

1 **Potential effect of migration strategy on pollutant occurrence in eggs of**
2 **Arctic breeding barnacle geese (*Branta leucopsis*)**

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18 **Abstract**

19 Arctic-breeding geese acquire resources for egg production from overwintering and breeding
20 grounds, where pollutant exposure may differ. We investigated the effect of migration strategy
21 on pollutant occurrence of lipophilic polychlorinated biphenyls (PCBs) and protein-associated
22 poly- and perfluoroalkyl substances (PFASs) and mercury (Hg) in eggs of herbivorous barnacle
23 geese (*Branta leucopsis*) from an island colony on Svalbard. Stable isotopes ($\delta^{13}\text{C}$ and d^{15}N) in
24 eggs and vegetation collected along the migration route were similar. Pollutant concentrations
25 in eggs were low, reflecting their terrestrial diet ($\sum\text{PCB} = 1.23 \pm 0.80 \text{ ng/g ww}$; $\sum\text{PFAS} = 1.21$
26 $\pm 2.97 \text{ ng/g ww}$; $\text{Hg} = 20.17 \pm 7.52 \text{ ng/g dw}$). PCB concentrations in eggs increased with later
27 hatch date, independently of lipid content which also increased over time. Some females may
28 remobilize and transfer more PCBs to their eggs, by delaying migration several weeks, relying
29 on more polluted and stored resources, or being in poor body condition when arriving at the
30 breeding grounds. PFAS and Hg occurrence in eggs did not change throughout the breeding
31 season, suggesting migration has a greater effect on lipophilic pollutants. Pollutant exposure
32 during offspring production in Arctic-breeding migrants may result in different profiles, with
33 effects becoming more apparent with increasing trophic levels.

34 **Introduction**

35 Migratory birds utilize resources from multiple locations to fuel energetic costs associated
36 with reproduction.^{1,2} However, resources can also be geographically isolated, particularly for
37 terrestrial bird species that fly overseas. Individuals may therefore be limited by where they
38 acquire energy for both flight and reproduction.³ In highly seasonal environments such as the
39 Arctic, terrestrial birds often follow a “green wave” of spring resources,⁴ where individuals
40 optimize timing between high quality resources and reproductive success.^{5,6} An individual’s
41 timing depends on many factors including body condition and resource availability and
42 conditions along the flyway and at the breeding grounds.^{7,8}

43

44 In female birds, reproduction includes egg production. Given feeding sites are
45 geographically isolated, then energy directed towards egg production will range from exclusive
46 reliance on distant wintering ground resources, to energy obtained during migration, or to
47 reliance on local breeding resources, but is typically a mix.^{3,9} Energy often represents nutrients
48 available to an individual in the form of lipids and protein, with lipids being energetically richer
49 and less costly to transport over long distances than protein.¹⁰⁻¹²

50

51 Avian eggs reveal how females both acquire and utilize energy,¹³ and are useful in the
52 biomonitoring of environmental pollutants.¹⁴ During egg production, females maternally
53 transfer various lipophilic pollutants including polychlorinated biphenyls (PCBs) and
54 hexachlorobenzene (HCB), and protein-associated pollutants such as per- and polyflouroalkyl
55 substances (PFASs) and mercury (Hg).¹⁵⁻¹⁷ These contaminants are known for their persistent,
56 bioaccumulative and toxic properties.¹⁸⁻²⁰

57

58 In migratory birds such as geese, the consumption of vegetation contaminated via
59 atmospheric deposition represents a source of exposure to certain pollutants.^{21,22} Several studies
60 in migratory birds have identified a spatial relationship between latitudinal position and
61 pollutant exposure.^{23,24} With increasing latitude, atmospheric and soil deposition of lighter
62 chlorinated PCBs and HCB increases, whereas heavier chlorinated PCBs decreases.²⁵⁻²⁷ The
63 exposure profile of many bird species is dominated by heavier, more persistent PCBs,²⁸ and this
64 profile should also reflect spatial trends in migratory birds that feed at different sites during egg
65 formation. Ecological tracers such as stable isotopes have been used in large part to identify
66 energy sources utilized during egg production,^{13,29} however, ecotoxicological studies
67 combining stable isotopes and pollutants as chemical tracers have received much less attention.

68
69 The purpose of this study was to investigate how migration strategy, both in terms of timing
70 and spatial dietary energy source, affects pollutant occurrence in eggs of Svalbard-breeding
71 barnacle geese (*Branta leucopsis*). Female geese acquire and utilize terrestrial resources along
72 their migration route relative to their breeding grounds including: resources from distant
73 overwintering grounds (United Kingdom), staging areas (northern Norway), and local bird cliff
74 and island tundra (Svalbard, Norway).^{13,30} Stable isotopes and observational data indicate that
75 early arriving females utilize distant resources for egg production before local breeding ground
76 resources reach peak availability,¹³ while late arriving females are better suited at utilizing local
77 resources before laying eggs.³¹ To our knowledge, no attempt has been made to combine stable
78 isotopes and pollutants as ecological and chemical tracers in this migratory species.
79 Additionally, storage and transport of lipids are also less costly than proteins, meaning
80 migration strategies may have a greater effect on pollutants associated with lipids than proteins.
81 Given latitudinal differences exist in the PCB and HCB profile in air and soil, then geese serve
82 as a model species to track the movement of environmental pollutants.

83

84 To determine where geese acquire their energy for egg production and whether this reflects
85 pollutant exposure, we collected vegetation along the flyway of the goose and eggs at the
86 Svalbard breeding grounds. We also quantified nest hatch date for the breeding population as a
87 proxy for migration timing and energy source. We hypothesized that: 1) early egg laying
88 females fuel reproduction using either stored body reserves or distant wintering ground
89 resources (UK and/or northern Norway), leading to pollutant remobilization or higher exposure
90 in females and maternal transfer to eggs; 2) late egg laying females feed on local breeding
91 ground resources (Svalbard), and are exposed to lower concentrations of pollutants than
92 individuals relying on distant resources; and 3) migration strategy has a greater effect on
93 concentrations of lipophilic pollutants (PCBs and HCB) in eggs than protein-associated
94 pollutants (PFASs and Hg).

95

96 **Materials and methods**

97 **Barnacle goose biology**

98 The barnacle goose population in the present study overwinter on the Solway Firth (UK) and
99 migrate to the high Arctic archipelago of Svalbard, Norway (Figure S1, Supporting
100 Information). Most individuals stopover in spring staging areas along the coast of northern
101 Norway for several weeks,³² but a small number of birds skip these sites during their northward
102 migration.^{33,34} Geese typically depart from the Solway Firth between late April and early May,
103 spending several weeks in mainland Norway before arriving at the Svalbard breeding grounds
104 in late May.³⁵ The geese also utilize additional pre-breeding sites on Bjørnøya and along the
105 west coast of Svalbard, which include tundra vegetation fertilized by marine birds at cliff-
106 breeding colonies.³⁰ When female geese arrive at the breeding grounds, they commence egg
107 laying in as little as three days.³⁶ Females typically lay a clutch of four eggs and only lay once

108 per breeding season.^{37,38} The egg laying period for the breeding colony typically spans
109 approximately two weeks, and eggs of a clutch hatch synchronously.^{38,39}

110

111 **Study sites and sampling effort**

112 In 2016, our study included three main areas along the migration route of the Svalbard-
113 breeding population of the barnacle goose, including: UK (Solway Firth); northern Norway
114 (Helgeland and Vesterålen); and Svalbard (Kongsfjorden). Barnacle geese breed on several
115 islands in the fjord,³⁸ and our study population represented the Storholmen Island colony
116 (78°56'N, 12°14'E).

117

118 *Sighting and nest data*

119 Intensive sightings of ringed barnacle geese were carried out in northern Norway from 29
120 April to 21 May 2016 in Vesterålen (municipalities of Andøy, Hadsel, Sortland and Øksnes),
121 and from 22 April to 21 May 2016 in Helgeland (municipalities of Herøy and Træna). On
122 Svalbard, we registered all nests on Storholmen Island and recorded ring codes of nesting
123 individuals. At least one member of each nesting pair from our sampling effort was ringed, and
124 we assumed any unringed individuals in nesting pairs represented the partner. For each
125 registered nest, we also recorded the hatching date of the clutch, defined as the first day when
126 an egg in each clutch hatched.

127

128 *Vegetation and egg sampling*

129 Vegetation was collected on the Solway Firth and Vesterålen in May 2016, and on Svalbard
130 June–July 2016. Sites on Svalbard included both island colony and marine bird cliff tundra,
131 referred to as island tundra and cliff tundra respectively. Vegetation represented a mix of
132 graminoid and forb species, reflecting the diet of the geese (see Table S1, Supporting

133 Information). Diet was sampled in areas where geese had been observed grazing and where
134 fresh droppings were present. Only the top layers of vegetation were used for subsequent
135 analysis, as geese predominantly graze at this level.³⁵

136

137 For eggs, an intensive sampling effort took place during the main incubation period on
138 Storholmen Island from 9 June to 20 June. We had originally planned to sample from early and
139 late arriving females, however almost all individuals had commenced egg laying prior to our
140 sampling period. Instead, we sampled a single egg at random from 61 nests, to reduce the
141 potential effects of intra-clutch variation. Although egg laying sequence may affect pollutant
142 concentration in avian species,⁴⁰ several studies have demonstrated that mother-egg or inter-
143 clutch variation is greater than intra-clutch variation.^{15,41} Thus, we assumed that each egg
144 sampled was representative of a female's entire clutch.

145

146 We prioritized sampling from nesting pairs where at least one parent was ringed and
147 observed at the staging areas in northern Norway. We attempted to sample eggs from females
148 utilizing early or late migration strategies based on sighting data from northern Norway as well
149 as egg incubation stage.⁴² Eggs were stored overnight at 4°C. Embryonic age (defined as
150 incubation stage) varied greatly across all eggs, so samples were homogenized to obtain a signal
151 representing whole egg content. Homogenates were aliquoted to polypropylene tubes and stored
152 at -20 °C. Samples were analyzed for protein content and stable isotopes of carbon ($\delta^{13}\text{C}$) and
153 nitrogen ($\delta^{15}\text{N}$), the details of which are described in Supporting Information.

154

155 **Pollutant analysis**

156 Egg homogenates were analyzed for PCBs, HCB and PFASs at Norwegian Institute for Air
157 Research (NILU) at the Fram Centre in Tromsø, Norway. Mercury in eggs was analyzed at the

158 University of Oslo, Norway. PCBs and HCB were measured in vegetation from the Solway
159 Firth, Vesterålen and Svalbard, and PFASs from one site on the Solway Firth and bird cliff
160 tundra from Svalbard. A total of 43 compounds were analysed, including 19 PCB congeners,
161 HCB, 22 PFAS compounds and mercury.

162

163 *PCBs and HCB analysis*

164 For eggs, approximately 1.5 g of pre-weighed homogenate was freeze-dried for moisture
165 content removal in approximately 1:5 weight/weight (w/w) of anhydrous sodium sulfate (burnt
166 at 600 °C). For vegetation, approximately 10 g of pre-weighed material was pulverized with
167 liquid nitrogen and freeze-dried in 1:3 (w/w) sodium sulfate. Samples were spiked with 2.7
168 ng/μl of ¹³C-labelled internal standards: PCB-28, -31, -52, -47, -37, -74, -66, -101, -99, -149, -
169 118, -153, -105, -138, -187, -183, -180, -170, -194 and -209, and HCB. Sample homogenate
170 was extracted three times with cyclohexane/acetone (3:1) (40/30/30 ml) in an ultrasonic bath.
171 Supernatant from each step was combined, and then 10% of the combined supernatant was
172 aliquoted into a pre-weighed vial for gravimetric lipid determination. The remaining
173 supernatant was evaporated to dryness and reconstituted in 0.5 ml of isooctane and transferred
174 to EZ-POP NP cartridges (Supelco®) for clean-up purposes. PCBs and HCB were eluted from
175 the cartridges with 3 × 5 ml of acetonitrile and the eluent was evaporated and reconstituted in
176 0.5 ml of isooctane. An additional clean-up step was performed using automated solid phase
177 extraction where extract was eluted with 1 g of activated Florisil® (burnt at 450 °C) with 12 ml
178 of 1:10 dichloromethane/hexane. The collected extract was evaporated to approximately 0.1 ml
179 and quantitatively transferred to a GC vial, evaporated to 100 μl, and spiked with ¹³C-labelled
180 PCB-159 volume correction standard. See Supporting Information for details on instrument
181 analysis.

182

183 *PFAS analysis*

184 1–1.5 g of pre-weighed homogenized egg material was extracted using 8 ml acetonitrile,
185 while 30 g of vegetation was extracted using ca. 40 ml of methanol following methods described
186 previously.¹⁷ Egg and vegetation extracts were evaporated to 2 ml and 1.5 ml respectively. Prior
187 to extraction, all samples were spiked with 0.5 ng/μl of ¹³C-labelled internal standards: PFBA,
188 PFPA, PFHxA, PFHpA, PFOA, PFNA, PFDcA, PFUnDA, PFDoDA, PFTeDA, PFBS, PFHxS,
189 PFOS, PFOSA, 6:2 FTS and 8:2 FTS. Prior to quantification, each 0.5 ml of solution was spiked
190 with 2 ng of 3,7-brPFDcA recovery standard and 0.1 ml was transferred to an autoinjector vial
191 containing 0.1 ml of 2 mM NH₄OAc in HLB-water. Full details of the instrumental analysis are
192 described elsewhere.⁴³ Ten μl of extract was used to separate and analyses PFASs by ultrahigh
193 pressure liquid chromatography triple-quadrupole mass-spectrometry (UHPLC-MS/MS). Data
194 quantification was conducted with LCQuan software (Thermo Scientific). Unless specified, all
195 PFASs refer to linear isomers.

196

197 *Hg analysis*

198 Total mercury was analyzed by atomic absorption spectrometry using a Direct Mercury
199 Analyzer (DMA-80, Milestone). Approximately 0.03 g of freeze-dried egg homogenate was
200 analyzed. Samples were analyzed in parallel with sample blanks and certified reference material
201 (DORM-4 fish protein; DOLT-5 dogfish liver, National Research Council Canada). Samples
202 were analyzed in at least duplicate to ensure precision of measurements. Average recoveries of
203 the certified reference materials were within 10% of the reported values. The detection limit of
204 the instrument was 0.05 ng mercury.

205

206 *Quality assurance/control*

207 Concentrations reported for PCBs, HCB and PFASs were blank corrected based on the
208 average concentration detected within blank samples. Limits of detection (LOD) and

209 quantification were calculated as three and ten times the standard variation within blank
210 samples, respectively. LOD for PCBs ranged from 0.001 to 0.012 ng/g wet weight (ww); HCB
211 was 0.026 ng/g ww; and PFASs from 0.015 to 0.100 ng/g ww (Table 1). PCB and HCB
212 concentrations were only reported for analytes that had a quantification/qualifier ion ratio
213 within 20% of the ratio determined within the quantification standard. Reference material for
214 PCBs and HCBs (Contaminated fish reference material, EDF-2525) and PFASs (Pike-perch,
215 QM03-2) were also extracted in conjunction with sample material to assess method
216 performance. Internal standard recoveries for PCBs in eggs ranged between 40% and 60%; and
217 PFASs between 50% and 73% in eggs, and from 16% to 165% in vegetation (Table S8,
218 Supporting Information).

219

220 **Data treatment and statistical analyses**

221 *Pollutant datasets*

222 We used two datasets for statistical analyses, including: 1) lipophilic compounds with 19
223 PCB congeners and HCB; and 2) protein-associated compounds with six PFAS compounds and
224 mercury. Individual pollutants were included in datasets if they were detected in 60% or more
225 of our egg samples, to maximize statistical information and reduce random noise from non-
226 detect samples (see Table S7, Supporting Information for pollutants excluded). When
227 individual concentrations of each pollutant across all samples fell below the LOD, we imputed
228 left-censored data by replacing missing values (53 values for PCB; 71 values for PFAS) with a
229 random number between 0 and the LOD assuming a beta distribution ($\alpha = 5$, $\beta = 1$). We also
230 calculated pattern or relative contribution of PCBs and PFASs, expressed as the proportion of
231 each PCB congener or PFAS family to the sum total (*e.g.* $[\text{PCB}_i]/\sum\text{PCB}$ or $[\text{PFAS}_i]/\sum\text{PFAS}$).
232 For PCBs, we also summed concentrations according to the number of chlorine atoms as well
233 as metabolic group (Tables S9–10, Supporting Information).

234

235 *Statistical analyses*

236 We analyzed pollutant concentrations and patterns in R v. 3.4.1.⁴⁴ Multivariate analysis and
237 visualization of data was conducted by Principal Component Analysis (PCA) within the *vegan*
238 package v. 2.4-4.⁴⁵ We transformed pollutant concentrations ($\log_{10} x$) to normalize distributions
239 and reduce heterogeneity and/or skewness. We explored absolute concentrations of PCBs,
240 HCB, PFAS and Hg, as well as relative concentrations (*i.e.* patterns) of PCBs and PFASs by
241 PCA. Biological variables, which included hatch date, egg size (length), embryonic age, and
242 values of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, were projected on the ordination space as passive variables. We
243 conducted a redundancy analysis (RDA) on both datasets in order to summarize the explanatory
244 power of relevant explanatory or biological variables, and quantified the percentage of variation
245 explained by each variable. Biological variables in our RDA included hatch date, egg size
246 (length), embryonic age, values of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ and lipid and protein content. Hatch date was
247 positively correlated with lipid content (Pearson's $R = 0.29$, $P = 0.02$), and PCB concentrations
248 also increased with later hatch date, independent of lipid content (see Results and Discussion).
249 This prompted us to conduct partial RDA (pRDA) by treating PCB and HCB concentrations on
250 wet weight basis and lipid content as a covariable. A pRDA fits the biological variables to the
251 residual variation that is not attributable to the covariables.⁴⁶ The relationship between
252 significant biological variables and pollutant concentrations are depicted using linear
253 regressions. Unless specified, PCB, HCB and PFAS concentrations are reported on wet weight
254 (ww), and mercury on dry weight (dw) basis.

255

256 **Results and Discussion**

257 **Breeding population of Storholmen**

258 In 2016, a total of 272 breeding pairs were registered on the Storholmen island breeding
259 colony. Nest hatching commenced 10 June and concluded 20 July, with a peak hatch date
260 between 24 and 25 June (Figure 1). Hatching dates of the subsampled population (N = 61 pairs)
261 were similar to the colony as a whole, with a peak hatch date of 25 June (range: 18 June to 20
262 July; Figure 1; Table 1).

263

264 The spread in hatch dates is twice as large as in 1993 and 1994 (range = 15 days),⁴⁷ as well
265 as in 2006 and 2007 (range = 15 days).¹³ This new timeframe suggests that geese are responding
266 to a warmer climate, due to increased availability of resources at the staging areas in northern
267 Norway and Svalbard breeding grounds, and has resulted in a broadening of the time window
268 for reproduction. The mean hatch date for the Svalbard population has also advanced by
269 approximately one week since the 1990s,^{39,47} and 2016 represented the earliest hatch date on
270 record for the island population.

271

272 From the 61 nesting pairs which eggs were sampled, at least one individual from 23 nesting
273 pairs was resighted at the staging areas in northern Norway previously in the same breeding
274 season (Vesterålen N = 18; Helgeland N= 5), meaning that we could not account for the
275 migratory behavior of the remaining geese. It is likely that several non-sighted geese utilized
276 staging areas in northern Norway before arriving in Svalbard, but were either not observed
277 during the sighting period or were feeding outside sighting areas. Lipid content in eggs was
278 $17.0 \pm 2.4\%$, and was 2-5 times greater than protein content ($4.9 \pm 1.0\%$; Table 1). Lipid content
279 in eggs also increased with hatch date, which was contrary to expectation. We expected that
280 earlier arriving females would utilize stored body reserves, resulting in increased lipid
281 availability during egg production. Instead, later arriving females were remobilizing a greater
282 proportion of lipids, which could be due to differences in foraging behavior for geese that

283 migrate late to the Svalbard breeding grounds,⁷ or energetic differences in vegetation along the
284 migration route.⁴⁸ We found no relationships between all other biological variables measured
285 (Tables S2–4, Supporting Information).

286

287 **Spatial contribution of resources for egg production**

288 Stable isotope signatures in vegetation overlapped between the wintering, staging and island
289 colony sites (Figure 2). Vegetation sampled from cliff tundra contained lower $\delta^{13}\text{C}$ and higher
290 $\delta^{15}\text{N}$ values compared to all other sites ($\delta^{13}\text{C}$: t-test: $t_{13} = -2.75$, $P = 0.02$; $\delta^{15}\text{N}$: t-test: $t_{13} = 4.26$,
291 $P < 0.01$; Figure 2). We expected to find a unique isotopic composition along the flyway of the
292 goose following a previous study on goose droppings collected from each site.¹³ However,
293 stable isotope signatures between vegetation and droppings may not be comparable given
294 fractionation between diet and droppings takes place during digestion.^{49,50}

295

296 Egg stable isotope signatures ($\delta^{13}\text{C} = -28.4 \pm 0.8$ ‰, range: $-30.3, -26.6$; $\delta^{15}\text{N} = 10.1 \pm 1.7$
297 ‰, range: $7.7, 19.4$; Figure 2) were unrelated to lipid and protein content or sighting of
298 individuals in northern Norway (Tables S4–6, Supporting Information). Values of $\delta^{13}\text{C}$ in eggs
299 increased with later hatch date (Pearson's $R = 0.30$, $P = 0.02$; Figure 3b), but $\delta^{15}\text{N}$ values did
300 not. $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values were higher in eggs compared to vegetation from all sites (t-test: $\delta^{13}\text{C}$
301 $t_{72} = -2.75$, $P < 0.001$; $\delta^{15}\text{N}$ $t_{68} = 6.15$, $P < 0.001$), except for cliff tundra where $\delta^{15}\text{N}$ was higher
302 than in eggs (t-test: $t_{61} = -6.54$, $P < 0.001$; Figure 2).

303

304 Carbon and nitrogen isotope signatures in the eggs of barnacle geese from Storholmen Island
305 were similar to a neighboring island colony in 2006 and 2007.¹³ The high $\delta^{13}\text{C}$ values in eggs
306 compared to vegetation suggest that geese also utilize stored body reserves for egg production
307 such as breast muscle and abdominal fat, which is often enriched in ^{13}C .^{11,29} A previous study

308 on Greater Snow Geese (*Chen caerulescens atlantica*) found a strong positive relationship
309 between $\delta^{13}\text{C}$ values in maternal storage tissues and eggs,²⁹ suggesting that an increasing
310 reliance on stored body reserves corresponds to an enriched ^{13}C signal in eggs.

311

312 $\delta^{15}\text{N}$ values in eggs did not change throughout the breeding season, suggesting that most
313 females either did not utilize local Svalbard resources from bird cliff in 2016, or utilized this
314 resource in similar proportions. Due to an overlapping $\delta^{13}\text{C}$ signal across most sites, we could
315 not calculate the contribution of resources towards egg production under a stable isotope mixing
316 model.⁵¹ A previous model has shown that the Svalbard goose population can allocate 50% of
317 resources from vegetation in the UK and northern Norway for egg production, assuming a
318 limited number of sites along the flyway.¹³ However, reliance of resources from UK and
319 northern Norway decreases with later egg laying date; and this relationship has only been
320 observed in the lipid-free yolk component of eggs.¹³ Even though we measured stable isotopes
321 in whole eggs, the positive relationship between $\delta^{13}\text{C}$ signal in eggs and nest hatch date
322 remained, suggesting that egg energy source varies throughout the breeding season.

323

324 **Low levels of pollutants in vegetation**

325 Low concentrations of HCBs were detected for vegetation at all sites, but PCBs were not
326 (Solway Firth: 0.02 ± 0.01 ng/g ww, N = 2; Vesterålen: 0.05 ± 0.03 ng/g ww, N = 3; Svalbard
327 cliff tundra: 0.09 ± 0.04 ng/g ww, N = 4; Svalbard island tundra: 0.03 ± 0.02 ng/g ww, N = 2).
328 PFASs were detected at cliff tundra (0.03 ng/g ww, N = 1), but not on the Solway Firth (N =
329 1). We could not sample a larger quantity of vegetation across all sites due to intensive goose
330 grazing activity, meaning these values should be treated with caution.

331

332 **Low levels of lipophilic pollutants in eggs**

333 Total PCB concentrations in eggs ranged between 0.46 and 4.42 ng/g ww (Table 1). PCB-
334 153 accounted on average for 32% of the total PCB concentration in eggs, followed by PCB-
335 118 (16%), PCB-138 (12%) and PCB-180 (10%). HCB was the dominating chemical in all
336 eggs, where concentrations ranged between 0.99 and 5.65 ng/g ww (Table 1).

337

338 Average concentrations of PCBs and HCB in barnacle goose eggs indicate low levels of
339 exposure in adult female geese. Pollutant concentrations are several orders of magnitude lower
340 than in eggs of piscivorous and predatory Arctic seabird species.^{52,53} The low concentrations in
341 goose eggs reflects a terrestrial diet, and is similar to levels in other Arctic terrestrial species
342 occupying low trophic levels including caribou (*Rangifer tarandus*) and hare (*Lepus*
343 *arctica*).^{54,55} Average lipid normalized concentrations of PCBs and HCB in eggs from this study
344 ($\sum_{12}\text{PCB} = 7.2$ ng/g lipid weight; HCB = 14.4 ng/g lw) are lower than in eggs from a
345 neighboring Svalbard barnacle goose colony sampled in 2006 ($\sum_{12}\text{PCB} = 53.5$ ng/g lw; HCB =
346 27.4 ng/g lw; $n = 6$).⁵⁶ The temporal decrease in PCB and HCB concentrations in biota is also
347 consistent with decreasing trends in air and monitoring data.^{57,58}

348

349 **Effect of migration on PCB and HCB in eggs**

350 With later hatching date, both lipid content and wet weight concentrations of PCB in eggs
351 increased (Figures 3a and 3c). Hatch date contributed to 10.9% of the total variation in wet
352 weight pollutant concentrations ($\text{RDA}_{\text{Hatch date}}: F_{1,54} = 6.62, P = 0.001$) and 6.9% when lipid
353 content was treated as a covariable ($\text{pRDA}_{\text{Hatch date}}: F_{1,53} = 4.37, P = 0.01$; Figure S3, Supporting
354 Information). HCB contributed little to pollutant variation across eggs (Figure 3d). When
355 exploring differences in PCB patterns across eggs, hatch date explained 4% of the total variation
356 in PCB patterns ($\text{RDA}_{\text{Hatch date}}: F_{1,54} = 2.26, P = 0.05$). The relative contribution of tri- and tetra-
357 chlorinated PCBs to the total PCB load was higher in late hatching eggs (75th percentile = 8.3

358 $\pm 4.3\%$) than in early hatching eggs (25th percentile = $6.8 \pm 1.5\%$; $RDA_{\text{Hatch date}}$: % variation =
359 6.7; $F_{1,54} = 3.86$, $P = 0.02$; Figure S4, Supporting Information). We also found a weak
360 relationship between the enrichment of ^{13}C and increasing concentrations of tri- and tetra-
361 chlorinated PCBs in eggs ($RDA_{\delta^{13}\text{C}}$: % variation = 4.5; $F_{1,54} = 2.54$, $P = 0.07$). Hatch date was
362 unrelated to substitution patterns of PCBs when arranged by metabolic group.⁵⁹

363

364 The finding that absolute PCB concentrations were higher in late hatching eggs (75th
365 percentile = 1.74 ± 0.66 ng/g ww) than in early hatching eggs (25th percentile = 1.06 ± 0.15
366 ng/g ww) was contrary to our expectations. We expected the earliest hatching eggs to contain
367 the highest concentrations of PCBs, as these represent females that arrive at the Svalbard
368 breeding grounds prior to snowmelt,⁶⁰ thereby relying on resources from wintering grounds,
369 staging areas, cliff tundra and/or stored body reserves for egg production. However, HCB
370 concentrations in eggs did not change throughout the breeding season, suggesting that
371 consumption of Svalbard resources was similar across females, assuming that HCB
372 concentration in vegetation increases at higher latitudes.^{61,62}

373

374 Late hatching eggs may instead represent a small number of females that delay their
375 departure from the wintering grounds by several weeks, skip or have a very brief stopover at
376 staging areas in northern Norway. The exact proportion of individuals that utilize this strategy
377 is unclear, but these females arrive later or around the same time as individuals that utilize
378 staging areas in northern Norway.³³⁻³⁵ In addition, the pre-nesting period between arrival at the
379 breeding grounds and egg laying may be shorter for late arriving females than early ones.³¹
380 Thus, late arriving females may rely more on overwintering ground resources instead of
381 breeding ground resources. Other relevant biological variables that could contribute to the total
382 variation in pollutant occurrence across eggs include timing of departure from the overwintering

383 grounds, duration spent at staging areas, timing of arrival at the breeding grounds, and
384 proportion of resources utilized at different sites.

385

386 When breeding females utilize stored body reserves for egg production, PCBs becomes
387 remobilized and translocated within the body. The rate of diffusion depends on chlorine atom
388 placement and degree of the chlorination for a given PCB congener. For example, less
389 chlorinated PCBs translocate more quickly from stored body reserves than more chlorinated
390 PCBs due to their lower lipophilicity (*i.e.* lower K_{ow}).⁶³⁻⁶⁵ Indeed, we observed the latest
391 hatching eggs to contain a significantly higher relative contribution (1.5% greater) of tri- and
392 tetra-chlorinated PCBs compared to the total PCB load when compared to the earliest hatching
393 eggs. The substitution pattern of PCBs should also affect their diffusion rates,⁶⁶ however this
394 pattern was similar across all eggs.

395

396 The body condition of females offers an alternative explanation for the higher lipid content
397 and PCB concentrations in late hatching eggs. Females that arrive late at the breeding grounds
398 may be in poorer body condition, and thus will depend more on stored body reserves (*e.g.* lipids)
399 to maintain body condition.⁷ A remobilization of lipids will thus lead to increased circulating
400 levels of pollutants in blood,⁶⁷ thereby increasing the potential for pollutants to be transferred
401 during egg production. Additionally, a greater reliance on distant resources may result in
402 exposure to higher concentrations of PCBs, as these areas are closer to potential point sources
403 of pollution compared to remote polar regions.^{23,24} The high lipid content and PCB
404 concentration in late hatching eggs is likely to be due to a combination of factors, including
405 females foraging predominantly at distant overwintering grounds, followed by the direct flight
406 to the Svalbard breeding grounds resulting in a greater reliance on stored body reserves and/or
407 poorer body condition. However, we were unable to assess the exact contribution of each of

408 these factors to the overall pollutant profile measured in eggs, and this uncertainty warrants
409 future research. This could include the use of tracking devices to determine each individual's
410 migration schedule.⁶⁸

411

412 **Similar PFASs and Hg occurrence across eggs**

413 Total detectable PFAS concentrations in eggs ranged between 0.05 and 17.7 ng/g ww (Table
414 1). When detectable, linear-PFOS on average accounted for 29% of the total PFAS
415 concentration in eggs, followed by: PUnDA (25%), PFNA (13%), PFTriDA (11%), PFDcA
416 (9%) and PFDODA (8%). We detected mostly long-chained perfluorinated carboxylates
417 (PFCAs) in eggs, which are also common in other bird species and the marine ecosystem in
418 general.⁶⁹ Total mercury concentrations in eggs ranged between 9.76 and 40.99 ng/g dw (Table
419 1).

420

421 Occurrence of PFAS and Hg in relation to the protein content of eggs did not change
422 throughout the breeding season (Figures 3e–f), supporting our expectation that migration
423 strategy has a greater effect on pollutants associated with lipids than proteins. Proteins may
424 serve as a limiting resource during egg formation,^{29,70} and energetic costs of transporting stored
425 protein during migration may be greater than for lipids.¹¹ Thus, the acquisition and allocation
426 of PFASs and Hg towards egg production should be limited by similar mechanisms.
427 Alternatively, a similar PFAS or Hg signal across eggs may be due to similar exposure profiles
428 at each site along the flyway. For example, fractionation of PFASs generally does not occur
429 along latitudinal gradients,⁷¹ as the chemicals are mainly transported through oceanic currents.⁷²
430 This could be validated by future or increased sampling efforts of vegetation at each site along
431 the migration route.

432

433 The present study reveals differences in exposure profiles of eggs of herbivorous geese,
434 which may be a consequence of different migration strategies. Eggs laid later in the breeding
435 season contained higher concentrations of PCBs. Barnacle geese are also responding to a
436 warming climate by arriving earlier at the breeding grounds, which can affect the optimal timing
437 between departure from overwintering grounds, arrival at the breeding grounds and peak food
438 quality.⁶⁸ A shift in timing may also lead to a change in reproductive success of Arctic-breeding
439 goose populations,³⁶ which may lead to further changes in the exposure profile of eggs. Recent
440 evidence shows some polar bears (*Ursus maritimus*) have shifted their summer diet, which
441 includes increased consumption of goose eggs.⁷³ This will not only impact the reproductive
442 success the barnacle goose populations, but may cause changes in the distribution pollutants
443 across Arctic food webs. The study of pollutants as chemical tracers in Arctic migrants yields
444 insights into potential energy sources utilized during offspring production. Our study concerned
445 an herbivorous migrant, and we expect stronger relationships for organisms that feed at higher
446 trophic levels, where the effects of migration or reproductive strategies may become more
447 apparent.

448

449 **Supporting Information**

450 The Supporting Information is free of charge on the ACS Publication website at DOI:
451 [xx.xxx/acs.est.xxxxxxx](https://doi.org/10.1021/acs.est.1c00000).

452 Schematic of migration timing and route of the barnacle goose (Figure S1); description
453 of vegetation sampled (Table S1); summary statistics of relationships between measured
454 biological variables (Tables S2–S6); summary of pollutant datasets (Tables S7); pollutant
455 recoveries (Table S8); classification of PCBs according to chlorination and metabolic group
456 (Tables S9–S10 and Figure S2); summary statistics of multivariate analyses (Tables S11–S14
457 and Figures S3–S6).

458

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468

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675

676 **Table 1.** Biological and pollutant information (PCB, HCB, PFAS and Hg) in barnacle goose
 677 eggs sampled on Svalbard in 2016. Unless specified, estimates refer to the egg contents.

Biological variable		Min-max	N	Mean ± SD	
Mass (g)	Whole egg:	82.0–113.3	61	98.4 ± 7.1	
	Content:	71.0–101.6		87.8 ± 6.6	
Whole egg size (mm)	Length:	67.6–92.5	61	76.2 ± 4.2	
	Width:	47.2–55.2		50.3 ± 1.6	
Embryo age (d)		0–23	61	13.3 ± 5.7	
Nest hatch date		18 June–20 July	61	28 June ± 5.6 days	
Lipid (%)		10.6–26.0	59	17.0 ± 2.4	
Water content (%)		60.2–72.7	61	68.3 ± 1.6	
Protein (%)		2.8–8.7	50	4.9 ± 1.0	
Pollutant	LOD	% detected*	Min-max	Median‡	Mean ± SD
<i>PCBs</i> (ng/g ww, N = 58)					
PCB-28/31	0.003	96	<LOD–0.025	0.009	0.010 ± 0.003
PCB-52	0.005	93	<LOD–0.044	0.008	0.010 ± 0.006
PCB-47	0.003	72	<LOD–0.008	0.004	0.005 ± 0.001
PCB-37	0.001	98	<LOD–0.401	0.013	0.023 ± 0.054
PCB-74	0.002	100	0.010–0.262	0.023	0.031 ± 0.035
PCB-66	0.003	98	<LOD–0.037	0.013	0.014 ± 0.006
PCB-101	0.004	70	<LOD–0.031	0.005	0.008 ± 0.006
PCB-99	0.001	100	0.005–0.101	0.022	0.028 ± 0.019
PCB-149	0.004	98	<LOD–0.040	0.010	0.011 ± 0.006
PCB-118	0.003	70	<LOD–1.104	0.127	0.197 ± 0.176
PCB-153	0.012	100	0.139–1.559	0.335	0.402 ± 0.244
PCB-105	0.002	91	<LOD –0.338	0.044	0.068 ± 0.058
PCB-138	0.010	100	0.056–0.422	0.126	0.150 ± 0.087
PCB-187	0.003 ^x	100	0.029–0.156	0.058	0.066 ± 0.025
PCB-183	0.003 ^x	100	0.009–0.076	0.022	0.025 ± 0.013
PCB-180	0.002	100	0.041–0.362	0.113	0.129 ± 0.064
PCB-170	0.007 ^x	100	0.025–0.199	0.054	0.060 ± 0.033
PCB-194	0.007 ^x	100	0.008–0.055	0.016	0.018 ± 0.008
PCB-209	0.007 ^x	65	<LOD–0.017	0.010	0.010 ± 0.003
ΣPCB			0.462–4.418	1.006	1.227 ± 0.800
HCB	0.026	100	0.987–5.647	2.368	2.364 ± 0.697
<i>PFASs</i> (ng/g ww, N = 59)					
PFHpS	0.035	3	<LOD–0.289	0.268	0.268 ± 0.030
branched-PFOS	0.070	7	<LOD–4.247	2.114	2.195 ± 2.089
linear-PFOS	0.070	63	<LOD–11.304	0.314	0.930 ± 2.319
PFNS	0.065	5	<LOD–0.509	0.436	0.456 ± 0.046
PFNA	0.015	81	<LOD–0.326	0.062	0.080 ± 0.060
PFDoA	0.015	81	<LOD–0.367	0.058	0.078 ± 0.067
PFUnDA	0.015	98	<LOD–0.954	0.127	0.167 ± 0.153
PFDoDA	0.015	81	<LOD–0.230	0.056	0.066 ± 0.040
PFTriDA	0.020	75	<LOD–0.261	0.098	0.109 ± 0.055
PFTeDA	0.020	32	<LOD–0.110	0.054	0.053 ± 0.022
ΣPFAS			0.054–17.690	0.539	1.209 ± 2.972
Hg (ng/g dw, N = 61)	0.050	100	9.760–40.990	18.520	20.170 ± 7.520

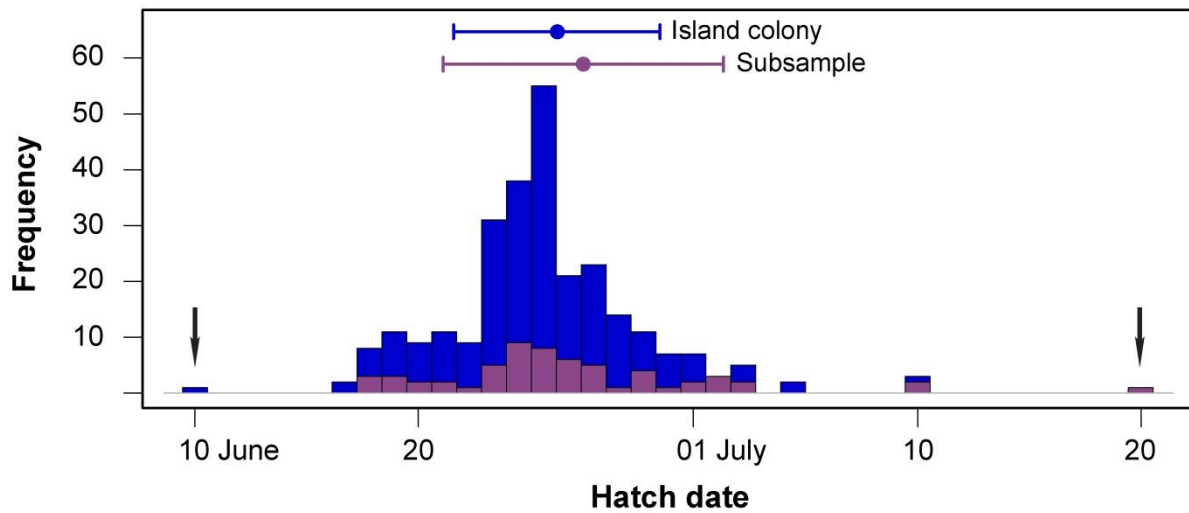
678 Min = minimum; Max = maximum; N = sample size; SD = standard deviation; LOD = limit
 679 of detection; ww = wet weight; dw = dry weight. *Percentage of eggs quantified above the
 680 LOD. ‡Calculated using values above LOD. ^xValues represent limits of quantification (LOQ).

681 **Figure legends**

682 **Figure 1.** Histogram of nest hatching dates of barnacle geese breeding on Storholmen Island in
683 2016 (N = 272) and the subsampled population in the present study (N = 61). Arrows indicate
684 the earliest and latest hatching dates. Mean \pm SD above the plots.

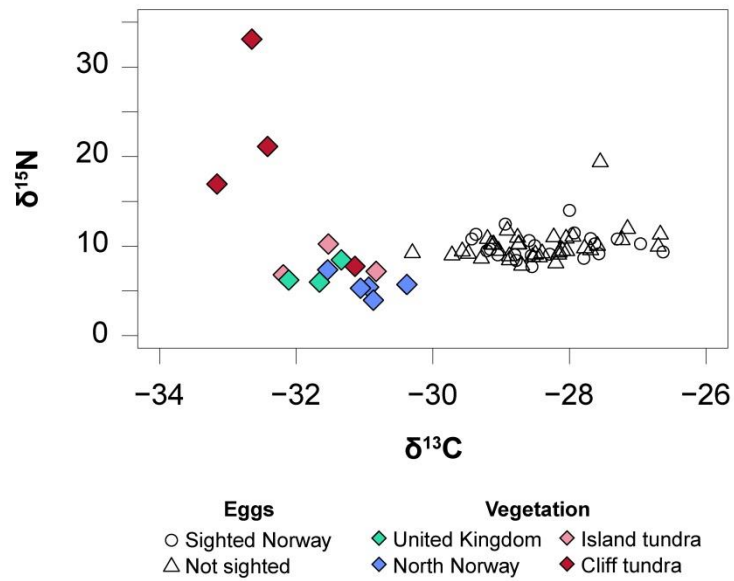
685 **Figure 2.** Stable isotope composition of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ in eggs of barnacle geese sampled on
686 Svalbard (N = 59) in 2016, as well as vegetation collected along the flyway including United
687 Kingdom, northern Norway and Svalbard island and cliff tundra (N = 15) the same year. Circles
688 represent eggs of geese sighted in Norway; triangles not sighted. Vegetation is denoted by
689 diamonds.

690 **Figure 3.** Relationship between nest hatch date and: a) lipid content (%) ($R^2 = 0.07$, $P = 0.02$);
691 b) $\delta^{13}\text{C}$ ($R^2 = 0.09$, $P = 0.02$); c) $\sum\text{PCB}$ concentration (points and solid line on wet weight, R^2
692 = 0.18, $P < 0.01$); dashed line on lipid weight; $R^2 = 0.11$, $P < 0.01$); d) HCB concentration; e)
693 $\sum\text{PFAS}$ concentration; and f) mercury concentration in eggs of barnacle geese sampled on
694 Svalbard in 2016. Circles represent eggs of geese sighted in Norway; triangles not sighted.
695 Linear regressions presented when relationships were significant.



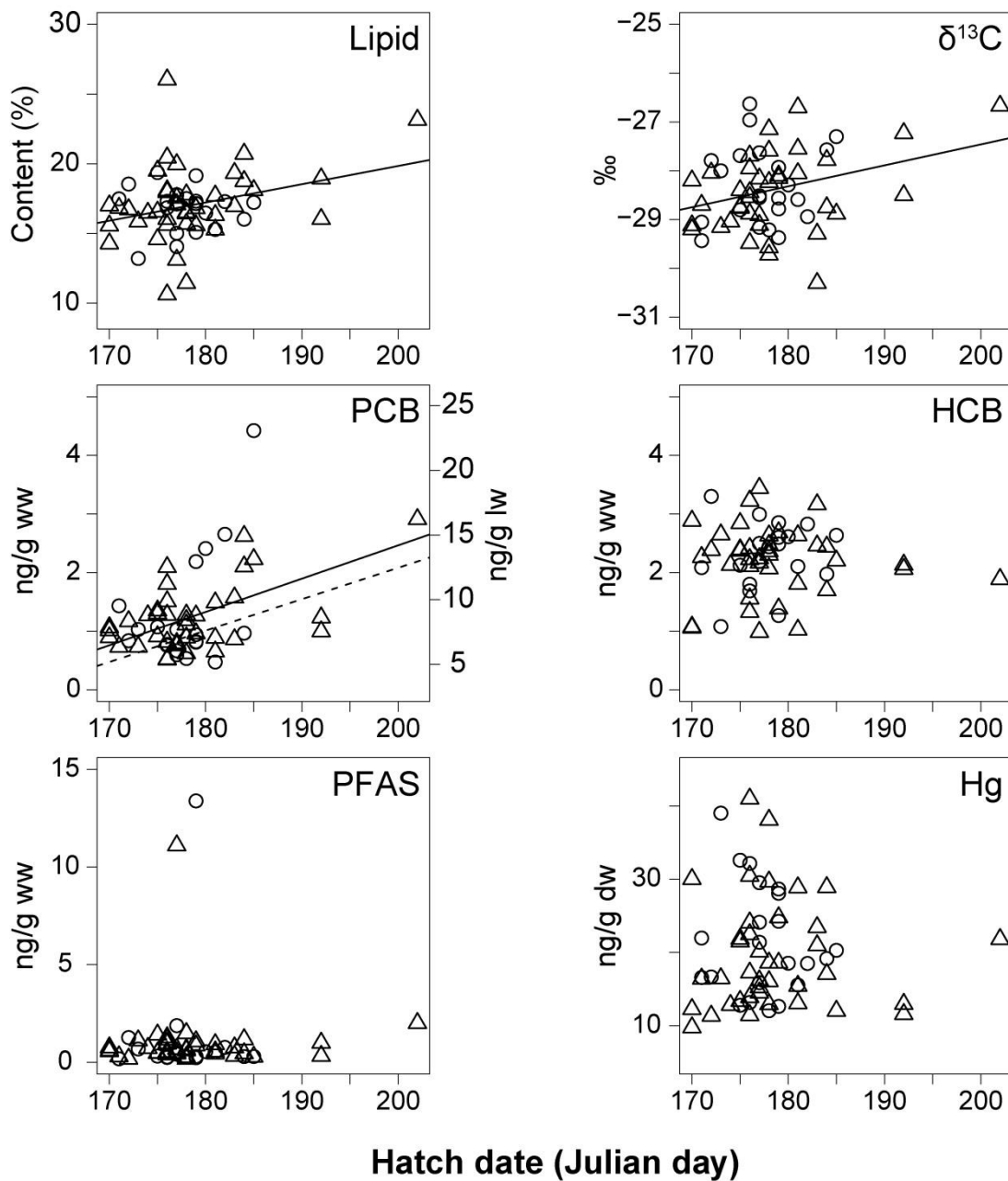
696

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 705 diamonds.



○ Sighted Norway △ Not sighted

706

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