

1 **TITLE:** Is amniotic fluid of women with uncomplicated term pregnancies free of bacteria?

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18

19 The study was performed within ORACLE (the Oslo Research Group of Asthma and
20 Allergy in Childhood; the Lung and Environment).

21

22 **Disclosure statement**

23 Eva Maria Rehbinder has received honorary for presentations on atopic dermatitis from

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62 **1-sentence condensation of the paper:** The amniotic fluid is sterile in uncomplicated
63 pregnancies at term.

64 **Implications and Contributions**

65 **A.** It is unclear if the amniotic fluid prior to delivery is sterile or not, the latter possibly
66 influencing offspring health programming through in utero microbiota exposure.

67 **B.** We found that prior to uterine contractions and rupture of amniotic membranes, amniotic
68 fluid is sterile in uncomplicated term pregnancies.

69 **C.** What this study adds to our knowledge: This study resolves the uncertainty about a
70 “sterile” intrauterine environment” in uncomplicated pregnancies at term, due to stringent
71 amniotic fluid sampling procedures, together with accurate and high sensitivity microbiota
72 analyses.

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76 **Abstract**

77 **BACKGROUND**

78 The “sterile womb” paradigm is debated. Recent evidence suggests that the offspring’s first
79 microbial encounter is before birth in term uncomplicated pregnancies. The establishment of
80 a healthy microbiota early in life might be crucial for reducing the burden of diseases later in
81 life.

82

83 **OBJECTIVE**

84 We aimed to investigate the presence of a microbiota in sterilely collected amniotic fluid in
85 uncomplicated pregnancies at term in the Preventing Atopic Dermatitis and Allergies in
86 children (PreventADALL) study cohort.

87

88 **STUDY DESIGN**

89 Amniotic fluid was randomly sampled at cesarean sections in pregnant women in one out of
90 three study sites included in the PreventADALL study. From 65 pregnancies at term, where
91 amniotic fluid was successfully sampled, we selected 10 from elective (planned, without
92 ongoing labour) cesarean sections with intact amniotic membranes (non-ROM group) and all
93 14 with prior rupture of membranes (ROM group) were included as positive controls.

94 Amniotic fluid was analysed by culture-independent and culture-dependent techniques.

95

96 **RESULTS**

97 The median (min-max) concentration of prokaryotic DNA (16S rRNA gene copies/ml;
98 ddPCR) was low for the non-ROM group (664 (544-748)) – corresponding to the negative
99 controls (596 (461-679)), while the ROM group had more than 10-fold higher levels (7700
100 (1066-251430)) (p = 0.0001, by Mann-Whitney U-test). Furthermore, bacteria were detected

101 in 50 % of the ROM samples by anaerobic culturing, while none of the non-ROM samples
102 showed bacterial growth. Sanger sequencing of the ROM samples identified bacterial strains
103 that are commonly part of the vaginal flora and/or associated with intrauterine infections.

104

105 **CONCLUSION**

106 We conclude that fetal development in uncomplicated pregnancies occurs in the absence of
107 an amniotic fluid microbiota and that the offspring microbial colonization starts after uterine
108 contractions and rupture of amniotic membrane.

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110 **Key words: Amniotic fluid, microbiome, microbiota, bacteria, sterile, placenta, fetus**

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126 INTRODUCTION

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2 127 The human microbiome discovery has developed fast over the last decades with culture
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4 128 independent techniques and unique microbial communities being identified in various body
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7 129 sites^{1,2}. A diverse and well-balanced maternal and infant microbiome seems important for
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10 130 normal development of the child's immune system, and a dysbiotic maternal gut microbiome
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12 131 has been associated with offspring allergic disease development, as well as other immune-
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14 132 mediated diseases³⁻⁵. Identifying the timing of the initial microbial colonization of the
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17 133 offspring could therefore be helpful in further understanding the developmental origin of
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19 134 health and disease (DOHaD)⁶

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24 136 It has recently been suggested, by the use of 16S rRNA sequencing, that amniotic fluid has a
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26 137 microbiome of its own in term uncomplicated pregnancies⁷. These findings are challenging
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29 138 earlier studies, where cultures from amniotic fluid were negative in term uncomplicated
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31 139 pregnancies with intact membranes⁸⁻¹⁰. The emerging evidence of a unique placental
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34 140 microbiome^{11,12} are also questioning the "sterile womb" hypothesis.

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39 142 Although sensitive molecular techniques are suggesting an intrauterine microbiota, the
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41 143 arguments for a "sterile womb", including germ-free mice and contamination bias in
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43 144 molecular studies are still strong¹³⁻¹⁵. However, the current evidence for a "sterile"
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46 145 intrauterine environment is inconclusive and to what extent, if and how maternal microbiome
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49 146 influences the fetal immunological development and the shaping of the infant microbiome is
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51 147 not settled^{4,5},

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56 149 The aim of our study was to investigate the presence of a microbiota in amniotic fluid in term
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58 150 uncomplicated pregnancies. We therefore combined sampling under strictly sterile and DNA-

151 free conditions with highly sensitive techniques to determine the amniotic fluid bacterial
152 load.

153

154 **MATERIALS AND METHODS**

155 **Study population**

156 Within 22 months from December 2014, 2701 pregnant women were enrolled in the
157 Preventing Atopic Dermatitis and Allergies (PreventADALL) study¹⁶ in Norway and
158 Sweden at the 18-weeks gestational age (GA) ultrasound screening¹⁶. Investigations included
159 fetal ultrasound and maternal weight, length and blood pressure on inclusion, with electronic
160 questionnaires completed at 18 and 34-week GA to assess maternal health, family, socio-
161 demographic and life style factors. The healthy newborn babies of at least GA 35 weeks were
162 included for the mother-child cohort. All mothers consented to amniotic fluid sampling, in
163 case of delivery by cesarean section at the Oslo University Hospital location, by signing the
164 study consent form. From the PreventADALL cohort¹⁶, 65 women at Oslo University
165 Hospital, had amniotic fluid sampled during term cesarean section by dedicated health
166 personnel in three different operating rooms. Out of these 65 women, 51 had intact amniotic
167 membranes and 14 had prior rupture of amniotic membranes. For the no prior rupture of
168 membranes (non-ROM) group, we selected 10 amniotic fluid samples, all from elective term
169 cesarean sections, none of these having started labour and all sampled in the same operating
170 room. We included all 14 samples with prior rupture of membranes (ROM group) as positive
171 controls for the non-ROM group (see Figure 1 for a detailed description on how the study
172 population was selected). The study is approved by the Regional Committee for Medical and
173 Health Research Ethics in South-Eastern Norway (2014/518) as well as registered at
174 clinicaltrials.gov (NCT02449850).

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176 Sampling

1
2 177 Amniotic fluid was collected in a sterile manner during elective (planned, with no ongoing
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4 178 labour) or acute (labour already started) cesarean section, after uterotomy, by aspiration of
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7 179 amniotic fluid through intact amniotic membranes using a sterile 19G needle and 10 ml
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10 180 syringe. The amniotic fluid samples were left at 4°C for maximum 24 hours and subsequently
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12 181 aliquoted to volumes of 4 ml into 1-2 sterile Cryotubes 4.5 ml SI 363452 tubes (Sigma
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14 182 Aldrich®, USA) and 0.5 ml into 1 sterile tube containing 1ml Aimes medium (ESwab Copan
15
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17 183 490CE; Thermo Fischer Scientific, USA). These vials were stored at -80 °C until further
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19 184 analysis. Negative controls were sampled from two different operating rooms using sterile
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22 185 containers with NaCl (9mg/ml, 100 ml iv infusion, B. Braun), using the same sampling and
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24 186 aliquoting procedure as the amniotic fluid samples. In addition, two negative controls from
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27 187 the PCR water used in the laboratory were included.

189 Initial handling and DNA extraction

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34 190 Amniotic fluid (1ml) was pulse centrifuged at 1200 rpm x 3 to remove large particles before
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36 191 it was centrifuged at 13 000 rpm for 10 minutes. We included negative controls in all steps,
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39 192 both sterile NaCl from the operating theatre and sterile PCR water from the laboratory. Pellet
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41 193 was washed twice in PBS suspended in 100 µl PBS, 50µl was used for the DNA extraction,
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44 194 done manually by mag™ midi kit (LGC Genomics, UK) following the manufacturer's
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46 195 recommendations.

197 Quantification by digital droplet polymerase chain reaction (ddPCR)

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53 198 Quantification of prokaryotic 16S rRNA gene copies in the amniotic fluid samples was done
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56 199 using ddPCR (Bio-Rad, USA)¹⁷. Droplet generation, droplet transfer and plate sealing was
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58 200 done according to the manufacturer's instructions. DNA was amplified by PCR using
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201 reaction mixes containing 1x QX 200 ddPCR EvaGreen Supermix (Bio-Rad, USA), 0.2 uM
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2 202 of each primers PRK341F (5'-CCTAC GGGRB GCASC AG-3') and PRK806R (5'-GGACT
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4 203 ACYVG GGTAT CTAAT-3') (Thermo Fisher Scientific, United States)¹⁸, and 2 ul DNA.
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7 204 Thermal cycles involved initial denaturation at 95°C for 5 min, followed by 40 cycles of
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9 205 denaturation at 95°C for 30 seconds, annealing at 55°C for 30 seconds, and elongation at
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11 206 72°C for 45 seconds, before 1 cycle at 4°C for 5 min and finally 1 cycle at 90°C for 5 min.
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14 207 All reactions were performed on a 2720 Thermal Cycler (Applied BioSystems, USA). The
15
16 208 droplets were quantified using the Bio-Rad Quantisoft software. The baseline was set
17
18 209 manually with a fluorescence threshold of 15 000 Relative Fluorescence Units (RFUs). Both
19
20 210 the inter- and intra-assay variability of ddPCR was validated by *Escherichia coli* spiking of
21
22 211 non-ROM amniotic fluid (30 000 and 3000 CFU/ml) with 3 inter-assay replicates for each
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24 212 dilution, and duplicates analyses for each inter-assay replicate. In all cases the coefficient of
25
26 213 variation (CV) was below 15%, with the DNA recovery being ~100%.
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32 214 **Culturing, DNA extraction and PCR**

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34 215 150µl of amniotic fluid in Aimes medium was suspended in 1350 µl of liquid Brain Heart
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36 216 Infusion (BHI) medium, making a 10⁻¹ dilution and further diluted to a 10⁻² dilution, for both
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38 217 aerobic and anaerobic culturing. Tubes for anaerobic culturing were prepared in a closed jar
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40 218 using Thermo Scientific™ Oxoid AnaeroGen 3.5L Sachets (USA) for 48 hours, the closed jar
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42 219 and new sachets were used for the anaerobic culturing both in liquid BHI medium and on the
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44 220 BHI agars. The samples in liquid BHI medium were incubated at 37°C for 48 hours and 10µl
45
46 221 from each sample was plated out on BHI agar for aerobe (48 hours) and anaerobe (120 hours)
47
48 222 incubation at 37°C. DNA was extracted manually by mag™ midi kit (LGC Genomics, UK)
49
50 223 following the manufactures recommendations from all the cultures in liquid BHI 10⁻¹
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52 224 dilutions, as well as from the bacterial colonies found on the BHI plates after incubation.
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55 225 Amplification by PCR was performed on DNA from all the liquid culture samples, using
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226 1xHotFirePol®DNA polymerase Ready to load (Solis BioDyne, Estonia), 0.2 µM of the
227 same PRK primers used in ddPCR, and 2 µl template DNA. Thermal cycles involved initial
228 denaturation at 95°C for 15 minutes, followed by 30 cycles of denaturation at 95 °C for 30
229 seconds, annealing at 55 °C and elongation at 72°C for 45 seconds. A final elongation at 72
230 °C for 7 min was included.

231 **Gel Electrophoresis**

232 The size of the PCR products was determined using gel electrophoresis with a 1,5% agarose
233 (Sigma Aldrich, Germany). The electrophoresis ran at 80 V for 30 min. A 100 bp DNA
234 ladder (Solis BioDyne, Estonia) was used as size marker for the DNA fragments. The
235 fragments were visualized using The Molecular Imager® Gel Doc™ XR Imaging system
236 with Quantity One 1-D analysis software v.4.6.7 (Bio-Rad, USA), using UV-light.

237 **Measuring DNA concentration by Qubit™**

238 DNA concentrations were measured on the Qubit™ fluorometer (Life Technologies, USA),
239 by using the dsDNA (double-stranded DNA) High Sensitivity Assay Kit (Life Technologies,
240 USA). The measurements were done following the kit protocol, mixing 198 µl of working
241 solution (Quant-iT™ reagent diluted 1:200 in Quant-iT™ buffer) with 2 µl sample.
242 Calibration of the instrument was performed before the measurements as recommended by
243 manufacturer.

244 **Sanger sequencing**

245 DNA of the isolates from culturing were amplified using 1xHotFirePol®DNA polymerase
246 Ready to load (Solis BioDyne, Estonia), 0.2 µM of each of the primers, GA-map™ CoverAll
247 primer pair (Genetic Analysis AS, Oslo, Norway), and 2 µl template DNA. Thermal

248 conditions involved initial denaturation at 95°C for 15 minutes, followed by 30 cycles of
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2 249 95°C for 30 seconds, 55°C for 30 seconds at 72°C for 45 seconds. A final elongation at 72 °C
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5 250 for 7 min was included. PCR products were purified using 0,8x AMPure® XP beads
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7 251 (Beckman Coulter, USA) before measuring DNA concentration using a Qubit™
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10 252 fluorometer. GATC BioTech, Norway, sequenced the resulting purified PCR products.
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13 253 **Illumina sequencing**

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17 254 The taxonomic composition of the microbiota in the samples with a DNA concentration
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19 255 >1000 16S rRNA gene copies/µl was determined by sequencing the resulting amplicons from
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22 256 a two-step PCR using the same primers as used in ddPCR. The two negative controls (one
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24 257 from the hospital OR and one from the laboratory) were also included. Amplification was
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27 258 performed in 25 µl volumes containing 1x HotFirePol Blend master mix ready to load (Solis
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29 259 BioDyne, Estonia), 0.2 µM of both primers (Thermo Fisher Scientific, United States) and 2
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32 260 µl (0.4-60 ng) genomic DNA. First PCR was performed with initial denaturation at 95°C for
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34 261 15 minutes, followed by 30 cycles of 95 °C for 30 seconds, 55 °C for 30 seconds and 72 °C
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36 262 for 45 seconds. A final elongation at 72 °C for 7 min was included. Resulting amplicons were
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39 263 purified with AMPure XP beads (Beckman-Coulter, United States), following the
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41 264 manufacturer's instructions. For attachment of dual indices and Illumina sequencing adapters,
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44 265 a second PCR was performed with Illumina-modified primers following same conditions as
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46 266 before, only with 10 cycles and an increased annealing step to 1 min. Amplicon libraries were
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49 267 quantified by Qubit dsDNA HS assay kit and normalized to a sequencing pool before
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51 268 purification by AMPure XP beads. Final library was quantified in a QX200™ Droplet
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54 269 Digital™ PCR System (Bio-Rad, United States) using primers targeting Illumina-adaptors,
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56 270 following the manufacturer's recommendations. The library was loaded on a MiSeq platform
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58 271 (Illumina, USA) following manufacturer's recommendations.
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272 **Data analysis of Illumina data**

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4 273 Resulting sequences was analyzed using the open source QIIME bioinformatics pipeline ¹⁹,
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6 274 implementing USEARCHs²⁰ UPARSE-OTU algorithm²¹ for OTU clustering . OTUs were
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8 275 defined at 97% similarity and taxonomy was assigned based on >97 % identity using the
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11 276 SILVA database²².

14 277 **Statistical analysis**

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17 278 The nonparametric data (ddPCR results) were calculated using Independent Samples Mann-
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19 279 Whitney U Test. The significance level was set to 5%. The statistical analysis including the
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22 280 descriptive statistics was performed in IBM© SPSS© statistics version 24.
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24 281

26 282 **RESULTS**

29 283 **Study population characteristics**

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32 284 From the 65 amniotic fluid samples, collected at cesarean section from the PreventADALL
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34 285 cohort¹⁶ , we analyzed 10 with intact amniotic membranes (named non-ROM group) and all
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36 286 14 samples with prior rupture of membranes (named ROM group). The women in both
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38
39 287 groups were similar in age, while gestational age and weight at birth was slightly higher in
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41 288 the ROM group, as shown in **Table 1**. None of the newborns had low Apgar score, and none
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43
44 289 needed intensive care. The median (min-max) time of rupture of membranes until cesarean
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46 290 section was 14 (2-36) hours in the ROM group.
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51 292 **Digital droplet PCR (ddPCR)**

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53 293 The amniotic fluid in the non-ROM group contained very low numbers of bacterial DNA,
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56 294 with a median (min-max) of 664 (544-748) 16S rRNA gene copies/ml. This was comparable
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59 295 to our four negative controls (two sterile NaCl samples from two different operating rooms
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296 and two sterile PCR water samples from the laboratory) where 596 (461-679) copies were
297 detected. In contrast, the ROM group had significantly higher bacterial DNA levels of 7700
298 (1066-251430) 16S rRNA gene copies/ml) ($p = 0.0001$, by Mann-Whitney U-test). The
299 difference between non-ROM and ROM groups remained significant ($p = 0.0001$) also after
300 exclusion of the four women who had a clinical infection and one with GBS (group B
301 streptococcus) in urine at cesarean section (median (min-max) of 1462 (1066-6743) 16S
302 rRNA gene copies/ml). In our samples we did not see any clear relation between time from
303 ROM to cesarean section and/or clinical infection and bacterial DNA levels, as depicted in
304 Table 4 in the supplementary information, however the sample size in the ROM group is too
305 small to study correlations.

307 **Cultures and Sanger sequencing**

308 No bacteria were detected from amniotic fluid in the non-ROM group, nor from the negative
309 controls by culturing (anaerobically and aerobically) and PCR. In the ROM group, bacteria
310 were detected in 50 % by performing PCR on the samples cultured in broth under anaerobic
311 conditions, and in 14.3% of the samples cultured in broth under aerobic conditions. In
312 addition, bacterial colonies were detected in 21.4 % of the samples grown anaerobically on
313 agar (Table 2 and Table 4). These colonies were identified (by Sanger sequencing) as
314 bacterial strains that are commonly part of the vaginal flora and/or associated with
315 intrauterine infections, namely *Streptococcus Agalactie*, *Peptoniphilus harei*, *Peptoniphilus*
316 *asaccharolyticus*, *Lactobacillus reuteri*, *Lactobacillus crispatus*, *Lactobacillus vaginalis*,
317 *Prevotella amnii* and *Prevotella bivia*, as seen in **Table 2**.

319 **Illumina 16S rRNA gene sequencing**

320 In five of the six amniotic fluid samples (with >1000 16S rRNA copies/μl) amplicon
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 2 321 sequencing of the 16S rRNA gene revealed species belonging to bacterial genera that are part
 3
 4 322 of a normal vaginal flora, namely *Bifidobacterium*, *Olsenella*, *Prevotella*, *Aerococcus*,
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 7 323 *Lactobacillus*, *Shuttleworthia*, *Sneathia*, *Caulobacteraceae*, *Pseudomonas* and *Ureaplasma*,
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 9
 10 324 of which some are known to contain species that are associated with bacterial vaginosis
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 12 325 and/or infections, as well as possible contamination. In two negative controls (one from
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 14 326 operating room and one from the laboratory), we found genera associated with reagent and
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 16
 17 327 laboratory contamination, namely: *Caulobacteraceae*, *Pseudomonas*, *Sphingomonas*,
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 19 328 *Bradyrhizobium*, *Ralstonia*, *Stenotrophomonas*²³, as seen in **Table 3**. Associations of
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 21 329 microbiota with the samples analyzed are shown in a principal component plot, these
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 24 330 analyses confirmed tight clustering of the negative controls and the relative large diversity in
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 26
 27 331 the ROM group (supplementary Figure. 2).

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333 COMMENT

334 Recently, the view that amniotic fluid does not have live bacterial communities present in
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 36 335 uncomplicated term pregnancies was challenged by identifying an amniotic fluid microbiota
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 39 336 (using 16S rRNA gene sequencing PCR) in 15 uncomplicated term pregnancies, finding a
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 41 337 core set of bacterial phylotypes that was overlapping with the microbiota found in placenta
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 43 338 and meconium⁷. Our findings, however, support a sterile amniotic fluid until the start of the
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 45
 46 339 labour, which are in line with previous studies using cultivation techniques^{8-10,24}, as well as a
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 48
 49 340 study using both cultivation and 16S rDNA qPCR in term uncomplicated pregnancies²⁵.
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 51 341 Studies that demonstrate the pioneer microbiota in newborns are also supporting that fetal
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 53 342 bacterial colonization in uncomplicated term pregnancies does not start before labour^{9,26-29} In
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 56 343 newborns delivered by cesarean section, the initial colonization is predominately by skin
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 58 344 microbes, not only originating from their mother^{26,27}, but also from the operating room³⁰. A

345 recent study by Chu et al. found that cesarean section newborns from mothers having been in
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2 346 labor had similar initial colonization pattern to a vaginal delivery, with both vaginal and skin
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4 347 microbes present, compared to unlabored cesarean section infants, with predominantly skin
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7 348 microbes present²⁸.

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11 We designed our study to minimize the source of possible contamination in the sampling,
12 350 aliquoting, and analyzing process. In the 10 subjects selected for the non-ROM group,
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14 351 amniotic fluid was sampled during elective cesarean sections, in the same operating room by
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17 352 the same health personnel, minimizing variations in case of contamination. As reflected by
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19 353 our “sterile” controls, avoiding all forms of minor contaminations in a clinical setting is
20
21 354 nearly impossible. The bacterial DNA found in studies on low-microbial biomass samples
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23
24 355 have been criticized to not originate from live bacteria, but as a result from contamination or
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26 356 transport of dead microbial products brought by the blood stream^{13,14}. In a study by Lauder et
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28
29 357 al.¹⁵, the placental samples were indistinguishable to the negative controls (both in the low
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31
32 358 number of DNA copies and by sequencing). It is likely that the fetus is exposed to maternal
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34 359 microbial components⁴, but if they have any role in promoting health or disease in the fetal
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36 360 and/or newborn life is unknown.
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42
43 363 In the ROM group we found species that are known to be a part of the vaginal flora in women
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46 364 of reproductive age³¹, dominated by *Lactobacilli* species, but we also found genera that can
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49 365 either be part of a normal vaginal flora or be associated with bacterial vaginosis, such as
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51 366 *Bifidobacteriae*, *Prevotellae*, *Aerococci*, *Peptoniphili*, *Streptococci*, *Ureaplasma* and
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53 367 *Sneathiae*. These findings support an ascending microbial colonization of the intrauterine
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56 368 cavity with term rupture of amniotic membranes^{24,28,32,33}, helped by premature rupture of
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58 369 membranes (PROM) and prolonged labour^{9,32,34}. Previous studies also suggest that
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370 colonization depends upon the length of the labour and the number of vaginal examinations

371 during labour^{9,29}. However, in our study there were too few women with ROM to study

372 potential correlations between the length of labour and bacterial load. In the ROM group

373 samples, we also found bacterial genera that are associated with reagent and laboratory

374 contamination²³, namely *Caulobacteraceae* and *Pseudomonas*. These genera were also

375 identified in our negative controls, and could therefore be accounted for as contamination,

376 which emphasizes the need for appropriate controls when performing molecular based

377 studies.

378

379 Preterm deliveries and neonatal death is associated with microbial invasion of the intrauterine

380 cavity both in those with preterm PROM and with intact membranes³⁵, suggesting several

381 routes of microbial spread; either ascending from the vagina or descending from other organs

382 through the maternal bloodstream, from the peritoneal cavity via the fallopian tubes or due to

383 prenatal intrauterine procedures. In several studies analysing amniotic fluid with molecular

384 techniques, from preterm deliveries, bacteria have been identified that would not have been

385 found by the only use of culturing^{29,36,37}, as is also demonstrated in the sequencing results of

386 our study. In contrast to our study where lactobacilli were dominating in the ROM group,

387 they are rarely found in case of preterm microbial invasion of intrauterine cavity as the

388 bacteria commonly found here are mostly associated with bacterial vaginosis, but periodontal

389 pathogenic bacteria have also been identified^{29,36,37}.

390

391 With molecular based studies on amniotic fluid, if appropriate measures for avoiding

392 contamination are considered, it has been possible to get a clearer picture of how microbial

393 invasion of the intrauterine cavity occurs and which microbes are involved. With our study,

394 we believe that we can settle that the first colonization of the fetus normally occurs during

395 labour. If the baby is born by caesarean section in an uncomplicated term pregnancy without
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2 396 prior labour it will not be in contact with the vaginal microbiota, which in turn can negatively
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4 397 affect how the child's microbiota and immune system develops³⁻⁵. We therefore believe that
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7 398 our study adds to the arguments that an indication for an elective (planned) caesarean section
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10 399 should be carefully considered in each individual case and that it is not to be taken lightly.
11
12 400 Interestingly, preliminary results of swabbing the infant with vaginal microbes from their
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14 401 mother immediately after cesarean section delivery has implicated that the pioneer microbiota
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16
17 402 in these caesarean section born infants resembles that of a vaginally born infant³⁸.

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22 404 Although the amount of DNA in the non-ROM group was too low to identify a bacterial
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24 405 microbiota, the highly sensitive and accurate ddPCR quantification¹⁷ allowed us to identify
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26 406 bacterial DNA at the single copy level. Regular qPCR cannot accurately detect single copies
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28
29 407 of bacterial DNA, and would therefore be less useful due to the very low bacterial content in
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31
32 408 amniotic fluid, as shown in a recent study where no 16S rRNA nor 18S rRNA was found in
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34 409 amniotic fluid from amniocentesis in 344 asymptomatic women at mid-gestation³⁹, and a
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36 410 median 16S rRNA gene copy number of 0 in 20 amniotic fluid samples from term-gestation
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39 411 in another study²⁵.

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44 413 A limitation of our study is the small number of samples, with a heterogeneous bacterial load
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46 414 in the ROM group, as well as a relatively large timespan from rupture of membranes until
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49 415 delivery. However, the lack of bacterial detection in the non-ROM group is consistent, and
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51 416 similar to the findings of negative controls and clearly different to the consistent positive
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54 417 bacterial findings (both by highly sensitive DNA quantifications and cultures) in the ROM
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56 418 group.

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1 420 Despite our lack of identifying a unique amniotic fluid bacterial microbiota in our population

2 421 of uncomplicated pregnancies, we cannot exclude the existence of a placental microbiota..

3
4 422 The evidence of a placental microbiota is conflicting, nonetheless we hypothesize that in

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7 423 pregnancies with a dysfunctional placenta, such as in infections, fetal growth restriction, or

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10 424 preeclampsia, prenatal microbial intra-amniotic invasion is possible. This is supported by

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12 425 findings of an altered placental microbiome in preterm births with and without

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14 426 chorioamnionitis^{11,12,40-42}. In a recent study by Doyle et al., a placental microbiome was

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17 427 identified in 50% of the samples (by 16S rRNA sequencing), and specific bacterial

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19 428 communities were found to be associated with chorioamnionitis and low birth weight¹².

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22 429 These bacteria originated mostly from the vagina, which is in contrast to previous findings of

23
24 430 placental microbiome resembling oral bacterial communities¹¹. If these findings favour a

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26
27 431 healthy placental microbiome that could become dysbiotic, or if the bacterial colonization of

28
29 432 the placenta only occurs in a diseased state, is still not clear.

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34 434 We find it reasonable to assume, in the light of our findings, that previous publications of an

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36 435 amniotic fluid microbiome⁷ may have been hampered by potential contamination, possibly

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38
39 436 combined with unrecognized placental dysfunction and/or uterine contractions with prior

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41 437 rupture of membranes. Initial colonization of the infant is affected by amniotic membrane

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43
44 438 rupture^{9,28,29,32,33}. We speculate that the long-term offspring adverse health effects seen in

45
46 439 pregnancies with placental dysfunction⁴³ may partly be mediated through an early in utero

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49 440 microbial exposure.

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51 441

52
53 442 We conclude that amniotic fluid is sterile in uncomplicated pregnancies with intact amniotic

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55
56 443 membranes at term.

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58 444

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3
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9
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450

451 Author contributions

16
17 452 *E.M.R, K.C.L.C, A.C.S, L.L, K.H and P.G* participated in planning, initiation and execution of
18
19 453 this sub study in the PreventADALL cohort. E.M.R analyzed the samples and wrote the
20
21
22 454 paper. *K.R.* was the main supervisor for analyses and data interpretation of this sub study, as
23
24 455 well provided the laboratory and support personnel for analyzes of the samples. *I.L.A*
25
26
27 456 participated in analyzes of the samples and interpretation of the data. All authors contributed
28
29 457 in writing and revising as well as approving the last version of the paper.

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584 **Table 1 – Baseline characteristics in group with intact amniotic membranes (non-ROM)**
 585 **and the Rupture of the amniotic Membrane (ROM) group.**

Characteristics	non-ROM n= 10	ROM n= 14
Mothers:		
Age, yrs: mean (SD)	34.4 (3.6)	33.1 (3.6)
Pregnancy complications		
Clinical chorioamnionitis	0	4
GBS in urine	0	1
Antibiotics antepartum	0	5
Antibiotics intrapartum	0	14
Indications for CS:		
Maternal request	6	
Heart disease mother	1	
2 previous CS	1	
Breech and/or large for GA	1	1
Breech and fetal growth restriction	1	
Slow progression of birth		7
Fetal distress		2
Chorioamnionitis		4
ROM, hours: median (range)	-	14 (2-36)
GA at CS, weeks: mean (range)	39.1 (2.1)	40.5 (4.4)
Birth weight, g: mean (SD)	3548.6 (546.4)	3749.0 (578.7)

587 Baseline characteristics

588 GBS: Group B streptococcus

589 ROM: rupture of membranes

590 SD: Standard deviation

591 CS: Cesarean section

592

Table 2: Results from digital droplet PCR (ddPCR), Gel Electrophoresis (GE) of PCR products from aerobic and anaerobic cultures and Sanger sequencing.

	ddPCR DNA copies/ml	GE Aerobic (band)	GE Anaerobic (band)	Aerobic colonies	Anaerobic colonies	Sanger Sequencing Species (percentage represents identity to closest match in NCBI database)
Non-ROM (n=10)	Mean: 672 Median: 664 (544-748) SD: 65.5	No	No	No	No	
Neg control operating room	679	No	No	No	No	
Neg control laboratory	461	No	No	No	No	
Pos control (E. coli) ddPCR	32 190					
Neg control ddPCR	104					
ROM (n=14)	Mean: 47687 Median: 7700 (1066-251430) SD: 74751					
1	45066	No	Yes	No	No	
2	1553	No	No	No	No	
3	6873	No	No	No	No	
4	1888	No	No	No	No	
5	46893	Yes	Yes	No	3 colonies	<i>Strep. Agalactie (99%)</i> <i>Peptoniphilus harei (99%)</i> <i>P. asachharolyticus (99%)</i>
6	1462	No	Yes	No	No	
7	67077	No	Yes	No	2 colonies	<i>Lactobacillus reuteri (98%)</i> <i>L. crispatus (99%)</i> <i>L. vaginalis (98%)</i>
8	57246	No	Yes	No	1 colony	<i>Prevotella amnii (99%)</i> <i>Prevotella bivia (99%)</i>
9	1275	No	No	No	No	
10	6743	No	No	No	No	
11	1066	No	Yes	No	No	
12	251430	Yes	Yes	No	No	
13	170520	No	No	No	No	
14	8526	No	No	No	No	
Neg control operating room	618	No	No	No	No	
Neg control laboratory	574	No	No	No	No	
Pos control (E.coli) ddPCR	24012					
Neg control ddPCR	244					

SD: Standard deviation

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1 598 **Table 3. Illumina 16S rRNA gene sequencing taxonomy in the Rupture of the amniotic**3
4 599 **Membranes (ROM) group and in the negative controls.**

	Total	1	5	8	12	13	Neg ctr lab	Neg ctr OR
Taxonomy - Genera	%	%	%	%	%	%	%	%
<i>Bifidobacterium</i>	8.4	0.0	22.4	28.1	0.0	0.0	0.0	0.0
<i>Olsenella</i>	7.8	0.0	38.6	8.4	0.0	0.0	0.0	0.0
<i>Bacteroidales_uncultured</i>	0.3	0.2	0.0	0.0	0.0	0.1	1.4	0.4
<i>Prevotella</i>	3.2	0.0	18.7	0.3	0.0	0.0	0.0	0.0
<i>Aerococcus</i>	9.2	0.0	4.6	50.5	0.1	0.0	0.0	0.0
<i>Lactobacillus</i>	16.2	69.5	6.1	0.2	0.0	21.0	0.1	0.0
<i>Lachnospiraceae</i>	0.4	0.2	0.0	0.0	0.0	0.5	2.0	0.2
<i>Shuttleworthia</i>	0.2	0.0	1.2	0.0	0.0	0.0	0.0	0.0
<i>Megasphaera</i>	0.2	0.0	1.3	0.0	0.0	0.0	0.0	0.0
<i>Sneathia</i>	17.2	0.0	1.9	2.9	98.3	0.0	0.0	0.0
<i>Caulobacteraceae;Other</i>	14.6	10.6	1.0	2.1	0.4	27.7	46.0	65.9
<i>Bradyrhizobium</i>	1.8	0.8	0.1	0.5	0.1	2.7	6.3	3.9
<i>Sphingomonas</i>	2.0	1.5	0.2	0.9	0.2	5.1	4.1	4.2
<i>Ralstonia</i>	0.7	0.3	0.0	0.1	0.0	0.9	2.9	0.2
<i>Delftia</i>	0.3	0.1	0.0	0.1	0.0	0.4	1.1	0.3
<i>Pseudoalteromonas</i>	0.4	0.3	0.1	0.1	0.0	0.3	1.7	1.0
<i>Halomonas</i>	0.7	0.4	0.1	0.1	0.0	1.0	2.8	2.2
<i>Pseudomonas</i>	9.4	7.6	1.1	2.6	0.4	17.8	26.7	19.5
<i>Stenotrophomonas</i>	0.3	0.2	0.0	0.0	0.0	0.1	1.3	0.4
<i>Ureaplasma</i>	1.0	0.0	0.2	0.0	0.0	5.9	0.0	0.0
<i>Other</i>	1.9	1.7	2.3	1.1	0.5	2.4	3.6	1.8
<i>Unassigned;Other</i>	3.8	6.6	0.1	2.0	0.0	14.1	0.0	0.0

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39 601 Neg ctr lab: Negative control laboratory

41 602 Neg ctr OR: Negative control operating room

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611 **Supplementary material:**

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627

Figure 1

Figure 1: In the PreventADALL study, amniotic fluid (AF) was only sampled from cesarean sections (CS) performed in Oslo, in two different locations (Location 1 (two operating rooms (ORs) and Location 2 (one operating room (OR))). AF was randomly sampled in 65/326 CS (20%), where main indication for sampling was no prior rupture of membranes, but 14/65 samples were from CS with prior rupture of membranes in both locations.

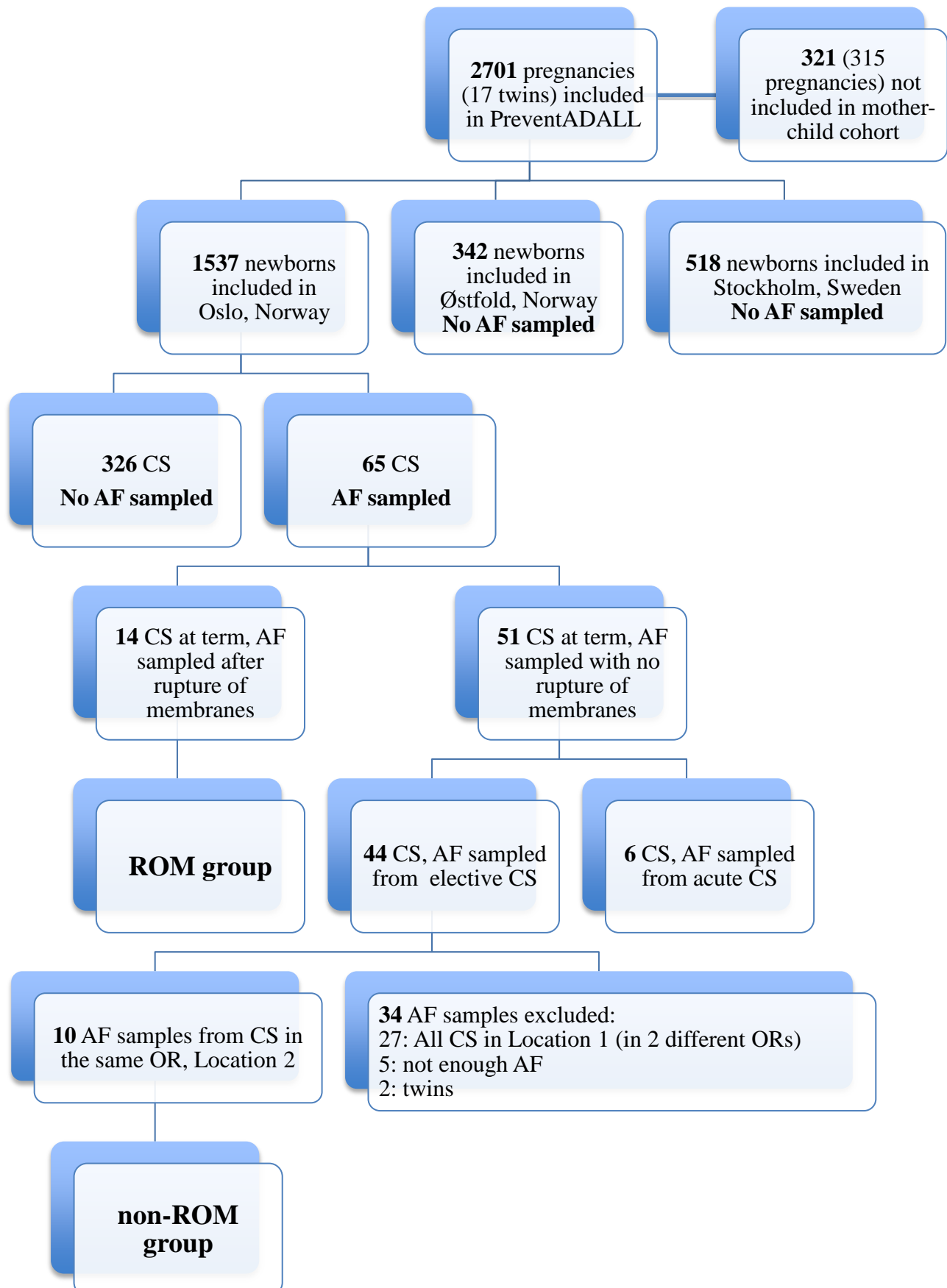


Table 4

Table 4. Clinical information on 14 women with cesarean section with prior rupture of membranes (ROM group) and results from microbiological amniotic fluid analysis.

ROM group	GA (weeks + days) at ROM	ROM prior to start of labour	Spontaneous ROM or amniotomy	Regular contractions prior to CS	Time from ROM to cesarean delivery (hours)	Indication for cesarean section	Other information	ddPCR DNA copies/ml	Culture Aerobic/ Anaerobic	Sanger Sequencing Species (percentage represents identity to closest match in NCBI database)	Illumina 16S rRNA gene sequencing taxonomy present in 1% or more.
1	42+2	Yes	amniotomy	Yes	11	Slow progression	meconium-stained amniotic fluid	45066	Positive		<i>Lactobacillus</i> (69.5%), <i>Caulobacteraceae</i> (10.6%), <i>Sphingomonas</i> (1.5%) <i>Pseudomonas</i> (7.6%)
2	39+0	No	Spontaneous	No	2	Breech		1553	Negative		Not sequenced
3	41+6	Yes (PROM)	Spontaneous	Yes	6	Fetal distress	Induction with prostaglandins after external version from breech	6873	Negative		Not sequenced
4	38+2	Yes (PROM)	Spontaneous	Yes	36	Slow progression	GBS	1888	Negative		Not sequenced
5	39+4	Yes	amniotomy	Yes	4	Slow progression	Pathologic CTG	46893	Positive	<i>Strep. Agalactie</i> (99%), <i>Peptoniphilus harei</i> (99%), <i>P. asachharolyticus</i> (99%)	<i>Bifidobacterium</i> (22.4%), <i>Olsenella</i> (38.6%), <i>Prevotella</i> (18.7%), <i>Aerococcus</i> (4.6%), <i>Lactobacillus</i> (6.2%), <i>Shuttleworthia</i> (1.2%), <i>Megaspaera</i> (1.3%), <i>Sneathia</i> (1.9%), <i>Caulobacteraceae</i> (1.0%)
6	37+5	Yes	amniotomy	Yes	17	Slow progression and clinical chorioamnionitis	MCDA twins, induction with balloon catheter and amniotomy.	1462	Positive		Not sequenced
7	40+4	Yes (PROM)	Spontaneous	No	31	Slow progression		67077	Positive	<i>Lactobacillus reuteri</i> (98%) <i>L. crispatus</i> (99%) <i>L. vaginalis</i> (98%)	Inconclusive Results
8	41+1	No	amniotomy	Yes	18	Slow progression	Induction with balloon catheter and prostaglandins	57246	Positive	<i>Prevotella amnii</i> (99%) <i>Prevotella bivia</i> (99%)	<i>Bifidobacterium</i> (28.1%), <i>Olsenella</i> (8.4%), <i>Aerococcus</i> (50.5%), <i>Sneathia</i> (2.9%), <i>Caulobacteraceae</i> (1.0%)
9	40+5	No	Spontaneous	No	13	Slow progression and clinical chorioamnionitis	Induction with balloon catheter and prostaglandins	1275	Negative		Not sequenced
10	42+1	Yes	amniotomy	Yes	9	Slow progression and clinical chorioamnionitis	Induction with prostaglandins and amniotomy	6743	Negative		Not sequenced
11	40+3	No	Spontaneous	Yes	22	Slow progression and clinical infection	pathologic CTG	1066	Positive		Not sequenced
12	41+6	No	amniotomy	No	20	Slow progression		251430	Positive		<i>Sneathia</i> (98.3%)
13	40+0	No	Spontaneous	Yes	6	Slow progression and fetal distress	breech	170520	Negative		<i>Lactobacillus</i> (21.1%), <i>Caulobacteraceae</i> (27.7%), <i>Bradyrhizobium</i> (2.7%), <i>Sphingomonas</i> (5.1%), <i>Halomonas</i> (1.0%), <i>Pseudomonas</i> (17.8%)
14	41+1	Yes	amniotomy	No	15	Slow progression	Induction with balloon catheter and amniotomy	8526	Negative		Not sequenced

Figure 2. Associations of microbiota with the samples analyzed in the ROM group. Taxonomic groups of bacteria were clustered based principal component analysis (PCA), with the corresponding scores for the first two principal components (PC's) being represented by blue circles with the explained variance indicated in parentheses. The corresponding loadings for the samples analysed are given as red circles.

