

1 **Smart proteolysis samplers for pre-lab bottom-up protein analysis - performance**  
2 **of on-paper digestion compared to conventional digestion.**

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11 Running title: *Smart proteolysis sampling*

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- 24 List of abbreviations:
- 25 ABC: Ammonium bicarbonate
- 26 ALB: Alumine
- 27 APOA1: apolipoprotein 1
- 28 A1AT: alpha-1-antitrypsin
- 29 CLUS : clusterin
- 30 CXCL7: platelet basic protein
- 31 DBS: Dried blood spot
- 32 DDA-PASEF: Data dependent acquisition-parallel accumulation–serial fragmentation
- 33 DTT: Dithiothreitol
- 34 FDR: False discovery rate
- 35 hCG: Human chorionic gonadotropin
- 36 HEMA-VDM: 2-Hydroxyethyl methacrylate-co-2-vinyl-4,4-dimethyl azlactone
- 37 IAA: Iodoacetic acid
- 38 IGKC: immunoglobulin kappa constant
- 39 IGLC2: immunoglobulin lambda constant
- 40 ITIH4: inter-alpha trypsin inhibitor heavy chain
- 41 KIO<sub>4</sub>: Potassium periodate
- 42 NAPI: National Network of Advanced Proteomics Infrastructure
- 43 MRM: Multiple reaction monitoring
- 44 *m/z*: mass-to-charge ratio
- 45 ProGRP: Progastrin-releasing peptide
- 46 TCEP: Tris (2-carboxyethyl) phosphine

47 TCPK: L-1-tosylamido-2-phenylethyl chloromethyl ketone

48 THRB: prothrombin

49 TTHY: transthyretin

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61 **Abstract**

62 Here the relation between digestion of proteins by trypsin covalently bound to paper and  
63 trypsin in-solution is investigated. The trypsin acting on-paper is covalently bound. A  
64 trypsin concentration of 0.5 % (w/v) results in the highest digestion activity of all  
65 concentrations tested. Additionally it can be seen that trypsin on-paper has retained  
66 approx. 50 % of its activity.

67 Unlike trypsin in-solution, the stability of the smart proteolysis samplers was regarded to  
68 be stable for at least four months when kept refrigerated. Autolysis was very small for  
69 covalently bound trypsin: less than 2 % compared to in-solution trypsin.

70 Proteomic analysis of diluted human serum showed more protein identifications (214)  
71 in-solution digestions than on-paper digestions (76). Also higher coverage for the in-  
72 solution digestion was obtained. Those proteins identified after on-paper digestion with  
73 no or few disulfide bonds seem to have more similar sequence coverages compared to  
74 those identified after in-solution digestion. Smart samplers allow to determine at least  
75 70-75 proteins without performing the overnight digestion.

76 All in all, trypsin covalently bound to paper shows to retain high proteolytic activity and is  
77 a stable alternative for conventional digestions. In this way smart proteolytic samplers  
78 show their feasibility in pre-lab sample preparation.

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## 81 **1. Introduction**

82

83 Analysis of compounds from blood dried on-paper has a history for more than a century.

84 The Norwegian chemist Ivar Bang was described to be the first to perform chemical

85 analysis of glucose from dried blood spots (DBS) [1, 2]. It was not before the sixties that

86 Susi and Guthrie boosted the widespread attention for DBS through newborn screening

87 of the inborn error phenylketonuria. This screening was based on the determination of

88 the ratio of the essential amino acids phenylalanine and tyrosine from blood obtained

89 from the infant's heel deposited on filter paper cards[3]. Thenceforth, more and more

90 analyses were developed for the determination of compounds from DBS and at the

91 present moment there are numerous publications on the determination of small

92 biologically active compounds from paper integrated into high-end analytical

93 strategies[4].

94 The development has come less far for the determination of proteins from DBS. Early

95 reports on protein determination are related to both concentration measurement of

96 proteins in general as well as activity measurement of specific enzymes.

97 One of the first mentioned immunometric methods to determine protein concentration

98 from DBS was that of C-reactive protein using ELISA[5]. Soon other immunometric

99 assays for protein determination followed for other protein analytes; alpha1-antitrypsin,

100 various antibodies[6, 7] and apolipoprotein B and apolipoprotein A-1[8] are only a few of

101 the available examples.

102 The dihydropteridine reductase assay in neonates using Cobas Bio centrifugal

103 analysers is one of the first described methods for enzyme activity determination in

104 eluates from DBS[9]. It became part of the routine newborn screening for  
105 hyperphenylalaninemia[9]. Later on methods for the activity determination of acid alpha-  
106 glucosidase [10], total hexosaminidase, hexosaminidase A and beta-galactosidase[11]  
107 and tripeptidyl peptidase and palmitoyl protein thioesterase[12] followed.

108 Although the list of publications on protein determination from DBS grows, the number  
109 of publications with the combination of mass spectrometry is still limited. Mass  
110 spectrometry offers the possibility to perform targeted protein analysis as well as  
111 shotgun proteomic analysis. For targeted analysis one of the first reports is the MS-  
112 based determination of hemoglobin F-Mauritius from DBS [13] which was followed by a  
113 long list of other hemoglobin variants determined using MS with bottom-up and top-  
114 down approaches[14-31]. Not only hemoglobin was determined in this way, also  
115 targeted determination of other proteins like human chorionic gonadotropin (hCG)[32,  
116 33], insulin[34, 35] and apolipoprotein A-I, apolipoprotein B[36] as well as multiplex  
117 strategies using Multiple Reaction Monitoring (MRM) were reported[37-40]. Compared  
118 to these targeted analyses, shotgun proteomic analyses of DBS are still in its  
119 infancy[41]. As for now only few reports have been published on proteomic profiling  
120 from DBS [42, 20, 43, 44]. Most of the above mentioned methods (targeted and shotgun  
121 proteomic profiling) rely on a bottom-up approach using the time consuming  
122 trypsination.

123 Our group has been working with the concept of smart sampling in combination with MS  
124 determination since 2017[45]. This concept is based on the covalent binding of trypsin  
125 to cellulose allowing a DBS sampler to start with the digestion step at the moment of  
126 sampling[46-49]. This smart sampler does not compromise the ease of sampling as the

127 format remains practically unchanged. However, due to its chemical modified surface  
128 with trypsin, it will shorten and simplify the sample preparation time at the laboratory.  
129 For targeted analyses this concept has proven to allow protein determination of ProGRP  
130 (a biomarker for small cell lung cancer) down to 500 pg/mL from a dried sample on  
131 trypsin modified filter paper. Also its potential in proteomic profiling has been shown[46,  
132 49]. In these cases HEMA-VDM functionalized paper and potassium periodate ( $KIO_4$ )  
133 functionalized paper were used to covalently bind trypsin. In the long term it is expected  
134 that a smart sampler will simplify the sample handling upon arrival at the lab as well as it  
135 will improve proteomic profiling.

136 The novel concept of smart proteolysis sampling needs a more fundamental  
137 understanding. We therefore investigate the relation between on-paper digestion and in-  
138 solution digestion of proteins was investigated with the aim to get insight in the  
139 similarity, and complementarity of the covalently bound trypsin and in-solution trypsin.  
140 Knowledge from this comparison will contribute to the development of trypsin based  
141 smart samplers. It is anticipated that this can improve the complicated work flow of MS  
142 based protein determination from DBS.

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144

## 145 **2. Experimental section**

146

### 147 *2.1 Chemicals, reagents and consumables*

148 Potassium periodate ( $KIO_4$ ), cytochrome C from equine heart ( $\geq 95\%$ ), bovine serum

149 albumin (BSA), trypsin from bovine pancreas TPCK treated ( $\geq 10\,000$  BAEE units per

150 mg protein) were all purchased from Sigma-Aldrich (St. Louis, MO, USA). The internal  
151 standard peptide for cytochrome C (TGPLNHGLFG[R-<sup>13</sup>C<sub>6</sub>-<sup>15</sup>N<sub>4</sub>]) was purchased from  
152 Innovagen (Lund, Sweden). All other chemicals used were analytical grade or LC-MS  
153 grade.

154 Human serum was obtained from the blood bank at the Oslo University Hospital Ullevål  
155 (Oslo, Norway). The general principles outlined in the declaration of Helsinki for  
156 investigating human material were followed. The eppendorf vials used in this paper (2.0  
157 mL, 1.5 mL and 0.5 mL) were all eppendorf Lo-Bind vials (Hamburg, Germany).

158

## 159 *2.2 Functionalization of paper discs and trypsin immobilization*

160 For the experiments 6 mm paper discs were used. These were punched out of Grade 1  
161 Qualitative Whatman paper from GE Healthcare (VWR, Norway) using a Philip Harris 6  
162 mm Uni-Core puncher (Birmingham, UK).

163 Functionalization using KIO<sub>4</sub> : the procedure published by Chen et al [50] was followed.  
164 In short: the discs were placed in a 30 mM KIO<sub>4</sub> solution at 65 °C for 2 hours. Not all the  
165 KIO<sub>4</sub> was dissolved during the functionalization. The discs were washed by dipping  
166 them three times in MilliQ water. After the last wash, the discs were blotted on filter  
167 paper and left to dry (air dry) at room temperature and then placed in a dessicator for at  
168 least one night.

169 Trypsin immobilization was carried out on both KIO<sub>4</sub> functionalized paper and untreated  
170 paper using the same protocol: 10 µL trypsin at the desired concentration (dissolved in  
171 1 mM HCl) was dripped on the disc. The disc was placed in a 96 well plate (U96 PP 0.5  
172 ml from Agilent, Santa Clara, CA, USA) which was sealed right afterwards.



173 Immobilization was carried out overnight at room temperature. After the immobilization,  
174 the excess of solvent was removed by blotting.  
175 After blotting the discs were washed 10 times. In the first cycle the discs were placed in  
176 2 mL eppendorf vials containing 1.8 mL 50 mM TRIS-HCl (pH approx. 9). The vials  
177 were mixed in the HulaMixer (Thermofisher Scientific, Oslo, Norway) set on orbital (35  
178 rpm, 5 seconds) and reciprocal (60°, 5 seconds). After 5 min the discs were transferred  
179 to a fresh washing solution and the wash was repeated. In total 8 washes using 50 mM  
180 TRIS HCl were carried out followed by a 9th wash in MilliQ water. The 10th wash was in  
181 50 mM ammonium bicarbonate pH 8 (ABC) solution(placed in a ThermoMixer (Fisher  
182 Scientific, Oslo, Norway) for 5 min at 600 rpm at room temperature). After this wash the  
183 discs were blotted and left to dry (air dry). The dried discs were placed in a closed  
184 eppendorf vial at 4 °C vial until use.

185

186 2.3 Digestion conditions for activity measurement of trypsin

187 *2.3.1 On-paper activity*

188 A paper disc (with varying amounts of trypsin immobilized on it) was placed in an  
189 eppendorf vial. Digestion was started by dripping 10 µL of cytochrome C (1 mg/mL in  
190 freshly prepared 50 mM ABC) on the disc. The digestion reaction was stopped after  
191 exactly 10 min through extraction in 110 µL 1 % formic acid. The eppendorf vial  
192 (containing the disc and the 1 % formic acid) was placed on a ThermoMixer (600 rpm)  
193 at room temperature for five minutes. After this the discs were removed and discarded.  
194 Ten µL of the extract was diluted 10 times in 0.1 % formic acid (depending on the

195 purpose with or without internal standard for cytochrome C) before being injected on the  
196 LC-MS/MS.

### 197 *2.3.2 In-solution activity*

198 Ten  $\mu\text{L}$  trypsin solution (with concentrations varying from 0.05 % to 1.0 % - depending  
199 on the experiment) was pipetted into an eppendorf vial. To this vial, 10  $\mu\text{L}$  1 mg/mL  
200 cytochrome C was added (in freshly prepared 50 mM ABC). The digestion was carried  
201 out for exactly 10 min. The reaction was stopped by adding 100  $\mu\text{L}$  1 % formic acid. Ten  
202  $\mu\text{L}$  of this solution was diluted 10 times using 0.1% formic acid (depending on the  
203 purpose with or without internal standard for cytochrome C) before being injected on the  
204 LC-MS/MS.

205

## 206 2.4 Digestion conditions for timed experiments

207 In the following experiments various amounts of trypsin were used. The comparison  
208 between on-paper digestions and in-solution digestions will be based on the ratio (w/w)  
209 between trypsin and protein. In other words; a paired comparison is made between the  
210 on-paper digestion and the in-solution digestion having the same trypsin : protein ratio  
211 (w/w).

### 212 *2.4.1 On-paper*

213 A paper disc with immobilized trypsin (immobilization using 0.5 % trypsin) was placed  
214 in an eppendorf vial. Digestion was started when 10  $\mu\text{L}$  of a BSA/cytochrome C mixture  
215 (5 mg/mL BSA/1 mg/mL cytochrome C in freshly prepared 50 mM ABC) was dripped on  
216 the disc. The digestion reaction was stopped after a specific time through extraction in  
217 110  $\mu\text{L}$  0.1 % formic acid. The eppendorf vial (containing the disc and the 0.1 % formic

218 acid) was placed on a ThermoMixer (600 rpm) at room temperature for five minutes.

219 After this the discs were removed and discarded.

#### 220 *2.4.2 In-solution*

221 To 10  $\mu$ L of a BSA/cytochrome C mixture (5 mg/mL BSA/1 mg/mL cytochrome C in  
222 freshly prepared 50 mM ABC) 90  $\mu$ L 50 mM ABC was added. The digestion was started  
223 through addition of 10  $\mu$ L 0.5 % trypsin (in freshly prepared 50 mM ABC). The digestion  
224 reaction was stopped after a specific time by addition of 10  $\mu$ L 1 % formic acid.

#### 225 *Reduction and alkylation for both on-paper and in-solution digestions*

226 To the stopped digest mixture three  $\mu$ L 50 mM TCEP (Tris (2-carboxyethyl) phosphine)  
227 was added and the vial placed back on the ThermoMixer for 15 min (800 rpm, room  
228 temperature). This was followed by adding three  $\mu$ L 250 mM IAA (Iodoacetic acid)  
229 before the vial was placed back on the ThermoMixer for 15 min (800 rpm, room  
230 temperature). A volume of 3.3  $\mu$ L of this reduced and alkylated mixture was diluted 30  
231 times in 0.1 % formic acid before being injected on the LC-MS/MS.

232

### 233 2.5 Digestion of complex serum samples

#### 234 *2.5.1 On-paper*

235 Ten  $\mu$ L of a 1:10 diluted serum sample (diluted with freshly prepared 50 mM ABC) was  
236 dripped on the disc. The disc was placed in an eppendorf vial followed by closing to  
237 prevent evaporation. Depending on the experiment the lid was re-opened after 1 hour or  
238 after overnight to air dry the paper discs. Reduction and alkylation was carried out post  
239 digestion as follows: to each vial containing a dried disc 100  $\mu$ L 5 mM dithiothreitol  
240 (DTT) (in freshly prepared ABC) was added. The vial was placed at 60 °C and 800 rpm

241 for 15 minutes (ThermoMixer). After cooling to room temperature 10  $\mu$ L 250 mM IAA  
242 was added followed by shaking 800 rpm at room temperature (ThermoMixer). The disc  
243 was removed and 1  $\mu$ L concentrated formic acid was added to the remaining solution to  
244 prevent potential unbound trypsin from further digestion of the proteins.

#### 245 *2.5.2 In-solution*

246 To 10  $\mu$ L 1:10 diluted serum 80  $\mu$ L freshly prepared 50 mM ABC and 10  $\mu$ L 5 mM DTT  
247 (in freshly prepared 50 mM ABC) were added. The vial was placed at 60 °C and 800  
248 rpm for 15 min (ThermoMixer). After cooling down the mixture to room temperature 10  
249  $\mu$ L 250 mM IAA (in freshly prepared 50 mM ABC) was added and the vial placed at  
250 room temperature and 800 rpm (ThermoMixer). To this mixture two  $\mu$ L 1 mg/mL trypsin  
251 (in freshly prepared 50 mM ABC) was added to start the trypsination. The overnight  
252 digestion was stopped by adding 1  $\mu$ L concentrated formic acid.

253

254 For both on-disc and in-solution digestions clean-up was carried out on 100  $\mu$ L of the  
255 sample using in-house made solid phase extraction as described by [46]. After drying,  
256 the residue was reconstituted using 100  $\mu$ L 0.1 % formic acid and transferred to the  
257 injection vial for LC-MS/MS analysis.

258

#### 259 *2.6 LC-MS/MS analysis*

##### 260 *2.6.1 MRM analysis for cytochrome C and BSA*

261 The LC-MS/MS system for the determination of tryptic peptides originating from  
262 cytochrome C and BSA consisted of the following components: a low pressure gradient  
263 pump (LPG-3400) equipped with a degasser, a WPS-3000TRS autosampler and a

264 FLM-3000 flow manager (all Dionex, Sunnyvale, CA, USA) and a triple quadrupole  
265 mass spectrometer (TSQ Quantum Access, Thermo Scientific, Waltham, MA, USA).  
266 Separations were carried out on a BioBasic C8 reversed phase column (5  $\mu\text{m}$ , 300  $\text{\AA}$ ,  
267 50 x 1 mm - ThermoScientific). A flow rate of 50  $\mu\text{L}/\text{min}$  was employed for gradient  
268 elution with a starting point of 0 % B for 3 minutes. From 3 to 23 minutes the content of  
269 solvent B increased from 0 to 50 %. After this the content of solvent B was set to 100 %  
270 within 0.1 min and kept there for 5 minutes. Then it sharply decreased to 0 % B within  
271 0.1 min and was kept here for 7 minutes to re-equilibrate the column. Solvent A was 95  
272 % 20 mM formic / 5 % acetonitrile and solvent B was 5 % 20 mM formic acid / 95 %  
273 acetonitrile. The injection volume was set at 10  $\mu\text{L}$ . The first 5 minutes of the  
274 chromatographic run was diverted to waste. The mass spectrometer was operated in  
275 the positive mode using electrospray ionization. The voltage was set to 4000 V and the  
276 capillary temperature at 270  $^{\circ}\text{C}$ . Collision gas used was Ar at a pressure of 1.7 mTorr.  
277 Nitrogen was used as both nebulizing gas (10 units) and drying gas (2 units). Isolation  
278 width was set to 0.7 Da (Q1 and Q3). Table 1 shows the peptides, parent masses,  
279 fragment masses and collision energies used. The system was operated and the data  
280 were analysed using XCalibur version 2.2 SP 1.48.

281

### 282 *2.6.2 Shotgun proteome analysis for serum samples*

283 The samples were analyzed by LC-MS using a timsTOF Pro (Bruker Daltonik, Bremen,  
284 Germany) which was coupled online to a nanoElute nanoflow liquid chromatography  
285 system (Bruker Daltonik, Bremen, Germany) via a CaptiveSpray nanoelectrospray ion  
286 source. The peptides were separated on a reversed phase C18 column (25 cm x 75  $\mu\text{m}$ ,

287 1.6  $\mu\text{m}$ , IonOpticks (Fitzroy, VIC, Australia)). Mobile phase A contained water with 0.1 %  
288 (v/v) formic acid, and acetonitrile with 0.1 % (v/v) formic acid was used as mobile phase  
289 B. The peptides were separated by a gradient from 0-35 % mobile phase B over 54 min  
290 at a flow rate of 300 nL/min at a column temperature of 50°C. MS acquisition was  
291 performed in DDA-PASEF mode.

292

293 Database searches were performed using Mascot in-house version 2.7.0.1 to search  
294 the SwissProt database (Human, 20,411 proteins) assuming the digestion enzyme  
295 trypsin, at maximum four missed cleavage sites, fragment ion mass tolerance of 0.03  
296 Da, parent ion tolerance of 15 ppm, carboxymethylation of cysteines, oxidation of  
297 methionines, and acetylation of the protein N-terminus as variable modifications.

298 Scaffold (version Scaffold\_4.4.8, Proteome Software Inc., Portland, OR) was used to  
299 validate MS/MS based peptide and protein identifications. Protein and peptide  
300 identifications were accepted if they could be established at FDR < 1 % by the Scaffold  
301 Local FDR algorithm.

302

### 303 **3. Results and discussion**

304

305 The proof of concept of binding trypsin to paper has been published previously. With the  
306 present study we wanted to get more insight into the action of on-paper bound trypsin  
307 compared to conventional trypsin which digests in-solution. This was done in several  
308 ways:

309 a) comparison of trypsin activity,

- 310 b) comparison of peptide production over time,
- 311 c) comparison of autolysis and stability,
- 312 d) comparison of proteomic parameters after digestion of complex samples.

313

314 **3.1 Activity of trypsin covalently bound to paper compared to activity of trypsin**  
315 ***in-solution***

316 The activity of trypsin covalently bound to paper is investigated by comparison with  
317 trypsin in-solution. This comparison is done at two levels: activity related to the nature of  
318 trypsin (in-solution vs bound) and activity related to the trypsin concentration used.

319

320 **3.1.1 Activity related to the nature of trypsin (in-solution vs bound)**

321 A question which arises is the place where the tryptic action takes place. It is clear for  
322 in-solution digests but less obvious for the on-paper digestion. At the moment trypsin  
323 desorbs from the paper during sample application, its action would be in-solution.

324 Therefore, the following activities were measured to get insight in this: the activity of i)  
325 trypsin adsorbed to untreated paper (non-covalent binding), ii) trypsin bound to KIO<sub>4</sub>  
326 treated paper (covalent binding) and iii) trypsin in-solution. This was done after a  
327 thorough wash of both untreated and KIO<sub>4</sub> treated paper to which trypsin was bound. It  
328 was expected that this would minimize the presence of easily desorbed non-covalent  
329 bound trypsin. Figure 1A shows the trypsin activity measured on-paper in relation to in-  
330 solution at various trypsin concentrations. After thorough washing of the KIO<sub>4</sub> treated  
331 paper approximately 50-60 % of the trypsin activity compared to in-solution digestion is

332 retained on the paper during the fabrication (at trypsin concentrations of 0.05 %, 0.1 %  
333 and 0.5 % (w/v)). This drops down to 30 % at a concentration of 1 % trypsin.  
334 Trypsin concentrations of 0.1 % and 0.5 % (w/v) on-paper resulted in the highest activity  
335 compared to the same trypsin concentrations in-solution: From figure 1B it can be seen  
336 that absolutely more trypsin activity is retained on the paper using 0.5 % compared to  
337 0.1 % trypsin concentration on paper.  
338 The activity of the untreated paper (with adsorbed trypsin) was less than 5 % compared  
339 to in solution at all trypsin concentrations. The hypothesis that the majority of the activity  
340 measured is attributed to the covalently bound trypsin and not to locally desorbed  
341 trypsin which acts in-solution is thus supported. The comparison between in-solution  
342 digestion and on-paper digestion is thus a comparison between the action of free trypsin  
343 and bound trypsin.

344

### 345 *3.1.2 Activity related to the trypsin concentration*

346 As shown above, trypsin concentrations varying from 0.05 % to 1.0 % were investigated  
347 (Figure 1). By measuring the production of tryptic peptides from cytochrome C produced  
348 in exactly 10 minutes, an indication of the proteolytic activity is obtained. Figure 1B  
349 shows the production of MIFAGIK at these varying trypsin concentrations. First of all,  
350 trypsin in-solution has an activity which is higher than that of the covalently bound  
351 trypsin. The activity of adsorbed trypsin is negligibly low.

352 It shows that for the trypsin in-solution and trypsin covalently bound to paper the activity  
353 is the highest at 0.5 %. A similar trend is seen for the production of the peptides  
354 TGPNLHGLFGR, TGQAPGFTYTDANK and EETLMEYLENPK (see figures S1 in the



355 supporting information). There is no clear reason for why the activity of bound trypsin  
356 decreases after 0.5 % while the activity of the in-solution trypsin stays similar. A  
357 possible explanation can be that during fabrication at 1.0 % relatively more trypsin  
358 degradation takes place compared to 0.5 %. As a result, in fabricating the smart  
359 samplers, a concentration of 0.5 % trypsin is considered the best choice as this gives  
360 the highest activity. It should be stressed that this possible explanation is not tested and  
361 can therefore not be supported by experimental data.

362

363

### 364 ***3.2 Proteolytic peptide production***

365 Knowledge about where trypsin acts and its activity does not give insight into how  
366 proteins are digested. To address this cytochrome C and BSA were subjected to  
367 proteolysis on-paper and in-solution to monitor peptide production over time. For the  
368 cytochrome C peptides monitored, it appears that there is no clear difference between  
369 on-paper and in-solution digestion (see Figure 2A). Peptide production on-paper is  
370 slightly faster for MIFAGIK, but slightly slower for TGQAPGFTYTDANK and  
371 EETLMEYLENPK. Additionally it can be seen that the absolute intensities for these  
372 peptides are well within the same order of magnitude comparing proteolysis on-paper  
373 with in-solution. The only exception is TGQAPGFTYTDANK at 18 hours where much  
374 more of this peptide is present in the in-solution digest. For cytochrome C it can be  
375 stated that within 6 hours, the on-paper digestion acts similar as the in-solution  
376 digestion. For BSA larger differences were found for the monitored peptides. The curve  
377 shape of LVNELTEFAK production over time is similar for the on-paper and in-solution

378 digestion, however the intensities for the on-paper digestions are, depending on the  
379 time point, only up to 40 % of the in-solution digestion (see Figure 2B).  
380 For HLVDEPQNLIK and SLHTLFGDELCK the signal intensities for all time points the  
381 on-paper digestion are much less compared to the in-solution digestion and only small  
382 amounts of these peptides were produced on-paper.

383

### 384 ***3.3 Autolysis and stability of trypsin in-solution and on-paper***

385 Trypsin is known to digest itself (autolysis) and it was reported that the in-solution  
386 stability of unmodified trypsin is within the span of some hours [51, 52]. Autolysis not  
387 only causes loss of trypsin activity, it also can promote chymotryptic action [53] leading  
388 to other proteolytic peptides than with trypsin.

389 Although this is known for trypsin in-solution, there is no data on the autolysis of trypsin  
390 covalently attached to paper. However, it is expected that immobilizing trypsin leads to  
391 less autolysis as is seen for other applications [54-56]. The autolysis of trypsin was  
392 monitored over time through two autolysis products ( $m/z$  577.1 - AA 146-156 in bovine  
393 trypsin, and  $m/z$  758.7 - AA 90-109) for both trypsin in-solution and trypsin attached to  
394 paper. Figure 3 shows the ratios (in percentage) between on-paper and in-solution of  
395 signal intensities of the autolysis products  $m/z$  577.1 and  $m/z$  758.7. A considerable  
396 difference in autolysis product formation between on-paper and in-solution digestion can  
397 be seen right from the start and up to 18 hours. The signal intensity of the autolysis  
398 products formed by trypsin covalently bound to paper is at all time points less than 2 %  
399 of the autolysis products of trypsin in-solution. It can be assumed that the covalently

400 bound trypsin prevents itself from autolysis and therewith is more stable than trypsin in-  
401 solution. This is in agreement with other publications on immobilized trypsin [54-56].  
402 The actual stability of the covalently bound trypsin was tested as well. This was  
403 performed by measuring the trypsin activity in digesting cytochrome C after up to 4  
404 months of storage at room temperature and at 4 °C. Figure 4 shows that the trypsin had  
405 no significant loss of activity when stored at 4 °C. For the paper stored at room  
406 temperature, the activity loss of trypsin was measured to be 76 % (based on MIFAGIK  
407 only) and 54 % on average for all peptides after four months compared to newly  
408 prepared paper.

409 It can be concluded that the paper with covalently bound trypsin can be stored at 4 °C  
410 for at least four months without losing its activity.

411 That the bound trypsin exhibits a fairly good stability as well as minimal autolysis are  
412 promising findings with regard to further development and use of smart samplers.

413

#### 414 ***3.4 Shotgun proteomics on-paper vs in-solution***

415 As already known [46, 49] less proteins are identified for on-paper compared to in-  
416 solution digestions. Through evaluating various typical proteomic parameters obtained  
417 from on-paper and in-solution digests it is expected to get more clarity about the  
418 reasons, which is important for improvement of the smart samplers.

419 Three different digestion settings were compared: on-paper digestion where the  
420 sampler was allowed to air dry right after sample application, on-paper digestion where  
421 the sampler was sealed for overnight digestion and a conventional in-solution digestion

422 carried out overnight. Table 2 shows the number of peptides, number of proteins and  
423 the number of missed cleavages of these three conditions.

424 The number of proteins found on-paper regardless of the digestion time is lower than  
425 the number of proteins found in the in-solution digestion. In concordance with this,  
426 significantly (student t-test,  $p < 0.0001$ ) more peptides were identified in the in-solution  
427 digestion. Comparing the short digestion on-paper (air dry) with the overnight digestion  
428 on-paper, no significant differences were found for the average number of peptides and  
429 combined number of proteins identified. This suggests that most of the digestion is done  
430 during the first hour after sample application and that there is no need to extend  
431 digestion times beyond the drying time.

432 Interesting is the observation of the number of missed cleavages: approximately 75 %  
433 of the peptides did not contain any cleavage site (C-terminal peptides and 0 missed  
434 cleaved peptides), around 20 % contained one missed cleavage and less than 5 %  
435 contained more missed cleavages. This suggests that digestion occurs to the same  
436 degree of completeness for these three conditions.

437 A factor which might impact the number of identified peptides and proteins is the  
438 reduction and alkylation step. Since the workflow of digestion on-paper is reversed  
439 compared to in-solution (reduction and alkylation is carried out after the digestion on-  
440 paper), proteins might be less accessible for tryptic cleavage during the digestion step.

441 The workflow reflects how the smart sampler will be used in real life: the digestion will  
442 start instantly when the sample is applied to the paper, thus prior to reduction and  
443 alkylation. It is expected that this will have a negative impact on the coverage of the  
444 identified proteins. A selection of 22 proteins observed for all three conditions was

445 investigated closer. An important observation made was that all the identified cysteine  
446 containing tryptic peptides originating from the 22 proteins were modified with  
447 carboxymethyl. As the database search was carried out with carboxymethyl as variable  
448 modification, also unmodified cysteine containing peptides could potentially be  
449 identified. However, none of the cysteine containing peptides were found in the  
450 unmodified form in any of the samples and conditions analyzed. This is a strong  
451 indication of complete carboxymethylation by iodoacetic acid after reduction. It is  
452 therefore assumed that the carboxymethylation step does not impact the number of  
453 protein and peptide identifications.

454

455 The average protein coverages per condition for four of the selected proteins are shown  
456 in figure 5 (complement C3 - 27 disulfides, plasminogen - 24 disulfides, apolipoprotein  
457 A1 - no disulfides, immunoglobulin kappa constant - no disulfides) and for all the 22  
458 proteins in figure S2 (supporting information). From these figures it can be seen that  
459 there is a clear tendency: on-paper digestions yield lower protein coverages compared  
460 to in-solution digestions. Additionally proteins digested overnight on-paper have a  
461 higher coverage than those digested short (air dry).

462 Comparing both overnight digestions (on-paper with in-solution) only a nine proteins  
463 had comparable coverage (less than 10 % difference): albumin (ALB), apolipoprotein 1  
464 (APOA1), immunoglobulin kappa constant (IGKC), apolipoprotein 4 (APOA4),  
465 prothrombin (THRB), platelet basic protein (CXCL7), clusterin (CLUS), immunoglobulin  
466 lambda constant (IGLC2) and transthyretin (TTHY). Of these APOA, IGKC, APOA4,  
467 CXCL7, IGCL2 and TTHY had 2 disulfide bonds or less (resp. 0, 0, 2, 2 and 0 disulfide

468 bonds). It is tempting to ascribe good protein coverage on-paper to good accessibility  
469 for trypsin, however, from Figure S2 in the supporting information it can be seen that  
470 alpha-1-antitrypsin (A1AT) and inter-alpha trypsin inhibitor heavy chain (ITIH4) - both  
471 proteins with zero disulfide bonds - have considerably higher coverage in-solution  
472 compared to on-paper. The latter does not outrule the possibility of good accessibility  
473 when few disulfide bonds are present, however, on the other hand it is not given that  
474 absence of disulfide bonds result in good protein coverages for on-paper digests. In  
475 accordance with previously published results [57] this is probably dependent on  
476 additional protein properties.

477

#### 478 **4. Conclusions**

479 In this paper the activity of immobilized trypsin coupled to paper through  $\text{KIO}_4$   
480 functionalized cellulose is compared to that of trypsin in-solution. It is proven that the  
481 enzymatic action measured for the covalently bound trypsin can be ascribed to the  
482 attached trypsin and not to randomly desorbing, thus in-solution acting trypsin.

483 Immobilizing 0.5 % trypsin results in smart samplers with a trypsin activity approx. 50 %  
484 compared to that in-solution.

485 The smart sampler shows to exhibit the same trypsin activity for at least 4 months when  
486 refrigerated. This is the first report on the stability of these smart samplers. In  
487 accordance with other reports on immobilized trypsin, minimal autolysis was observed  
488 in the smart samplers. Both good stability and low degree of autolysis are superior to  
489 trypsin in-solution.

490 Monitoring the production of multiple peptides for cytochrome C and BSA over time  
491 reveals that differences between on-paper digestions and in-solution digestions are  
492 protein dependent: digestion of a simple protein like cytochrome C produces equal  
493 amounts of peptide regardless if it is on-paper or in-solution digestion while more BSA  
494 peptides are produced in-solution.

495 The smart samplers can be used for shotgun proteomic analysis although less proteins  
496 were qualified compared to in-solution digestions. The presence of disulfide bridges  
497 seems to hamper the on-paper digestion compared to the in-solution digestions: lower  
498 coverage is seen using the smart sampler for proteins with three or more disulfide  
499 bridges.

500 All in all, trypsin covalently bound to paper shows to retain high proteolytic activity and is  
501 a stable alternative for conventional digestions. In this way smart proteolytic samplers  
502 show their feasibility in pre-lab sample preparation.

503

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508

## 509 **6. Conflict of interest statement**

510 The authors declare no conflict of interest.

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516 **7. References**

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685

686



687 **Legend to the figures:**

688

689 Figure 1.

690 A) Trypsin activity on-paper related to in-solution for MIFAGIK ( $m/z=390.2$ ). The ratio of  
691 the signal intensities for on-paper and in-solution digestions is shown. Dark grey:  $KIO_4$ -  
692 treated paper with trypsin. Light grey: untreated paper with adsorbed trypsin.

693 B) Signal intensity of MIFAGIK for four different trypsin concentrations in-solution  
694 (black), on-paper with covalently bound trypsin (dark grey) and on-paper (untreated)  
695 with adsorbed trypsin (light grey). Signal intensities were corrected with the IS (see  
696 table 1)

697 For all experiments  $n=3$ . The error-bars in figure 1B represent the standard deviations of  
698 the measurements ( $\pm 1$  SD). No error bars are given in figure 1A since these represent  
699 ratios of average numbers.

700

701 Figure 2.

702 A) Production of peptides from cytochrome C. Upper: MIFAGIK, middle:  
703 TGQAPGFTYTDANK and bottom: EETLMEYLENPK. B) Production of peptides from  
704 BSA. Upper: LVNELTEFAK, middle SLHTLFGDELCK and bottom: HLVDEPQNLIK.  
705 Black: in-solution trypsin digestion. Grey: on-paper trypsin digestion.

706

707 Figure 3.

708 Ratio of the autolysis products m/z 577.1 and 758.1 over time (up to overnight): signal  
709 intensity on-paper / signal intensity in-solution. The ratio is expressed in percentage and  
710 does not exceed 2 %.

711

712

713 Figure 4.

714 Signal intensity ratio of MIFAGIK (m/z 390.2), TGPNLHGLFGR (m/z 584.8),  
715 TGQAPGFTYTDANK (735.8) and EETLMEYLENPK (748.4) compared to internal  
716 standard after 10 minutes digestions for paper stored up to 4 months refrigerated  
717 (upper) and at room temperature (lower). From 0 days (black), 30 days (dark grey), 60  
718 days (grey), 90 days (light grey) and 120 days (white)

719

720

721 Figure 5.

722 Average protein coverage (n=3) for proteins digested on-paper (air dry), on-paper  
723 (overnight) and in-solution (overnight). The two figures on the left represent proteins  
724 containing disulfide bridges, the figures on the right represent proteins with few disulfide  
725 bridges (2 or less). Figures S2A-C show similar plots for all 22 proteins.

726