

T-cell receptors and human leukocyte antigens in primary sclerosing cholangitis

Thesis for the degree of *Philosophiae Doctor* (PhD)

by

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2017

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1 ACKNOWLEDGEMENTS

The work presented in this thesis was carried out at the Norwegian PSC Research Center (NoPSC) and Research Institute of Internal Medicine (RIIM), Oslo University Hospital (OUH), Rikshospitalet between 2013 and 2017. Financial support from Canica AS is gratefully acknowledged.

First, I would like to thank the patients enrolled in the various studies, whose contributions made this research possible.

I am sincerely grateful to my main supervisor, Tom H. Karlsen. Thank you for giving me the opportunity to work on this captivating disease. I am thankful for your kindhearted and patient guidance, and for trusting me with great responsibilities and independence. I admire your ability to facilitate research collaboration, which together with your humble and hard-working personality is truly inspirational.

I would also like to express my gratitude to my three excellent co-supervisors. Espen Melum, I have appreciated working as part of your research group, and I am thankful for your sincere enthusiasm and sense of detail. Thank you for generously sharing your extensive knowledge. Benedicte A. Lie, thank you for always finding the time to supervise and to encourage me through both frustrating and joyful times. I have enjoyed taking part in your weekly group meetings, in which you made me feel 'at home'. Evaggelia (Lia) Liaskou, our great scientific discussions throughout the work for this thesis have been invaluable. Thank you for always motivating me and for being my friend.

Kristian Holm, thank you for patiently teaching me how to run Perl scripts on my computer and for always being eager to perform the bioinformatics analyses we could think of. I am also very grateful for your enthusiasm during our many informal discussions.

Marte K. Viken, I have highly appreciated our scientific (and not-so-scientific) talks. Thank you for continuously helping and supporting me in any way possible.

I would like to thank the present and former members of NoPSC: Erik S., Kirsten M.B., Johannes R.H., Trine F., Xiaojun J., Mette V., Kristin K.J., Kristine W., Kristian B., Bjarte F., Sigrid N., Elisabeth S., Natalie L.B., Martin K., Laura V., Fei (Freeman) Z., Amandeep K.D., Christopher S.L., Gupta U., Brian K.C., Georg S., Kristian H., Anne P., Liv Wenche T., Merete T., Siv F., Hege D.S., Mona B., Julia F., Kristian A., Jarl Andreas A., Corey T. and Tonje B. Thank you for providing an excellent scientific environment where I have been constantly reminded on the

importance of PSC research. I would also like to thank the Head of the Institute, Bente Halvorsen, and the members of RIIM for providing a friendly and social working environment. A special thanks to my friends and fellow PhD students: Elisabeth S., Natalie L.B., Martin K., Laura V., Negar S., Ana Q.J., Huda A., and Aurelija A. I have truly appreciated our conversations throughout these last few years, sharing the ups and downs in the PhD life.

Next, I would like to thank the members of the Immunogenetics group at OUH Ullevål, including Siri T.F., Fatemeh K., Hanna H., Marte K.V., Ingvild G., Kari G., Line S., Asgeir L., Fatima H. and Maria D.V. I have highly appreciated being invited to your social get-togethers.

Each and one of our collaborators and co-authors are acknowledged for their contributions, providing biological material and scientific input to our studies. Gideon M. Hirschfield at the University of Birmingham (the United Kingdom), Andre Franke at Kiel University (Germany), Christopher L. Bowlus at the University of California Davis School of Medicine (the United States of America), Johanna Olweus at OUH Radiumhospitalet and Knut E.A. Lundin at OUH Rikshospitalet should be mentioned in particular.

To my lovely friends and dear family, thank you for your unconditional support throughout these years, and for your sincere interest in my research. More importantly, thank you for taking my mind off work when we are together. A special thanks to my mother for your wisdom, encouragement and for answering the phone calls day and night when I wish to talk with you.

To Jostein, my best friend and husband. I am most grateful for your patience and love.

Eva Kristine Klemsdal Henriksen
Oslo, 2017

2 ABBREVIATIONS

AH8.1	8.1 ancestral haplotype	RA	rheumatoid arthritis
AIH	autoimmune hepatitis	RNA	ribonucleic acid
ALD	alcoholic liver disease	SNP	single nucleotide polymorphism
AMA	anti-mitochondrial antibodies	T1D	type 1 diabetes
ANA	anti-nuclear antibodies	TCR	T-cell receptor
APC	antigen presenting cell	TG2	transglutaminase 2
BCR	B-cell receptor	Tregs	regulatory T cells
CCA	cholangiocarcinoma	UC	ulcerative colitis
CCL	CC chemokine ligand	UDCA	ursodeoxycholic acid
CCR	CC chemokine receptor	V	variable
CD	Crohn's disease	VAP-1	vascular adhesion protein 1
CD1	cluster-of-differentiation 1		
CDR	complementarity-determining region		
D	diversity		
DNA	deoxyribonucleic acid		
ERC	endoscopic retrograde cholangiography		
FFPE	formalin-fixed, paraffin-embedded		
GALT	gut-associated lymphoid tissues		
gDNA	genomic DNA		
HLA	human leukocyte antigen		
IBD	inflammatory bowel disease		
IL	interleukin		
iNKT cell	invariant natural killer T cell		
J	joining		
KIR	killer immunoglobulin-like receptor		
LD	linkage disequilibrium		
LSEC	liver sinusoidal endothelial cell		
MAdCAM-1	mucosal addressin cell adhesion molecule 1		
MAIT cell	mucosal-associated invariant T cell		
MG	myasthenia gravis		
MHC	major histocompatibility complex		
MR1	MHC-related protein 1		
MRC	magnetic resonance cholangiography		
mRNA	messenger RNA		
MS	multiple sclerosis		
NK cell	natural killer cell		
pANCA	perinuclear anti-neutrophil cytoplasmic antibodies		
PBC	primary biliary cholangitis		
PCR	polymerase chain reaction		
PSC	primary sclerosing cholangitis		

3 LIST OF PUBLICATIONS

Paper I

Liaskou E, Henriksen EK, Holm K, Kaveh F, Hamm D, Fear J, Viken MK, Hov JR, Melum E, Robins H, Olweus J*, Karlsen TH*, Hirschfield GM*. **High-throughput T-cell receptor sequencing across chronic liver diseases reveals distinct disease-associated repertoires.** Hepatology 2016;63:1608-1619.

*These authors contributed equally to this work.

Paper II

Henriksen EK, Jørgensen KK, Kaveh F, Holm K, Hamm D, Olweus J, Melum E, Chung BK, Eide TJ, Lundin KEA, Boberg KM, Karlsen TH, Hirschfield GM, Liaskou E. **Gut and liver T-cells of common clonal origin in primary sclerosing cholangitis-inflammatory bowel disease.** Journal of Hepatology 2017;66:116-122.

Paper III

Henriksen EK, Viken MK, Wittig M, Holm K, Folseraas T, Mucha S, Melum E, Hov JR, Lazaridis KN, Juran BD, Chazouillères O, Färkkilä M, Gotthardt DN, Invernizzi P, Carbone M, Hirschfield GM, Rushbrook SM, Goode E, The UK-PSC Consortium, Ponsioen CY, Weersma RK, Eksteen B, Yimam KK, Gordon SC, Goldberg D, Yu L, Bowlus CL, Franke A, Lie BA, Karlsen TH. **HLA haplotypes in primary sclerosing cholangitis patients of admixed and non-European ancestry.** (Manuscript)

4 INTRODUCTION

Primary sclerosing cholangitis (PSC) is a liver disease characterized by inflammation and fibrosis of the bile ducts.¹ The typical patient with PSC is a male in his 30s or 40s with coexistent inflammatory bowel disease (IBD). The etiology and pathogenesis of PSC are largely unknown, but several lines of evidence support the presence of an autoimmune component.² To date, there are no effective medical therapies for PSC, and ultimately the disease will progress to liver cirrhosis with the need for liver transplantation. For years, PSC has been among the leading indications for liver transplantation in the Nordic countries.³ Better understanding of the pathogenic mechanisms in PSC will likely enable the development of medical therapies to treat the underlying cause of disease or delay further disease progression.

Reports of associations between PSC and numerous loci harboring genes that encode proteins affecting T-cell biology (including human leukocyte antigen [HLA] molecules) strongly suggest T cells have a role in PSC pathogenesis.⁴ This is further supported by the observation that the majority of infiltrating lymphocytes in PSC-affected livers are CD4⁺ and CD8⁺ T cells.^{5,6} The overall focus of the present thesis was therefore to further characterize the T-cell repertoire of patients with PSC (specifically, their T-cell receptors) and investigate whether studying populations of admixed or multi-ethnic ancestry might aid in fine mapping the HLA association in PSC.

4.1 The adaptive immune system and mechanisms of autoimmunity

4.1.1 A brief introduction to the adaptive immune system

The immune system

The immune system protects the body from pathogens and abnormal cells. Traditionally, the immune system is divided into innate and adaptive components with distinct roles and functions (**Figure 1**).⁷ The innate immune system confers immediate response to infections. It comprises physical barriers (such as the epithelium of the gastrointestinal tract), innate immune cells (such as dendritic cells and macrophages) and circulating plasma proteins that constitute the complement system. The innate immune cells carry a set of invariant receptors called pattern recognition receptors that recognize conserved molecular patterns derived from microbial pathogens and molecules released by stressed cells.⁸ This allows them to non-specifically eliminate the pathogens. Unlike the innate immune system, the adaptive immune system confers a relatively slow response as it relies on the proliferation and differentiation of T and B lymphocytes (also called T and B cells).⁷ Once established, the adaptive immune system is highly specific and efficient in clearing the infection. T and B cells can differentiate into long-lived memory cells that will rapidly respond to a second encounter of the same pathogen, creating immunological memory.

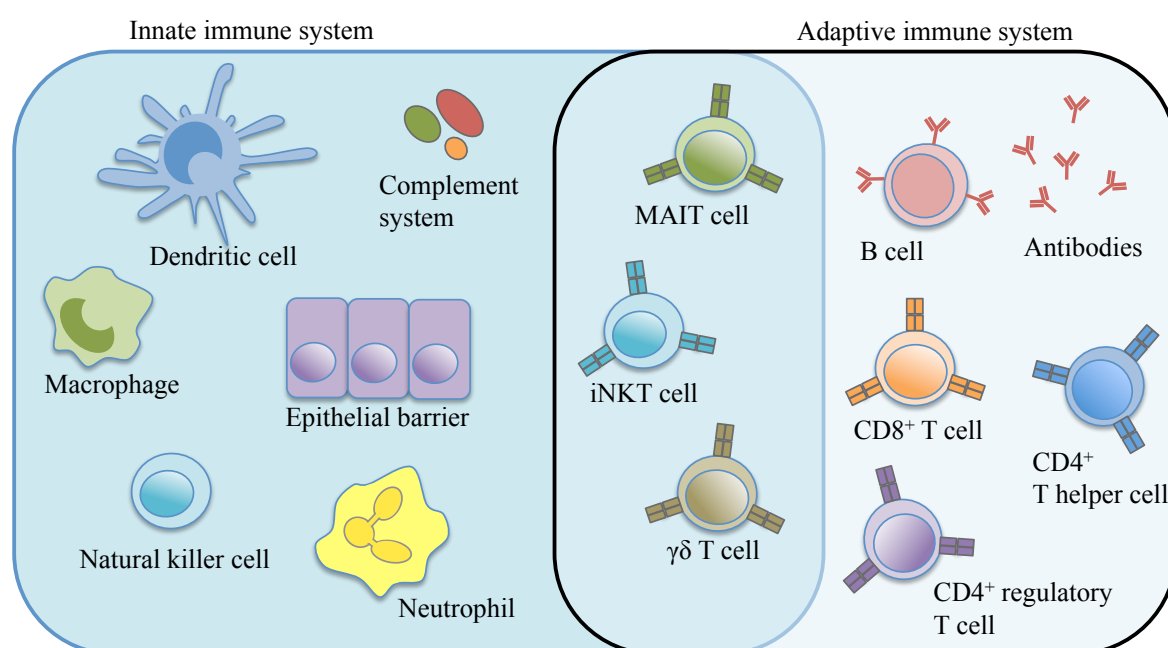


Figure 1. The immune system. The immune system is divided into innate and adaptive components. The innate immune system acts as the first line of defense. It comprises epithelial barriers (such as the skin and in the gastrointestinal tract), a set of plasma proteins constituting the complement system, and various innate immune cells (some of which are depicted in this figure). Unlike the innate immune system, the adaptive immune system confers a relatively slow response, but is highly specific and has memory. The adaptive immune system comprises CD4⁺ (helper and regulatory) T cells, CD8⁺ T cells, B cells and antibodies. Innate-like T cells such as the mucosal-associated invariant T (MAIT) cells, invariant natural killer T (iNKT) cells and $\gamma\delta$ T cells bridge the innate and adaptive immune system. Inspired by reference⁹.

Antigen presentation by major histocompatibility complex molecules

An antigen is a molecule capable of inducing an immune response by binding antibodies or antigen-specific receptors called T-cell receptors (TCRs) and B-cell receptors (BCRs) on the cell surfaces of T and B cells, respectively.⁷ The receptors are generated by the random recombination of receptor-coding gene segments, ensuring an enormously diverse TCR and BCR repertoire (in section 4.1.2, the recombination process in T cells is described in detail). An epitope is the specific structure of an antigen that is recognized by the TCR or by the BCR. The TCR differs from the BCR in an important way: it recognizes only short fragments of antigens in complex with molecules on the surfaces of other cells, whereas the BCR recognizes both soluble and membrane-bound intact (*i.e.* non-fragmented) antigens.^{10, 11} All nucleated cells express major histocompatibility complex (MHC) class I molecules.¹² These molecules present peptides derived from intracellular proteins to TCRs of CD8⁺ T cells (**Figure 2**). The TCRs of CD4⁺ T cells recognize peptides in complex with MHC class II molecules, which are mainly expressed by professional antigen presenting cells (APCs) such as B cells, dendritic cells and macrophages. During inflammation, the expression of MHC class II molecules can also be induced and upregulated in various non-immune cells.^{13, 14} The MHC class II molecules present peptides derived from proteins that have been captured by endocytosis from the surroundings.¹² By a mechanism known as cross-presentation, certain APCs are also able to present extracellular-derived peptides on MHC class I molecules to the TCRs of CD8⁺ T cells.¹⁵

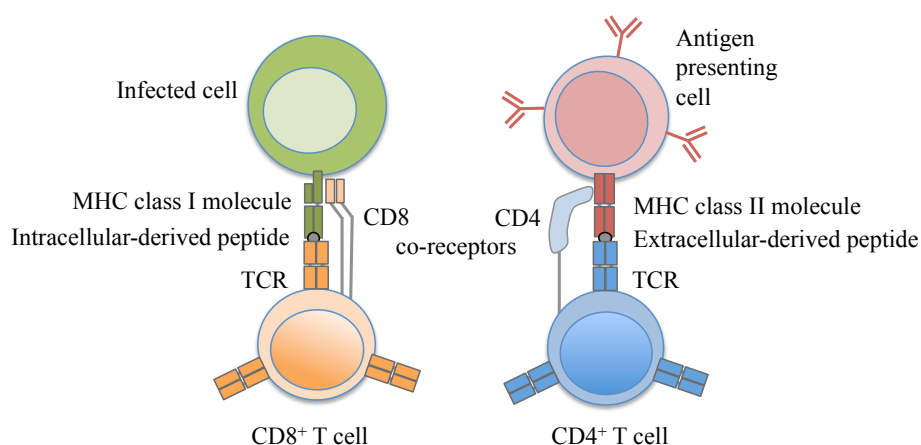


Figure 2. Antigen presentation by major histocompatibility complex (MHC) molecules. MHC class I molecules present intracellular-derived peptides (including viral peptides) to the T-cell receptors (TCRs) of CD8⁺ T cells. MHC class II molecules present extracellular-derived peptides to the TCRs of CD4⁺ T cells. All nucleated cells express MHC class I molecules. The MHC class II molecules are expressed by specialized antigen presenting cells (APCs) such as B cells (depicted in this figure), dendritic cells and macrophages.

The T-cell repertoire also comprises several T cells that do not recognize the peptide-MHC complex: mucosal-associated invariant T (MAIT) cells recognize metabolites in complex with the MHC class I-like MHC-related protein 1 (MR1) molecule, and invariant natural killer T (iNKT) cells, germline-encoded, mycolyl lipid-reactive (GEM) T cells and LDN5-like T cells recognize glycolipids presented by MHC class I-like cluster-of-differentiation 1 (CD1) molecules.¹⁶ These ‘unconventional’ T cells represent a bridge between the innate and the adaptive immune system.

T cells

A mature lymphocyte that has not yet been activated by its corresponding antigen is called a naïve T or B cell. The naïve T cells circulate mainly through the secondary lymphoid tissues and the peripheral blood.¹⁷ Upon an infection, activated dendritic cells that reside in the infected peripheral tissue will engulf cellular debris and pathogens. The dendritic cells will upregulate expression of co-stimulatory molecules and migrate to regional secondary lymphoid tissues where they will present the processed antigens on MHC class I and class II molecules to naïve CD8⁺ and CD4⁺ T cells, respectively. Following recognition of a peptide and additional co-stimulatory signals provided by the dendritic cell, the activated naïve T cells will proliferate and differentiate into effector T cells and long-lived memory T cells (**Figure 3**). The collection of daughter cells derived from each naïve T cell is called a T-cell clone, with all cells of that clone carrying identical TCRs (*i.e.* having identical antigenic specificity). Activated T cells will express a distinct set of surface molecules (such as adhesion molecules and chemokine receptors) that will allow the T cells to enter the peripheral tissue where the dendritic cell had encountered the antigen. Upon recognition of their corresponding antigenic peptide in complex with MHC class II molecules on the surface of infected cells, effector CD8⁺ T cells (also called cytotoxic T cells) will kill the infected cells by binding death receptors on their cell surface and by releasing cytotoxic effector proteins that ultimately will induce apoptosis (programmed cell death) of the target cell.¹⁸ Effector CD4⁺ T cells will interact with other immune cells and modulate immune responses through direct cell-cell interaction and the release of cytokines.¹⁹ For instance, effector CD4⁺ T cells activate B cells that respond to the same antigens (see below and **Figure 3**), provide help to establish CD8⁺ T-cell memory and induce activation of macrophages. Several subtypes of effector CD4⁺ T cells with various functions have been identified, such as T helper (Th) 1, Th2 and Th17 cells. These CD4⁺ T-cell subsets are distinguished by the specific transcription factors, surface molecules and cytokines they produce.²⁰ In addition to the conventional T helper cells, the CD4⁺ T cells comprise regulatory T cells (Tregs).¹⁹ Using various molecular mechanisms, Tregs suppress T-cell responses against self-antigens (also called autoantigens).^{21, 22}

B cells

Naïve B cells internalize antigens that bind to their BCR.¹¹ Following processing of the antigen, peptides are bound to MHC class II molecules and presented on the cell surface of the B cell. Interaction of the B cell with an antigen-specific CD4⁺ T cell will promote proliferation and differentiation of the B cell into antibody-producing cells (plasmablasts and plasma cells) or memory B cells, as illustrated in **Figure 3**. During the proliferation process, the gene segments encoding the BCRs will typically accumulate mutations, resulting in a gradual increased affinity for the antigen for the surviving B cells. This is called ‘affinity maturation’, and is a process unique to the B cells.

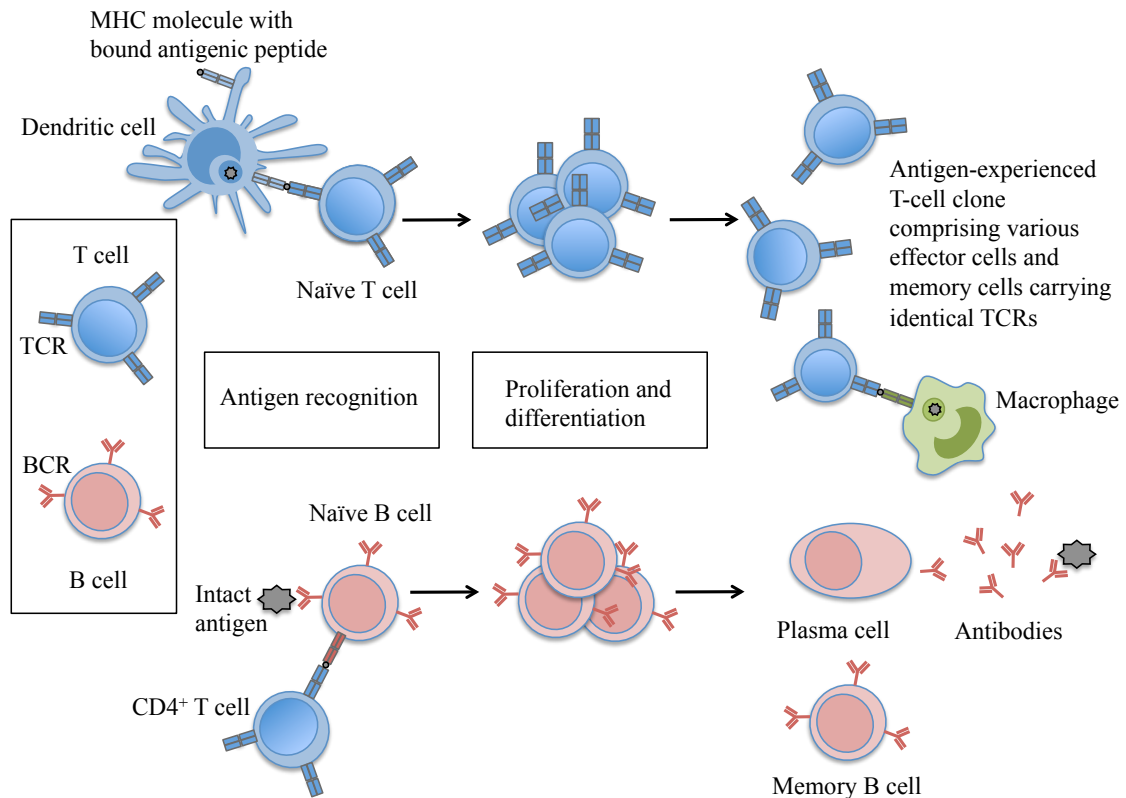


Figure 3. Activation, clonal expansion and differentiation of T and B cells. Activated dendritic cells migrate to secondary lymphoid tissues where they present antigenic peptides on major histocompatibility complex (MHC) class II and class I molecules to naïve $CD4^+$ (shown in this figure) and $CD8^+$ T cells (not shown), respectively. Binding of the T-cell receptor (TCR) to the peptide-MHC complex and the binding of co-stimulatory molecules that are present on the cell surface of the dendritic cell will induce activation of the naïve T cell. The activated T cell will undergo clonal expansion (*i.e.* proliferation) and will differentiate into a collection of daughter cells called a clone that comprises various effector and memory T cells with identical antigenic specificity. Activated T cells will migrate to the peripheral tissue where the dendritic cell had encountered the antigen. Here, the effector $CD8^+$ T cells will kill infected cells that present their corresponding antigenic peptide (not shown). The $CD8^+$ T cells induce apoptosis by binding to death receptors on the cell surface of the infected cell and by releasing cytotoxic proteins. The various subtypes of effector $CD4^+$ T cells will interact with other immune cells (such as $CD8^+$ T cells, B cells [shown] and macrophages [shown]) and modulate immune responses through the release of cytokines and direct cell-cell interactions. B cells recognize both soluble antigens (shown) and intact antigens that are bound to the membranes of macrophages and dendritic cells (not shown). Naïve B cells internalize antigens that bind to their B-cell receptor (BCR). Following processing of the antigen, peptides are bound to MHC class II molecules and presented on their cell surface to $CD4^+$ T cells. Upon recognition of the peptide by an antigen-specific $CD4^+$ T cell, the B cell will proliferate and differentiate into antibody-secreting cells (plasmablasts [not shown] and plasma cells [shown]) and memory B cells (shown).

Antibodies

Antibodies are soluble forms of the BCR that are secreted from plasmablasts and plasma cells.¹¹ Binding of antibodies to bacterial toxins or viruses will neutralize the pathogens, as they will no longer access host cells.²³ Antibodies binding to antigens on a bacterial surface promote binding of the complement system and phagocytosis of the bacteria by innate immune cells.

Central and peripheral tolerance

The immune system balances the defense against infections and cancers with tolerance to self, food proteins and commensal microbiota. Self-reactive T cells are killed or inactivated by tolerance mechanisms in the thymus (central tolerance) or in the periphery (peripheral tolerance).²⁴ Precursor T cells (also called thymocytes) that express TCRs with high affinity for self-peptide-MHC complexes are induced to undergo apoptosis in the thymus.²⁵ Essential to this process, which is known as negative selection, is the expression and presentation of peripheral, tissue-restricted self-antigens on MHC class I and class II molecules by thymic stromal cells. Self-reactive thymocytes can also be induced to differentiate into Tregs. Peripheral tolerance ensure that self-reactive T cells that escape central tolerance are killed or inactivated.²⁴ Tregs use a number of different mechanisms to suppress peripheral T-cell responses against self, targeting both self-reactive T cells and APCs.^{21, 22} For instance, interactions between Tregs and dendritic cells lead to downregulation of the co-stimulatory molecules needed for T-cell activation.²⁶ Binding of TCRs to peptide-MHC complexes in the absence of co-stimulatory signals will not induce T-cell activation but rather induce T-cell anergy (a state of long-term hyporesponsiveness). If self-reactive T cells escape both central and peripheral tolerance, immune responses against healthy cells and tissues develop, a condition called autoimmunity.

Box 1. Immunology glossary. Definitions of selected immunology terms used in this thesis.	
Adaptive immune system	Highly specific component of the immune system comprising T cells, B cells and antibodies. Confers a relatively slow response but creates immunological memory.
Antigen presenting cell (APC)	Cell that expresses MHC class II molecules capable of activating CD4 ⁺ T cells. Expresses also MHC class I molecules capable of activating CD8 ⁺ T cells.
Autoantibody	Antibodies reactive against self-antigens.
Antigen	Any molecule that can induce immune responses by binding specifically to an antibody, BCR or TCR.
Autoimmune disease	Condition arising from sustained immune responses against the body's own tissues and organs.
B-cell receptor (BCR)	The receptor of B cells responsible for recognizing intact antigens.
Central tolerance	Tolerance mechanisms that occur in the thymus before the release of mature naïve T cells to the periphery.
Human leukocyte antigen (HLA) molecules	The human equivalent to the MHC molecules.
Innate immune system	The first line of defense comprising physical barriers, the compliment system and various innate immune cells.
Lymphocytes	White blood cells, which include T cells and B cells of the adaptive immune system and the natural killer (NK) cells of the innate immune system.
Major histocompatibility complex (MHC) molecules	Molecules responsible for the presentation of antigenic peptides to T cells.
Naïve lymphocyte	A mature T or B cell that has not yet been activated by its corresponding antigen.
Peripheral tolerance	Tolerance mechanisms that occur outside the thymus.
Regulatory T cell (Treg)	T cell that suppresses the functional activity of other (self-reactive) T cells and of APCs.
T-cell clone	Collection of T cells that carry identical TCRs, deriving from a single naïve T cell.
T-cell receptor (TCR)	The receptor of T cells responsible for recognizing fragments of antigens.
Thymocyte	Developing T cell in the thymus.
V(D)J recombination	Process in which precursor T cells and B cells randomly rearrange gene segments that will constitute their TCRs and BCRs.

4.1.2 The T-cell receptor

TCR structure and function

The majority of peripheral T cells express a heterodimeric TCR comprising an α -chain and a β -chain that are linked by a disulfide bond.^{10, 27} Such T cells are broadly classified as $\alpha\beta$ T cells, and they recognize peptides presented by MHC molecules (**Figure 4**), notably with the exception of the innate-like ‘unconventional’ MAIT cells, iNKT cells, GEM T cells and LDN5-like T cells.¹⁶ The remaining T cells express a TCR comprising a γ -chain and a δ -chain. The $\gamma\delta$ T cells do not commonly recognize peptides presented by MHC molecules but rather recognize various other antigenic targets (such as lipids presented by CD1 molecules), and are therefore grouped as being ‘unconventional’ T cells.^{10, 16, 28} In the remaining pages of this section and throughout this thesis, the focus will be on describing the $\alpha\beta$ T cells and their receptor.

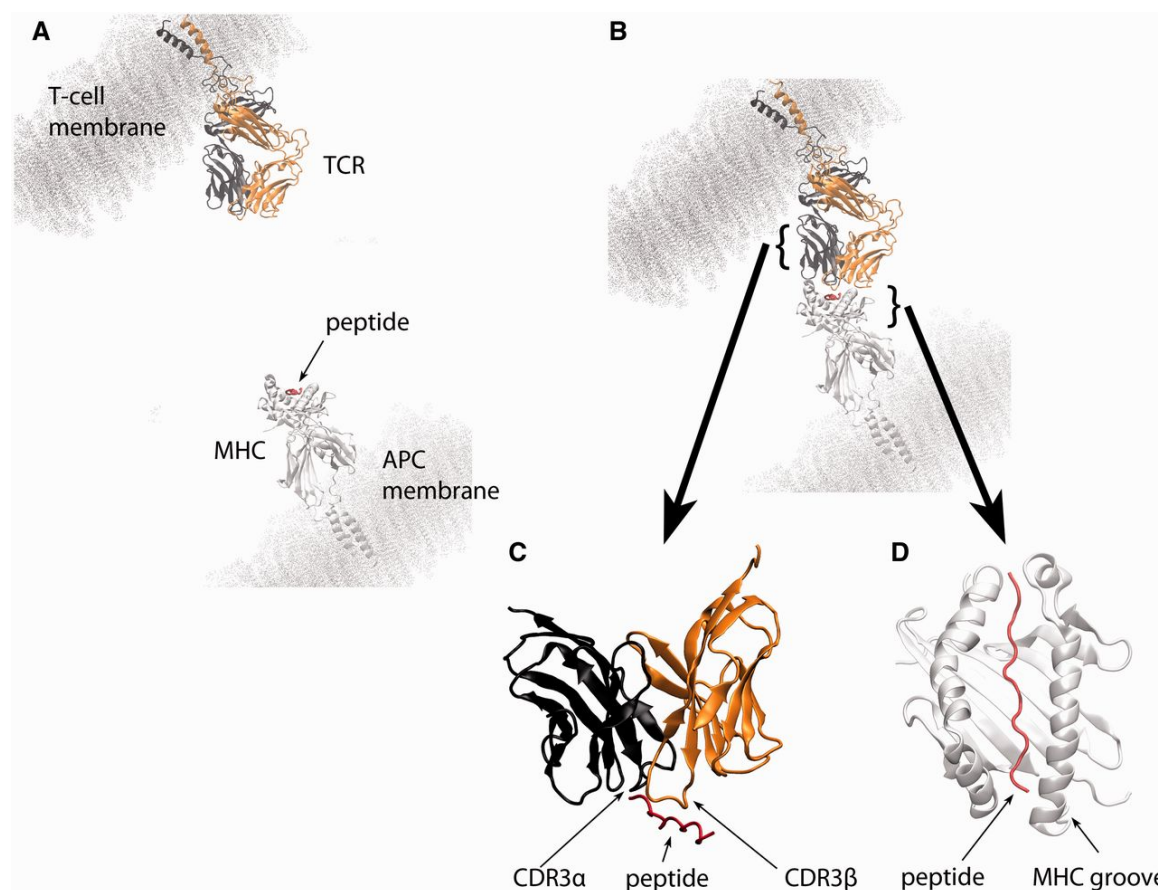


Figure 4. Interaction between an $\alpha\beta$ T-cell receptor (TCR), a peptide and a major histocompatibility complex (MHC) class II molecule. Black cartoon: TCR α -chain; orange cartoon: TCR β -chain; white cartoon: MHC; grey dots: cell membrane. (A) The TCR is expressed on the T-cell surface. The MHC class II molecule presents a peptide on the cell surface of an antigen-presenting cell (APC). (B) Bound configuration of the TCR-peptide-MHC complex. (C) Zoomed and rotated view of the TCR variable region. The complementarity-determining region 3 (CDR3) loops of the α -chain and β -chain (labeled) make the main interaction with the peptide. (D) Zoomed and rotated view of the peptide bound to the peptide-binding groove of the MHC class II molecule. Reprinted from reference²⁹ by permission of Oxford University Press.

Both the α -chain and the β -chain have an extracellular variable region that includes three short hairpin loops called complementarity-determining regions (CDR1–3).¹⁰ Together, the six CDRs constitute the antigen-binding site of the TCR: the CDR1 and CDR2 loops mainly contact the MHC molecule, and the CDR3 loops mainly contact the antigen,²⁷ as shown in **Figure 4**. The variable region is linked to an extracellular, invariant constant region, which is anchored to the T-cell plasma membrane by a hydrophobic transmembrane region that ends in a short cytoplasmic tail. In the membrane, the TCR associates with invariant accessory proteins (*i.e.* the CD3 complex and ζ chains) in order to make a functional TCR complex,³⁰ as illustrated in **Figure 5**.

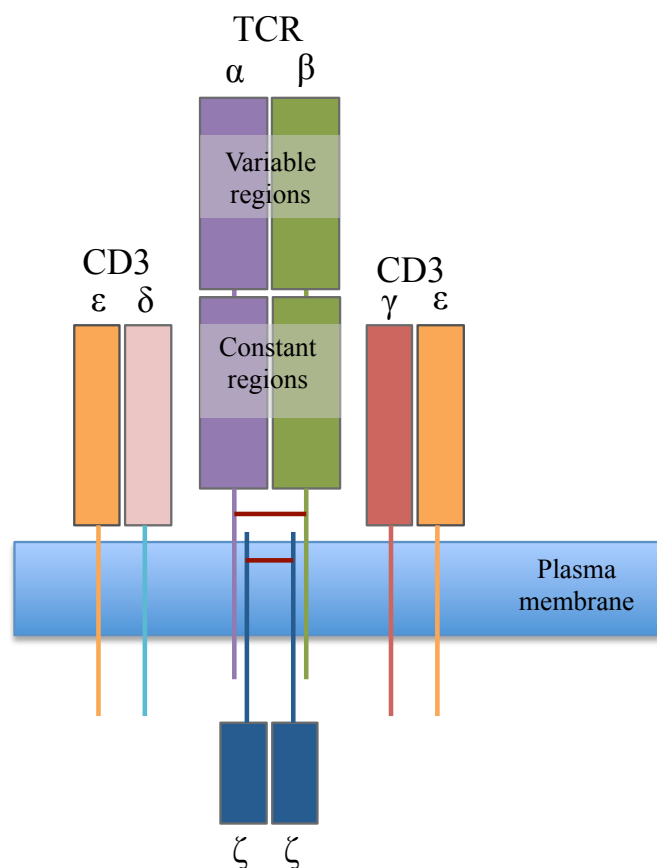


Figure 5. A schematic drawing of the $\alpha\beta$ T-cell receptor (TCR) and invariant accessory proteins. The functional TCR complex comprises a TCR heterodimer, the CD3 complex and a ζ homodimer. The TCR heterodimer comprises an α -chain and a β -chain that are linked by a disulfide bond. Both the α -chain and the β -chain have an extracellular variable region, an extracellular constant region, a transmembrane region and a cytoplasmic tail. Together, the variable regions make up the antigen-binding site. The accessory proteins (*i.e.* the CD3 complex and ζ chains) are required for expression of the TCR at the cell surface and for signaling following binding of the TCR to the peptide-MHC complex.

TCR genes

The α -chain and β -chain of the human TCR are encoded by the TRA locus on chromosome 14 and TRB locus on chromosome 7, respectively.³¹ The TCR variable region is encoded by two or three different gene segments: variable (V), diversity (D) and joining (J). The germline TRA locus contains multiple copies of the $V\alpha$ and $J\alpha$ gene segments, but do not contain any D genes. The germline TRB locus contains two copies of the $D\beta$ gene segment in addition to multiple copies of the $V\beta$ and $J\beta$ gene segments. The official IMGT (the international ImMunoGeneTics information system) TCR gene and allele nomenclature^{32, 33} is presented in **Figure 6**.

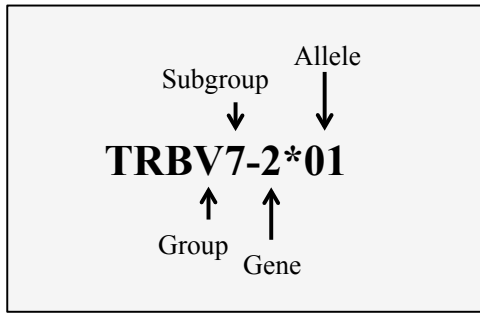


Figure 6. T-cell receptor gene and allele nomenclature. The figure presents the official IMGT (the international ImMunoGeneTics information system) standardized gene and allele nomenclature for T-cell receptors.^{32, 33}

V(D)J recombination and allelic exclusion

Stem cells migrate from the bone marrow to the thymus, where they differentiate into mature naïve T cells with highly diverse TCRs.³⁴ The maturation process is carefully orchestrated to ensure that functional, self-tolerant T cells enter the periphery. Collectively, more than 95% of thymocytes are subject to death by neglect as their TCRs have no or too low affinity for self-peptide-MHC complexes, or undergo apoptosis due to either failure to generate a functional TCR β -chain or high-affinity interactions of their TCRs with self-peptides (as mentioned in section 4.1.1, the latter process is called negative selection).^{25, 35, 36}

During T-cell development in the thymus, the TRA and TRB loci are rearranged in a process called V(D)J recombination: one V gene, one D gene for the β -chain only and one J gene are joined to form a contiguous sequence (see **Figure 7**).³¹ This process also involves the deletion and insertion of nucleotides in the junctions between the gene segments. The CDR1 and CDR2 loops are encoded within the germline V gene, whereas the CDR3 loop is encoded by the V(D)J junction.¹⁰ The random combination of gene segments encoding the variable regions of each TCR, as well as the random insertion and deletion of nucleotides in the sequence encoding the CDR3 loop, ensures the development of T cells with highly diverse antigenic specificities. The theoretical number of different TCRs that can be produced during V(D)J recombination is estimated to more than 10^{15} in humans.³⁷⁻³⁹

The V(D)J recombination process is carefully coordinated in the thymocyte, with the TRB locus being rearranged before the TRA locus.³⁴ A $D\beta$ gene rearranges to a $J\beta$ gene on both the maternally- and the paternally-derived chromosome. Following this, a $V\beta$ gene rearranges to $D\beta J\beta$ on just a single chromosome. Most rearrangements result in a non-productive, rearranged TRB locus, *i.e.* the $V\beta$ and $J\beta$ gene segments are not in the same reading frame, a stop codon is created or a pseudogenic gene is used.⁴⁰ If the first $V\beta D\beta J\beta$ recombination results in a productive, rearranged TRB locus, the β -chain is expressed on the cell surface together with an invariant pre-T α (pT α) chain, the CD3 complex and ζ chains.³⁴ The complex is a functional pre-TCR, and induces signaling to stop further rearrangement of the TRB locus on the second chromosome. This ensures only one of the two TRB loci is expressed in each T cell, a phenomenon known as allelic exclusion. The pre-TCR induces rapid cell proliferation followed by expression of both co-receptor CD4 and

CD8. This results in several double-positive thymocytes carrying identical pre-TCRs. Once the cells stop dividing, the TRA loci on both the maternally- and the paternally-derived chromosome will rearrange simultaneously and independently in each cell.⁴¹ Due to the high number of $V\alpha$ and $J\alpha$ genes, the $V\alpha J\alpha$ recombination can be repeated in several cycles and is almost always successful on at least one chromosome. Once a productive, rearranged TRA locus is generated, the α -chain is co-expressed with the β -chain on the cell surface. $V\alpha J\alpha$ recombination continues on both chromosomes until the thymocyte undergoes positive selection, a process during which thymocytes that express TCRs with low or intermediate affinity for self-peptide-MHC complexes are induced to differentiate into mature T cells, expressing either the CD4 or the CD8 co-receptor.^{25, 41} Thymocytes that fail to undergo positive selection will die by neglect. Thymocytes that express TCRs with high affinity for self-peptide-MHC complexes are eliminated by negative selection or are induced to differentiate into Tregs.

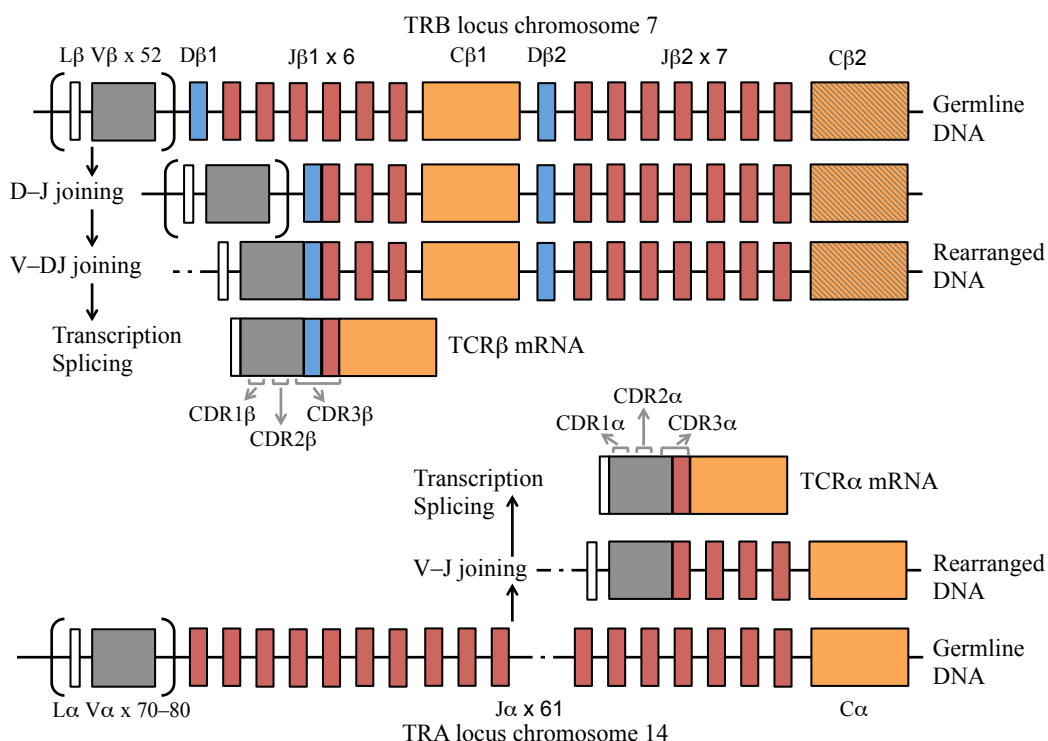


Figure 7. V(D)J recombination. During T-cell development, the loci encoding the T-cell receptor α -chain and β -chain are rearranged in the process called V(D)J recombination. At the TRB locus, one diversity (D) β gene rearranges to a joining (J) β gene, then one variable (V) β gene rearranges to the recombined $D\beta J\beta$ genes. At the TRA locus, one $V\alpha$ gene rearranges to a $J\alpha$ gene. An exon encoding a leader (L) sequence is located upstream each V gene. The V(D)J recombination process also involves the deletion and insertion of nucleotides at the $V\beta$ - $D\beta$, $D\beta$ - $J\beta$ and $V\alpha$ - $J\alpha$ junctions (not shown). Following transcription, the sequence between the recombined V(D)J genes and the gene segment encoding the constant region is removed by splicing. While the complementarity-determining region (CDR) 1 and CDR2 loops are encoded within the germline V gene, the CDR3 loop is encoded by the V(D)J junction.

Since there is no allelic exclusion of the TRA locus during $V\alpha J\alpha$ recombination, about 10-20% of all mature T cells express two distinct, productively rearranged α -chains.⁴²⁻⁴⁴ $V\alpha J\alpha$ recombination ceases once positive selection occurs, and most mature T cells carry only a single functional TCR

on their cell surface, existing in numerous copies at the cell surface.^{41, 45} Naïve T cells can share the same rearranged β -chain nucleotide sequence but have different α -chain sequences⁴⁶ (potentially able to recognize different antigenic triggers) as a result of the cell proliferation that is induced by the pre-TCR expression, followed by independent TRA gene rearrangement in each individual thymocyte^{34, 41} (as illustrated in **Figure 8**). In the antigen-experienced T-cell repertoire, the rearranged nucleotide sequence of the β -chain is generally unique to each T-cell clone.^{42, 46}

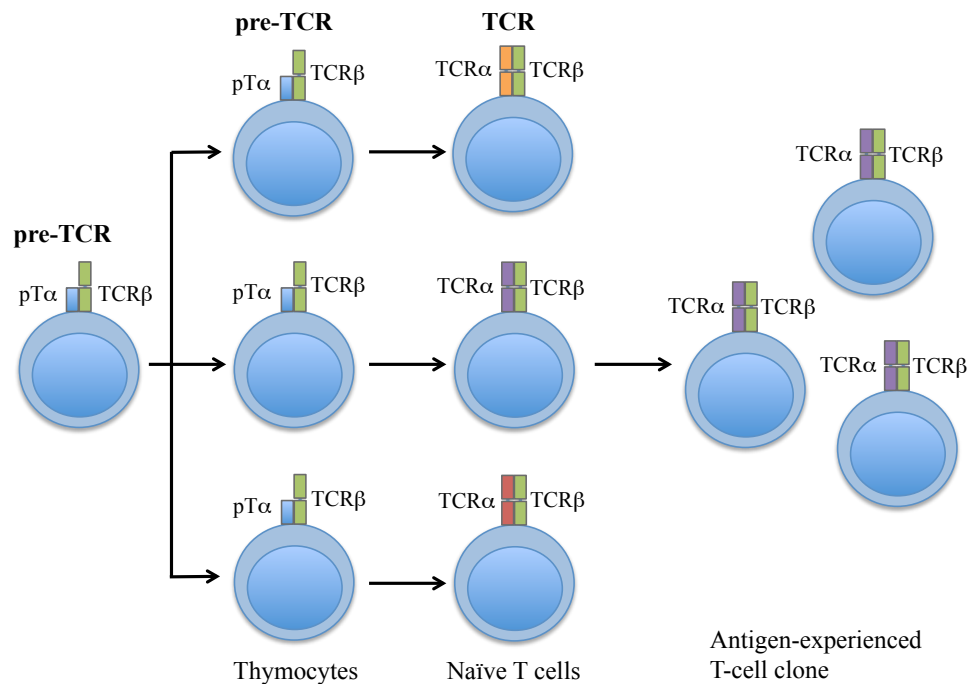


Figure 8. Naïve T cells can share the same T-cell receptor (TCR) β -chain but express different TCR α -chains. Upon successful recombination of a TRB locus, the β -chain is expressed on the cell surface together with the invariant pre-T α (pT α) chain and accessory proteins to form the pre-TCR. This induces rapid cell proliferation. Once the thymocytes stop dividing, the TRA loci are rearranged independently in each individual cell, thus ultimately resulting in a set of naïve T cells that share the same rearranged TRB nucleotide sequence but have different α -chain sequences (potentially able to recognize different antigenic triggers). Among the antigen-experienced T cells, each uniquely rearranged TRB nucleotide sequence is generally detected in a single T-cell clone and not in other T-cell clones. Hence, the rearranged nucleotide sequence of the β -chain provides a unique molecular tag for each antigen-experienced T-cell clone.

Cross-reactivity

Accumulating evidence indicates that T cells can exhibit cross-reactivity: a given TCR is able to recognize more than one single peptide–HLA complex.⁴⁷ For instance, CD4⁺ memory T cells that recognize antigenic peptides of human immunodeficiency virus type 1 (HIV-1), cytomegalovirus and herpes simplex virus were detected in healthy individuals that had never been infected with these viruses.⁴⁸ It has further been shown that HIV-1 reactive T cells are able to recognize bacterial peptides in the gut and soil, other bacterial peptides and peptides from ocean algae and plants. A cross-reactive TCR seems to recognize peptides that are biochemically and structurally related to each other.⁴⁹

4.1.3 Human leukocyte antigens and linkage disequilibrium

Structure of MHC molecules

The MHC class I and II molecules are heterodimeric molecules that are closely related in overall structure, but differ in their subunit compositions,⁵⁰ as illustrated in **Figure 9**. The MHC class I molecules consist of an α -chain linked to a smaller chain called the β_2 -microglobulin. The MHC class II molecules comprise an α -chain and a β -chain. The peptide-binding groove of MHC class I molecules is formed by two domains of the α -chain, whereas both the α -chain and the β -chain contribute to the peptide-binding groove of MHC class II molecules. In humans, the MHC molecules are called HLA molecules.

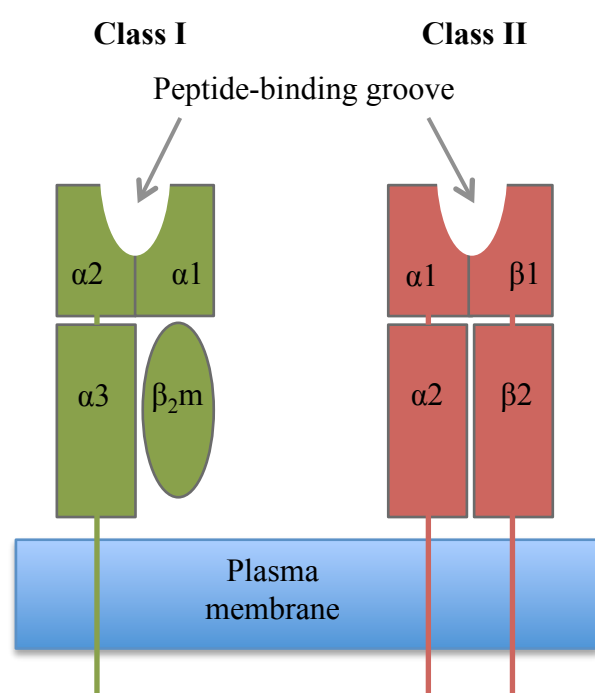


Figure 9. A schematic drawing of major histocompatibility complex (MHC) class I and class II molecules. The MHC class I molecules consist of an α -chain and a β_2 -microglobulin ($\beta_2 m$). Two domains of the α -chain (*i.e.* $\alpha 1$ and $\alpha 2$) form the peptide-binding groove of MHC class I molecules. The MHC class II molecules consist of an α -chain and a β -chain, each comprising a peptide-binding domain ($\alpha 1$ and $\beta 1$). In humans, the MHC molecules are called HLA molecules.

HLA genes

The genes encoding the HLA class I and II molecules are located on the short arm of chromosome 6 (**Figure 10**), in a region with approximately 260 genes (where about 30% encode proteins of immunological functions) spanning approximately 4 million base pairs.⁵¹ The exception is the β_2 -microglobulin, which is encoded on chromosome 15.⁵⁰ The α -chains of the HLA class I molecules are encoded by three classical genes, namely *HLA-A*, *HLA-B* and *HLA-C*.⁵² There are also three pairs of genes encoding the α -chain and β -chain of the classical HLA class II molecules, called *HLA-DR*, *HLA-DQ* and *HLA-DP*. In some individuals, more than one gene encodes the β -chain of the *HLA-DR* molecules, namely *HLA-DRB1* (ubiquitously present) and the *HLA-DRB3*, *HLA-DRB4* and *HLA-DRB5* genes (variably present). The classical HLA genes are highly polymorphic, with numerous alleles identified for each gene (with the exception of the gene encoding the α -chain

of HLA-DR, *i.e.* *HLA-DRA*).⁵¹ For instance, *HLA-B* is the most polymorphic gene in the human genome, with more than 4500 known alleles as of December 2016.⁵³ The α -chain and β -chain of HLA class II molecules can either be encoded in *cis* (on the same chromosome) or in *trans* (on homologous chromosomes),⁵⁴ increasing even further the functional diversity of the HLA class II molecules. The current nomenclature for the classical HLA genes and their alleles⁵⁵ is depicted in **Figure 11**.

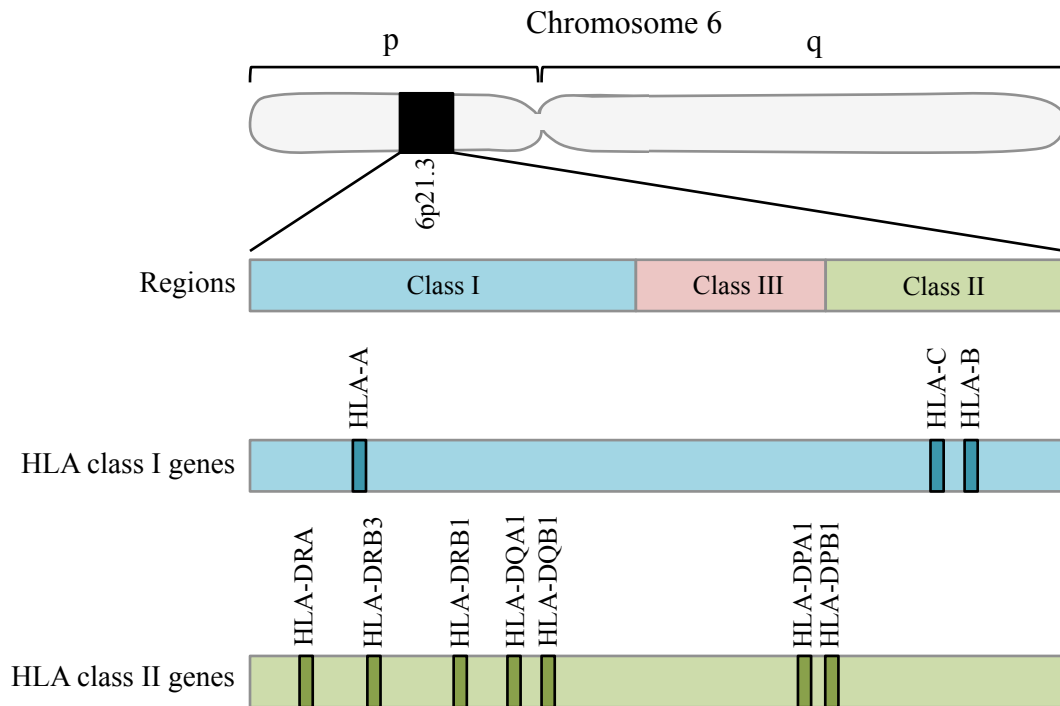


Figure 10. Location and organization of the human leukocyte antigen (HLA) complex. The HLA complex is located on chromosome 6 and is conventionally divided into three regions: class I, class II and class III. Each region contains numerous genes, some of which are depicted in the figure. The class III genes (not shown) differs from the class I and class II genes both structurally and functionally. The figure is inspired by reference⁵⁰.

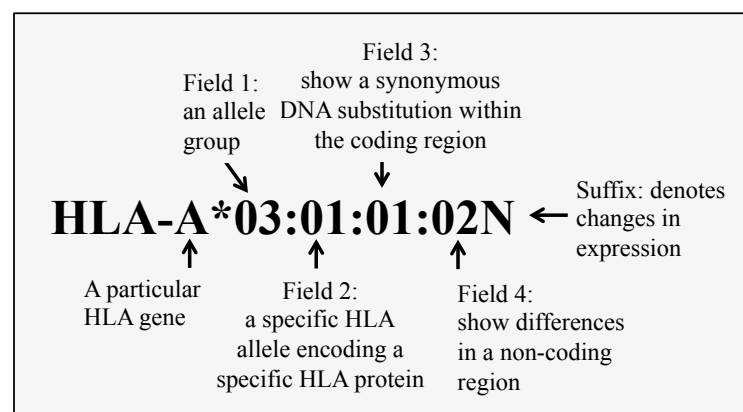


Figure 11. Human leukocyte antigen (HLA) allele nomenclature. The figure is inspired by a figure at the website <http://hla.alleles.org/nomenclature/naming.html>

Haplotype and linkage disequilibrium

The specific combination of alleles at two or more loci that are present on the same chromosome constitutes a haplotype. Sometimes, certain haplotypes are observed more or less frequently than expected by the individual allele frequencies in the population (**Figure 12**). This non-random association of alleles at different loci is known as linkage disequilibrium (LD).⁵⁶ The HLA complex is characterized by a high degree of LD, giving rise to highly conserved HLA haplotypes, some even spanning the HLA complex from the HLA class I genes to the HLA class II genes.⁵¹ For instance, a very common haplotype in populations of Northern-European descent is the 8.1 ancestral haplotype (AH8.1; HLA-A*01:01-C*07:01-B*08:01-DRB3*01:01-DRB1*03:01-DQA1*05:01-DQB1*02:01), typically found at frequencies of about 10%.^{57, 58} The AH8.1 is one of the longest haplotypes in the human genome, with 311 annotated loci and spanning 4.7 million nucleotides.⁵⁹

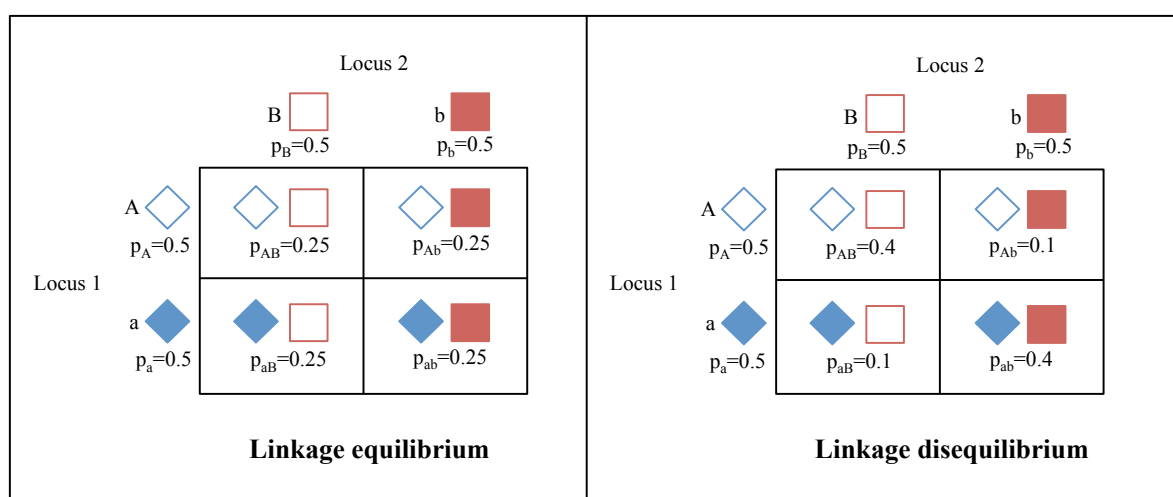


Figure 12. Linkage disequilibrium. The observed population frequencies of alleles at locus 1 (*i.e.* A and a) and at locus 2 (*i.e.* allele B and b) are each 50%. Left panel: if the alleles at locus 1 and 2 are completely independent, the alleles are said to be in linkage equilibrium and the frequency of each of the four haplotypes (*i.e.* AB, aB, Ab and ab) will be $p = 0.5 \times 0.5 = 0.25$. Right panel: if the alleles are in linkage disequilibrium, the various haplotypes are observed more or less often than expected by the individual allele frequencies. The figure is inspired by reference⁶⁰.

Box 2. Genetics glossary. Definitions of selected genetic terms used in this thesis.

Allele	One of two or more variants of a single gene that reside at the same position (<i>i.e.</i> locus) on homologous chromosomes.
Exon	The coding region within a gene.
Gene	A DNA nucleotide sequence that contains biological information, encoding an RNA molecule and/or amino acid sequence (<i>i.e.</i> protein).
Gene expression	The process in which a functional gene product is generated from the information encoded by a gene. The first step is transcription. For protein-coding genes, the second step is translation.
Genetic code	The rules that determines which triplet of nucleotides codes for which amino acid during the process of translation.
Genetic variant	An alteration in the DNA nucleotide sequence. Often refers to a single nucleotide polymorphism (SNP).
Genotype	The genetic combination of two alleles at a single locus. Also refers to the entire set of genes in an organism.
Haplotype	The distinct combination of alleles at two or more loci that are present on a single chromosome.
Heterozygous	Carrying two different alleles for a particular gene.
Homologous chromosomes	The two copies of a chromosome in a diploid cell, one inherited from the mother and one inherited from the father.
Homozygous	Carrying two copies of the same allele for a particular gene.
Intron	The non-coding region within a gene. Introns are transcribed together with the exons but are later removed during splicing.
Linkage disequilibrium (LD)	The phenomenon in which alleles at different loci occur together on a single chromosome at a higher frequency in a population than expected by the individual allele frequencies.
Locus (plural loci)	The location on a chromosome where a particular gene resides.
Phenotype	The observable traits of an organism.
Pleiotropy	The phenomenon in which a single gene influences multiple traits.
Polymorphic gene	A gene that exists as more than one variant (<i>i.e.</i> allele) in a population.
Polymorphic position	A single nucleotide position occupied by two different nucleotides. Also known as a heterozygous position.
Pseudogene	A segment of DNA that resembles a gene but is usually not transcribed and does not encode a functional protein.
Single nucleotide polymorphism (SNP)	A nucleotide variation at a single nucleotide position in the DNA sequence, occurring at appreciable frequency (often defined to occurrence >1%) in the population.
Splicing	The process in which introns are removed from the mRNA molecules.
Transcription	The process in which an mRNA molecule, which is complementary to the DNA sequence of a gene, is synthesized.
Translation	The process in which an amino acid sequence is produced by the ribosome. The nucleotide sequence of the mRNA molecule determines the amino acid sequence in accordance with the rules of the genetic code.

4.1.4 Escaping tolerance: mechanisms of T-cell mediated autoimmunity

Autoimmune diseases are characterized by sustained immune responses against the body's own tissues or organs. In this section, potential mechanisms for T-cell mediated autoimmunity are introduced.

Escaping central tolerance

Not all self-antigens are available in the thymus for efficient negative selection of self-reactive thymocytes.²⁵ For instance, certain self-antigens might be expressed at very low levels in the thymic stromal cells.⁶¹ The majority of autoimmune diseases are complex disorders, associated with a number of genetic variants. About 90% of these genetic variants have been located to non-coding regions in the genome, typically at sites that regulate gene expression.⁶² Disease-associated genetic variants might exert (subtle) effects on the expression levels of self-antigens in thymic stromal cells,⁶³ as shown in type 1 diabetes (T1D), myasthenia gravis (MG) and Graves' disease.⁶⁴⁻⁶⁷ Secondly, certain self-antigens might not be present in the thymus due to tissue-specific alternative mRNA splicing or post-translational modifications dependent on tissue-restricted enzymes.²⁵ An example is the recently reported hybrid insulin peptides that are recognized by CD4⁺ T cells isolated from patients with T1D.⁶⁸ These are formed by covalent cross-linking of proinsulin peptides to other pancreatic peptides.

Self-reactive thymocytes might further escape central tolerance by expressing dual TCRs, *i.e.* two distinct, productively rearranged α -chains, at the cell surface.⁶⁹ It has been shown that murine T cells with dual TCRs, expressing each TCR at lower levels on the cell surface, required higher concentrations of peptides to induce similar T-cell responses compared to T cells with single TCRs.⁷⁰ This suggests that thymocytes with dual TCRs can escape central tolerance as they express less of each TCR, hence are less sensitive to the levels of self-antigen that are present in thymus.

Escaping peripheral tolerance

Defective peripheral tolerance mechanisms have been suggested to play a role in the propagation of autoimmune diseases. As described in section 4.1.1, Tregs are vital in maintaining peripheral tolerance. In several autoimmune diseases (*e.g.* systemic lupus erythematosus and rheumatoid arthritis [RA]), there are conflicting reports on Treg frequency (increased, normal or decreased) and function (normal or impaired).²² These discrepancies might be explained by the lack of a universal human Treg marker and differences in disease stage and treatment regimen of patients.

The number of potential foreign peptides that T cells might encounter is greater than the number of TCRs available.^{38, 71} Cross-reactivity of T cells is believed to be necessary to provide efficient immune coverage with limited numbers of available T cells.^{38, 71} If the TCR repertoires were unable to recognize virtually all foreign peptides presented by HLA molecules, pathogens would be expected to rapidly evolve in order to exploit ‘holes’ in the T-cell repertoire, ultimately overwhelming the human host. On the other hand, cross-reactivity has also been suggested to have a role in initiation of autoimmunity. T cells that are weakly reactive against self-antigens survive central tolerance. These self-reactive T cells can potentially be activated through the cross-recognition of *e.g.* bacterial peptides that are structurally similar to the self-antigen. This phenomenon is known as molecular mimicry. Memory T cells can be stimulated by peptide concentrations that are more than 50-fold lower than the concentrations required to stimulate naïve T cells.^{38, 72} Hence, viruses or bacteria could potentially ‘trigger’ an autoimmune disease by priming self-reactive T cells, leading to tolerance being broken. In line with this, infection with Epstein-Barr virus is linked to significant risk of developing multiple sclerosis (MS).⁷³

In celiac disease, it has been hypothesized that gluten-reactive CD4⁺T cells provide help to gluten-reactive B cells as well as self-reactive B cells that recognize transglutaminase 2 (TG2), an enzyme that can deamidate dietary gluten.⁷⁴ TG2-specific BCRs can internalize complexes of TG2 and deamidated gluten. Following processing of the complex, deamidated gluten peptides will be presented by HLA class II molecules on the cell surface of the B cells to the gluten-reactive CD4⁺T cells. Similar mechanisms – in which pathogenic CD4⁺T cells that are reactive against exogenous antigens can stimulate self-reactive B cells and the production of autoantibodies – could potentially play a role in propagation of other autoimmune diseases as well.

4.1.5 The role of HLA in autoimmune diseases

The strong association between autoimmune diseases and the HLA complex (as shown in **Figure 13**) supports a role for HLA molecules in initiation and/or propagation of autoimmune diseases.^{75, 76} However, the mechanism remains mostly elusive. Disease-associated HLA molecules might exert their function both during thymic education and in the periphery at the site of organ damage. It is estimated that an HLA class I molecule typically binds between 2,000 and 10,000 different peptides, and more than 2,000 different peptides are estimated to bind an HLA class II molecule.⁷⁷ The regions encoding the peptide-binding groove are particularly polymorphic.⁵¹ This enables different allelic variants of HLA molecules to bind and present a different range of peptides to T cells. Thus, the most prominent hypothesized molecular mechanism to explain disease-association of certain HLA alleles is their unique ability to bind and present antigens that can trigger or drive disease, as seen in celiac disease⁷⁸.

Celiac disease is confined to individuals carrying HLA-DQ2.2 (HLA-DQB1*02:02, HLA-DQA1*02:01), HLA-DQ2.5 (HLA-DQB1*02:01, HLA-DQA1*05:01) and/or HLA-DQ8 (HLA-DQB1*03:02, HLA-DQA1*03:01).⁷⁹ The deamidation of gluten by TG2 creates negatively charged gluten-derived peptides that bind with higher affinity to the disease-associated HLA molecules.⁷⁸ In line with this, gluten-reactive CD4⁺ T cells isolated from celiac disease patients preferentially recognize the deamidated gluten peptides when presented by disease-associated HLA molecules, but not in the context of other HLA molecules.^{80, 81} In children, autoantibodies against TG2 are exclusively detected in those with the celiac disease-associated *HLA-DQ* alleles.⁸²

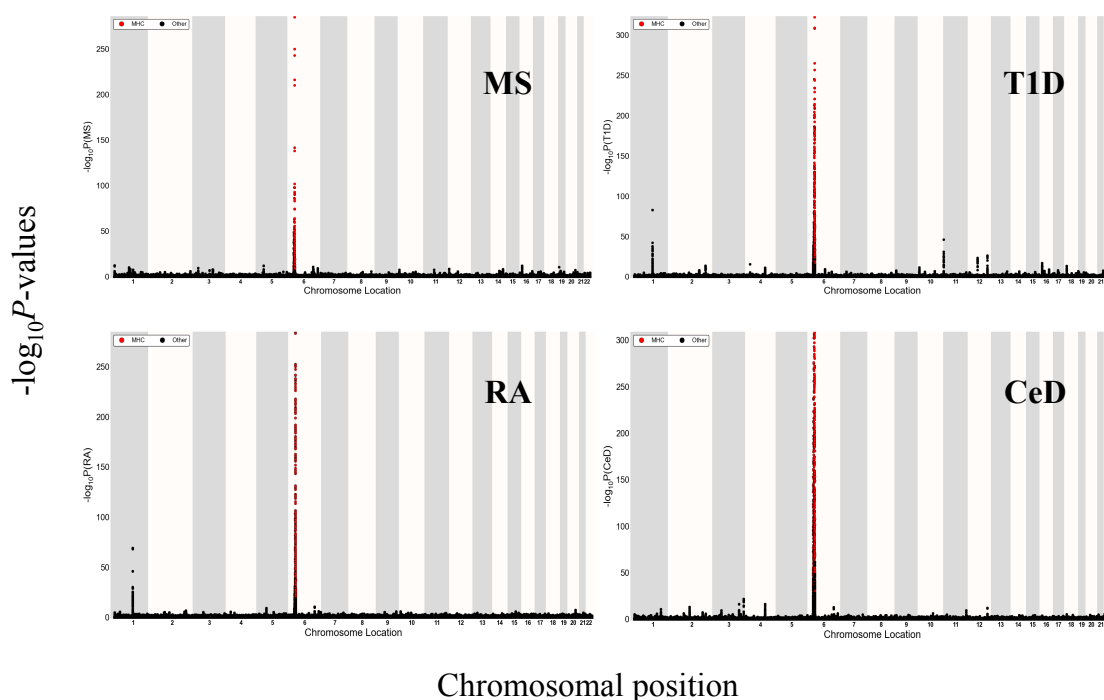


Figure 13. Autoimmune diseases are strongly associated with the human leukocyte antigen (HLA) complex. The figure shows Manhattan plots of genome-wide association study data in various autoimmune diseases. The X axis shows the chromosomal position, and the Y axis shows the strength of the association signal as the negative decadic logarithm of the p-values. HLA data on chromosome 6p21 are plotted in red. The non-HLA data are plotted in black. Data have been plotted using summary statistics in references^{83, 84}. Abbreviations: CeD, celiac disease; MS, multiple sclerosis; RA, rheumatoid arthritis; T1D, type 1 diabetes.

In addition to their function in presenting peptide antigens to CD8⁺ T cells, HLA class I molecules act as ligands for killer immunoglobulin-like receptors (KIRs), which are expressed mainly by natural killer (NK) cells (lymphocytes of the innate immune system, see **Figure 1**).⁸⁵ Through this interaction, disease-associated HLA molecules might influence the activation of NK cells. Other possible molecular mechanisms of genetic associations with HLA genes include differential expression of disease-associated HLA alleles and aberrant processing of the peptide–HLA complex.⁸⁶

4.2 The human liver

The liver is the largest internal organ of the human body. It has numerous functions, including production of bile, lipids and proteins (such as components of the complement system), metabolism of nutrients, hormone excretion, storage of glycogen, vitamins and minerals, clearing the blood of harmful substances (*i.e.* detoxification) and immune surveillance.⁸⁷⁻⁹¹ Anatomical and physiological features of the human liver that are relevant for the present thesis are described below in sections 4.2.1–4.2.4.

4.2.1 The portal triad and sinusoid

A hepatic lobule is the structural unit of the liver.^{87, 92} Portal triads (also called portal tracts) are located at the periphery of the lobule, with each portal triad comprising two blood vessels (branches of the portal vein and the hepatic artery) and a bile duct (**Figure 14**). Nutrient-rich blood from the portal vein and oxygenated blood from the hepatic artery mixes when percolating through capillary-like vessels called the sinusoids within the lobule. Finally, the blood is drained into the central vein, returning to the systemic circulation.

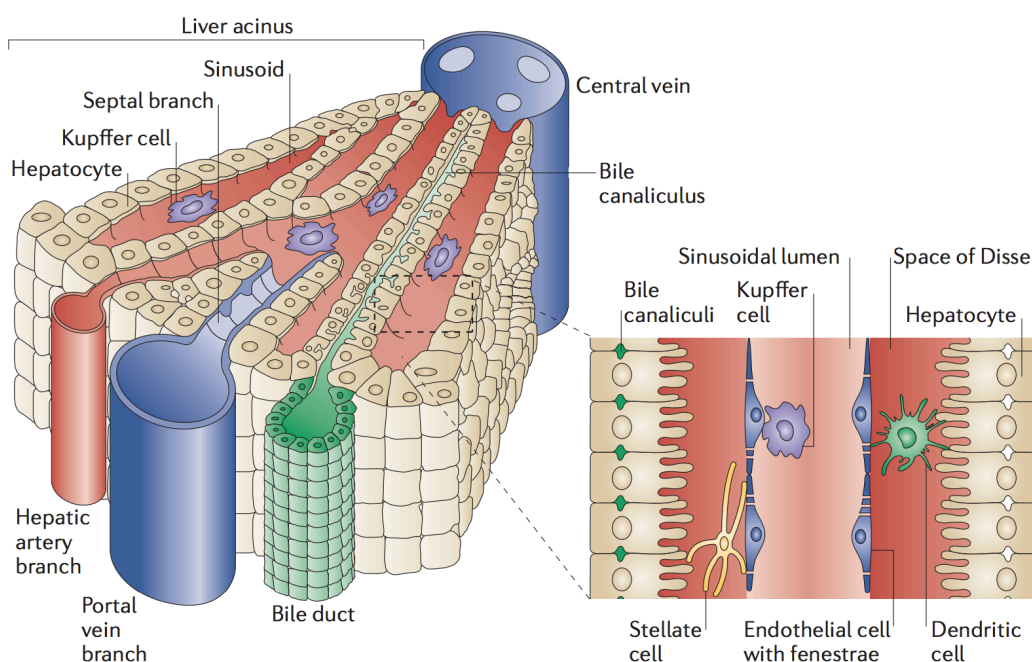


Figure 14. The portal triad and sinusoid. An intrahepatic portal triad comprises three vessels: one bile duct, one branch of the hepatic artery and one branch of the portal vein. The portal triads are located in the corners of hexagonal liver lobules (partially shown in this figure). The arterial and portal venous blood mixes when percolating through the sinusoids and is eventually drained into the central vein, returning to the systemic circulation. The sinusoids (see inset) are lined by unique endothelial cells that are characterized by the absence of tight junctions, the absence of a recognizable basement membrane and the presence of open fenestrae (small holes) that are organized into sieve plates. The sinusoidal endothelium is interspersed with macrophages that are called Kupffer cells. The space of Disse is located between the hepatic epithelial cells (which are called hepatocytes) and the sinusoidal endothelial cells, and contains extracellular matrix proteins and hepatic stellate cells. Reprinted by permission from Macmillan Publishers Ltd: Nature Reviews Immunology⁹², copyright (2006).

4.2.2 The enterohepatic circulation of bile acids

Bile is mainly composed of water, bile acids, bilirubin, phospholipids and cholesterol. The primary bile acids are synthesized from cholesterol in the liver, and secreted through the bile ducts for storage in the gallbladder.^{90,93} The biliary and intestinal epithelia are continuous. Bile is released into the intestine after each meal, where bile acids facilitate the absorption of fats and fat-soluble vitamins.⁹⁴ About 95% of the bile acids are reabsorbed in the intestine and returned to the liver via the portal vein.^{90,93} This is known as the enterohepatic circulation of bile acids. Intestinal bacteria can metabolize the primary bile acids into secondary bile acids.⁹⁰ In addition to their role in the absorption of fat, bile acids function as signaling molecules and inflammatory agents.

The biliary epithelium initiates several mechanisms to protect itself from the toxic effects of bile acids.⁹³ This includes continuous secretion of bicarbonate, resulting in alkalinity at the apical surface of the epithelium.⁹⁵

4.2.3 Cell composition in the healthy liver

The liver is predominantly composed of epithelial cells called hepatocytes, comprising 80% of all liver cells.⁹¹ The liver-resident non-hepatocyte cell types comprise biliary epithelial cells (also called cholangiocytes) lining the bile ducts, liver sinusoidal endothelial cells (LSECs) lining the sinusoids, macrophages called Kupffer cells residing in the sinusoids (which constitutes 80–90% of all tissue-resident macrophages in the body), hepatic stellate cells, dendritic cells and lymphocytes (see **Figure 14**).

T cells constitute nearly 50% of the liver-resident lymphocytes, including conventional $\alpha\beta$ T cells, innate-like MAIT cells (comprising up to 50% of all T cells in the human liver), iNKT cells (comprising about 1% of human liver-resident T cells) and $\gamma\delta$ T cells (comprising about 15% of human liver-resident T cells).^{91,96} The remaining liver-resident lymphocytes comprise NK cells (constituting up to 50% of the liver-resident lymphocytes) and B cells.⁹⁷

4.2.4 Immune surveillance and T-cell tolerance

Naïve T cells are normally activated in secondary lymphoid tissues upon recognition of their corresponding antigen presented by APCs that have migrated from an infected or inflamed non-lymphoid tissue (see section 4.1.1).¹⁷ The liver serves as an exception to this ‘rule’, as naïve T cells can be retained and activated within this non-lymphoid organ following antigen-presentation by various liver-resident cells.^{98,99} Liver-resident cells that are able to present antigens to T cells include LSECs, Kupffer cells, dendritic cells, hepatocytes, hepatic stellate cells and cholangiocytes.^{91,100,101}

The blood flows slowly through the sinusoids, facilitating the detection and capture of pathogens by liver-resident cells.⁹¹ Seventy-five percent of the blood entering the liver is supplied from the intestines via the portal vein, thus is rich in nutrients and bacterial-derived molecules.⁹² Multiple tolerance mechanisms prevent immune responses against the harmless antigens that are derived from food or the commensal microbiota.^{91, 102} Under steady-state conditions, the presentation of antigens to liver-resident and circulating T cells is not accompanied by the co-stimulatory signals that are needed for the activation of naïve T cells. The liver-resident APCs express anti-inflammatory cytokines and co-inhibitory ligands that further induce T-cell tolerance. In response to infections or liver injury, additional signals will break the tolerance and lead to rapid activation of T cells.

Cholangiocytes are the first line of defense against pathogens in the biliary system.^{103, 104} Upon activation of their pattern recognition receptors (see section 4.1.1), the cholangiocytes will express adhesion molecules, cytokines and chemokines, which will promote inflammation. It has further been shown that cholangiocytes can present antigens to and activate MAIT cells and iNKT cells.^{100, 101} Despite the fact that they constitutively express HLA class II molecules, it has not yet been proven that cholangiocytes can activate conventional T cells.^{103, 105, 106}

4.3 Primary sclerosing cholangitis

PSC is a chronic inflammatory liver disease characterized by fibrotic strictures and dilatations of the intrahepatic and extrahepatic bile ducts,¹ as illustrated in **Figure 15**. A mixed inflammatory cell infiltrate consisting of lymphocytes and neutrophils is observed in portal triads, usually more intense around the bile ducts.^{107, 108} The majority of infiltrating lymphocytes are CD4⁺ and CD8⁺ T cells (**Figure 16**).^{5, 6} The strictures lead to destruction and loss of bile ducts and impaired bile flow (*i.e.* cholestasis).¹ In parallel, there is a disorganized proliferation of new bile ducts, disrupting the liver architecture. The disease course is highly variable, but in the majority of patients, the disease will progress to an irreversible scarring of liver tissue (*i.e.* cirrhosis) and liver failure. Ultimately, many patients will need a liver transplantation.

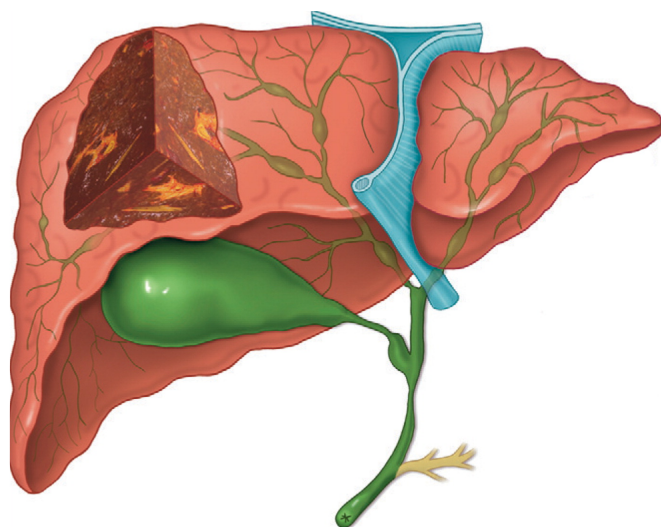


Figure 15. Illustration of a primary sclerosing cholangitis (PSC)-affected liver and its biliary tree. Strictures alternating with dilatations of both the intrahepatic (*i.e.* in the liver) and extrahepatic (*i.e.* outside the liver) bile ducts are commonly observed in patients with PSC. The strictures lead to cholestasis, patchy affection of peribiliary fibrosis and ultimately liver cirrhosis. Reproduced with permission from Kari C. Toverud.

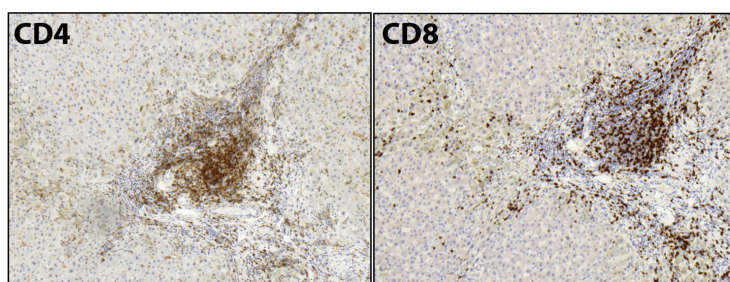


Figure 16. T cells in primary sclerosing cholangitis (PSC) liver. In the PSC-affected liver, CD4⁺ and CD8⁺ T cells are located mainly in portal triads, near bile ducts. Single-color immunohistochemistry (magnification: 200x). Reprinted from Liaskou *et al.*, *Gastroenterology* copyright (2014),⁶ with permission from Elsevier.

4.3.1 Epidemiology

PSC is a relatively rare disease, with a geographical variation in prevalence and incidence. The prevalence and mean annual incidence of PSC in Norway is 8.5 per 100,000 inhabitants and 1.3 per 100,000 inhabitants, respectively.¹⁰⁹ Similar results have been reported in other Northern-European countries and in the United States of America (USA) and Canada,¹¹⁰⁻¹¹⁶ with the highest prevalence reported in a study of Swedish inhabitants (16.2 per 100,000).¹¹⁰ In Southern Europe and Asia, PSC has been reported to be 10-100 fold less prevalent.^{2, 112, 117, 118} PSC typically affects males (a 2:1 male to female ratio) in their third or fourth decade of life.^{1, 112}

4.3.2 Clinical presentation

The clinical presentation of PSC is variable. Most common symptoms and signs upon diagnosis include fatigue, pruritus, weight loss, abdominal pain, jaundice, enlarged liver and enlarged spleen,¹¹⁹ but none of these are specific for PSC. About 50% of patients have no symptoms at time of diagnosis.^{110, 120} Asymptomatic patients are identified through incidental (or in the case of patients with IBD, selective) testing and discovery of elevated levels of serum liver enzymes (marker of cholestasis).¹²¹

4.3.3 Diagnosis and clinical entities

A diagnosis of PSC is made in patients with elevated levels of serum liver enzymes that are not otherwise explained, with typical findings of bile duct changes on cholangiography and with no evidence of a secondary (*i.e.* identifiable) cause of sclerosing cholangitis.^{122, 123} An elevated serum alkaline phosphatase is the most common biochemical abnormality in PSC. Serum aminotransferase levels are also often elevated, but most patients show normal levels of serum bilirubin at time of diagnosis. A diagnosis of PSC should not be excluded based on normal levels of serum liver enzymes alone, as these fluctuate during disease course. Visualization of the bile ducts using endoscopic retrograde cholangiography (ERC) has been the gold standard in diagnosing PSC. However, due to the non-invasive nature of magnetic resonance cholangiography (MRC) and its reduced risk for complications, MRC has replaced ERC as the first diagnostic modality when PSC is suspected. Finally, secondary causes of sclerosing cholangitis (*e.g.* IgG4-associated cholangitis, toxins, infections and an inadequate blood supply)¹²⁴ must be excluded before establishing a diagnosis of PSC.^{122, 123}

A liver biopsy is not required for the diagnosis of PSC in patients with typical findings of bile duct irregularities on cholangiography. Yet, for a subgroup of patients who only have affection of the small intrahepatic bile ducts that are not visualized by cholangiography (*i.e.* small duct PSC) a liver biopsy is necessary for diagnosis.^{122, 123} Small duct PSC is associated with better long-term prognosis and reduced risk of bile duct cancer (cholangiocarcinoma) compared to 'classical' PSC, also known as large duct PSC.¹²⁵⁻¹²⁸

4.3.4 Treatment and prognosis

At present, there is no curative or disease-halting medical therapy for PSC. Several anti-inflammatory and immunosuppressive drugs have been investigated, but none have so far proven to be effective in PSC.¹²⁹ A secondary bile acid called ursodeoxycholic acid (UDCA) is currently the main treatment of chronic cholestasis, but the use of UDCA in treating PSC remains controversial. Studies have shown improvements of levels of serum liver enzymes, but there is no proven beneficial effect on symptoms or time to liver transplantation.¹²⁹⁻¹³³ Moreover, high-dose treatment

was associated with higher rates of liver transplantation and death.¹³⁴ The European Association for the Study of the Liver (EASL) concluded that the limited data did not yet allow for a specific recommendation for the general use of UDCA in PSC,¹²² while the American Association for the Study of Liver Diseases (AASLD) recommends against the use of UDCA in PSC.¹²³ Novel therapeutic agents are currently in clinical trials and include agents that alter the composition of bile acids and the gut microbiota and agents that target fibrotic processes and immune responses.^{129, 135}

Liver transplantation is currently the only therapy that can cure PSC, and is recommended in patients with PSC who progress to end-stage liver disease or who suffer from complications of the disease such as impaired quality of life.^{122, 123, 136} PSC is today among the leading indications for liver transplantation in the Nordic Countries, accounting for approximately 15% of all liver transplantations that were performed from 1982 to the end of 2013.³ The reported median time from diagnosis until liver transplantation or PSC-related death is 10–21 years.¹³⁷⁻¹³⁹ Patients who undergo liver transplantation have a good prognosis, with a 5-year survival rate of approximately 85%.^{3, 140} However, there is a substantial risk of recurrence of PSC after liver transplantation, occurring in at least 20% of transplanted patients.^{140, 141} The absence of an inflamed intestine, either due to the absence of concurrent IBD or to colectomy (the surgical removal of the colon) before or during liver transplantation, has a protective effect against recurrent PSC.¹⁴²⁻¹⁴⁵

4.3.5 Comorbidities

Inflammatory bowel disease

PSC is strongly associated with IBD. The reported prevalence of IBD in patients with PSC is 60–80% in populations of Northern European ancestry and 20–54% in Southern Europe and Asia.² Conversely, the prevalence of PSC in patients with IBD is 8.1%.¹⁴⁶ PSC can develop in patients with IBD years after colectomy,¹⁴⁷ and IBD can develop for the first time in patients who have undergone liver transplantation for PSC.¹⁴⁷⁻¹⁵⁰ According to commonly accepted criteria, PSC-associated IBD is classified as ulcerative colitis (UC) in 80-90% of the patients, while the remaining 10–20% of patients are diagnosed with Crohn's disease (CD) or indeterminate colitis.¹⁵¹⁻¹⁵⁴ It has been suggested that PSC-associated IBD represents a distinct disease entity, which is often presented as a mild or asymptomatic inflammation of the colon (*i.e.* colitis) with no rectal bleeding or inflammation.^{151-153, 155} Inflammation is more pronounced in the ascending colon.

Autoimmune diseases

Some patients show signs of both PSC and autoimmune hepatitis (AIH) at the same time or sequentially.¹⁵⁶ In addition, up to 25% of patients with PSC are diagnosed with at least one autoimmune disease outside the liver and the colon, such as T1D, thyroid disease, RA and psoriasis.¹⁵⁷

Cancer

Patients with PSC have an increased risk of cancer, predominantly cholangiocarcinoma (CCA).¹³⁷ The 5-year survival rate for patients with CCA is less than 5%,¹⁵⁸ making it one of the most feared complications of PSC. PSC is also associated with an increased risk of colorectal cancer (in patients with colitis) and gallbladder cancer.^{137, 159}

4.3.6 PSC etiology and pathogenesis I: Genes and environmental factors

The etiology and pathogenesis of PSC are largely unknown. PSC is considered a complex disease, meaning it results from the interplay between multiple genetic variants and the environment.¹⁶⁰

There is evidence of a genetic predisposition to PSC, with a 9–39 fold increased risk of disease in siblings of PSC patients compared to the healthy population.¹⁶¹ Genome-wide association studies (GWAS) have identified 23 loci associated with susceptibility to PSC at genome-wide significance level ($p\text{-value} < 5 \times 10^{-8}$).¹⁶²⁻¹⁶⁹ About half of the risk loci overlap with associations seen in IBD, and many risk loci are shared with autoimmune diseases such as T1D, celiac disease and RA (see **Table 1**).⁴ This phenomenon, in which a single gene affects multiple traits, is known as pleiotropy.¹⁷⁰

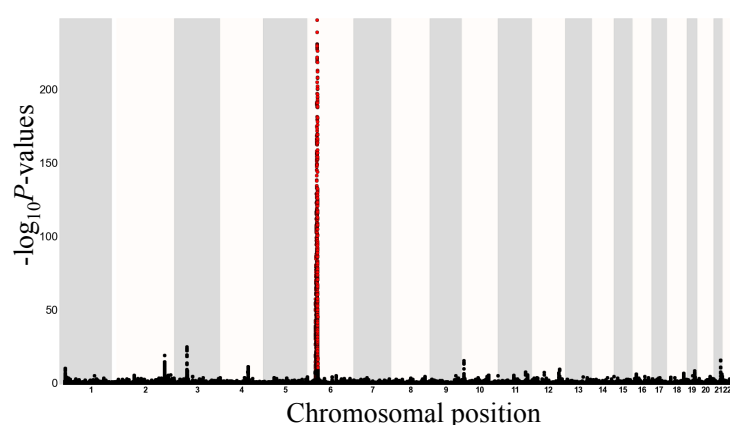


Figure 17. Manhattan plot of genome-wide association study data in primary sclerosing cholangitis. The X axis shows the chromosomal position, and the Y axis shows the strength of the association signal as the negative decadic logarithm of the p-values. Human leukocyte antigen (HLA) data on chromosome 6p21 are plotted in red. The non-HLA data are plotted in black. Data have been plotted using summary statistics in reference¹⁶⁷.

Associations with HLA haplotypes

The by far strongest genetic association signal is found within the HLA complex (**Figure 17**).^{162, 163, 167} An association between PSC and the HLA class I allele HLA-B*08:01 and HLA class II allele HLA-DRB1*03:01 was first described in the early 1980s.^{171, 172} HLA-B*08:01 and HLA-DRB1*03:01 are found on the same extended haplotype: the AH8.1 (which was introduced in section 4.1.3). These associations have later been confirmed by numerous studies, and associations with several other alleles of AH8.1 have further been reported (see **Figure 18**).^{162, 173-186} Alleles of the AH8.1 are strongly associated with a large number of immune-mediated diseases.¹⁸⁷ For some diseases, such as PSC, associations have been reported for both HLA class I and class II alleles of the AH8.1. For other diseases, the primary association with AH8.1 is confined to the HLA class I

region, as seen in MG (*HLA-B*),¹⁸⁸ or to the HLA class II region, as seen in T1D (*HLA-DRB1-DQB1*) and celiac disease (*HLA-DQA1-DQB1*).^{189, 190}

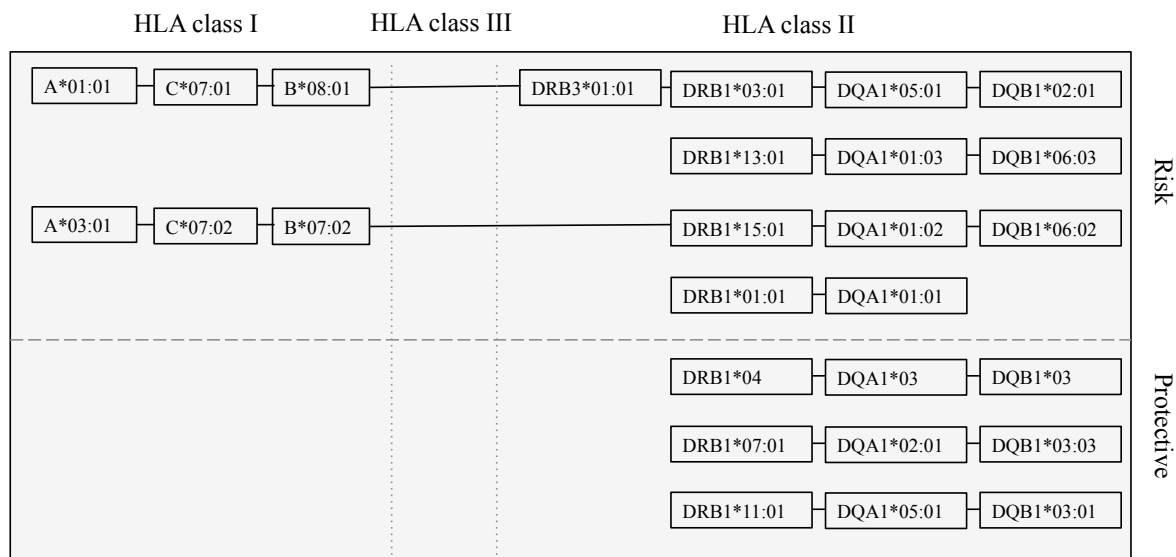


Figure 18. Human leukocyte antigen (HLA) haplotypes associated with susceptibility for primary sclerosing cholangitis (PSC). Four haplotypes are associated with risk of PSC. Three haplotypes are associated with protection.

Associations between PSC and various other HLA haplotypes have also been reported (Figure 18).^{162, 167, 173-176, 182-186, 191, 192} In addition to AH8.1, a prominent risk haplotype is the HLA-DRB1*13:01-DQA1*01:03-DQB1*06:03 haplotype. It has been suggested that the HLA-DRB1*13:01 haplotype specifically increases the susceptibility of chronic cholangitis since it is associated with both large and small duct PSC, irrespective of IBD status.¹⁹³ The HLA-DRB1*13:01 allele is also associated with susceptibility for AIH in South America.¹⁹⁴ The HLA-DRB1*04-DQA1*03-DQB1*03 haplotype is the most consistently reported protective haplotype in PSC.^{162, 173-176, 183, 184, 186, 192} The phenotypic heterogeneity in PSC might (partly) explain the association with multiple HLA haplotypes. In line with this, there is evidence of clinical subgroups in PSC whom have different HLA predisposition than the PSC group as a whole.^{193, 195}

Due to the extensive LD and multiple polymorphic candidate genes in the HLA complex,⁵¹ it is difficult or even impossible to identify which of the gene(s) within the haplotypes that is/are responsible for these associations. Since allele frequencies and LD patterns differ between different ethnicities,¹⁹⁶ studying non-European or admixed populations might aid in fine mapping the causative HLA gene(s) and alleles in PSC. This was previously demonstrated in MS: to better localize the HLA gene responsible for the association between MS and the HLA-DRB1*15:01-DQB1*06:02 haplotype, the *HLA-DRB1* and *HLA-DQB1* genes of African American MS patients and controls were assessed, showing a selective association between MS and the HLA-DRB1*15:01 allele.¹⁹⁷ In PSC, the low prevalence of disease in populations of non-Northern European ancestry^{2, 112, 117, 118} makes it challenging to establish the necessary sample size for such a

study. Genetic studies in PSC have therefore mainly been performed in populations of Northern European origin, and the causative HLA gene(s) and alleles remain unknown.

Associations with non-HLA loci

The non-HLA risk loci appear to be enriched for genes encoding proteins involved in innate or adaptive immune responses, in particular proteins regulating T-cell biology.⁴ For instance, CD28 (encoded on the risk loci 2q33) is a co-stimulatory surface molecule necessary for T-cell activation, proliferation and survival.¹⁹⁸ A study reported an accumulation of pro-inflammatory CD28⁻ T cells in livers of patients with PSC, localized around bile ducts.⁶ Other examples are the two cytokines interleukin-2 (IL-2) and IL-21, which are encoded within risk loci 4q27. IL-21 regulates differentiation and function of multiple target cells, including CD4⁺ and CD8⁺ T cells and B cells.^{199, 200} IL-2 signals induce proliferation and optimize differentiation of CD8⁺ naïve T cells into effector cells or memory cells.²⁰¹ IL-2 further influences the differentiation of CD4⁺ T cells into various effector T-cell subsets. Specifically, IL-2 signals are crucial for the development, survival and function of Tregs, thus this cytokine is important in maintaining immune tolerance and preventing autoimmunity. The α subunit of the trimeric IL-2 receptor (IL-2R α , also known as CD25) is encoded within another PSC risk loci (10p15). This suggests an important role for the IL-2 pathway in PSC pathogenesis. In line with this, liver-derived T cells from patients with PSC have been shown to produce significantly lower levels of IL-2 compared to T cells derived from livers of patients with primary biliary cholangitis (PBC, previously known as primary biliary cirrhosis), AIH and healthy controls.²⁰² Other risk loci harboring genes that encode T-cell regulating proteins are shown in bold in **Table 1**.

Environmental factors

Many individuals who carry PSC-associated HLA haplotypes (such as the AH8.1) never develop disease. Conversely, there are patients with PSC who do not carry any of the risk HLA haplotypes. Genetic variants at the 22 non-HLA risk loci that are identified to date are common variants that are also present to a large extent in healthy individuals.^{4, 168, 169} This suggests additional factor(s) must be present to trigger and/or drive development of PSC. Collectively, genes identified so far are estimated to account for less than 10% of the overall disease liability, and likely more than 50% of the susceptibility to PSC is explained by environmental factors.^{167, 168, 203} There are only two established environmental factors for PSC, smoking and coffee consumption, both of which are suggested to protect against development of PSC.²⁰⁴⁻²⁰⁷ Hormonal factors have further been suggested to influence development of PSC in women: fewer female patients with PSC than healthy controls reported ever using hormonal contraception, and there was a strong correlation between increasing age at diagnosis of PSC and increasing number of children before the diagnosis.²⁰⁴

Table 1. Twenty-two genome-wide significant non-human leukocyte antigen (HLA) risk loci that are associated with primary sclerosing cholangitis (PSC). Candidate gene(s) shared with other AIDs refer to the same candidate gene(s) having been reported in both PSC and the listed AID based on mapping of genome-wide significant (p -value $< 5 \times 10^{-8}$) single nucleotide polymorphisms to the candidate gene(s) in both diseases. Genes in bold represent genes encoding proteins involved in regulation of T-cell biology.

Locus	Candidate gene(s)	Other AID associated with candidate gene(s)	Putative role of encoded protein(s)
1p36	<i>MMEL1</i> , <i>TNFRSF14</i>	CeD, MS, PBC, RA, UC	<i>MMEL1</i> : Little is known about its function. <i>TNFRSF14</i> : Modulation of T-cell activation and regulation of immune tolerance.
2q13	<i>BCL2L11</i>	None	Regulation of T-cell and B-cell apoptotic processes and termination of inflammatory response.
2q33	<i>CD28</i> , <i>CTLA4</i>	AA, CeD, GV, MG, RA, T1D	<i>CD28</i> : Regulation of T-cell activation, proliferation and survival. <i>CTLA4</i> : Major negative regulation of T-cell responses.
2q36	<i>CCL20</i>	PBC, IBD, UC	Regulation of antibacterial activity in mucosal lymphoid tissues, including migration of Tregs.
2q37	<i>GPR35</i>	AS, IBD, UC	Regulation of IL-4 release from iNKT cells. Potentially involved in mucosal and systemic immune regulation.
3p13	<i>FOXP1</i>	None	Regulation of the development and function of Tregs.
3p21	<i>MST1</i>	CD, IBD, UC	Regulation of inhibitory functions towards macrophages during inflammation.
4q24	<i>NFKB1</i>	PBC, UC	Regulation of multiple biological processes, including inflammation, immunity and apoptosis.
4q27	<i>IL2</i> , <i>IL21</i>	AA, CeD, IBD, T1D	<i>IL2</i> : Regulation of the differentiation and proliferation of various T-cell subsets, including Tregs. <i>IL21</i> : Regulation of differentiation and function of multiple target cells in the innate and adaptive immune response.
6q15	<i>BACH2</i>	CD, CeD, IBD, MS, T1D, VT	Regulation of T-cell and B-cell differentiation. Implicated in antiviral innate immune response.
10p15	<i>IL2RA</i>	AA, CD, IBD, MS, RA, T1D, VT	Regulation of immune tolerance by modulating Treg activity.
11q13	<i>CCDC88B</i>	CD, IBD, PBC, SARC	Regulation of T-cell maturation and inflammatory function.
11q23	<i>SIK2</i>	None	Regulation of IL-2 expression in macrophages and leukocyte function.
12q13	<i>HDAC7</i>	IBD	Regulation of negative selection of T cells in thymus and development of immune tolerance.
12q23	<i>RFX4</i> , <i>RIC8B</i>	None	<i>RFX4</i> : Potentially involved in regulation of immune- and infectious responses. <i>RIC8B</i> : Little is known about its function.
12q24	<i>SH2B3</i> , <i>ATXN2</i>	AS, CeD, HT, IBD, RA, PBC, SLE, T1D, VT	<i>SH2B3</i> : Regulation of cytokine signaling. <i>ATXN2</i> : Involved in EGFR trafficking.
16q12	<i>CLEC16A</i> , <i>SOCS1</i>	CD, CeD, IBD, MS, PBC, SLE, T1D	<i>CLEC16A</i> : Regulation of B-cell function and of thymocyte selection and reactivity. Role in autophagy. <i>SOCS1</i> : Regulation of cytokine signaling and thymocyte development.
18q21	<i>TCF4</i>	None	Regulation of early B-cell and T-cell development.
18q22	<i>CD226</i>	IBD, RA, T1D	Regulation of lymphocyte signaling, cytotoxicity and lymphokine secretion
19q13	<i>PRKD2</i> , <i>STRN4</i>	T1D	<i>PRKD2</i> : Regulation of the negative selection of T cells. <i>STRN4</i> : Little is known about its function.
21q22	<i>PSMG1</i>	AS, IBD, UC	Potentially implicated in secondary immune response.
21q22	<i>UBASH3A</i>	RA, T1D, VT	Regulation of TCR pathways.

Abbreviations: AA, alopecia areata; AID, autoimmune disease; AS, ankylosing spondylitis; CD, Crohn's disease; CeD, celiac disease; GV, Graves' disease; HT, hypothyroidism; IBD, inflammatory bowel disease; iNKT cell, invariant natural killer T cell; MG, myasthenia gravis; MS, multiple sclerosis; PBC, primary biliary cholangitis; RA, rheumatoid arthritis; SARC, sarcoidosis; SLE, systemic lupus erythematosus; T1D, type 1 diabetes; TCR, T-cell receptor; Tregs, regulatory T cells; UC, ulcerative colitis; VT, vitiligo.

4.3.5 PSC etiology and pathogenesis II: Pathogenic models

Several pathogenic models in PSC have been proposed over the years.^{2,208} These include immune-driven pathogenic mechanisms and aspects related to bile acid physiology and the integrity of bile duct epithelium. Notably, the proposed pathogenic mechanisms (which are described below) are not mutually exclusive.

The 'leaky gut' hypothesis

The frequent comorbidity with IBD indicates that there is a close relationship between the gut and the liver in patients with PSC. The earliest proposed pathogenic mechanism in PSC was built on a 'leaky gut' concept, in which an increased permeability of the mucosal barrier during ongoing colonic inflammation results in an increased 'leakage' of bacteria and/or bacterial products into the portal vein.²⁰⁸ In the liver, immune tolerance may be broken due to the increased exposure to the gut-derived molecules or bacteria.⁹¹ In support of this hypothesis, biliary changes resembling PSC have been reported in murine models with exposure to bacterial-derived peptides or intestinal bacterial overgrowth.^{209,210} The observation that not all patients with PSC have IBD, or that IBD can develop after the onset of PSC or even after liver transplantation,¹⁴⁷⁻¹⁵⁰ contradicts that bacterial leakage through an inflamed colon is mandatory for the onset of PSC. However, it does not exclude the fact that bacteria or bacterial products may be important in the pathogenesis of PSC.

The 'gut lymphocyte homing' hypothesis

As mentioned in section 4.1.1, activated lymphocytes express a distinct set of surface molecules that direct migration to the inflamed tissue. Lymphocytes that have been activated by intestinal dendritic cells in the gut-associated lymphoid tissues (GALT) co-express the $\alpha 4\beta 7$ integrin and CC chemokine receptor 9 (CCR9).^{211,212} These molecules are receptors for the mucosal addressin cell adhesion molecule 1 (MAdCAM-1) and CC chemokine ligand 25 (CCL25), respectively, which in the steady-state condition are restricted to the colon.^{213,214} In PSC, an aberrant expression of MAdCAM-1 and CCL25 has been detected on portal vein- and sinusoid endothelium,²¹⁵⁻²¹⁷ and approximately 20% of the lymphocytes infiltrating the livers of patients with PSC are effector memory T cells co-expressing $\alpha 4\beta 7$ and CCR9.²¹⁵ These findings suggest an aberrant homing of long-lived gut-derived memory T cells to the liver.⁹² Once in the liver, the T cells can promote inflammation upon recognition of the same or structurally similar antigen. In agreement with this hypothesis, murine CD8⁺ T cells primed in the GALT by ovalbumin migrate to the liver and cause cholangitis when recognizing the same antigen on bile ducts.²¹⁸

Vascular adhesion protein 1 (VAP-1) functions both as an enzyme and as an endothelial adhesion molecule for lymphocytes. VAP-1 is constitutively expressed in the human liver.²¹⁹ It has been demonstrated that the deamination of primary amines (such as methylamine, a constituent of food

and cigarette smoke) by VAP-1 can lead to expression of MAdCAM-1 in the presence of the pro-inflammatory cytokine tumor necrosis factor alpha (TNF α) in human primary hepatic endothelial cells.²²⁰ Thus, in the presence of an inflamed gut, increased portal vein levels of dietary amines or amines produced by the gut microbiota may activate hepatic MAdCAM-1 expression, hence promote the recruitment of gut-derived lymphocytes to the liver.

The 'autoimmune' hypothesis

The predominant HLA association in PSC is a feature shared with prototypical autoimmune diseases (see **Figure 13** and **Figure 17**).^{76, 162, 163, 167} Patients with PSC frequently have concurrent autoimmune diseases,^{156, 157} and the low prevalence of disease in Southern Europe and Asia² mirrors the North-South risk gradient of autoimmune diseases²²¹. Findings of pleiotropic risk loci⁴ and reports of autoantibodies^{222, 223} further support an autoimmune component in PSC pathogenesis.

The most prevalent autoantibody in PSC, reported in up to 94% of the patients (although it is not disease-specific), is a particular type of perinuclear anti-neutrophil cytoplasmic antibody (pANCA).²²² The main antigenic target of pANCA in PSC is beta tubulin isotype 5 (TBB-5) in human neutrophils.²²⁴ pANCA is also able to react with the structurally related microbial protein FtsZ, which is expressed by intestinal bacteria during cell division. Hence, through FtsZ, intestinal bacteria might prime self-reactive immune cells and direct an immune response towards human cells; this is an example of molecular mimicry (see section 4.1.4). There has also been reported a high frequency of autoantibodies in PSC that are reactive against cholangiocytes.²²⁵ Upon binding to cholangiocytes, the autoantibodies induce the expression of pattern recognition receptors that recognize bacterial products and viral DNA.²²⁶ In addition to the autoantibodies mentioned above, several other autoantibodies have been detected in patients with PSC, such as anti-nuclear antibodies (ANA) and rheumatoid factor.^{222, 223} None of the autoantibodies that are identified so far are PSC-specific.

It has been reported a reduced number of Tregs in patients with PSC compared to patients with PBC or healthy controls.²²⁷ Furthermore, CD4⁺ T cells (but not CD8⁺ T cells) isolated from the peripheral blood of patients with PSC exhibit significantly reduced apoptosis compared with healthy controls and patients with PBC.²²⁸ This is associated with impaired upregulation of the proapoptotic protein BIM (which is encoded by *BCL2L1* within the PSC risk loci 2q13) in CD4⁺ T cells from patients with PSC. These observations might suggest peripheral tolerance mechanisms are defective in patients with PSC, which would indicate these patients are predisposed for autoimmunity.

Despite a probable autoimmune component in PSC, the PSC-specific self-antigen(s) remains unknown, and the patients do not respond to classical immunosuppressant drugs.¹²⁹ The latter observation might be due to the timing of therapy, as strictures of the bile ducts are already evident

at time of diagnosis. The strong male predominance in PSC contrasts observations made in most autoimmune diseases²²⁹ (the exception being ankylosing spondylitis²³⁰). Interestingly, MRC screening of patients with colitis have suggested that women and men have a similar predisposition to PSC, but that women acquire a milder disease phenotype.¹⁴⁶ This is further supported by observations of later onset of disease and reduced risk of liver transplantation and death for female patients with PSC.¹³⁸

The 'toxic bile' hypothesis

An abnormal bile composition and impaired protection mechanisms against bile have been suggested to contribute in the pathogenesis of PSC.²³¹ The 'toxic bile' hypothesis is based on the findings of bile duct injury resembling human PSC in mice devoid of the phospholipid transporter multidrug resistance protein 2 (Mdr2).²³² This transporter normally mediates secretion of phospholipids in bile, which together with cholesterol form micelles with bile acids to protect the biliary epithelium against the toxic effects of bile acids.²³¹ No significant association between the gene encoding the human ortholog MDR3 (ATP-binding cassette sub-family B member 4; *ABCB4*) and PSC has so far been identified.

5 AIMS

The overall focus of this thesis was to further characterize components of the immune system in patients with PSC to provide better insight into the disease mechanisms.

The strong association between PSC and the HLA complex as well as associations with numerous loci enriched for genes encoding proteins that directly or indirectly affect T-cell biology strongly suggest that T cells are involved in PSC pathogenesis. This is further supported by the observation that the lymphocytic infiltrates in portal triads predominantly consist of CD4⁺ and CD8⁺ T cells. T cells are hypothesized to migrate between the gut and the liver of patients with PSC, promoting inflammation upon recognition of antigen(s). Using high-throughput sequencing of the TCR β chain, we therefore aimed to:

1. Characterize the liver T-cell repertoire of patients with PSC and determine whether disease-associated TCR β sequences could be identified in their explanted liver tissue, with PBC patients and alcoholic liver disease (ALD) patients as disease controls. (**Paper I**).
2. Investigate whether gut-infiltrating T cells and liver-infiltrating T cells of patients with concurrent PSC and IBD (*i.e.* PSC-IBD) carry the same TCRs, and further assess whether this is related to PSC pathogenesis by investigating the potential overlap in the TCR β repertoires of paired tumor-adjacent normal gut and liver tissue sampled from patients with colon cancer and metastasis to the liver (**Paper II**).

The identity of the PSC-specific antigenic trigger(s) has remained unknown. Dissecting the HLA association might provide knowledge about the antigen(s) and type(s) of T-cell response(s) involved in PSC pathogenesis. However, the high degree of LD extending across large parts of the HLA complex has made it difficult to identify the HLA gene(s) and alleles responsible for the strong association with PSC. Given LD patterns, haplotype frequencies and allele frequencies differ across ethnicities, the final aim of this thesis was to:

3. Evaluate whether studying populations of admixed and non-European ancestry could aid in pinpointing the causative alleles of PSC-associated HLA haplotypes (**Paper III**).

6 METHODOLOGICAL CONSIDERATIONS

6.1 Study populations and starting material

In every study, we included patients with PSC. The diagnosis of PSC was based on accepted criteria with typical findings of bile duct irregularities on cholangiography.^{122, 123} The studies that were described in paper I and II had a case-control study design. Herein, we further included patients with the liver diseases PBC and ALD (paper I) and patients with colon cancer and liver metastasis (paper II). Paper III depicts a descriptive, hypothesis-generating study. We did not include any healthy controls in our studies and the reasons for this are described in sections 6.1.2–6.1.4.

The studies were performed in accordance with the Declaration of Helsinki. Written informed consent was obtained from all study participants. Ethical approval was obtained by the Regional Committee for Research Ethics at the South-Eastern Norwegian Health Authority (2012-286, 2015-744, 2016-1540 and 2012-341) and from research ethics committees at each collaborating center abroad.

6.1.1 Considerations regarding starting material in paper I and paper II

In PSC, as in most autoimmune conditions, the access and use of diseased human tissue is limited and challenging. Explanted livers were the only source of diseased liver tissue available for study in paper I and paper II. About a hundred liver transplantations are performed each year in Norway, of which nearly 20% are due to PSC.³ A similar number of PSC patients (*i.e.* about 20 patients) are transplanted each year at the Queen Elizabeth Hospital in Birmingham, United Kingdom (UK). Tissue is only sampled from the explanted livers of the patients whom have given their written consents to participate in health research prior to transplantation. Ultimately, the scarce number of patients with PSC and the rare access to their diseased liver tissue limits the conceivable sample size of these studies.

At time of liver transplantation, patients might have progressed to end-stage liver disease, and thus it is impossible to know whether our findings are representative for mechanisms that take place in the early phase of inflammation or represent secondary toxic or inflammatory insults due to *e.g.* procedure-related colonization, cirrhosis and cholangitis. Most patients with PSC do not undergo regular biopsies since these are rarely diagnostic (except when suspecting a diagnosis of small duct PSC^{122, 123}). Hence, it is impossible to study the TCR repertoires at an earlier disease stage.

The livers of patients with PSC show a pronounced patchy distribution of inflammation. The relatively small samples that were used in paper I and II might therefore represent a small proportion of the diseased microenvironment. Nevertheless, the use of inflamed human tissue rather

than animal models or *in vitro* studies ensures our results are relevant when aiming to increase our knowledge of complex human disease mechanisms.

The availability of either fresh-frozen or formalin-fixed, paraffin-embedded (FFPE) tissue in paper I and paper II did not allow for isolation and sorting of T-cell subsets and/or single T cells prior to subsequent analyses. This limited our choices for TCR sequencing strategies and ultimately constrained our options for downstream analysis, as discussed further in section 6.2.1. Extracting genomic DNA (gDNA) of high molecular weight from FFPE tissue is challenging as it becomes fragmented due to the fixation process conditions.²³³ The use of gDNA extracted from FFPE tissue might therefore affect the amount of sequencing data retrieved. However, fragmentation should be unbiased and will not specifically affect particular rearranged TCR β sequences.

6.1.2 Study populations in paper I

In paper I, we included fresh-frozen explanted whole liver tissue from patients with PSC and from disease controls, namely patients with PBC and patients with ALD since predominant T-cell infiltrates are also evident in the liver tissue of these patients.^{234, 235} PBC is an immune-mediated liver disease characterized by progressive destruction of the small intrahepatic bile ducts.²³⁶ Disease-specific anti-mitochondrial antibodies (AMA) are detected in about 95% of patients with PBC. ALD is a liver disease related to alcohol consumption.²³⁷ We did not include liver tissue from healthy controls since the aim and focus of the study was to define the TCR repertoire in PSC in comparison to other liver diseases in order to identify disease-associated TCR sequences. Statistical frameworks for power calculations in TCR β sequencing studies are currently lacking. We ultimately set the sample size to n=20 patients with PSC and n=20 disease controls (*i.e.* n=10 patients with PBC and n=10 patients with ALD), which is comparable to or greater than the sample size of similar studies.²³⁸⁻²⁴⁰ The liver samples were acquired through the transplant program at the Queen Elizabeth Hospital, Birmingham, UK.

The patients with PSC, patients with PBC and patients with ALD were of similar age at liver transplantation (on average, 48, 47 and 45 years, respectively). Gender differences between disease groups (PSC: 80% males, PBC: 20% males, ALD: 80% males) reflect the reported male-to-female ratios in these diseases.^{112, 241, 242} HLA-matching of study participants is generally recommended in TCR studies given the potential effect of HLA alleles on the TCR repertoire. However, this was impossible in paper I due to the scarcity of available explanted liver tissue from these patients. Besides, considering that certain HLA haplotypes are strongly associated with susceptibility for PSC or PBC²⁴³ and further that we aimed to identify disease-associated TCR repertoires, it was not in our interest to intentionally match the patients and disease controls with regards to HLA type. Most of the patients that were included in the study (including patients with ALD) did carry HLA alleles associated with susceptibility to PSC or PBC.

6.1.3 Study populations in paper II

In paper II, we included every Norwegian patient with a concurrent diagnosis of PSC and IBD who had fresh-frozen explanted whole liver tissue, fresh-frozen biopsies from the ascending colon and EDTA anti-coagulated peripheral (whole) blood available at Oslo University Hospital (OUH) Rikshospitalet, Oslo, Norway. Of the ten patients who fit these criteria, nine were diagnosed with UC and one was diagnosed with CD. This largely resembles the prevalence of UC versus CD in patients with concurrent PSC and IBD.¹⁵¹⁻¹⁵⁴ The diagnosis and classification of IBD was based on commonly accepted clinical, endoscopic and histopathologic criteria.²⁴⁴ The colonic biopsies and peripheral blood samples had been collected during routine colonoscopy at OUH Rikshospitalet.¹⁵² The time from colonoscopy until liver transplantation ranged from 0.6 years to 7.3 years (median 3.5 years). Three patients were using immunosuppressant drugs at time of sampling, including one patient using Cyclosporin A prior to liver transplantation. Immunosuppressive drugs are generally expected to have ‘global’ inhibitory effects on T-cell proliferation,²⁴⁵ however a study reported that the immunosuppressive agents Cyclosporin A and Tacrolimus might affect the expression of specific TCR β sequences.²⁴⁶ Given the limited access to matched material from patients with PSC, we decided to continue with all ten patients in subsequent analyses.

We further included paired tumor-adjacent normal tissue that had been sampled during colectomy and liver resection from ten patients with colon cancer and liver metastasis. The normal tissue was available as FFPE material at Human Biomaterials Resource Center, University of Birmingham, UK. With the limited amount of gDNA extracted from the tumor-adjacent normal FFPE tissue, we chose to prioritize sequencing the TCR β repertoire and thus did not perform HLA typing of the colon cancer patients. Six colon cancer patients (including every patient that was ultimately included in the TCR β overlap analyses) had received chemotherapy prior to sample collection. The patients completed their chemotherapy treatments one month to two years prior to colectomy and/or liver resection. Of note, increased number of Tregs has been reported in peripheral blood, tumor-draining lymph nodes and at tumor sites of colorectal patients.²⁴⁷ Reduced number of Tregs has been reported in peripheral blood seven days after chemotherapy for colorectal cancer patients who had high levels of Tregs prior to chemotherapy.²⁴⁸ However, the total number of lymphocytes and the percentages of CD4⁺ and CD8⁺ T cells were reported to be unchanged following chemotherapy.

The average age at liver transplantation for the patients with PSC-IBD was 47 years (range: 36–63 years), while the colon cancer patients were nearly 20 years older, with the average age at liver resection being 65 years (range: 53–79 years). It has been reported a reduction in TCR repertoire diversity in peripheral blood with advancing age.²⁴⁹ The diversity correlated with percentage of naïve T cells (which decreased linearly with advancing age), but there were no significant age-related changes in the diversity of non-rare TCR β sequences (those with more than one T cell per million). During subsequent TCR β analyses in paper II, we normalized our sequencing data as

described in section 6.2.3, and therefore assume our results reflect age-independent differences between paired PSC-IBD affected tissue and paired tumor-adjacent normal tissue.

There is a pronounced clinical heterogeneity in PSC. This has led to speculations that PSC could represent a ‘mixed bag’ of different conditions with various undefined etiologies, however the major subgroup of patients who have coexistent IBD likely represent one disease entity with common pathogenic mechanisms.² We did not include matched material from the rare subgroup of PSC patients who do not have IBD. It is very difficult to delineate these patients from the overall PSC population since IBD can occur even after liver transplantation.¹⁴⁷⁻¹⁵⁰ Hence, it is possible that findings in paper II reflect a PSC-IBD specific feature. We were further unable to include paired tumor-adjacent normal gut and liver tissue that had been sampled from Norwegians, thus it is possible that results reflect differences across populations from different geographical origins. Finally, we were unable to include disease controls in paper II. Sampling of matched gut tissue from patients with other liver diseases such as PBC and ALD (or from healthy liver donors) is ethically impossible, as is sampling of matched liver tissue from patients with bowel disease without clinical features of liver dysfunction.

6.1.4 Study populations in paper III

In paper III, we included every PSC patient who had sufficient amount of gDNA available in Oslo, the Netherlands or Kiel (Germany) among those whose non-European genetic ancestry had been revealed in the ImmunoChip-based PSC study¹⁶⁷ (n=67). The patients had originally been recruited in European and North-American countries (**Table 2**). The gDNA had been extracted from whole blood or liver tissue. Using single nucleotide polymorphism (SNP) genotyping data from the ImmunoChip-based PSC study¹⁶⁷, we estimated the genetic ancestry of these patients in a multidimensional scaling analysis.²⁵⁰ We additionally included PSC patients of self-reported admixed or non-European ancestry sampled in the USA (n=21, African Americans) and Canada (n=4, one Iranian, one Pakistani/Indian, one admixed Canadian Caucasian/Iranian and one admixed Canadian Caucasian/African Canadian). Occasionally, self-reported ancestry is inaccurate in defining an individual’s genetic ancestry. However, it is reasonable to assume that patients of self-reported admixed or non-European ancestry are truly not of ‘unmixed’ European ancestry.

Table 2. Overview of the primary sclerosing cholangitis (PSC) patients of non-European ancestry who were included in paper III. ^aPatients who were originally recruited for the Immunochip-based PSC study¹⁶⁷.

Country	Number of patients		Total
	of confirmed non-European genetic ancestry ^a	of self-reported admixed or non-European ancestry	
Finland	1		1
The United Kingdom	26		26
Germany	2		2
The Netherlands	3		3
France	6		6
Italy	1		1
The United States of America	6	21	27
Canada	22	4	26
Total	67	25	92

We further included 135 Norwegian and 15 Swedish PSC patients. They were selected from a previously described Scandinavian PSC population.^{182, 251} The gDNA had been extracted from whole blood. Since we aimed to assess the previously reported PSC-associated HLA haplotypes, the Scandinavian patients were randomly selected from among patients carrying *HLA-DRB1* alleles that are found on these haplotypes (*i.e.* HLA-DRB1*01:01, HLA-DRB1*03:01, HLA-DRB1*04:01, HLA-DRB1*07:01, HLA-DRB1*11:01, HLA-DRB1*13:01 and HLA-DRB1*15:01).²⁴³ With a frequency of approximately 10%,^{57, 58} AH8.1 is a very common haplotype in Northern-European populations. To avoid that patients carrying AH8.1 constituted the majority of the Scandinavian study population, we selected only ten patients from among those who were homozygous for both HLA-B*08 and HLA-DRB1*03:01 alleles. The selection of specific Scandinavian patients rendered us unable to appropriately compare the strength of LD that was measured in the Scandinavian study population and the admixed/non-European study population, having excluded any Scandinavian patient with *e.g.* HLA-DQB1*06:03 on non-PSC associated haplotypes. In our subsequent analyses, we therefore included additional data, which had been generated and described previously, from the overall Scandinavian PSC population.^{182, 251}

Allele frequencies differ between populations of different geographical origins.¹⁹⁶ In genetic association analyses, it is important that healthy controls are comparable with patients with regards to their ethnic origin so that differences in allele frequencies do not reflect different ancestry. Due to the selection process of the patients of admixed or non-European ancestry, it would have been impossible to recruit an adequate healthy control population for genetic association analyses in paper III.

6.2 High-throughput sequencing and analyses of the TCR β chain

In paper I and paper II, we sequenced the TCR repertoires using the commercially available high-throughput sequencing assay ‘immunoSEQ’ at Adaptive Biotechnologies (Seattle, WA, USA).^{252, 253} Adaptive Biotechnologies is a well-recognized company offering immune repertoire sequencing, with a great track record of publications that have used their technology.^{238, 239, 254-256} For reasons elaborated below, we chose to sequence the β -chain only, using gDNA as starting template.

6.2.1 Considerations concerning high-throughput TCR sequencing strategy

Sequencing target: the α -chain and/or β -chain

Most high-throughput TCR sequencing methods target single subunits, *i.e.* the α -chain or the β -chain. The α -chain is difficult to characterize due to more V and J genes present on the TRA locus compared to the TRB locus (see **Figure 7**) and the fact that about 10–20% of T cells express two productively rearranged α -chains⁴²⁻⁴⁴, which complicates the interpretation of TCR α sequencing data. In contrast, most T cells express only one productively rearranged β -chain as a result of allelic exclusion mechanisms, and knowledge of the nucleotide sequence of the β -chain is considered sufficient to identify a given antigen-experienced T-cell clone.^{42, 44, 46} The latter statement was recently confirmed in a study where 98.2% of the TCR β sequences that were detected in both tumor tissue and matched samples of peripheral blood mononuclear cells were paired with the same TCR α sequences across sample types, indicating the tumor-infiltrating T cells and peripheral blood T cells were members of the same T-cell clones.⁴² For these reasons, we decided to focus our TCR repertoire studies exclusively on sequencing the β -chain.

In recent years, technologies have made possible the paired sequencing of the α -chain and β -chain,^{42, 44, 257} which allows subsequent functional analyses of the TCRs. Single-chain sequencing of previously uncharacterized TCR repertoires renders the functional analysis of the TCRs impossible, since either the α -chain or the β -chain remains unknown. Paired sequencing methods are often technically challenging and require the use of single-sorted cells, thus are generally limited in throughput. An exception is the pairSEQ technology developed by Adaptive Technologies that uses bioinformatics to facilitate pairing of TCR α and TCR β sequences at high-throughput without the need for single cells.⁴² Nevertheless, the pairSEQ assay still requires isolated T cells as starting material, thus was not applicable in the studies included in this thesis.

Starting template: genomic DNA or messenger RNA

A dilemma during planning of these studies was whether to use gDNA or messenger RNA (mRNA). In both gDNA and mRNA sequencing strategies, the target sequences must be enriched

using polymerase chain reaction (PCR) strategies in order to efficiently sequence the enormously diverse TCR repertoire. When starting with gDNA, a multiplex PCR strategy is employed, using a mixture of different primers that together amplify every V and J gene that constitute the rearranged TCR α or TCR β sequences.^{252, 258} However, some primers amplify their targets more efficiently than others, introducing bias. Different strategies have been utilized in attempts to overcome the amplification bias within multiplexed PCR.²⁵⁸ While developing their immunoSEQ assay, Adaptive Biotechnologies utilized a complete synthetic TCR repertoire to assess and correct for PCR amplification bias within the multiplex PCR, adjusting the relative concentrations of each PCR primer.²⁵³ With this strategy, the differences in amplification efficiency were minimized, and ‘all’ residual bias is computationally removed after sequencing. In spite of this, a few PCR and sequencing errors might remain, but these are difficult to distinguish from biological variation.

Simplified PCR strategies are often employed when mRNA is the starting template due to the close proximity of the gene segments encoding the variable region and the constant region following splicing (see **Figure 7**), ultimately minimizing PCR bias.^{258, 259} However, mRNA is highly susceptible to fragmentation, and differences in the efficiency of reverse transcription (*i.e.* the conversion of mRNA to complementary DNA [cDNA]) might affect yield and introduce sequence errors prior to the PCR amplification.

When using gDNA as starting template, every non-productively rearranged TCR sequence will be sequenced along with the productively rearranged, functional TCR sequences. In contrast, only expressed TCR sequences will be sequenced if mRNA is the starting template, thus reducing the amount of data from non-productive TCR sequences. Moreover, strategies have been developed for the sequencing and analysis of full-length TCR mRNA sequences, allowing the exact identification of the V gene used by each rearranged TCR sequence.^{260, 261} In comparison, strategies using gDNA as starting template sequence only a minor portion of the V gene, and as a consequence investigators will occasionally be unable to determine which V gene was used in the rearranged TCR sequence. Another advantage of using mRNA as starting template is the possibility to sequence mRNA transcripts of additional genes at the same time. Several investigators have employed this strategy in order to simultaneously investigate the TCR and the function of single-sorted T cells.^{43, 44}

The major disadvantage of using mRNA as starting template is that information about the number of T cells in a sample is lost: a given amount of mRNA might represent a large amount of mRNA from a few cells or a small amount of mRNA from many cells. Moreover, different T cells might harbour different number of TCR transcripts.^{262, 263} In contrast, their rearranged gDNA template exists as only one copy per T cell. Thus, using gDNA as starting template enables the investigator to accurately determine the quantity of each T-cell clone: the fraction of sequencing reads that

represent a specific TCR β sequence within a sample should be directly proportional to the fraction of T cells that carry the particular TCR within the sample, *i.e.* should be directly proportional to the size of the T-cell clone.

Ultimately, we decided to use gDNA as starting template for our sequencing studies since we wanted to accurately determine the size of each T-cell clone. For future studies, strategies using mRNA as starting template should be considered if it is possible to isolate and sort single T cells prior to sequencing. This will allow for paired sequencing of full-length TCR α and TCR β sequences and subsequent functional analyses.

Sequencing depth

One additional factor for consideration was the sequencing depth to be used. Fundamentally, if a given TCR sequence is not observed, it might be because it was not present in the investigated T-cell repertoire or it might be missing from the sequencing data due to insufficient biological or technical sampling. Adaptive Biotechnologies offers several different sequencing depths in their immunoSEQ assay. We sequenced the gut and liver TCR β repertoires using survey resolution and the peripheral blood TCR β repertoires using deep resolution, as recommended by Adaptive Biotechnologies for the assessment of non-lymphoid tissues and whole blood, respectively. Sequencing at a higher sequencing depth will increase the probability of detecting sequences from naïve and low-frequent T-cell clones. Nevertheless, the estimation of relative clone frequencies is generally regarded independent of sampling depth: for every additional low-frequent clone that is detected using a higher sequencing depth, additional T cells of the higher-frequent clones are sampled and sequenced as well.

6.2.2 High-throughput TCR β sequencing

The gDNA was extracted from each tissue sample and peripheral blood sample using various kit-based protocols (Qiagen, Valencia, CA, USA) and a modified salting-out technique²⁶⁴, respectively. The gDNA was sent to Adaptive Biotechnologies, who performed library preparation, high-throughput TCR β sequencing and data processing. The immunoSEQ amplification strategy uses a two-step biased-controlled PCR assay (**Figure 19**). First, a multiplex PCR strategy targets the CDR3s using gene-specific primers with universal adapter sequences. The second PCR adds barcodes and Illumina adapters to each sequence to allow for multiplex sequencing. The immunoSEQ assay is compatible with gDNA extracted from FFPE samples.

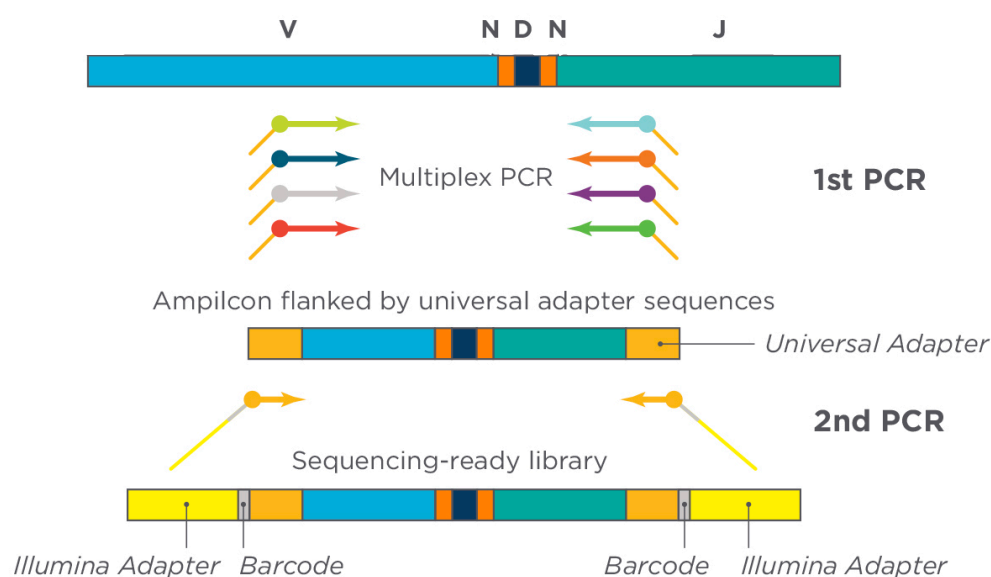


Figure 19. The immunoSEQ assay. A multiplex polymerase chain reaction (PCR) targets the complementarity-determining region 3 (CDR3) of rearranged TCR sequences. On the end of each gene-specific primer is a universal adapter sequence. The adapter sequences allow the addition of barcodes and Illumina adapters in the second PCR. Figure is reproduced and modified with permission from Adaptive Biotechnologies.

Following sequencing and initial data processing, the encoded amino acid sequence representing the CDR3 was determined for each unique TCR β nucleotide sequence, and the V β , D β and J β genes (and when possible: the alleles) were annotated. The data was further sorted to exclude any non-productively rearranged sequences (*i.e.* sequences with an out-of-frame rearrangement or a stop codon introduced in the CDR3 region). Finally, the frequency of each remaining productively rearranged TCR β unique nucleotide sequence was determined.

Adaptive Biotechnologies add barcoded synthetic templates to every sample before the PCRs. By assessing these, the amplification efficiency (also called the amplification factor) of each sample can be estimated, allowing for the assessment of the absolute number of T cells in a given sample.

6.2.3 Nomenclature and analyses of TCR β sequencing data

In this thesis, we performed data analysis using the immunoSEQ Analyzer (<http://www.adaptive-biotech.com/immunoseq/analyzer>), R statistical software environment (<https://www.r-project.org/>) and general bioinformatics strategies. Numerous bioinformatics and statistical methods and tools have been developed in recent years, aiming to maximize the information extracted from TCR sequencing data.²⁶⁵⁻²⁷⁰ However, no standard pipeline for data processing and analysis has been established yet, thus comparing results across studies is challenging.

Nomenclature

A standardized nomenclature for sequencing data is missing from the field. In paper I, we designated the productively rearranged unique TCR β nucleotide sequences as ‘productive unique sequences’ and the unique CDR3 amino acid sequences as ‘clonotypes’. However in paper II, we redesignated these sequences as ‘nucleotide clonotypes’ and ‘amino acid clonotypes’, respectively. While each nucleotide clonotype generally represents a single T-cell clone, an amino acid clonotype might represent several T-cell clones since different nucleotide clonotypes can encode the same CDR3 amino acid sequence. The nomenclature as defined in paper II will be used in the remainder of this thesis.

In paper I, we searched for amino acid clonotypes present in samples from several patients with a particular disease but absent in the TCR β sequencing data from patients with either of the two other diseases. We called such amino acid clonotypes ‘disease-associated clonotypes’.

In paper I and paper II, we designated the estimated number of T cells as ‘number of productive gene rearrangements’, as initially suggested by Adaptive Biotechnologies and their immunoSEQ Analyzer. In hindsight, a more precise nomenclature is rather ‘number of template molecules’ or simply ‘number of T cells’.

T-cell diversity

‘Clonality’ provides a measurement of T-cell diversity that is strictly a function of the spectrum of T-cell clone frequencies in a sample, independent of sampling depth. In a purely diverse T-cell repertoire – with an even distribution of T-cell clones – the clonality score will be 0. In contrast, a clonality score of 1 indicates a monoclonal T-cell repertoire.

In paper I, we further described T-cell diversity by calculating the number of nucleotide clonotypes relative to the number of sequencing reads. Although we normalized by dividing by the total number of (productive) sequencing reads retrieved for each sample, we have later learned that this assessment might be biased by differences in PCR amplification across samples. ‘Richness’, calculated as the number of nucleotide clonotypes relative to the number of productive gene

rearrangements, might be a better measurement of T-cell diversity since it takes into account the amplification factor of each sample as permitted by the immunoSEQ assay, thus indicating the true clone-to-cell ratio.

We further investigated the clonal distribution of T cells by assessing the cumulative percentages of the 100 most abundant nucleotide clonotypes in each sample, the cumulative percentage distributions of nucleotide clonotypes at various frequencies and the frequency distributions of the nucleotide clonotypes from various diseases and tissues.

Clonotype overlap

In paper I, we investigated whether liver TCR β repertoires are shared between different diseased individuals by assessing the overlap in amino acid clonotypes. In paper II, we investigated whether T-cell clones are shared between paired gut and liver tissue (within the same individual), and therefore assessed the overlap in nucleotide clonotypes. In both papers, we used an index reporting the proportion of clonotypes that are shared between the two investigated TCR β repertoires. We further calculated two related overlap indices in paper II: the Jaccard index and the overlap coefficient (also known as the Szymkiewicz-Simpson coefficient).

As described in section 4.2.4, naïve T cells can be retained and activated within the liver.^{98, 99} Accumulating evidence indicate naïve T cells also migrate through other non-lymphoid tissues, such as the gut mucosa.²⁷¹⁻²⁷³ Naïve T cells can share the same TCR β nucleotide clonotype but carry different TCR α nucleotide clonotypes (see **Figure 8**).⁴⁶ However, in the antigen-experienced T-cell repertoire, the TCR β nucleotide clonotypes are generally unique to each T-cell clone.^{42, 46} It is therefore of importance to omit data from naïve T cells to ensure that detecting the same nucleotide clonotype across tissues indicates T cells of common clonal origin are present in both tissues, and not the presence of naïve T cells with shared TCR β -chain. As sorting of antigen-experienced T cells prior to TCR β sequencing was impossible in our studies, we decided to set a frequency cut-off when assessing clonotype overlap in paper II in order to exclude data from the least expanded T cells, assuming that naïve T cells were among them. It has been shown that naïve T cells are present in PSC-IBD affected tissues: naïve T cells constitute approximately 30% of the gut T cells of newly diagnosed IBD patients²⁷⁴ and about 10-20% of the liver T cells in patients with PSC (Liaskou E, unpublished data). Following assessment of the cumulative percentage distribution of nucleotide clonotypes detected at various frequencies, we chose 0.01% as the cut-off for our overlap analysis, hence including the clonotypes of the 63.6% and 60.2% most expanded T cells in the liver and gut samples, respectively. We designated the clonotypes at frequencies higher than 0.01% as ‘memory TCR β repertoire’ to emphasize that clonotypes from naïve T cells were not likely present in this fraction. In hindsight, ‘expanded TCR β repertoire’ would have been a more accurate term. Among the sequencing reads representing a single clonotype, there might be data

from both effector and memory T cells that originated from the same naïve T cell. Moreover, choosing this rather strict cut-off, we possibly excluded clonotypes originating from the many unexpanded memory T-cell clones.²⁷⁵

An important source of error in our studies is the possible presence of peripheral blood T cells in explanted or resected liver tissue and in gut tissue samples due to remaining blood residues in tissues after sampling. In an attempt to avoid ‘contaminating’ data from such circulating T cells when investigating the overlap of clonotypes in paired PSC-IBD affected tissues, we decided to further exclude any liver or gut nucleotide clonotype in paper II that was observed at frequencies higher than 0.01% in the matched blood sample. Unfortunately, we did not have access to matched peripheral blood samples of the colon cancer patients, nor did we have TCR β sequencing data from matched blood samples of patients included in paper I.

Overlap analyses are highly sensitive to differences in sample size. In fact, the degree of observed overlap has been shown to be directly related to the sequencing depth.²⁷⁶ In paper I, fewer nucleotide clonotypes were observed in the TCR β sequencing data from ALD samples compared to PSC and PBC samples, yet the average number of sequencing reads retrieved were similar across diseases. In paper II, substantially fewer sequencing reads were retrieved from samples of colon cancer patients compared to samples of PSC-IBD patients (the use of gDNA extracted from FFPE tissue and the fact that fewer number of T cells infiltrate non-diseased tissue might partly explain this). We therefore normalized by downsampling the PSC-IBD affected tissue samples and the tumour-adjacent normal tissue samples to the same number of sequencing reads. Following exclusion of five colon cancer patients due to low read count (less than 10,000 reads) of their gut or liver sample, 20,264 reads (which is the size of the smallest remaining sample) were randomly picked from the total repertoire of each PSC-IBD affected tissue sample and remaining tumour-adjacent normal tissue sample. Despite having the same number of sequencing reads in each tissue sample, approximately ten times as many nucleotide clonotypes were identified in PSC-IBD affected tissue samples compared to tumour-adjacent normal tissue samples. Therefore, we further normalized by assessing the overlap only amongst the 100 most abundant nucleotide clonotypes from each sample. We decided to repeat the downsampling procedure and overlap measurements for a total of five times.

Downsampling to the same number of sequencing reads is a well-known strategy for normalization.²⁷⁷ However, PCR amplification efficiencies might differ between samples. Hence, normalization by same number of sequencing reads in each sample might not necessarily reflect that data from the same number of T cells are analysed from each sample, and might therefore not fully resolve the issue of different sample sizes. In future studies, downsampling to the same

number of productive gene rearrangements could be considered as an alternative normalization strategy, provided that TCR sequencing is performed using the immunoSEQ assay.

V and J gene usage

Finally, we reported the relative frequency of each V β and J β gene used by various nucleotide clonotypes (*i.e.* T-cell clones). Using this strategy, the frequency of each nucleotide clonotype is ignored, so a skewed (also called biased) usage of certain V β or J β genes would indicate that a skewed number of T-cell clones carry TCRs encoded by that/those gene(s). An alternative and complimentary strategy would have been to report the frequency of each V β and J β gene on the T-cell level (*i.e.* sequencing reads), thus taking into account the differences in clonal size. Using the latter strategy, a biased usage of V β or J β genes in the T-cell repertoire could indicate clonal expansion.

6.2.4 Statistical methods used in paper I and paper II

For normally distributed data in paper I, we used one-way analysis of variance (ANOVA) and two-way ANOVA to compare the three disease groups. In paper II, we compared the clonality scores of the three sample types from PSC-IBD patients and the tumor-adjacent normal tissue samples using the non-parametric Mann-Whitney U test (also called the Wilcoxon rank-sum test).

While investigating whether there were any differences in clonal V β and J β gene usage across tissues and between PSC patients and (disease) controls, we compared the frequency of each V β and J β gene using the Mann-Whitney U test. We used the non-parametric Wilcoxon signed rank test for related samples when investigating whether the overlapping gut-liver clonotypes had a different V β and J β gene usage compared to the nucleotide clonotypes that were found uniquely in either the gut or the liver sample. In paper I, we did not correct for multiple testing, hence there is an increased risk of type I error (*i.e.* 'false positive' findings). In paper II, we adjusted the p values for the number of V β and J β genes tested using Benjamini-Hochberg false discovery rate-controlling procedure to reduce the risk of type I error. A p-value less than 0.05 was regarded as statistically significant.

In paper I, we further investigated the V/J gene usage of various sets of nucleotide clonotypes by performing a principal component analysis (PCA) using the 'tcR' package in R.²⁶⁸ We have later learned that the method that is available in the 'tcR' package is highly sensitive to differences in the total number of nucleotide clonotypes. When investigating the V/J gene usage of 'all clonotypes', different numbers of nucleotide clonotypes had been retrieved from the samples. The PCAs of the V/J gene usage of the 500 and 1000 most abundant clonotypes likely represent true differences in clonal V β and J β gene usage.

6.3 HLA typing and analyses

6.3.1 Sequencing approaches

Sanger sequencing

The current gold standard in HLA typing is Sanger sequencing, and the minimum requirement is sequencing the exons that encode the peptide-binding groove, *i.e.* exon 2 and 3 of HLA class I genes and exon 2 of HLA class II genes⁵³ (**Figure 20**). In paper I, HLA typing was partly performed by collaborators using Sanger sequencing protocols: following amplification of exon 2 and 3 of *HLA-B* and *HLA-DRB1*, the amplicons were sequenced and the possible HLA allele combinations were assigned using AssignSBT software (Conexio Genomics, Fremantle, Australia) that compared sequencing results with the IMGT/HLA reference database.⁵³ Using Sanger technology, amplicons derived from the maternally- and the paternally-inherited chromosomes are sequenced simultaneously and a single consensus sequence is generated. If the genotyped individual is heterozygous for a particular HLA gene (*i.e.* has two different alleles of the particular HLA gene), the polymorphic position(s) within the sequence will appear on the chromatogram as two peaks of different colors at a single nucleotide position, as shown in **Figure 21**. Sometimes, it is impossible to decipher which were the two alleles as two or more different allele combinations could produce identical consensus sequences; this is known as ambiguous allele combinations.²⁷⁸ There are different approaches to deal with ambiguities, *e.g.* consecutive rounds of sequencing using allele-specific primers, down-scale results to two-digit (one-field) resolution, or select the most probable allele combination based on how frequent these alleles are in the ethnic group matching the study population. However, the latter approach might lead to underestimation of rare HLA alleles and is generally not applicable when assigning the alleles of individuals of admixed or unknown genetic ancestry, as was the case in paper III.

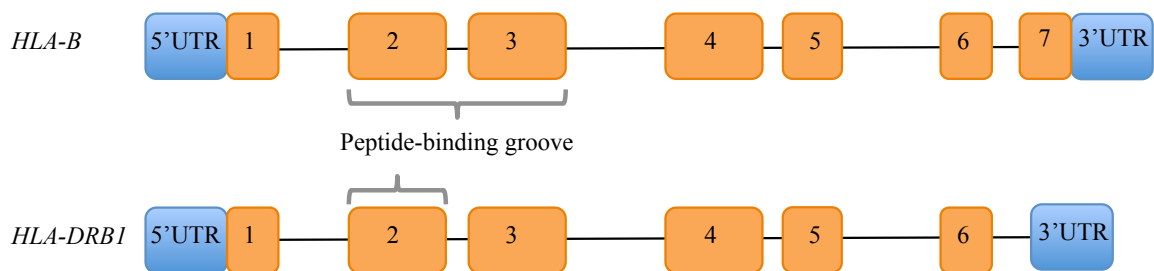


Figure 20. Schematic structure of *HLA-B* and *HLA-DRB1*. Schematic representation of the *HLA-B* and *HLA-DRB1* genes, which encode the α -chain of a human leukocyte antigen (HLA) class I molecule and the β -chain of a HLA class II molecule, respectively. The peptide-binding groove of HLA molecules are encoded by exon 2 and 3 of HLA class I genes (*e.g.* *HLA-B*) and exon 2 of HLA class II genes (*e.g.* *HLA-DRB1*). Abbreviation: UTR: untranslated region.

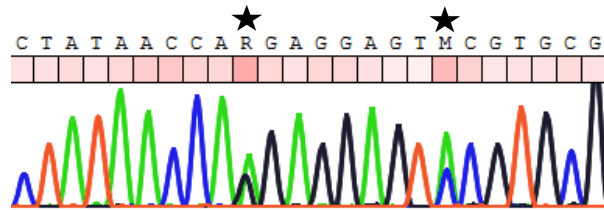


Figure 21. Sanger sequencing chromatogram. Using Sanger technology, the maternally- and the paternally-inherited chromosomes are sequenced simultaneously, generating a single consensus sequence. If the genotyped individual has two different alleles, the nucleotides that differ between the alleles will appear on the chromatogram as two peaks of different colors at a single nucleotide position. In this figure, a star points to the polymorphic positions (also known as heterozygous positions): R denotes an adenine (A) and guanine (G); M denotes an A and cytosine (C). The alleles could be either –A–A– and –G–C– or –A–C– and –G–A–.

High-throughput sequencing

In high-throughput sequencing technologies, the maternally-inherited chromosome and the paternally-inherited chromosome produce separate sequencing reads. This enables phasing of the polymorphic positions (*i.e.* deducing which nucleotides belong to the same allele), hence reducing the number of ambiguities. Two approaches for high-throughput HLA sequencing have been used in this thesis: a PCR-based method developed by GenDx (Utrecht, the Netherlands) was employed on the samples that failed Sanger sequencing in paper I as well as on samples from patients with PSC-IBD in paper II, whereas in paper III, collaborators carried out a capture-based method²⁷⁹. The PCR-based method utilized a long-range PCR to enrich the HLA genes of interest. For the enrichment of *HLA-B*, the whole gene was amplified. For the enrichment of the *HLA-DRB1* gene, exon 2–exon 4 (including introns) were amplified. The capture-based method involved the targeted enrichment of HLA genes using sequence-specific biotinylated RNA probes.²⁷⁹ The probes were hybridized to the DNA library and collected using streptavidin magnetic beads and a magnet. In both approaches, HLA-typing software programs aligned sequencing reads to known allele sequences that are present in the IMGT/HLA reference database,⁵³ and the best matching alleles were selected using various alignment statistics.²⁷⁹ Several alleles were annotated at full resolution (eight-digit), yet we chose to report the alleles at four-digit (two-field) resolution for subsequent analyses since the first four digits of an HLA allele name specify the amino acid sequence (see **Figure 11**).⁵⁵ Higher resolution of alleles will generally reduce the statistical power of a study.

With the advent of high-throughput sequencing technologies, the number of known HLA alleles has increased vastly (16,251 alleles reported in the IMGT/HLA reference database as of December 2016,⁵³ compared to approximately 1250 alleles known in 2001²⁸⁰) and the number is still increasing. In fact, the technology surpasses the IMGT/HLA reference database and for many alleles, the intron sequence and sequences of exons other than exon 2 and 3 are still missing in the reference database.⁵³

6.3.2 Post-genotyping quality control

In order to ensure high quality data sets, it is important to perform a quality control of genotype data. Genotyping success rate might be influenced by several factors, such as DNA quality and appropriate probe and primer design.²⁸¹ The HLA typing success rate in paper III, excluding samples with unsuccessful genotyping results, was $\geq 98.9\%$ for all HLA genes.

6.3.3 Analyses of HLA data

The terms ‘haplotype’ and ‘LD’ were introduced in section 4.1.3. In paper III, HLA haplotypes were predicted using the software PHASE v2.1.1.²⁸²⁻²⁸⁴ A number of factors influence the accuracy of computational haplotype phasing, such as sample size and allele frequency.²⁸⁵ Increasing the sample size will improve the haplotype phasing accuracy. An allele must be observed several times within its haplotype context in order for the software to confidently phase the haplotypes. As a result, rare alleles are inherently difficult to phase computationally.

In paper III, LD between pairs of HLA alleles were estimated using the software Unphased v.3.0.10.²⁸⁶ The two most common measures of LD is D' and r^2 , with absolute values between 0 and 1.⁵⁶ Consider two loci on the same chromosome with alleles A/a and B/b, respectively. A value of $D'=1$ states that either allele A or allele B always occur on the same haplotype as the other, *e.g.* that the haplotypes detected in the population are AB, aB and ab (not Ab). In contrast to D' , the measure of r^2 takes into account the individual allele frequencies. A value of $r^2=1$ denotes that the alleles A and B always occur together on the same chromosome, *i.e.* that allele A and allele B have the same allele frequencies and the only observed haplotypes are *e.g.* AB and ab. In the example above (with the observed haplotypes AB, aB and ab), allele B is more frequent than allele A and the value of r^2 will be <1 . Hence, the value of r^2 indicates to what extent an allele can predict the presence of the other. In contrast, the relative magnitude of $D'<1$ has no clear interpretation and is difficult to compare between samples. For these reasons, r^2 was reported in paper III.

7 MAIN RESULTS

Paper I: High-throughput T-cell receptor sequencing across chronic liver diseases reveals distinct disease-associated repertoires

In this study, we aimed to characterize the liver T-cell repertoire of patients with PSC using high-throughput TCR β sequencing. We further sought to assess whether disease-associated TCR β sequences are evident in the explanted livers of these patients, with patients with PBC and patients with ALD as disease controls. Liver tissue from patients with PSC had on average a higher number of unique TCR β nucleotide sequences (*i.e.* nucleotide clonotypes) relative to the total number of sequencing reads (2.53%) compared to liver tissue from patients with PBC (1.13%, $p < 0.0001$) and ALD (0.62%, $p < 0.0001$). On average, PSC samples had a clonality score of 0.134, whereas PBC and ALD samples had clonality scores of 0.153 and 0.146, respectively. The 100 most abundant nucleotide clonotypes constituted on average 25.3% of the TCR β repertoire in PSC, 29.1% of the TCR β repertoire in PBC and 31.6% of the TCR β repertoire in ALD. We detected an average overlap of 0.85% amino acid sequences (*i.e.* amino acid clonotypes) between any two PSC samples, which was significantly higher than the average clonotype overlap detected between any two PBC samples (0.77%, $p = 0.024$) and any two ALD samples (0.40%, $p < 0.0001$). There was also greater sharing of TCR β repertoires between any two PSC and PBC samples (0.72%) than between either of them with ALD samples (between PSC and ALD: 0.50%, $p < 0.0001$; between PBC and ALD: 0.48%, $p < 0.0001$). We identified eight amino acid clonotypes that were common between the liver TCR β repertoire of at least 30% of patients with PSC but absent from the liver TCR β repertoires of patients with PBC or ALD. We further identified 42 amino acid clonotypes that were common between the liver TCR β repertoire of at least 30% of patients with PBC but were not detected in the liver TCR β repertoires of patients with PSC or ALD, and eight amino acid clonotypes that were common between the liver TCR β repertoire of at least 30% of patients with ALD but were not detected in the liver TCR β repertoires of patients with PSC or PBC. Within the TCR β repertoire of some patients, multiple nucleotide clonotypes encoded the same disease-associated amino acid clonotype. In conclusion, our findings suggest a diverse, polyclonal T-cell repertoire infiltrating the livers of patients with PSC. We identified between eight and 42 potential disease-associated amino acid clonotypes in every disease investigated, with evidence of antigen-driven clonal expansions.

**Paper II: Gut and liver T-cells of common clonal origin
in primary sclerosing cholangitis-inflammatory bowel disease.**

The aim of this study was to investigate whether T cells that infiltrate the gut and the liver of patients with PSC-IBD carry the same TCRs (*i.e.* are clonally related), and further assess whether clonally related T cells are present in paired tumor-adjacent normal gut and liver tissue sampled from patients with colon cancer and liver metastasis. An average of 9.7% (range: 4.7–19.9%) of the nucleotide clonotypes were shared between the paired gut and liver ‘memory’ TCR β repertoires of PSC-IBD patients. T cells carrying overlapping gut-liver clonotypes constituted about 15% of the liver and gut ‘memory’ T cells. A significantly higher clonotype overlap was observed between paired PSC-IBD affected samples compared to paired tumor-adjacent normal gut and liver samples after downsampling to the same number of sequencing reads (8.7% versus 3.6%, $p=0.0007$) and further when assessing only the 100 most abundant nucleotide clonotypes in each sample (16.6% versus 3.8%, $p=0.0117$). In summary, we provide the first human-based evidence of gut and liver T cells of common clonal origin. Our data indicate that a high proportion of the memory T cell repertoire in the gut and liver of PSC-IBD patients is capable of recognizing the same or structurally related antigen(s). Our data further suggest this is related to PSC-IBD pathogenesis.

**Paper III: HLA haplotypes in primary sclerosing cholangitis patients
of admixed and non-European ancestry.**

In this study, we sought to investigate to what extent studying non-European or admixed populations might aid in identifying the causative HLA alleles in PSC. We focused our assessment on the three PSC-associated haplotypes that carry the risk alleles HLA-DRB1*13:01 and HLA-DRB1*03:01 and the protective HLA-DRB1*04 alleles. Thirty-five percent of the HLA-DRB1*13:01 haplotypes in the admixed/non-European study population did not carry the HLA-DQB1*06:03 allele. In comparison, every HLA-DRB1*13:01 haplotype in the Scandinavian study population carried this allele. The LD between HLA-B*08:01 and HLA-DRB1*03:01 alleles was weak in the admixed/non-European study population ($r^2=0.17$) compared to the previously described Scandinavian PSC population ($r^2=0.65$). On the other hand, every HLA-DRB1*03:01 haplotype carried the HLA-DQB1*02:01 allele, irrespective of ancestry. Every HLA-DRB1*04:01 and HLA-DRB1*04:04 haplotype in the admixed/non-European study population carried the HLA-DQB1*03:01 and HLA-DQB1*03:02 alleles, respectively. These findings suggest that studying admixed or multi-ethnic populations could help in pinpointing the allele responsible for the HLA-DRB1*13:01-DQA1*01:03-DQB1*06:03 association in PSC, and in fine mapping the AH8.1 association to the HLA class I and/or HLA class II region.

8 GENERAL DISCUSSION

8.1 The PSC T-cell repertoire

In PSC, the majority of liver-infiltrating lymphocytes are T cells that are localized to portal triads in proximity to bile ducts (see **Figure 16**).^{5,6} In paper I, we observed a diverse, polyclonal repertoire of T cells in the PSC-affected liver tissue. This contrasts a study that suggests the presence of oligoclonal T-cell repertoires in PSC livers.²⁸⁷ The previous study was constrained by a limited number and limited specificities of monoclonal anti-TRBV antibodies used in immunohistochemistry, and therefore likely assessed only a fraction of the complete T-cell repertoire.

As briefly discussed in section 6.1.1, it is impossible to determine whether polyclonality is also representative of early inflammatory responses in PSC. We analyzed the T-cell repertoires of explanted liver tissue, thus secondary insults might contribute to the observed polyclonality in our studies. In a study characterizing the synovial T-cell repertoires of patients with RA, investigators observed an oligoclonal T-cell repertoire in early RA, dominated by a few highly expanded T-cell clones.²⁴⁰ However, in the T-cell repertoires of patients with established RA, a more even distribution of T-cell clones was observed. This supports the hypothesized autoimmune mechanism called ‘epitope spreading’, in which chronic inflammation leads to the emergence of new self-epitopes that can trigger additional self-reactive T-cell clones.²⁸⁸ In line with this, oligoclonality rather than polyclonality could potentially characterize the initial T-cell response in PSC.

The immune response towards a specific peptide can include sets of T-cell clones sharing identical or highly similar TCRs.²⁸⁹ Most antigen-specific T-cell responses involve TCR repertoires that are distinct between individuals. Other antigen-specific T-cell responses comprise TCRs that are shared between multiple individuals; this is known as ‘public’ T-cell responses. Several mechanisms have been proposed in the establishment of public T-cell responses, including convergent recombination, HLA-restricted selection in thymus and antigen-driven selection. Formerly believed to be a rare phenomenon, public T cells are now frequently being observed in various TCR studies. In paper I, we reported that any two patients with PSC shared on average 0.85% of their liver amino acid clonotypes. Due to the redundancy of the genetic code, different nucleotide clonotypes could encode the same amino acid clonotype across patients. We further reported an average overlap of 0.72% of amino acid clonotypes between any two PSC and PBC patients, which was significantly higher than the sharing detected between either of these patients and ALD patients. Whether this indicates the presence of shared antigens in response to or driving bile duct injury, or simply reflects the higher number of amino acid clonotypes detected in samples from patients with PSC and PBC compared to patients with ALD, could only be speculated.

8.1.1 PSC-associated T-cell clonotypes

In paper I, we identified eight amino acid clonotypes that were detected in the liver TCR β repertoires of several British PSC patients but not in the liver TCR β repertoires of patients with PBC or ALD (**Table 3**). In paper II, we further observed the PSC-associated amino acid clonotypes in the liver, gut and blood TCR β repertoires of Norwegian PSC-IBD patients. Within the TCR β repertoire of some patients, multiple different nucleotide clonotypes encoded the same disease-associated amino acid clonotype, thus indicating antigen-driven selection of T-cell clones with the PSC-associated amino acid clonotypes.

Table 3. Primary sclerosing cholangitis (PSC)-associated amino acid clonotypes. The table shows the number of samples in which each of the PSC-associated amino acid clonotypes was observed in paper I and paper II.

PSC-associated amino acid clonotypes	Number of British PSC	Number of Norwegian PSC-IBD			Number of normal	
	liver samples, n=20	liver samples, n=10	gut samples, n=10	blood samples, n=10	liver samples, n=10	gut samples, n=10
CASSDTSGGADTQYF	6	1	0	2	1	0
CASSELAGGPETQYF	6	1	4	3	0	0
CASSEYSNQPQHF	7	1	1	3	0	0
CASSFTGTDYQYF	6	0	1	3	0	0
CASSGTSGGADTQYF	6	3	1	2	0	0
CASSLGSGANVLTG	7	5	2	9	0	1
CASSPGQGEQYQYF	8	2	1	3	1	0
CASSPPSYEQYF	6	1	2	8	0	0

Our findings could possibly reflect the presence of disease-specific pathogenic T cells in the livers of patients with PSC. However, the absence of the eight PSC-associated amino acid clonotypes in PBC or ALD liver samples could also be explained by insufficient biological or technical sampling or by power constraints, thus should be validated in larger cohorts. In paper II, we further detected two of the PSC-associated amino acid clonotypes in tumor-adjacent normal liver tissue sampled from a British colon cancer patient. This might suggest only a few (or possibly none) of the eight PSC-associated amino acid clonotypes are truly unique for PSC-affected liver tissue. Alternatively, the amino acid clonotypes might be enriched in (rather than unique to) PSC-affected liver tissue compared to the livers of healthy individuals or disease controls, which would reflect the presence of disease-related T cells.

Two of the PSC-associated amino acid clonotypes differ only by a single amino acid: CASSDTSGGADTQYF and CASSGTSGGADTQYF. It could be speculated that the T cells expressing either of these recognize the same antigenic peptide(s). In line with this, studies in celiac disease have identified several T cells that express a shared motif in their CDR β amino acid clonotype amongst the T cells that are reactive against one specific gluten peptide.^{290, 291} Studies

have further revealed that T-cell responses towards dietary gluten peptides are typically dominated by a few clonally expanded T-cell clones with preferred pairing and usage of certain TRAV and TRBV genes across patients, yet also comprise T cells carrying highly diverse amino acid clonotypes.²⁹⁰⁻²⁹³ Hence, it is possible that the remaining PSC-associated amino acid clonotypes also recognize the same antigenic peptide(s). Alternatively, they might recognize different peptides derived from the same antigen.

8.1.2 Gut and liver T cells of common clonal origin

In paper II, our data indicated that gut and liver T cells of common clonal origin are present in patients with concurrent PSC and IBD: approximately 10% of the nucleotide clonotypes (*i.e.* the T-cell clones) were shared between the gut and liver ‘memory’ TCR β repertoires of PSC-IBD patients. The clonotype overlap detected in paired PSC-IBD affected gut and liver tissue was significantly higher than the clonotype overlap detected in paired tumor-adjacent normal gut and liver tissue, as illustrated in **Figure 22**. This suggests that our findings are related to PSC pathogenesis.

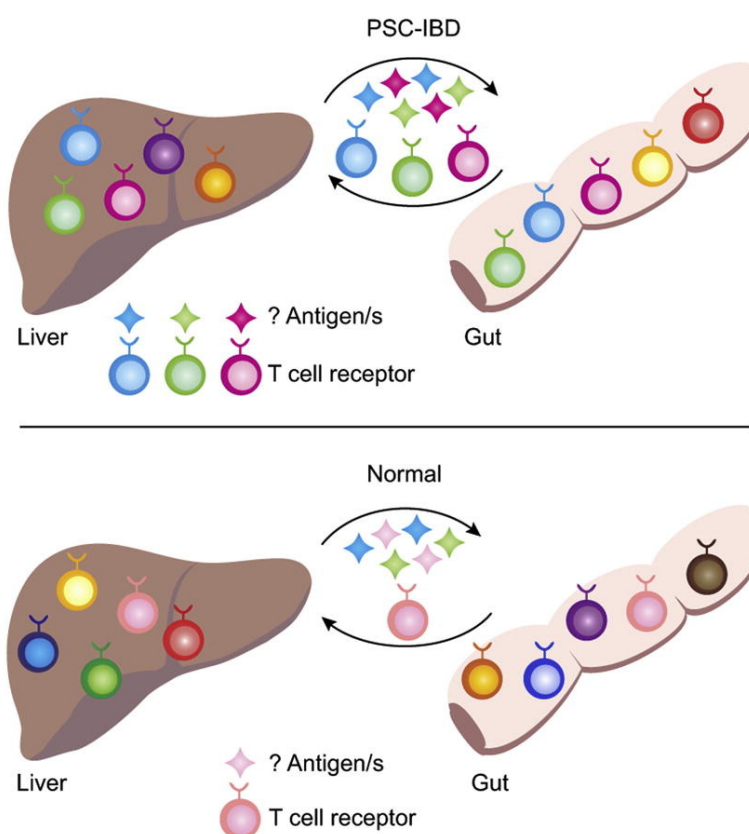


Figure 22. Gut and liver T cells of common clonal origin. Figure illustrates findings in paper II: for the first time it was demonstrated that a proportion of T cells in the human gut and liver originates from the same naïve T-cell clones, hence are able to recognize the same and/or structurally similar antigenic triggers. This proportion is particularly high in patients with concurrent primary sclerosing cholangitis (PSC) and inflammatory bowel disease (IBD). Reprinted from Henriksen *et al.*, *Journal of Hepatology* copyright (2017),²⁹⁴ with permission from Elsevier.

Our data are compatible with the proposed ‘gut lymphocyte homing’ hypothesis, in which an enterohepatic migration of T cells contributes to the pathogenesis of PSC.⁹² These findings support efforts to therapeutically target T-cell recruitment in patients with PSC. Vedolizumab is a monoclonal antibody that targets the $\alpha 4\beta 7$ integrin. Vedolizumab is now licensed for the treatment of IBD,^{295, 296} and a phase III clinical trial investigating its effect in PSC is currently ongoing (ClinicalTrials.gov identifier NCT03035058).

In our study, we are unable to confirm whether the clonally related T cells were initially activated in the gut or elsewhere (*e.g.* the liver), as this would have required the sampling of tissues at multiple time points, ideally tracking T-cell clonotypes before onset of disease (which is clearly impossible). As described in section 4.3.5, several lines of evidence strongly support a migration of gut-derived T cells to the liver: an aberrant expression of the gut-specific molecules MAdCAM-1 and CCL25 and the presence of $\alpha 4\beta 7^+ \text{CCR}9^+$ effector memory T cells has been detected in the inflamed livers of patients with PSC.²¹⁵⁻²¹⁷ In further agreement, studies in mice show that $\text{CD}8^+$ T cells primed in the GALT can migrate to the liver and cause cholangitis when recognizing the same antigen on bile ducts.^{218, 297} Murine $\text{CD}8^+$ T cells that are primed in the liver, on the other hand, are incapable of migrating to the gut.²⁹⁷ Conversely, a study reported that murine LSECs are able to induce expression of $\alpha 4\beta 7$ and CCR9 on $\text{CD}4^+$ T cells *in vitro* in a retinoic acid-dependent manner,²⁹⁸ hence supporting migration of liver-derived $\text{CD}4^+$ T cells to the gut. The intestinal expression of VAP-1 is greatly increased in patients with IBD,²¹⁹ suggesting liver-derived lymphocytes can further enter the inflamed gut by using VAP-1.

Importantly, we do not provide any evidence in paper II that T cells actually migrate between the gut and the liver. The human naïve T-cell pool can persist for decades due to peripheral homeostatic proliferation, generating naïve T-cell clones that each comprise a small number of identical naïve T cells.^{256, 299} Hence, the shared gut and liver T-cell repertoire could rather be the result of shared naïve T-cell clones and (structurally similar) antigens occurring at both sites, leading to activation and expansion of the same naïve T-cell clones in the gut and the liver.

The presence of tissue-specific antigens (perhaps a result of epitope spreading) might explain why the remaining nucleotide clonotypes were uniquely detected in either the gut or liver tissue samples. As emphasized earlier, insufficient biological or technical sampling might also explain the absence of a clonotype from sequenced TCR β repertoires. It is inherently challenging to identify overlapping clonotypes due to the patchy nature of PSC and the use of relatively small tissue samples. In preparation for the study that was described in paper II, we sequenced the gut TCR β repertoires of two PSC-IBD patients to ensure a considerable number of T-cell clonotypes could be detected in the gDNA extracted from tiny colonic biopsies (1-5mg). Additional colonic biopsies

sampled from the two PSC-IBD patients were later included when sequencing for the main study. We used the immunoSEQ assay for sequencing the TCR β chain in both the pilot study and the main study. When assessing the overlap of nucleotide clonotypes between the pilot and main study gut TCR β repertoire for the two patients, we observed an overlap of 17% and 19% nucleotide clonotypes, respectively (data not published). When further assessing the overlap amongst only the 100 most abundant nucleotide clonotypes in each sample, we observed an overlap of 57% and 67% nucleotide clonotypes, respectively (data not published). This suggests sampling variability is substantial, however less considerable for the most abundant nucleotide clonotypes than for the low-frequent nucleotide clonotypes. It can therefore be speculated that the true overlap of nucleotide clonotypes (*i.e.* of T-cell clones) between the gut and the liver of a patient with PSC might be even greater than we reported in paper II.

8.1.3 T-cell subsets

Both CD4⁺ and CD8⁺ T cells infiltrate the PSC-affected livers; the CD4/CD8 ratio is 1:1.4.⁶ An impaired CD4⁺ T cell homeostasis has been reported in patients with PSC, with reduced Treg numbers and the presence of the pro-inflammatory Th17 cells in PSC-affected liver tissue.^{227, 300} An accumulation of $\alpha 4\beta 7^+ \text{CCR}9^+$ effector memory T cells and pro-inflammatory CD28⁻ T cells in PSC-affected livers has also been reported.^{6, 215}

In our studies, we were unable to sort various T-cell subsets prior to TCR β sequencing, hence the phenotype(s) and function(s) of the sequenced T cells are unknown. Sorting and sequencing separate T-cell subsets might have been informative, as we could have determined whether liver-infiltrating T cells that co-express $\alpha 4\beta 7$ and CCR9 carry overlapping nucleotide clonotypes. However, it has been reported murine LSECs can promote expression of $\alpha 4\beta 7$ and CCR9 on CD4⁺ T cells,²⁹⁸ thus it would have been impossible to confirm that the clonally related gut and liver T cells were initially activated in the gut.

The T cells that are described in paper I and paper II could be any type of $\alpha\beta$ T cell, including conventional CD4⁺ and CD8⁺ T cells, Tregs or even unconventional $\alpha\beta$ T cells such as MAIT cells and iNKT cells. The TCRs of MAIT cells and iNKT cells primarily use TRBV6 or TRBV20³⁰¹ and TRBV25³⁰², respectively. Yet, these V β genes can also be used by the TCRs of other T cells.³⁰¹ Hence, knowledge of the V β gene only is not sufficient to identify the unconventional T cells. It has been repeatedly shown that T cells originating from the same naïve T-cell clone can have diverse phenotypes and functions (known as the ‘one cell, multiple fates’ principle).^{43, 254, 303-305} Thus, there might be *e.g.* both Th1 and Th17 cells amongst the T cells carrying identical TCRs.

8.2 The unknown antigen(s) in PSC

Our findings in paper II suggest that the PSC-IBD affected gut and liver tissue share a substantial number of antigen-experienced T-cell clones, thus indicate that the same or structurally similar antigenic trigger(s) are present in the gut and the liver of patients with concurrent PSC and IBD. This strongly supports the notion that exogenous antigen(s) from the gut might trigger T-cell responses in PSC. Viral or bacterial antigen(s) or possibly dietary antigen(s) could break peripheral T-cell tolerance and trigger autoimmunity in PSC by priming self-reactive T cells through cross-recognition (as explained in section 4.1.4). Alternatively, pathogenic CD4⁺ T cells that are not self-reactive but rather reactive against an exogenous antigen could stimulate the production of autoantibodies by promoting proliferation and differentiation of self-reactive B cells, as seen in celiac disease⁷⁴. In this disease, a continuous exposure to dietary gluten is required for disease progression. If a similar pathogenic mechanism is evident in PSC, this could explain why immunosuppressant drugs appear to not have an effect in PSC. Elimination of the exogenous antigen might then cure the disease in patients with PSC, as seen in patients with celiac disease.

The strong association with IBD and the fact that patients that undergo colon removal at the same time or before liver transplantation have less chance of developing recurrent PSC^{142, 144} give further support for the notion of an exogenous trigger in PSC. Studies have in recent years reported the presence of an altered composition of the gut microbiota in patients with PSC, characterized by a reduced diversity and alterations of several bacterial taxa.³⁰⁶ Whether this finding is relevant for the pathogenesis in PSC is currently unknown.

It is reasonable to presume that the antigenic trigger(s) of the T-cell response in PSC resides within the spectrum of peptides that is presented by PSC-associated HLA molecules, as seen in celiac disease⁷⁸. Hence, defining the ligand characteristics of causative HLA alleles could potentially contribute with relevant information for research aimed at identifying the antigenic trigger(s) in PSC. However, it has not yet been possible to pinpoint the alleles responsible for the HLA association in PSC with certainty because of the high degree of LD extending across large parts of the HLA complex.

8.3 How to identify the causative HLA gene(s) and alleles in PSC

Our findings in paper III suggest that studying further the PSC-associated HLA-DRB1*13:01-DQA1*01:03-DQB1*06:03 haplotype in admixed or multi-ethnic populations of PSC patients and ethnicity-matched healthy controls could aid in defining the causative HLA allele of this haplotype. About one-third of the HLA-DRB1*13:01 haplotypes in the admixed/non-European study population did not carry the HLA-DQB1*06:03 allele. This finding was not unexpected, as we had included several patients of African origin and both HLA-DRB1*13:01-DQB1*06:03 and HLA-DRB1*13:01-DQB1*05:01 are reported common haplotypes in African Americans.³⁰⁷ Amongst the nine HLA-DRB1*13:01 haplotypes carrying non-DQB1*06:03 alleles in the admixed/non-European study population, three did indeed carry the HLA-DQB1*05:01 allele. In contrast, every HLA-DRB1*13:01 haplotype in the Scandinavian study population carried the HLA-DQB1*06:03 allele, hence illustrating the difficulty in defining the causative HLA gene in this population.

Our findings further suggest that studying admixed or multi-ethnic populations could aid in pinpointing the AH8.1 association in PSC to the HLA class I and/or class II region as we measured a very weak LD between HLA-B*08:01 and HLA-DRB1*03:01 in the admixed/non-European study population compared to the previously described Scandinavian PSC population²⁵¹. However, pinpointing the potential causative allele within the HLA class II region might remain a challenge as every HLA-DRB1*03:01 haplotype carried the HLA-DQB1*02:01 allele, irrespective of ancestry.

The HLA-DRB1*04:01 and HLA-DRB1*04:04 alleles were rarely observed in the admixed/non-European study population. This is not unexpected given their overall low frequency in non-European populations^{57, 58} and further their suspected protective role in PSC¹⁸⁶. In the admixed/non-European study population, every HLA-DRB1*04:01 and HLA-DRB1*04:04 haplotype carried the HLA-DQB1*03:01 and HLA-DQB1*03:02 alleles, respectively. This suggests that studying admixed or multi-ethnic populations might not aid in defining the causative allele in the protective HLA-DRB1*04-DQA1*03-DQB1*03 haplotype.

Taken together, our data support the further assessments of certain PSC-associated HLA haplotypes in admixed or multi-ethnic populations to identify causative HLA gene(s) and alleles in PSC. Importantly, this assumes the same causative alleles across ethnicities. Large-scale trans-ancestry studies have recently reported that the majority of associated risk loci in complex diseases such as IBD and RA were shared across populations of different origins.^{308, 309} In ankylosing spondylitis, an association with HLA-B27 is observed in most ethnic groups studied, independently of particular HLA haplotypes.³¹⁰ If different HLA alleles are associated across ethnicities, their encoded

molecules might share (similar) peptide-binding motif. Three-dimensional modeling has shown that both HLA-DRB1*13:01 and HLA-DRB1*03:01 encode Asparagine at residue 37, which is a residue reported to be associated with PSC.¹⁸⁵ This induces a positive charge in pocket P9 of the peptide-binding groove of the HLA-DR molecule, hence supporting the notion that disease-associated HLA molecules bind and present a different range of peptides than non-associated molecules.

Our study was not the first assessing HLA haplotypes in African American PSC patients.³¹¹ However, the previous study was constrained by low resolution of the assessed HLA alleles and insufficient HLA class II coverage (only *HLA-A*, *HLA-B* and *HLA-DRB1* genotypes were obtained from the United Network for Organ Sharing [UNOS] database). Nevertheless, the investigators reported an association with HLA-DR13, but it is not known whether this was due to the HLA-DRB1*13:01 allele or other HLA-DR13 subtypes that are frequently found in African Americans.³⁰⁷ Similar to paper III, the investigators further reported a dissociation of the LD between HLA-B8 and HLA-DR3. When comparing to African American ALD patients, they detected an association with HLA-B8 and not with HLA-DR3 in the African American PSC population. A primary role for HLA-B*08:01 and HLA-DRB1*13:01 in PSC is further supported by HLA SNP association plots (which peak in or near *HLA-B*)^{162, 163, 167} and by unconditional and conditional logistic regression analyses in a Scandinavian PSC population.¹⁸⁶ However, it is possible that the true causative HLA alleles are rather alleles in strong LD with HLA-B*08:01 and HLA-DRB1*13:01. Our findings in paper III strongly suggest assessments of HLA in admixed or multi-ethnic populations might provide answers.

9 CONCLUSIONS AND FUTURE PERSPECTIVES

The focus of the present thesis was to characterize the T-cell repertoire of patients with PSC using high-throughput sequencing of the TCR β chain and further investigate whether studying admixed or multi-ethnic populations might aid in fine mapping the HLA association in PSC. We observed a diverse, polyclonal T-cell repertoire in PSC-affected livers, and detected eight PSC-associated amino acid clonotypes with signs of antigen-driven clonal selection. This may reflect the presence of disease-related pathogenic T cells in PSC-affected livers. We confirmed the presence of gut and liver T cells of common clonal origin in patients with concurrent PSC and IBD, which further indicate that the same or structurally similar antigenic trigger(s) are present in the gut and the liver of these patients. Our findings therefore strongly support the notion that an exogenous antigen(s) from the gut trigger T-cell responses in PSC.

In future studies, the main focus will be to identify the antigenic trigger(s) in PSC. To address this, several parallel approaches are needed. It is reasonable to presume that such antigen(s) resides within the spectrum of peptides that is presented by the PSC-associated HLA molecules. At present, the alleles responsible for the strong HLA association in PSC are unknown. Our data support efforts to systematically collect samples from PSC patients of admixed or non-European ancestry for the purpose of pinpointing the causative HLA alleles in PSC in genetic association analyses. Once the causative HLA alleles have been identified, risk HLA molecules will be extracted from liver tissue of patients using monoclonal antibodies, followed by elution and sequencing of the bound peptides by mass spectrometry. Secondly, soluble and biotinylated risk HLA molecules will be used to enrich particular peptides from digests of proteins isolated from the gut and liver of patients with PSC.³¹² By investigating whether these complexes can activate T cells isolated from PSC-affected livers, candidate antigen(s) can potentially be identified.

In parallel, single T cells will be extracted from fresh livers of patients with PSC. This will allow for paired sequencing of full-length TCR α and TCR β sequences and subsequent functional and structural analyses of *e.g.* the PSC-associated TCRs. For instance, knowledge of both α -chain and β -chain of PSC-associated TCRs will allow the creation of cell lines expressing the specific TCR, which will further render possible the screening of various endogenous and exogenous (*e.g.* bacterial) antigenic peptides for their ability to induce T-cell responses. Notably, the identification of both risk HLA molecules and candidate antigenic peptide(s) will enable the development of HLA-peptide tetramers for the purification and subsequent analyses of disease-relevant pathogenic T cells.³¹³

The results from paper II are compatible with the proposed ‘gut lymphocyte homing’ pathogenic mechanism. However, we were unable to confirm that the clonally related T cells were initially activated in the gut. Following antigen-recognition, the gene segments that encode the BCRs will accumulate mutations during the B-cell proliferation process.¹¹ Hence, a B-cell clone comprises various antigen-experienced cells with different BCR sequences. BCR-sequencing allows for the construction of lineage trees and enables tracking of individual B-cell clones in various tissues, with B cells that have fewest mutations representing the recently activated B-cell member of the clone.³¹⁴ BCR-sequencing of B cells from PSC-IBD affected gut and liver tissue may therefore provide answers to whether lymphocytes are able to migrate between the two tissues in human PSC, and further to the direction of migration (from gut to liver and/or liver to gut).

Collectively, these efforts will hopefully increase our understanding of the pathogenic mechanisms in PSC and enable the development of better therapeutic options for patients with PSC.

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