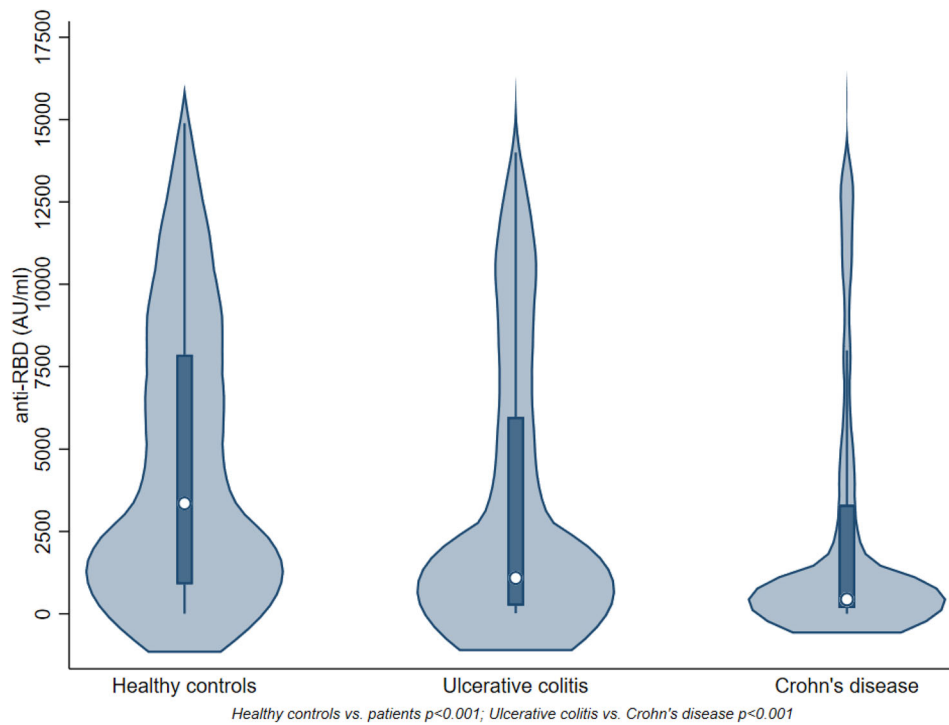


Figure 1. Anti-Spike antibodies (AU/ml) following two-dose SARS-CoV-2 vaccination according to disease group, compared to healthy controls. Violin plot of probability densities, smoothed by a kernel density estimator. The white dot in each figure represents the median.

Table 2. Serologic response and anti-Spike antibody levels after two-dose SARS-CoV-2 vaccination in all patients, and across diseases.

	All patients			Ulcerative colitis			Crohn's disease			p Value response rate (%) ^a	p Value serology level ^b
	N	Response n (%)	AU/ml Median (Q ₁ ; Q ₃)	N	Response n (%)	AU/ml Median (Q ₁ ; Q ₃)	N	Response n (%)	AU/ml Median (Q ₁ ; Q ₃)		
Medication											
TNFi monotherapy	484	461 (95.2)	439 (185; 2387)	186	182 (97.8)	585 (213; 3643)	298	279 (93.6)	378 (169; 2135)	0.034	0.076
Adalimumab	87	83 (95.4)	439 (166; 3146)	32	32 (100)	930 (200; 4657)	55	51 (92.7)	381 (150; 1706)	0.118	0.233
Se-conc <10	60	56 (93.3)	378 (137; 2161)	20	20 (100)	688 (168; 4417)	40	36 (90.0)	378 (125; 807)	0.143 ^e	0.003
Se-conc ≥10	44	44 (100)	556 (209; 4657)	22	22 (100)	840 (263; 6354)	22	22 (100)	323 (166; 1688)	–	0.784
0.081 ^c											
Infliximab	392	373 (95.2)	435 (189; 2265)	150	146 (97.3)	525 (219; 2813)	242	227 (93.8)	367 (181; 2135)	0.114	0.253
Se-conc <6 ^d	60	57 (95.0)	1555 (221; 4904)	18	18 (100)	3082 (609; 7605)	42	39 (92.9)	1306 (192; 3558)	0.245	0.159
Se-conc ≥6 ^d	352	334 (94.9)	374 (184; 1794)	142	137 (96.5)	429 (192; 2273)	210	197 (93.8)	321 (172; 1506)	0.265	0.103
0.970 ^c											
Golimumab	5	5 (100)	8746 (2375; 11745)	4	4 (100)	5560 (1371; 10386)	1	1 (100)	–	–	–
Se-conc <4.5 ^d	3	2 (66.7)	2375 (1215; 7060)	2	1 (50)	1215 (56; 2375)	1	1 (100)	–	0.386	0.333
Se-conc ≥4.5 ^d	3	3 (100)	8746 (4556; 10386)	3	3 (100)	8746 (4556; 10386)	0	–	–	–	–
0.273 ^c											
TNFi + thiopurines	102	85 (83.3)	354 (144; 3480)	42	39 (92.9)	1359 (177; 6011)	60	46 (76.7)	302 (98; 1056)	0.031	0.070
6TGN <3.5	42	39 (92.9)	818 (183; 4132)	15	15 (100)	3127 (701; 9258)	27	24 (88.9)	363 (169; 2354)	0.180	0.198
6TGN ≥3.5	15	8 (53.3)	126 (43; 1334)	4	3 (75)	842 (93; 6876)	11	5 (45.5)	53 (21; 1080)	0.310	1.000
0.003 ^c											
TNFi + methotrexate	31	27 (87.1)	280 (156; 1173)	8	6 (75)	274 (111; 858)	23	21 (91)	380 (156; 1506)	0.236	0.761
Dose <15mg	3	3 (100)	530 (326; 656)	0	–	–	3	3 (100)	474 (141; 3189)	–	–
Dose ≥15mg	20	16 (80)	273 (137; 2478)	6	4 (66.7)	225 (39; 807)	14	12 (85.7)	530 (326; 656)	0.329	0.628
0.394 ^c											
Vedolizumab iv	54	54 (100)	5100 (706; 10218)	36	36 (100)	5550 (1037; 10230)	18	18 (100)	3407 (429; 10149)	–	0.773
Se-conc <15 ^d	12	12 (100)	3532 (1303; 8507)	8	8 (100)	3532 (1083; 8507)	4	4 (100)	4114 (1352; 9713)	–	1.000
Se-conc ≥15 ^d	43	43 (100)	5255 (468; 10225)	29	29 (100)	6155 (703; 10755)	14	14 (100)	3313 (407; 10149)	–	0.826
n.a ^c											
Vedolizumab sc	54	52 (96.3)	2543 (251; 9598)	24	23 (95.8)	1286 (314; 5381)	30	28 (93.4)	6139 (224; 12157)	–	0.872
Se-conc <40	27	27 (100)	1063 (314; 9688)	13	13 (100)	1063 (537; 5749)	14	14 (100)	3785 (189; 12534)	–	1.000
Se-conc ≥40	27	25 (93)	4091 (245; 8812)	11	10 (91)	1470 (217; 4552)	16	15 (94)	6266 (1148; 11429)	0.782	0.120
0.150 ^c											
Ustekinumab	66	65 (98.5)	3467 (950; 8026)	23	23 (100)	4578 (2761; 8251)	43	42 (97.7)	2001 (599; 7775)	0.461	0.301
se-conc <4	27	26 (96.3)	3286 (437; 8145)	9	9 (100)	6064 (3286; 8026)	18	17 (94)	1399 (286; 8265)	0.471	0.236
se-conc ≥4	40	39 (97.5)	3467 (1013; 7775)	15	14 (93.3)	3666 (2113; 8621)	25	25 (100)	3393 (846; 7079)	0.191	1.000
0.776 ^c											
Vaccines											
mRNA-1273 x 2	181	179 (98.9)	3179 (478; 9291)	71	71 (100)	2592 (790; 8548)	110	108 (98.2)	3184 (324; 10350)	0.253	0.926
BNT162b2 x 2	585	539 (92.1)	397 (174; 2353)	232	221 (95.3)	623 (209; 4904)	353	318 (90.1)	318 (150; 1342)	0.023	0.001
0.001 ^c											

Serologic response: anti-Spike antibody ≥70 AU/ml.

^acomparing serologic response in UC vs. CD by χ^2 -test.

^bcomparing serology level (median AU/ml) in UC vs. CD by median test.

^ccomparing serologic response in low vs. high serum concentrations in all patients by χ^2 -test.

^dtrough.

^ecomparison between the two diseases (UC and CD) regarding serologic response to the vaccination.

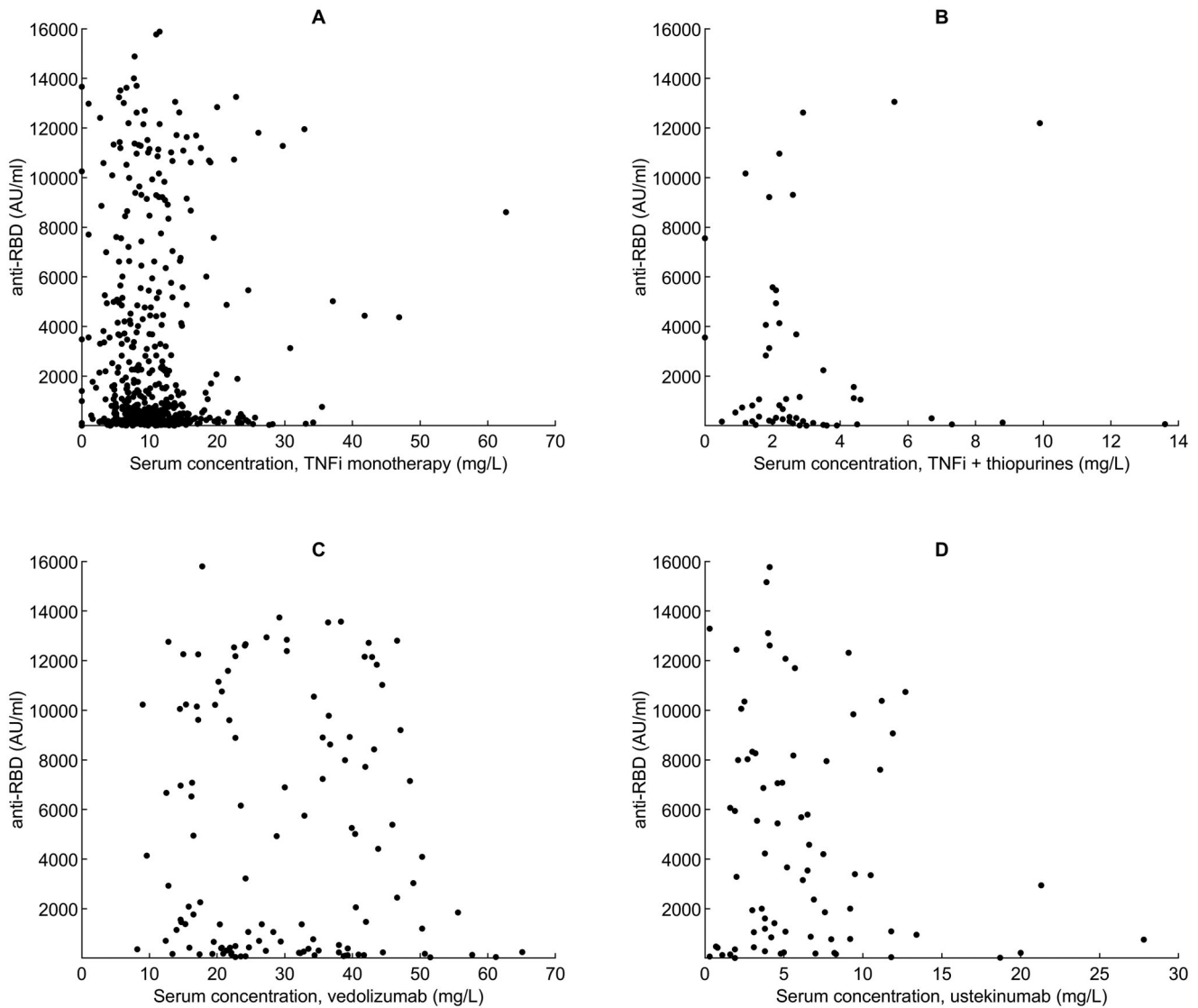


Figure 2. Anti-Spike antibody levels following two-dose SARS-CoV-2 vaccination related to serum concentrations of various biological therapies. Scatter plots demonstrating anti-Spike antibody levels (AU/ml) related to serum concentrations (mg/L) of A. TNFi monotherapy, B. TNFi + thiopurines, C. vedolizumab, D. ustekinumab. (TNFi, tumour necrosis factor inhibitor).

drug levels were associated with humoral vaccine response [12,18]. Hence, there seems to be no dose-dependent inhibition of the vaccine response related to serum levels of biologic medication. This important finding has implications for clinical practice, indicating that SARS-CoV-2 vaccine can be given regardless of proximity to drug administration.

The finding that CD patients had an attenuated serologic response to SARS-CoV-2 vaccine compared to UC patients have previously been shown in the Italian ESCAPE-IBD study including more than 1000 IBD patients, where the CD diagnosis was found to be an independent predictor of reduced seropositivity rates after two-dose SARS-CoV-2 vaccination [8]. The same result was also demonstrated in a study by Kennedy et al. who examined the response to a single dose of a SARS-CoV-2 vaccine in 293 IBD patients treated with biologics [2]. In our study, the use of immunosuppressive medication were well balanced between the UC and CD patients, so were age, time between vaccination and serum sampling, disease activity, smoking and type of vaccine received. According to the tender system for biologics in Norway,

both CD and UC patients must fail TNFi treatment before prescription of other biologics [19,20], which contrasts many countries where UC patients often initiate their biologic treatment with vedolizumab. The mechanisms involved in impaired response to vaccines in IBD patients remain unclear but might be related to immunological alterations generated by the disease or the medical treatment. Although there are many similarities between UC and CD, there are also important pathophysiological differences [21]. Moreover, CD is a more severe systemic disease, whereas UC is usually limited to colonic mucosal inflammation alone.

In accordance with previous studies, we found differences among the immunosuppressive drugs regarding SARS-CoV-2 vaccine response, with the lowest proportion of responders observed for treatment with TNFi in combination with thiopurines [3,5,22]. These results are in line with the findings of the serologic response following other relevant vaccines in this patient group [23]. The novel finding of an association between a high 6-TGN level and reduced SARS-CoV-2 vaccine response should be taken into consideration before SARS-

Table 3. Predictors of serologic response following two-dose SARS-CoV-2 vaccination.

	Bivariate models		Multiple model	
	OR (95% CI)	p Value	OR (95% CI)	p Value
Diagnosis				
Ulcerative colitis Crohn's disease (ref.)	2.14 (1.04; 4.41)	0.040	2.30 (1.05; 5.06)	0.038
Female	0.96 (0.52; 1.79)	0.896	0.83 (0.43; 1.62)	0.587
Age	0.96 (0.93; 0.98)	<0.001	0.94 (0.92; 0.97)	<0.001
Smoking				
Current smoking No smoking (ref.)	0.90 (0.31; 2.61)	0.846	1.66 (0.52; 5.33)	0.392
HBI/pMS				
No remission Remission (ref.)	1.04 (0.47; 2.30)	0.923	1.65 (0.69; 3.93)	0.261
TNFi				
monotherapy	1.92 (1.00; 3.70)	0.052	1.01 (0.46; 2.25)	0.971
TNFi + thiopurines	0.27 (0.13; 0.53)	<0.001	0.18 (0.07; 0.43)	<0.001
Body mass index	1.03 (0.97; 1.10)	0.315	1.08 (1.01; 1.17)	0.035
Fecal calprotectin ≥ 250	0.56 (0.30; 1.05)	0.072	0.70 (0.35; 1.43)	0.329
C-reactive protein	0.98 (0.96; 1.01)	0.172	0.99 (0.96; 1.02)	0.506
Vaccines				
mRNA-1273 x2 ^a BNT162b2 x2 (ref.)	4.20 (1.48; 11.91)	0.007	3.37 (1.15; 9.86)	0.027

Serologic response: anti-Spike antibody ≥ 70 AU/ml.

OR: odds ratio; CI: confidence interval; TNFi: Tumor necrosis factor inhibitors (infliximab, adalimumab, golimumab); HBI: Harvey-Bradshaw Index; pMS: partial Mayo score.

^aCombination of the following vaccines: ChAdOx1, BNT162b2, mRNA-1273.

The bold values represent the significant findings in the analyses.

CoV-2 vaccination and may indicate dose reduction/pausing of thiopurines before SARS-CoV-2 vaccination in vulnerable patients with stable disease.

In contrast to TNFi, the use of vedolizumab and ustekinumab were not associated with reduced serologic vaccine response in our study. This is in agreement with previous studies including a report by Alexander et al. who evaluated immunogenicity after two doses of SARS-CoV-2 vaccine in a large cohort of IBD patients receiving treatment with different immunosuppressive medications [2,6,7,12,24]. Moreover, we also demonstrate a strong serologic response regardless of the route of administration of vedolizumab and the serum concentration of the drug, which has not been reported previously. An explanation for the high response rates in patients on vedolizumab may be due to its gut selectivity with subsequent limited systemic effects and no need for co-medication [25]. This fact is reflected in general advice regarding vaccination in IBD, where recommendations differ for users of vedolizumab compared with other biologic drugs [26].

BMI was shown to be an independent factor of importance to vaccine responsiveness among the IBD patients included in the study, as higher BMI was associated with a better vaccine response. We have no plausible explanation for this observation, and it is worth noting that an inverse association between BMI and serological response to influenza vaccine has been demonstrated in other populations [27,28]. In a recent study, central obesity defined according to waist circumference, was associated with lower titers in response to SARS-CoV-2 vaccine and not BMI [29]. It might be speculated whether a higher BMI in IBD to some extent reflects a lower disease activity and hence a better health status, which again could influence responsiveness to the vaccine.

We could not confirm smoking as a predictor for low serologic vaccine response as demonstrated in a previous study [2]. However, current snuff users demonstrated an overall low serologic response, with a lower response in CD than UC, which is a novel finding. We were, however, not able to assess snuffing in the regression model since it was recorded at one centre only.

Vaccination with mRNA-1273 as compared to BNT162b2 was found to induce higher anti-Spike antibody levels. Prior studies have suggested that mRNA-1273 may be more immunogenic than BNT162b2 in healthy subjects, which might provide an explanation for the present finding [6,30,31].

In several recent studies, the association between older age and reduced response to vaccines has been demonstrated [2,10,18]. This relationship was confirmed in our study. The significant contribution of gender to modulating vaccine induced immunity is well recognized [32]. In general, females compared to males develop higher magnitude immune responses, with respect to antibody levels after antiviral vaccinations [33]. In a study including 248 Italian health care workers, it was demonstrated that gender was significantly associated with a difference in antibody response to SARS-CoV-2 BNT162b2 vaccine [33,34]. No difference was found between genders in our study, however, which is in accordance with other studies evaluating response to SARS-CoV-2 vaccines in IBD patients [2,10,12].

It has been hypothesised that both long standing and active immune mediated inflammation may reduce seroconversion by influencing vaccine immunogenicity, as demonstrated in rheumatic diseases with other non-live vaccines such as influenza vaccine [35,36]. Our study observed no such effect.

Strengths of this study include the prospective study design, a broad inclusion, well characterised patients and a large sample size regarding patients and controls.

The main limitation of this study is the lack of data regarding cellular immune responses, which would have allowed elucidation of T cell mediated immune responses to SARS-CoV-2 vaccination. More follow-up data assessing both humoral and cellular responses and clinical outcomes over time in IBD patients are warranted [37]. Moreover, some medications, such as the use of corticosteroids, were only used by a low number of patients. The IBD patients were slightly younger and had a lower proportion of female gender compared with the control group, raising the possibility of biased results. However, we have adjusted for age and gender in the multiple regression model. Due to the one-center recording of serum levels of thiopurines and snuffing, we were not able to test these variables in the multiple regression model.

In summary, we found that drug exposure assessed by serum drug concentrations did not impact the humoral immune response to SARS-CoV-2 vaccines in IBD patients. TNFi, especially in combination with thiopurines, were associated with an attenuated serological response, and serological response was significantly reduced in CD compared to UC patients. Our results indicate that SARS-CoV-2 vaccines can be provided without considering the timing of administration of biologic in IBD patients and will therefore aid decision-making regarding re-vaccinations and tailoring of medication in order to keep vulnerable IBD patients protected against serious SARS-CoV-2 infection.

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Ethical approval

This study does not involve any commercial entity. It has been conducted in accordance with ethical principles that have their origin in the 'Declaration of Helsinki' and is consistent with applicable laws and regulations. The study is approved by an independent ethics committee (Regional Committees for Medical and Health Research Ethics South-East, reference numbers 235424, 135924, 204104, 233704) and by appropriate institutional review boards. All patients and controls provided written informed consent. All authors approved the final submitted version and take responsibility for the completeness and accuracy of the data and analyses. KKJ and JSB had full access to all the data in the study and had final responsibility for the decision to submit for publication.

Author contributions

KKJ, MLH, AWM and JJ were involved in conception and design of the study. KKJ, MLH, AWM, JJ, AC, PR, NB, DJW and KA were involved in the acquisition of the data. KKJ, MLH, AC, JSB, PR, BM, IJ, NB, DJW, JTV, LAM, KEAL, KA, SWS, GLG, FLJ, AWM and JJ analysed and interpreted the data, drafted the article, critically revised for intellectual content, and approved the final version for submission. FLJ and NB developed the assay used for serological assessment and performed the laboratory procedures. JSB was study statistician and performed the statistical analyses. KKJ and JSB had full access to all the data in the study and took final responsibility for the decision to submit for publication.

Disclosure statement

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Data availability statement

A de-identified patient data set can be made available to researchers upon reasonable request. The data will only be made available after submission of a project plan outlining the reason for the request. Project proposals can be submitted to the corresponding author. Data sharing will have to follow appropriate regulations.

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